



ST. CLOUD STATE UNIVERSITY

Athletic Media Relations - Volleyball

Home of the Huskies
www.StCloudState.edu/athletics

Team Contact: Tom Nelson (tcnelson@stcloudstate.edu)
Ph: (320) 308-2141 • Fax: (320) 308-2099



THIS WEEK'S MATCHES:

Oct. 19

ST. CLOUD STATE

(14-8, 3-4 NCC)
vs. SW Minnesota State,
7 p.m.



Oct. 22

ST. CLOUD STATE

vs. North Dakota
7 p.m.



Oct. 22

ST. CLOUD STATE

vs. Minnesota State
(Mankato campus) 7 p.m.



2004 St. Cloud State Schedule

Date	Opponent	Time/Result
8/27-28	UND Tournament	TBA
	Colo. School Mines	W, 3-0
	Northern State	L, 3-2
	Upper Iowa	W, 3-0
	UM-Crookston	W, 3-0
Aug. 31	at Northern State	W, 3-2
Sept. 3	at Northern St.	L, 3-0
Sept. 4	vs. Michigan Tech	W, 3-0
Sept. 8	Winona State	W, 3-1
Sept. 10	Concordia-SP	L, 3-0
Sept. 10	MSU, Moorhead	L, 3-1
Sept. 11	Wayne State	W, 3-0
Sept. 14	at Bemidji State	W, 3-0
Sept. 18	Augustana College*	L, 3-1
Sept. 24	at MSU, Mankato*	W, 3-2
Sept. 25	Nebraska-Omaha*	W, 3-1
Sept. 28	Minnesota-Crookston	W, 3-0
Oct. 2	Minnesota-Duluth*	L, 3-0
Oct. 6	Bemidji State	W, 3-0
Oct. 8	at Augustana*	L, 3-1
Oct. 9	at North Dakota*	W, 3-0
Oct. 14	Northern State	W, 3-0
Oct. 16	at Minnesota-Duluth*	L, 3-0
Oct. 19	Southwest MN	7:00 p.m.
Oct. 22	North Dakota*	7:00 p.m.
Oct. 23	MSU, Mankato*	7:00 p.m.
Oct. 26	Concordia-St. Paul	7:00 p.m.
Nov. 5	at South Dakota*	7:00 p.m.
Nov. 6	at Nebraska-Omaha*	6:00 p.m.
Nov. 9	at Southwest MN St.	7:00 p.m.
Nov. 13	South Dakota*	7:00 p.m.
11/18-21	NCAA Regionals	TBA
12/2-4	NCAA Elite Eight	TBA

* NCC match

For ticket information, please call 1-877-SCSUTIX or 320-308-2137

2004 SCSU VOLLEYBALL TEAM NEWS

Release Date: Oct. 18, 2004



THIS WEEK'S MATCHES: The St. Cloud State University volleyball team (14-8, 3-4 NCC) will continue its 2004 season on Oct. 19, with a 7:00 p.m. match at home against Southwest Minnesota State University (14-5, 5-3 NSIC). This will mark the first meeting between SCSU and SMSU in 2004, as the Huskies own an 18-6 series lead over the Mustangs since 1969...on Oct. 22, the Huskies will travel to host North Dakota (8-13, 0-7 NCC) at 7 p.m. To complete the big Homecoming Weekend at SCSU, the Huskies will play host to Minnesota State, Mankato (7-13, 2-5 NCC) at 7 p.m. in Halenbeck Hall. For complete ticket info., please call 1-877-SCSUTIX or 320-308-2137.

2003 RESULTS: The Huskies finished their season with an 11-19 overall mark and a 3-11 mark in the North Central Conference. SCSU finished 6th in the North Central Conference.



SCSU COACH PATRICIA MICKOW: Patricia Mickow will begin her second season at St. Cloud State University during the 2004 season. In her first year, Mickow posted an 11-19 overall record, and she currently owns a 25-27 record during her tenure at SCSU. Mickow comes to St. Cloud State University from Bemidji State University, where she served for one season as the head coach of the Beavers' volleyball program. A 1986 graduate of Gustavus Adolphus College,

Mickow received a master of science degree in physical education from Winona State in 1992. Mickow also coached at Mayville State and Mount Marty College during her career, and she currently owns a 264-287 career record.

ASSISTANT COACHING STAFF: Assisting Mickow in 2004 is former North Dakota State All-American Jenifer (Barber) Odette, who is in her 10th season with the Huskies. Second-year graduate assistant Lindsey Johnsen will also work with the Huskies this fall.

