



# ST. CLOUD STATE UNIVERSITY

## Athletic Media Relations - Volleyball

Home of the Huskies  
www.StCloudState.edu/athletics

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### THIS WEEK'S MATCHES:

**Oct. 14**

**ST. CLOUD STATE**  
(13-7, 3-3 NCC)  
vs. Northern State,  
7 p.m.



**Oct. 8**

**ST. CLOUD STATE**  
at Minnesota Duluth,  
4 p.m.



### 2004 St. Cloud State Schedule

Date	Opponent	Time/Result
8/27-28	UND Tournament	TBA
	Colo. School Mines	W, 3-0
	Northern State	L, 3-2
	Upper Iowa	W, 3-0
	UM-Crookston	W, 3-0
Aug. 31	at Northern State	W, 3-2
Sept. 3	at Northern St.	L, 3-0
Sept. 4	vs. Michigan Tech	W, 3-0
Sept. 8	Winona State	W, 3-1
Sept. 10	Concordia-SP	L, 3-0
Sept. 10	MSU, Moorhead	L, 3-1
Sept. 11	Wayne State	W, 3-0
Sept. 14	at Bemidji State	W, 3-0
Sept. 18	Augustana College*	L, 3-1
Sept. 24	at MSU, Mankato*	W, 3-2
Sept. 25	Nebraska-Omaha*	W, 3-1
Sept. 28	Minnesota-Crookston	W, 3-0
Oct. 2	Minnesota-Duluth*	L, 3-0
Oct. 6	Bemidji State	W, 3-0
Oct. 8	at Augustana*	L, 3-1
Oct. 9	at North Dakota*	W, 3-0
Oct. 14	Northern State	7:00 p.m.
Oct. 16	at Minnesota-Duluth*	4:00 p.m.
Oct. 19	Southwest MN	7:00 p.m.
Oct. 22	North Dakota*	7:00 p.m.
Oct. 23	MSU, Mankato*	7:00 p.m.
Oct. 26	Concordia-St. Paul	7:00 p.m.
Nov. 5	at South Dakota*	7:00 p.m.
Nov. 6	at Nebraska-Omaha*	6:00 p.m.
Nov. 9	at Southwest MN St.	7:00 p.m.
Nov. 13	South Dakota*	7:00 p.m.
11/18-21	NCAA Regionals	TBA
12/2-4	NCAA Elite Eight	TBA

\* NCC match

For ticket information, please call 1-877-SCSUTIX or 320-308-2137

### 2004 SCSU VOLLEYBALL TEAM NEWS

Release Date: Oct. 13, 2004



**THIS WEEK'S MATCHES:** The St. Cloud State University volleyball team (13-7, 3-3 NCC) will continue its 2004 season on Oct. 14, with a 7:00 p.m. match at home against Northern State University (4-16, 1-6 NSIC). This will mark the third meeting in 2004 for the Huskies and Wolves, as SCSU posted a 3-2 win over NSU on Aug. 31 at Aberdeen, S.D. On Aug. 27, the Huskies opened the year with a 3-2 loss to NSU at the UND tournament...on Oct. 16, the Huskies will travel to #6 ranked Minnesota Duluth (15-2, 4-0 NCC) for a 4 p.m. match in Romano Gymnasium. For complete ticket info., please call 1-877-SCSUTIX or 320-308-2137.

**2003 RESULTS:** The Huskies finished their season with an 11-19 overall mark and a 3-11 mark in the North Central Conference. SCSU finished 6h in the North Central Conference.



**SCSU COACH PATRICIA MICKOW:** Patricia Mickow will begin her second season at St. Cloud State University during the 2004 season. In her first year, Mickow posted an 11-19 overall record, and she currently owns a 24-26 record during her tenure at SCSU. Mickow comes to St. Cloud State University from Bemidji State University, where she served for one season as the head coach of the Beavers' volleyball program. A 1986 graduate of Gustavus Adolphus College,

Mickow received a master of science degree in physical education from Winona State in 1992. Mickow also coached at Mayville State and Mount Marty College during her career, and she currently owns a 263-286 career record.

**ASSISTANT COACHING STAFF:** Assisting Mickow in 2004 is former North Dakota State All-American Jenifer (Barber) Odette, who is in her 10th season with the Huskies. Second-year graduate assistant Lindsey Johnsen will also work with the Huskies this fall.

**2004 TEAM CAPTAIN:** The team captain for the 2004 season will be senior libero Megan Hardy. She is a native of Sioux Falls, S.D. and a graduate of Lincoln H.S. Hardy gained North Central Conference All-Academic Honorable Mention accolades in 2003, and currently ranks among SCSU's top 17 players for digs on the all-time career charts.

