



ST. CLOUD STATE UNIVERSITY

Athletic Media Relations - Volleyball

Home of the Huskies
www.StCloudState.edu/athletics

Team Contact: Tom Nelson (tcnelson@stcloudstate.edu)
Ph: (320) 308-2141 • Fax: (320) 308-2099



THIS WEEK'S MATCHES:

Oct. 6

ST. CLOUD STATE

(11-6, 2-2 NCC)

vs. Bemidji State,

7 p.m.

Oct. 8

ST. CLOUD STATE

at Augustana,

5 p.m.

Oct. 8

ST. CLOUD STATE

at North Dakota,

4 p.m.



2004 SCSU VOLLEYBALL TEAM NEWS

Release Date: Oct. 4, 2004



THIS WEEK'S MATCHES: The St. Cloud State University volleyball team (11-6, 2-2 NCC) will continue its 2004 season on Oct. 6, with a 7:00 p.m. match at home against Bemidji State University (6-10, 2-4 NSIC). This will mark the second meeting in 2004 for the Huskies and Beavers, as SCSU posted a 3-0 win over BSU on Sept. 14 at Bemidji...on Oct. 8, the Huskies will host travel to #17 Augustana College (11-6, 2-2 NCC). On Sept. 18, Augustana gained a 3-1 win at St. Cloud State. To end the weekend, SCSU will travel to North Dakota on Saturday, Oct. 9 for a 4 p.m. match. UND owns a 7-8, 0-3 NCC record this season. For complete ticket info., please call 1-877-SCSUTIX or 320-308-2137.

2003 RESULTS: The Huskies finished their season with an 11-19 overall mark and a 3-11 mark in the North Central Conference. SCSU finished 6h in the North Central Conference.

2004 St. Cloud State Schedule

Date	Opponent	Time/Result
8/27-28	UND Tournament	TBA
	Colo. School Mines	W, 3-0
	Northern State	L, 3-2
	Upper Iowa	W, 3-0
	UM-Crookston	W, 3-0
Aug. 31	at Northern State	W, 3-2
Sept. 3	at Northern St.	L, 3-0
Sept. 4	vs. Michigan Tech	W, 3-0
Sept. 8	Winona State	W, 3-1
Sept. 10	Concordia-SP	L, 3-0
Sept. 10	MSU, Moorhead	L, 3-1
Sept. 11	Wayne State	W, 3-0
Sept. 14	at Bemidji State	W, 3-0
Sept. 18	Augustana College*	L, 3-1
Sept. 24	at MSU, Mankato*	W, 3-2
Sept. 25	Nebraska-Omaha*	W, 3-1
Sept. 28	Minnesota-Crookston	W, 3-0
Oct. 2	Minnesota-Duluth*	L, 3-0
Oct. 6	Bemidji State	7:00 p.m.
Oct. 8	at Augustana*	5:00 p.m.
Oct. 9	at North Dakota*	4:00 p.m.
Oct. 14	Northern State	7:00 p.m.
Oct. 16	at Minnesota-Duluth*	4:00 p.m.
Oct. 19	Southwest MN	7:00 p.m.
Oct. 22	North Dakota*	7:00 p.m.
Oct. 23	MSU, Mankato*	7:00 p.m.
Oct. 26	Concordia-St. Paul	7:00 p.m.
Nov. 5	at South Dakota*	7:00 p.m.
Nov. 6	at Nebraska-Omaha*	6:00 p.m.
Nov. 9	at Southwest MN St.	7:00 p.m.
Nov. 13	South Dakota*	7:00 p.m.
11/18-21	NCAA Regionals	TBA
12/2-4	NCAA Elite Eight	TBA

* NCC match

For ticket information, please call 1-877-SCSUTIX or 320-308-2137



SCSU COACH PATRICIA MICKOW: Patricia Mickow will begin her second season at St. Cloud State University during the 2004 season. In her first year, Mickow posted an 11-19 overall record, and she currently owns a 22-25 record during her tenure at SCSU. Mickow comes to St. Cloud State University from Bemidji State University, where she served for one season as the head coach of the Beavers' volleyball program. A 1986 graduate of Gustavus Adolphus College,

Mickow received a master of science degree in physical education from Winona State in 1992. Mickow also coached at Mayville State and Mount Marty College during her career, and she currently owns a 261-285 career record.

ASSISTANT COACHING STAFF: Assisting Mickow in 2004 is former North Dakota State All-American Jenifer (Barber) Odette, who is in her 10th season with the Huskies. Second-year graduate assistant Lindsey Johnsen will also work with the Huskies this fall.