2004 TEAM CAPTAIN: The team captain for the 2004 season will be senior libero Megan Hardy. She is a native of Sioux Falls, S.D. and a graduate of Lincoln H.S. Hardy gained North Central Conference All-Academic Honorable Mention accolades in 2003, and currently ranks among SCSU's top 17 players for digs on the all-time career charts.

NUMBER/TIME CHANGES: Please be aware that Monice Ashburn will be wearing #14 for the remainder of the season. Some of the early rosters (including the media guide) released by SCSU had her wearing #19.

VOLLEYBALL ON THE AIR THIS WEEK: KVSC FM 88.1 will provide coverage of selected SCSU volleyball matches this season. The Friday, Oct. 22 game vs. North Dakota is slated to be broadcast live on KVSC. Check out KVSC on the web at www.kvsc.org.

For the latest on SCSU Athletics, check out the Husky Homepage
www.StCloudState.edu/athletics



MORE NEWS AND NOTES...

HUSKIES IN THE REGIONAL: SCSU ranks sixth in the latest NCAA DII North Central regional poll, while upcoming opponent Southwest Minnesota State ranks seventh. UMD is ranked first, while Concordia-St. Paul is ranked second, UNO, Augustana and MSU, Moorhead are tied for third in the poll, which was released on Oct. 6. North Dakota and Minnesota State Mankato are both ranked 10th in the latest poll. The next poll is slated to be released on Tuesday, Oct. 19.

SCSU TOPS NSU: SCSU charted a solid 30-22, 30-22, 30-23 win over visiting Northern State University (4-17) on Oct. 14. SCSU dominated its match against NSU from start to finish as Leah Herrboldt paced the Huskies with 12 kills and nine digs. Sophomore setter Sierra Nowak added a double-double with 10 digs and 19 sets, while Megan Hardy marked 20 digs in the match. To complete the attack, Marcia Ankrum had 20 sets and Lindsay Ashburn had seven kills along with Jamie Schlagel. Of note, Schlagel also had five aces in the match.



Nowak

"Northern State is a squad that we split with earlier this season (a 3-2 loss on Aug. 27 and a 3-2 win on Aug. 31)" SCSU coach Patricia Mickow said. "So it was nice to see us take care of business in three games tonight."

SCSU limited NSU to a .139 hitting rate and also to advantage of 12 service errors by the Wolves. The 14 wins this season is the most posted by a SCSU volleyball squad since the Huskies were 16-13 in 1998.

SCSU FALLS AT #6 UMD: SCSU dropped a tough 30-20, 30-27, 30-22 loss at number six ranked Minnesota Duluth on Oct. 16. The Huskies were led in the contest by junior hitter Jamie Schlagel with 13 kills and five digs, while Megan Hardy added 16 digs on defense. Leah Herrboldt notched five kills and nine digs in the match, while Kristi Pangrac had eight kills in the middle. Sierra Nowak marked 14 sets and six digs and Monica Ashburn had 16 sets.

THE LEADER BOARD: In the kills list, Herrboldt now has 1076 kills and has moved into 8th place on the record list past Karen Henderson, who had 1063 from 1986-89. Herrboldt also ranks fifth with 3055 career kill attempts, and most recently moved past Karen Henderson, who had 2942 from 1986-89. She is closing in on GiGi DesLauriers, who had 3162 kill attempts from 1988-91...with 913 digs, senior Megan Hardy now ranks fifth in the SCSU records for career digs. Leah Herrboldt is the all-time SCSU career dig leader with 1220 and counting. With 557 digs, Lindsay Asburn ranks 21st in the team records.

UP NEXT FOR SCSU: SCSU will host Concordia-St. Paul on Oct. 26. at 7 p.m.

2004 SCSU Volleyball Roster

No	Name	Yr	HT	Pos	Hometown
1	Danielle Kohut	Sr.	5-9	S/DS	Hafford, Sask
2	Sierra Nowak	So.	5-9	Setter	Marshfield, Wis.
3	Marcia Ankrum	Jr.	5-7	Setter	Tracy, MN
4	Leah Herrboldt	Sr.	5-8	OH	Elk River
5	Lindsay Ashburn	Sr.	5-9	OH	Hector
6	Kelley Larkin	So.	6-0	OH	Williamsburg, Mich.
7	Lindsey Gothe	So.	5-10	OH	Elk River (SDSU)
8	Maria Ankrum	Jr.	5-7	OH/DS	Tracy
9	Kristi Pangrac	FY	6-1	MH/OH	Bowlus/Upsala H.S.
10	Megan Hardy	Sr.	5-5	S/DS	Sioux Falls, S.D.
11	Angie Mayers	Jr.	5-11	MH/OH	Cold Spring (ROCORI)
12	Meghan McGee	So.	5-11	OH	Watertown, Wis.
14	Monica Ashburn	FY	5-8	Setter	Hector
15	RaeAnne Stanley	So.	5-11	MH/OH	Alexandria
16	Deanna Pieper	So.	6-1	MH	Williams, Minn.
17	Kristin Speedling	FY	6-0	RS	Kellogg
18	Angela Knobloch	FY	6-0	MH	Beresford, S.D.
20	Jamie Schlagel	Soph.	5-10	RS/MH	North Branch (H.S.)