**NUMBER/TIME CHANGES:** Please be aware that Monice Ashburn will be wearing #14 for the remainder of the season. Some of the early rosters (including the media guide) released by SCSU had her wearing #19.

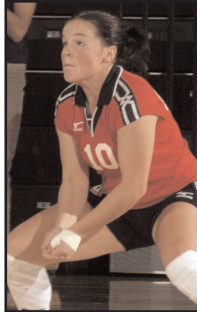
**VOLLEYBALL ON THE AIR:** KVSC FM 88.1 will provide coverage of selected SCSU volleyball matches this season. Check out KVSC on the web at www.kvsc.org.

For the latest on SCSU Athletics, check out the Husky Homepage  
[www.StCloudState.edu/athletics](http://www.StCloudState.edu/athletics)



## MORE NEWS AND NOTES...

**HARDY AT NUMBER FIVE:** With 877 digs, senior Megan Hardy now ranks fifth in the SCSU records for career digs. Leah Herrboldt is the all-time SCSU career dig leader with 1202 and counting. Hardy is moving up on #4 GiGi DesLauriers, who had 937 digs from 1988-91. Hardy's 3.59 digs per game during her career, ranks first in the SCSU records. With 555 digs, Lindsay Ashburn ranks 21st in the team records.



Hardy

**SCSU RIPS UND:** SCSU collected a big 31-29, 30-26, 30-21 victory at North Dakota on Oct. 9. The victory improves SCSU's record to 13-7, 3-3 NCC, while UND falls to 8-11, 0-6 NCC. Leah Herrboldt had another banner day as she led the Huskies with 17 kills and 14 digs. She now has 10 double-doubles on the season for SCSU. Jamie Schlagel added 19 kills for the winners, while Lindsey Gothe posted six kills and 18 digs. Sierra Nowak led the club with 16 sets and Monica Ankrum notched 13 sets. In the backrow, Megan Hardy contributed 12 digs for SCSU.

**SCSU FALLS AT #19 AC:** SCSU dropped a tough 30-26, 30-23, 24-30, 30-26 loss at #19 ranked Augustana College on Oct. 8. Kristi Pangrac led the Huskies with 13 kills in the match, while Angie Mayers had 11 kills for SCSU. Lindsey Gothe also posted 10 kills and marked a double-double with 11 digs. In the backrow, Monica Ashburn had 24 sets and Sierra Nowak had 28 sets. Leah Herrboldt chalked up 13 digs and Megan Hardy completed the attack with 13 digs.

**THE LEADER BOARD:** In the kills list, Herrboldt now has 1059 kills and has moved into 9th place on the record list past Melissa Wright, who had 1010 from 1997-00. Herrboldt also ranks fifth with 3008 career kill attempts, and most recently moved past Karen Henderson, who had 2942 from 1986-89.

**OTHER NOTES:** Jamie Schlagel's .586 hitting rate (19-2-29) at North Dakota on Oct. 9 was a season-best for the Huskies...SCSU's hitting pct. of .225 this year ranks 2nd in the NCC (overall games played). The Huskies rank 1st in opponent hitting percentage with a NCC low .159...Schlagel leads the NCC with .61 aces per game...Angie Mayers ranks 5th in the NCC with 1.23 blocks per game...Megan Hardy is 2nd in the NCC with 5.50 digs per game.

**UP NEXT FOR SCSU:** SCSU will host Southwest State at 7 p.m. on Oct. 19, before hosting a weekend series against North Dakota on Oct. 22 and Minnesota State, Mankato on Oct. 23. Complete ticket information can be obtained by calling 1-877-SCSUTIX or 320-308-2141.

## 2004 SCSU Volleyball Roster

No	Name	Yr	HT	Pos	Hometown
1	Danielle Kohut	Sr.	5-9	S/DS	Hafford, Sask
2	Sierra Nowak	So.	5-9	Setter	Marshfield, Wis.
3	Marcia Ankrum	Jr.	5-7	Setter	Tracy, MN
4	Leah Herrboldt	Sr.	5-8	OH	Elk River
5	Lindsay Ashburn	Sr.	5-9	OH	Hector
6	Kelley Larkin	So.	6-0	OH	Williamsburg, Mich.
7	Lindsey Gothe	So.	5-10	OH	Elk River (SDSU)
8	Maria Ankrum	Jr.	5-7	OH/DS	Tracy
9	Kristi Pangrac	FY	6-1	MH/OH	Bowlus/Upsala H.S.
10	Megan Hardy	Sr.	5-5	S/DS	Sioux Falls, S.D.
11	Angie Mayers	Jr.	5-11	MH/OH	Cold Spring (ROCORI)
12	Meghan McGee	So.	5-11	OH	Watertown, Wis.
14	Monica Ashburn	FY	5-8	Setter	Hector
15	RaeAnne Stanley	So.	5-11	MH/OH	Alexandria
16	Deanna Pieper	So.	6-1	MH	Williams, Minn.
17	Kristin Speedling	FY	6-0	RS	Kellogg
18	Angela Knobloch	FY	6-0	MH	Beresford, S.D.
20	Jamie Schlagel	Soph.	5-10	RS/MH	North Branch (H.S.)