2004 TEAM CAPTAIN: The team captain for the 2004 season will be senior libero Megan Hardy. She is a native of Sioux Falls, S.D. and a graduate of Lincoln H.S. Hardy gained North Central Conference All-Academic Honorable Mention accolades in 2003, and currently ranks among SCSU's top 17 players for digs on the all-time career charts.

NUMBER/TIME CHANGES: Please be aware that Monice Ashburn will be wearing #14 for the remainder of the season. Some of the early rosters (including the media guide) released by SCSU had her wearing #19...the SCSU match at UND on Oct. 9 will now start at 4 p.m., instead of the original 7 p.m. start.

VOLLEYBALL ON THE AIR: KVSC FM 88.1 will provide coverage of selected SCSU volleyball matches this season. Check out KVSC on the web at www.kvsc.org.

For the latest on SCSU Athletics, check out the Husky Homepage
www.StCloudState.edu/athletics



MORE NEWS AND NOTES...

HERRBOLDT IS THE NEW LEADER: In their first ever conference match, the St. Cloud State women's volleyball team lost to the #6 ranked University of Minnesota-Duluth, 24-30, 25-30, 25-30 on Oct. 2 in St. Cloud. Leah Herrboldt (Elk River/H.S.) had another stellar night, leading the team in both kills (13) and digs (17). Herrboldt reached another career milestone with her 10th dig, putting her on top of SCSU's all-time dig list. She moved ahead of Cami Selbitschka (1159 from 1993-96) with 1160. Herrboldt now has 1167 digs in her career at SCSU. Jamie Schlagel came in second on the day for kills with 7 and Megan Hardy followed with 15 digs. Setters Monica Ashburn and Marcia Ankrum nearly split the set assists, Ashburn with 15 and Ankrum with 14.



Herrboldt

SCSU TRIPS UMC: Leah Herrboldt became the 10th player in SCSU history to join the school's 1,000 kill club. Herrboldt carded her 1000th career kill in SCSU's 30-16, 30-24, 30-28 win over Minnesota-Crookston on Sept. 28 in Halenbeck Hall. Herrboldt posted a team-high 12 kills in the match. She currently ranks 10th on the school's all-time career kill list. She also notched eight digs in the match.

"The fact that Leah (Herrboldt) ranks among our top all-time players for both kills and digs is just an example of her all-around ability on the court," SCSU coach Patricia Mickow said. "Leah is an offensive threat at the net and in the back-row she is a major contributor to our defense scheme."

In addition to Herrboldt's stats, the Huskies were led by senior libero Megan Hardy with 17 digs and setters Marcia Ankrum with 24 assists and Monice Ashburn with 16 assists. Junior hitter Jamie Schlagel helped SCSU ice the game with four consecutive aces (a game total of five aces) in the third and deciding game.

THE LEADER BOARD: Leah Herrboldt moved into first place on the career digs list at SCSU with 1167 thru this week. Megan Hardy has moved up to 11th place on the dig list with 828 during her career and Lindsay Ashburn is 21st with 554...in the kills list, Herrboldt now has 1022 kills and has moved into 9th place on the record list past Melissa Wright, who had 1010 from 1997-00. Herrboldt also ranks sixth with 2917 career kill attempts.

OTHER NOTES: SCSU's hitting pct. of .219 this year ranks 2nd in the NCC (overall games played). The Huskies rank 3rd in the NCC with 1.69 aces per game this year...Angie Mayers ranks 4th in the NCC with 1.26 blocks per game...please remember that the new SCSU website address is now: www.stcloudstate.edu/athletics

UP NEXT FOR SCSU: SCSU will host Northern State on Oct. 14 at 7 p.m., and then travel to Minnesota-Duluth on Oct. 16. Complete ticket information can be obtained by calling 1-877-SCSUTIX or 320-308-2141.