Head Coach: Patricia Mickow

Assistants: Jenifer Odette, Lindsey Johnsen

Career Record Watch at SCSU

Set Assists:

1. Heather Modean - 4546 (1993-96)
2. Rachael Olson - 4539 (1997-00)

Digs:

1	Leah Herrboldt	2001-	1220
2	Cami Selbitschka	1993-96	1159
3	Melissa Wright	1997-00	1021
5	Megan Hardy	2001-	913
21	Lindsay Ashburn	2001-	557

Kill Attempts:

1	Cami Selbitschka	1993-96	3792
2	Kathy Davis	1985-88	3530
5	Leah Herrboldt	2001-	3055

Kills

1	Cami Selbitschka	1993-96	1567
2	Kim Pellmann	1996-99	1322
8	Leah Herrboldt	2001-	1076

Season Record Watch at SCSU

Digs:

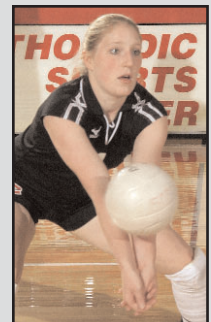
1	Krista Hartung	1995	458
3	Leah Herrboldt	2003	375
9	Lindsay Ashburn	2003	339
10	Megan Hardy	2002	337
19	Leah Herrboldt	2002	289

2004 INDIVIDUAL SEASON HIGHS AT SCSU

Kills: 17 (17-13-45) 5g Leah Herrboldt at NSU (Aug 31, 2004)
 17 (17- 8-45) 5g Leah Herrboldt at Minnesota State (Sep 24, 2004)
 17 (17- 6-42) 5g Lindsey Gothe at NSU (Aug 31, 2004)
 Sets: 33 (5g) Marcia Ankrum at Minnesota State (Sep 24, 2004)
 Digs: 27 (4g) Leah Herrboldt vs Winona (Sept. 8, 2004)
 27 (4g) Megan Hardy vs UNO (Sep 25, 2004)
 Total Blocks: 15 (1-14) Angie Mayers at Winona (Sept. 8, 2004)
 Aces: 10 Jamie Schlagel at Colo. Mines (Aug 27, 2004)
 Kill Pct. (min. 12 TA): .586 (19- 2-29) Jamie Schlagel at UND (10/9/04)

2004 TEAM SEASON HIGHS AT SCSU

Kills: 70 (70-39-216) 5g at NSU (Aug 31, 2004)
 70 (70-32-196) 5g at Minnesota State (Sep 24, 2004)
 Sets: 64 (5g) at NSU (Aug 31, 2004)
 Kill Percentage: .350 (51- 9-120) at Wayne State (NE) (Sep 11, 2004)
 Digs: 99 (5g) vs NSU (Aug 27, 2004)
 Blocks: 19.0 vs Winona St. (Sep 08, 2004) & vs. MSU (Sep 24, 2004)
 Aces: 19 vs UIU (Aug 28, 2004)



Herrboldt



2004 AVCA (Oct. 12, 2004) Division II National Poll

Team	Points	Record	PW
1 Nebraska-Kearney (33)	873	22-0	1
2 UC San Diego (1)	826	19-1	2
3 Truman (1)	809	22-0	3
4 Concordia-St. Paul	752	17-1	4
5 Barry	737	15-1	5
6 Minnesota Duluth	720	15-1	6
7 Cal State San Bernardino	671	16-2	7
8 Central Missouri State	611	19-4	9
9 North Florida	594	14-4	10
10 Grand Valley State	562	18-3	11
11 Tampa	535	12-3	12
12 Fort Hays State	494	18-2	13
13 Central Washington	406	17-0	17
14 Northern Michigan	380	15-3	14
15 Washburn	371	19-3	15
16 North Alabama	359	13-4	18
17 Northwood (Mich.)	319	14-4	16
18 Minnesota State-Moorhead	286	19-2	21
19 Augustana (S.D.)	178	12-7	19
20 Florida Southern	168	14-4	2
21 Western Washington	157	11-5	20
22 Rockhurst	92	16-6	22
23 Findlay	82	15-5	25
24 Nebraska-Omaha	73	12-6	23
25 Hillsdale	62	14-4	NR