Head Coach: Patricia Mickow

Assistants: Jenifer Odette, Lindsey Johnsen

### Career Record Watch at SCSU

#### Set Assists:

1. Heather Modean - 4546 (1993-96)
2. Rachael Olson - 4539 (1997-00)

#### Digs:

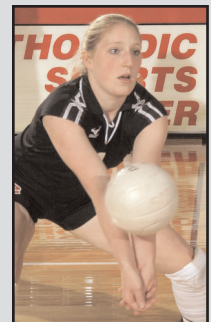
1	Leah Herrboldt	2001-	1202
2	Cami Selbitschka	1993-96	1159
3	Melissa Wright	1997-00	1021
5	Megan Hardy	2001-	877
21	Lindsay Ashburn	2001-	555

#### Kill Attempts:

1	Cami Selbitschka	1993-96	3792
2	Kathy Davis	1985-88	3530
5	Leah Herrboldt	2001-	3008

#### Kills

1	Cami Selbitschka	1993-96	1567
2	Kim Pellmann	1996-99	1322
9	Leah Herrboldt	2001-	1059



Herrboldt

### Season Record Watch at SCSU

#### Digs:

1	Krista Hartung	1995	458
3	Leah Herrboldt	2003	375
9	Lindsay Ashburn	2003	339
10	Megan Hardy	2002	337
19	Leah Herrboldt	2002	289

#### 2004 INDIVIDUAL SEASON HIGHS AT SCSU

Kills: 17 (17-13-45) 5g Leah Herrboldt at NSU (Aug 31, 2004)  
 17 (17- 8-45) 5g Leah Herrboldt at Minnesota State (Sep 24, 2004)  
 17 (17- 6-42) 5g Lindsey Gothe at NSU (Aug 31, 2004)  
 Sets: 33 (5g) Marcia Ankrum at Minnesota State (Sep 24, 2004)  
 Digs: 27 (4g) Leah Herrboldt vs Winona (Sept. 8, 2004)  
 27 (4g) Megan Hardy vs UNO (Sep 25, 2004)  
 Total Blocks: 15 ( 1-14) Angie Mayers at Winona (Sept. 8, 2004)  
 Aces: 10 Jamie Schlagel at Colo. Mines (Aug 27, 2004)  
 Kill Pct. (min. 12 TA): .586 (19- 2-29) Jamie Schlagel at UND (10/9/04)

#### 2004 TEAM SEASON HIGHS AT SCSU

Kills: 70 (70-39-216) 5g at NSU (Aug 31, 2004)  
 70 (70-32-196) 5g at Minnesota State (Sep 24, 2004)  
 Sets: 64 (5g) at NSU (Aug 31, 2004)  
 Kill Percentage: .350 (51- 9-120) at Wayne State (NE) (Sep 11, 2004)  
 Digs: 99 (5g) vs NSU (Aug 27, 2004)  
 Blocks: 19.0 vs Winona St. (Sep 08, 2004) & vs. MSU (Sep 24, 2004)  
 Aces: 19 vs UIU (Aug 28, 2004)



## 2004 AVCA (Oct. 12, 2004) Division II National Poll

Team	Points	Record	PW
1 Nebraska-Kearney (33)	873	22-0	1
2 UC San Diego (1)	826	19-1	2
3 Truman (1)	809	22-0	3
4 Concordia-St. Paul	752	17-1	4
5 Barry	737	15-1	5
6 Minnesota Duluth	720	15-1	6
7 Cal State San Bernardino	671	16-2	7
8 Central Missouri State	611	19-4	9
9 North Florida	594	14-4	10
10 Grand Valley State	562	18-3	11
11 Tampa	535	12-3	12
12 Fort Hays State	494	18-2	13
13 Central Washington	406	17-0	17
14 Northern Michigan	380	15-3	14
15 Washburn	371	19-3	15
16 North Alabama	359	13-4	18
17 Northwood (Mich.)	319	14-4	16
18 Minnesota State-Moorhead	286	19-2	21
19 Augustana (S.D.)	178	12-7	19
20 Florida Southern	168	14-4	24
21 Western Washington	157	11-5	20
22 Rockhurst	92	16-6	22
23 Findlay	82	15-5	25
24 Nebraska-Omaha	73	12-6	23
25 Hillsdale	62	14-4	NR

