



ST. CLOUD STATE UNIVERSITY

Athletic Media Relations

Home of the Huskies
www.StCloudState.edu/athletics

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SPRING SCHEDULE:

April 22-23

**St. Cloud State Men & Women
at
Carleton/St. Olaf Relays
Northfield, Minn.**



2005 SCSU Outdoor Schedule

Mar. 25-26	at Missouri Southern Multi	Joplin, MO
Apr. 1-2	at Univ. of Missouri	Columbia, MO
Apr. 9	at UW-River Falls	
Apr. 14-15	at Emporia Multi	Emporia, KS
Apr. 16	at Jim Duncan Open	Des Moines, IA
Apr. 22-23	at Carleton/St. Olaf Relays	Northfield, MN
Apr. 29-30	at Drake Relays	Des Moines, IA
Apr. 30	TBA	TBA
May 2-3	at NCC Multi Championships	Grand Forks, ND
May 7	at St. Thomas Invite	St. Paul, MN
May 13-14	at NCC Championships	Omaha, NE
May 26-28	at NCAA Division II Outdoor	Abilene, TX

2005 ST. CLOUD STATE UNIVERSITY TRACK & FIELD TEAM NEWS



Release Date: April 20, 2005

Huskies Head to Northfield: The St. Cloud State Men's and Women's track and field teams will compete in the Carleton/St. Olaf Relays Friday and Saturday, April 22-23 in Northfield, Minn.

Ryan Koch Meets Provisional Mark: St. Cloud State junior Ryan Koch (Madison, WI) placed third in the Emporia State University Multi Event and met an NCAA provisional qualifying mark with his score of 6618. Sophomores Kayla Todnem (St. James) placed 14th and Lindsey Krueger (Rochester) 15th in the women's multi.

Ryan Koch went from tenth place after the first day to third with his second day performance. He placed 11th in the 110 meter hurdles, fourth in the discus, fifth in the pole vault, second in the javelin, and third in the 1500 meter run on the second day of the multi competition. Teammate and senior Jason Koch also competed in the multi. His second day performances included a fifth place in the 110 meter hurdles, fifth in the discus, and a third in the javelin.

Kayla Todnem placed 20th in the long jump, 25th in the javelin, and 11th in the 800 meter run in the second day of the women's multi competition. Lindsey Krueger placed 22nd in the long jump, 21st in the javelin, and 20th in the 800 meters.

Beth Sandoval Sets School Record: St. Cloud State sophomore Beth Sandoval (Rice) won the 3000 meter steeplechase in a time of 11.44.74, setting an SCSU school record at the Jim Duncan Invitational held in Des Moines, Iowa on Saturday. Sandoval paced the women's team that also had top ten finishes from sophomore Kayla Todnem (St. James) who placed fifth in the 100 meter hurdles in 15.70 and fourth in the triple jump with a mark of 35' 1 3/4". Junior Katie Wilson (Grand Forks, ND) placed second in the javelin with a mark of 132'1". Sophomore Danielle Larson (Superior, WI) placed sixth in the indoor pole vault with a height of 10'2" and sophomore Lindsey Krueger (Rochester) placed seventh in the indoor high jump with a height of 5'1". Junior Kristin Otterson (Big Lake) placed fifth in the discus with a toss of 113'11" and tenth in the hammer throw with a mark of 123'6". The women's 4x100 relay placed sixth in 51.69.

The SCSU men's team had strong performances from sophomore Mike Coonen (Appleton, WI) who placed third in the 200 meter dash (22.12) and fourth in the 100 meter dash (11.31). Sophomore Jared Lazer (Sauk Rapids) placed third in the 400 meter hurdles (54.60) and tenth in the 110 meter hurdles (16.06). Sophomore Bryan Pearson

(more)