Others receiving points and listed on two or more ballots:

Armstrong Atlantic State 61; Cal State Bakersfield 57; Chaminade 48; Dowling 21; Cal State L.A. 19; Harding 11; California (Pa.) 10; Pittsburg State 6; Cal Poly Pomona 5; Southwest Minnesota State 5

2004 North Central Conference Volleyball Preseason Coaches Poll

Team	Total
Augustana	44
Minnesota Duluth	44
Minnesota State	30
South Dakota	27
Nebraska-Omaha	23
North Dakota	18
St. Cloud State	10

Note: Points were awarded 7 for 1st, 6 for 2nd, etc.

OPPONENT FACTS: The Huskies lost a tough 3-2 decision against NSU at the UND Tournament on Aug. 27. SCSU rebounded and posted a 3-2 win at Aberdeen on Aug. 31. SCSU is 2-6 vs. NSU since 1996. NSU has lost 11 of its last 12 matches, including 3-0 loss to MSU, Moorhead on Oct. 8. Chelsey Deibert leads NSU with 211 kills...the Huskies will be looking to avenge a tough 3-0 loss to UMD on Oct. 2 at Halenbeck. UMD (15-2, 4-0 NCC) leads the all-time series 53-37, which dates back to 1969 -- the Huskies' oldest and longest series rival...#6 UMD lost its season opener to Northern Michigan, rolled to 15 straight wins and most recently lost a 3-2 decision to #4 ranked Concordia-S.P. on Oct. 12 at Romano Gym... Callie Zwettler leads the Bulldogs with 296 kills, 16 aces and 190 digs.

2004 North Central Conference Standings

TEAM	NCC			Overall		
	W	L	PCT	W	L	Pct.
Minnesota Duluth....	5	0	1.000	16	2	.889
South Dakota.....	4	1	.800	12	10	.545
Nebraska-Omaha.....	4	2	.667	13	6	.684
Augustana.....	4	3	.571	14	7	.667
St. Cloud State.....	3	4	.429	14	8	.636
Minnesota State.....	2	5	.286	7	13	.350
North Dakota.....	0	7	.000	8	13	.381

NCC Matches This Week

Tuesday, October 19

Minnesota Duluth at Michigan Tech, 6 p.m.
Minnesota-Crookston at North Dakota, 7 p.m.
SW Minnesota St. at St. Cloud St., 7 p.m.

Friday, October 22

*Minnesota Duluth at South Dakota, 4 p.m.
*Nebraska-Omaha at Augustana, 7 p.m.
*Minnesota St. at St. Cloud St., 7 p.m.

Saturday, October 23

*UND at Augie, 7 p.m.
MSU at Concordia-SP, 7 p.m.
USD at SW Minnesota St., 7 p.m.

NCC Results Last Week

Tuesday, October 12

Concordia-St. Paul def. Minnesota Duluth 23-30, 30-23, 30-24, 27-30, 15-11

Thursday, October 14

St. Cloud State def. Northern State 30-22, 30-22, 30-23

Friday, October 15

*Augustana def. North Dakota 30-26, 25-30, 30-28, 30-22
Concordia-St. Paul def. Minnesota State 29-31, 30-25, 30-21, 30-15

Saturday, October 16

SW Minnesota State def. South Dakota 30-26, 18-30, 27-30, 30-27, 15-12

**For ticket information, please call
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SCSU's Probable Starters for This Week

Setter

#3 Marcia Ankrum, #14 Monica Ashburn, or #2 Sierra Nowak

Outside Hitter

4 Leah Herrboldt, #7 Lindsey Gothe

Middle Hitter

11 Angie Mayers, #5 Lindsay Ashburn or #9 Kristi Pangrac

Right Side

#20 Jamie Schlagel

Libero

#10 Megan Hardy

SCSU's NCC Players of the Week in 2004

Sept. 20 -- Jamie Schlagel

DID YOU KNOW?

The Huskies have lost eight matches this season and seven of those losses have come against nationally ranked teams (Northern Michigan, UMD, Augustana, MSU-Moorhead and Concordia-St. Paul). The 14 wins this season are the most for a SCSU squad since the Huskies went 16-13 in 1998.