### Others receiving points and listed on two or more ballots:

Armstrong Atlantic State 61; Cal State Bakersfield 57; Chaminade 48; Dowling 21; Cal State L.A. 19; Harding 11; California (Pa.) 10; Pittsburg State 6; Cal Poly Pomona 5; Southwest Minnesota State 5

## 2004 North Central Conference Volleyball Preseason Coaches Poll

Team	Total
Augustana	44
Minnesota Duluth	44
Minnesota State	30
South Dakota	27
Nebraska-Omaha	23
North Dakota	18
St. Cloud State	10

Note: Points were awarded 7 for 1st, 6 for 2nd, etc.

**OPPONENT FACTS:** The Huskies lost a tough 3-2 decision against NSU at the UND Tournament on Aug. 27. SCSU rebounded and posted a 3-2 win at Aberdeen on Aug. 31. SCSU is 2-6 vs. NSU since 1996. NSU has lost 11 of its last 12 matches, including 3-0 loss to MSU, Moorhead on Oct. 8. Chelsey Deibert leads NSU with 211 kills...the Huskies will be looking to avenge a tough 3-0 loss to UMD on Oct. 2 at Halenbeck. UMD (15-2, 4-0 NCC) leads the all-time series 53-37, which dates back to 1969 -- the Huskies' oldest and longest series rival...#6 UMD lost its season opener to Northern Michigan, rolled to 15 straight wins and most recently lost a 3-2 decision to #4 ranked Concordia-S.P. on Oct. 12 at Romano Gym... Callie Zwettler leads the Bulldogs with 296 kills, 16 aces and 190 digs.

## 2004 North Central Conference Standings

TEAM	NCC			Overall		
	W	L	PCT	W	L	Pct.
Minnesota Duluth....	4	0	1.000	15	1	.938
South Dakota.....	3	1	.750	11	9	.550
Nebraska-Omaha.....	3	2	.600	12	6	.667
<b>ST. CLOUD STATE</b>	<b>3</b>	<b>3</b>	<b>.500</b>	<b>13</b>	<b>7</b>	<b>.650</b>
Augustana.....	3	3	.500	12	7	.632
Minnesota State.....	2	4	.333	7	11	.389
North Dakota.....	0	5	.000	8	11	.421

### NCC Matches This Week

#### Tuesday, October 12

Concordia-SP at UMD, 7 p.m.

#### Thursday, October 14

Northern St. at SCSU, 7 p.m.

#### Friday, October 15

\*UND at Augie, 7 p.m.

MSU at Concordia-SP, 7 p.m.

USD at SW Minnesota St., 7 p.m.

#### Saturday, October 16

\*SCSU at UMD, 4 p.m.

\*UND at UNO, 6 p.m.

\*USD at Minnesota St., 7 p.m.

UM-Crookston at Augie, 7 p.m.



### NCC Results Last Week

#### Saturday, Oct. 9

\* St. Cloud State 3, North Dakota 0 31-29, 30-26, 30-21

\*Minnesota State 3, Augustana 1 25-30, 30-22, 30-26, 30-24

\*South Dakota 3, Nebraska-Omaha 2 27-30, 25-30, 30-25, 30-24, 15-11

#### Friday, Oct. 8

South Dakota 3, Bemidji State 0 30-24, 30-25, 30-21

\*Minnesota State 3, North Dakota 1 30-20, 30-17, 18-30, 30-23

\*Augustana 3, St. Cloud State 1 30-28, 30-23, 24-30, 30-26

#### Wednesday, Oct. 6

St. Cloud State 3, Bemidji State 0 30-20, 30-22, 30-19

**For ticket information, please call  
1-877-SCSUTIX or 320-308-2137**

### SCSU's Probable Starters for This Week

#### Setter

#3 Marcia Ankrum, #14 Monica Ashburn, or #2 Sierra Nowak

#### Outside Hitter

# 4 Leah Herrboldt, #7 Lindsey Gothe

#### Middle Hitter

# 11 Angie Mayers, #5 Lindsay Ashburn or #9 Kristi Pangrac

#### Right Side

#20 Jamie Schlagel

#### Libero

#10 Megan Hardy

### SCSU's NCC Players of the Week in 2004

Sept. 20 -- Jamie Schlagel

#### DID YOU KNOW?

The Huskies have lost seven matches this season and six of those losses have come against nationally ranked teams (Northern Michigan, UMD, Augustana, MSU-Moorhead and Concordia-St. Paul). The 13 wins this season are the most for a SCSU squad since the Huskies went 16-13 in 1998.