2004 SCSU Volleyball Roster

No	Name	Yr	HT	Pos	Hometown
1	Danielle Kohut	Sr.	5-9	S/DS	Hafford, Sask
2	Sierra Nowak	So.	5-9	Setter	Marshfield, Wis.
3	Marcia Ankrum	Jr.	5-7	Setter	Tracy, MN
4	Leah Herrboldt	Sr.	5-8	OH	Elk River
5	Lindsay Ashburn	Sr.	5-9	OH	Hector
6	Kelley Larkin	So.	6-0	OH	Williamsburg, Mich.
7	Lindsey Gothe	So.	5-10	OH	Elk River (SDSU)
8	Maria Ankrum	Jr.	5-7	OH/DS	Tracy
9	Kristi Pangrac	FY	6-1	MH/OH	Bowlus/Upsala H.S.
10	Megan Hardy	Sr.	5-5	S/DS	Sioux Falls, S.D.
11	Angie Mayers	Jr.	5-11	MH/OH	Cold Spring (ROCORI)
12	Meghan McGee	So.	5-11	OH	Watertown, Wis.
14	Monica Ashburn	FY	5-8	Setter	Hector
15	RaeAnne Stanley	So.	5-11	MH/OH	Alexandria
16	Deanna Pieper	So.	6-1	MH	Williams, Minn.
17	Kristin Speedling	FY	6-0	RS	Kellogg
18	Angela Knobloch	FY	6-0	MH	Beresford, S.D.
20	Jamie Schlagel	Soph.	5-10	RS/MH	North Branch (H.S.)

Head Coach: Patricia Mickow

Assistants: Jenifer Odette, Lindsey Johnsen

Career Record Watch at SCSU

Set Assists:

1. Heather Modean - 4546 (1993-96)
2. Rachael Olson - 4539 (1997-00)

Digs:

1	Leah Herrboldt	2001-	1167
2	Cami Selbitschka	1993-96	1159
3	Melissa Wright	1997-00	1021
11	Megan Hardy	2001-	828
21	Lindsay Ashburn	2001-	554

Kill Attempts:

1	Cami Selbitschka	1993-96	3792
2	Kathy Davis	1985-88	3530
6	Leah Herrboldt	2001-	2917

Kills

1	Cami Selbitschka	1993-96	1567
2	Kim Pellmann	1996-99	1322
9	Leah Herrboldt	2001-	1022



Ashburn

Season Record Watch at SCSU

Digs:

1	Krista Hartung	1995	458
3	Leah Herrboldt	2003	375
9	Lindsay Ashburn	2003	339
10	Megan Hardy	2002	337
19	Leah Herrboldt	2002	289

2004 INDIVIDUAL SEASON HIGHS AT SCSU

Kills: 17 (17-13-45) 5g Leah Herrboldt at NSU (Aug 31, 2004)
17 (17- 8-45) 5g Leah Herrboldt at Minnesota State (Sep 24, 2004)
17 (17- 6-42) 5g Lindsey Gothe at NSU (Aug 31, 2004)

Sets: 33 (5g) Marcia Ankrum at Minnesota State (Sep 24, 2004)

Digs: 27 (4g) Leah Herrboldt vs Winona (Sept. 8, 2004)

27 (4g) Megan Hardy vs UNO (Sep 25, 2004)

Total Blocks: 15 (1-14) Angie Mayers at Winona (Sept. 8, 2004)

Aces: 10 Jamie Schlagel at Colo. Mines (Aug 27, 2004)

Kill Pct. (min. 12 TA): .542 (15- 2-24) Jamie Schlagel at MTU (9/4/04)

2004 TEAM SEASON HIGHS AT SCSU

Kills: 70 (70-39-216) 5g at NSU (Aug 31, 2004)

70 (70-32-196) 5g at Minnesota State (Sep 24, 2004)

Sets: 64 (5g) at NSU (Aug 31, 2004)

Kill Percentage: .350 (51- 9-120) at Wayne State (NE) (Sep 11, 2004)

Digs: 99 (5g) vs NSU (Aug 27, 2004)

Blocks: 19.0 vs Winona St. (Sep 08, 2004) & vs. MSU (Sep 24, 2004)

Aces: 19 vs UIU (Aug 28, 2004)



2004 AVCA (Sept. 30, 2004) Division II National Poll

Team	Points	Record	PW
1 Nebraska-Kearney (33)	873	16-0	1
2 UC San Diego	825	15-1	2
3 Truman (2)	806	14-0	3
4 Concordia-St. Paul	754	14-1	4
5 Barry	729	8-1	5
6 Minnesota Duluth	724	12-1	6
7 Cal State San Bernardino	670	12-2	7
8 Hawai'i Pacific	623	9-1	9
9 Central Missouri State	580	13-3	10
10 North Florida	537	9-4	12
11 Grand Valley State	528	13-3	11
12 Tampa	520	7-2	8
13 Fort Hays State	422	13-2	13
14 Northern Michigan	341	11-2	NR
15 Washburn	329	17-1	17
16 Northwood (Mich.)	326	12-2	14
17 Augustana (S.D.)	313	10-5	16
18 North Alabama	276	9-4	15
19 Central Washington	240	13-0	21
20 Western Washington	174	8-4	20
21 Minnesota State-Moorhead	172	16-0	23
22 Florida Southern	141	11-2	22
23 Rockhurst	115	14-4	19
24 Lock Haven	102	12-1	24
25 Hillsdale	73	11-2	NR

Others receiving points and listed on two or more ballots:

Pittsburg State 48; Cal Poly Pomona 33; Findlay 32; Armstrong Atlantic State 28; Cal State Bakersfield 11; Ferris State 3; Nebraska-Omaha 3; Southern Illinois-Edwardsville 3

2004 North Central Conference Volleyball Preseason Coaches Poll

Team	Total
Augustana	44
Minnesota Duluth	44
Minnesota State	30
South Dakota	27
Nebraska-Omaha	23
North Dakota	18
St. Cloud State	10

Note: Points were awarded 7 for 1st, 6 for 2nd, etc.

OPPONENT FACTS: Britney Burns leads Bemidji State his season with 151 kills...SCSU coach Patricia Mickow coached for one season at Bemidji State before making the move to SCSU in 2003. She is 3-0 vs. the Beavers since coming to SCSU...Overall, SCSU owns a 31-13 series lead over BSU dating back to 1973...Augustana was ranked 17th in the latest NCAA DII poll but they did drop a 3-2 match to UN-Omaha last week. Augustana owns a 16-28 series lead against the Huskies, which dates back to 1982. The Vikings own an 11-match win streak vs. SCSU going back to 1998...SCSU owns a 33-20 series lead against North Dakota, which dates back to 1973. This marks the first meeting between SCSU and UND this season, as the Huskies lost a 3-1 decision in Grand Forks last year and a 3-1 setback at Halenbeck. Earlier this year, SCSU played at the UND Tournament that opened the new Betty Engsted Arena in Grand Forks.

2004 North Central Conference Standings

TEAM	NCC			Overall		
	W	L	PCT	W	L	Pct.
Minnesota Duluth....	4	0	1.000	15	1	.938
Nebraska-Omaha.....	3	1	.750	12	4	.750
South Dakota.....	2	1	.667	8	9	.471
ST. CLOUD STATE	2	2	.500	11	6	.647
Augustana.....	2	2	.500	11	6	.647
North Dakota.....	0	3	.000	7	8	.467
Minnesota State.....	0	4	.000	5	11	.312

NCC Matches This Week

Tuesday, October 5

UN-Kearney at UNO, 7 p.m.

NW Missouri St. at USD, 7 p.m.

Wednesday, October 6

Bemidji St. at SCSU, 7 p.m.

Friday, October 8

Bemidji at USD, 7 p.m.

*SCSU at Augie, 5 p.m.

*Minnesota State at UND, 7 p.m.

Saturday, October 9

*MSU at Augie, 5 p.m.

*SCSU at UND, 4 p.m.

*UNO at USD, 7 p.m.

Sunday, Oct. 3

North Dakota 3, Montana State-Northern 0 30-21, 30-22, 30-19

Saturday, Oct. 2

*Minnesota Duluth 3, St. Cloud State 0 30-24, 30-25, 30-25

*Nebraska-Omaha 3, Minnesota State 0 30-23, 30-27, 30-26

Friday, Oct. 1

*South Dakota 3, Minnesota State 0 30-18, 30-28, 30-28

*Nebraska-Omaha 3, Augustana 2 30-22, 25-30, 28-30, 30-22, 15-13

Minnesota Duluth 3, South Dakota State 0 30-25, 30-25, 30-24

Wednesday, Sept. 30

Minnesota Duluth 3, Michigan Tech 0 30-17, 30-22, 30-17

**For ticket information, please call
1-877-SCSUTIX or 320-308-2137**

SCSU's Probable Starters for This Week

Setter

#3 Marcia Ankrum or #14 Monica Ashburn

Outside Hitter

4 Leah Herrboldt, #7 Lindsey Gothe

Middle Hitter

11 Angie Mayers, #5 Lindsay Ashburn or #9 Kristi Pangrac

Right Side

#20 Jamie Schlagel

Libero

#10 Megan Hardy

SCSU's NCC Players of the Week in 2004

Sept. 20 -- Jamie Schlagel

DID YOU KNOW? With 40 aces in 61 games played this year, Jamie Schlagel is tops in the NCC for overall games played with 0.66 aces per game.