**For the latest on SCSU Athletics, check out the Husky Home page
www.StCloudState.edu/athletics**



2005 Women's Roster

NAME	YR	EVENTS	HOMETOWN
Melissa Bachman	JR	Pole Vault	Paynesville
Kelly Brathol	FY	Sprints	River Falls, WI
Ashley Duggan	SO	Jumps	Blaine
Amanda Faulkner	SO	High Jump	Sandstone
Angela Knobloch	FY	Jumps	Beresford, SD
Bobbi Krippner	FY	Mid-Distance	Mankato
Lindsey Krueger	SO	Multi-Events	Rochester
Amanda Kunkel	FY	Throws	Eden Prairie
Danielle Larson	SO	Multi-Events	Superior, WI
Cassandra Moe	FY	Jumps	Dassel
Kristin Otterson	JR	Throws	Big Lake
Anna Sandoval*	JR	Sprints	Rice
Beth Sandoval	SO	Mid-Distance	Rice
Amber Schueler	FY	Jumps/Hurdles	Glencoe
Sara Steffen	SO	Pole Vault	Farmington
Kayla Todnem	JR/SOM	Multi-Events	St. James
Kari Turkowski	SR	Javelin	Cold Spring
Katie Wilson*	JR	Javelin	Grand Forks, ND

2005 Men's Roster

Mike Aulwes*	SR	Pole Vault	Brooklyn Center
Steve Bader	JR	Sprints	Fargo, ND
Arron Bendt	FY	Sprints	Worthington
Mike Coonen	SO	Sprints	Appleton, WI
Michael Graham	FY	Sprints	Oakdale
Kevin Grose	FY	Distance	Sauk Rapids
Nick Hirsch	JR	Distance	Waucoma, IA
Kevin Holubar*	SR	Throws	Duluth
Greg Jamison	FY	Distance	Burnsville
Sam Johnson	FY	Sprints, Jumps	Savage
Andy Koch	FY	Jumps	Madison, WI
Jason Koch*	SR	Multi-Events	Madison, WI
Ryan Koch	JR	Multi-Events	Madison, WI
Matt Koetter	FY	Mid-Distance	Ashburn, VA
Jared Lazer	SO	Hurdles/Jumps	Sauk Rapids
David Manly	FY	Mid-Distance	Minneapolis
Bowie McClaskie	FY	Pole Vault	North Branch
Tim Moes	FY	Mid-Distance	Becker
Darren Muenchow	FY	Pole Vault	Horicon, WI
Bryan Pearson	SO	Jumps	Anoka
Bobby Scepaniak	FY	Pole Vault	Avon
Adam Schmitt	FY	Sprints	Plymouth
Andrew Stueck	FY	Throws	Madison, WI
Aaron Wolfram	SO	Throws	Maplewood

*Team Captains

(Anoka) placed fourth in the indoor high jump (6' 4 3/4") and senior Mike Aulwes (Brooklyn Center) placed sixth in the indoor pole vault (13' 11 1/4"). First year Andy Koch (Madison, WI) placed second in the triple jump (40'4") and eighth in the javelin (147'4"). Sophomore Aaron Wolfram (Maplewood) placed second in the hammer throw (154'9"). The men's 4x100 relay placed fourth in the time of 43.03.

Head Coach: Seth Mischke (Minnesota, 1997) is in his sixth year as head coach of the St. Cloud State track and field program and fourth year as cross country coach. During Mischke's short head coaching career, he has already coached 11 NCAA Division II All-Americans and several North Central Conference champions. A native of Worland, Wyoming, Mischke is married to assistant coach Colleen McKinney Mischke; the couple reside in St. Cloud with daughter, Brooklyn. He is Level I and Level II USATF Jumps and Throws Certified.

Mischke Honored: St. Cloud State head coach Seth Mischke was named the 2005 North Central Conference Men's Indoor Coach of the Year. Mischke led the Huskies to a third place indoor finish, their best since a third place finish in 1999. It was also an improvement over the Huskies fifth place finish in 2004.

NCC Title for Wolfram: SCSU sophomore Aaron Wolfram (Maplewood) won the NCC title in the shot put with a throw of 50 feet and 3/4 inch. He also gave the Huskies points with his fifth place finish in the weight throw (53-7). He is the first NCC indoor champion for the Huskies since the 2002 season.

Husky Open Results: Results of the Husky Open which ran Feb. 12 are posted on the SCSU Athletics Web Site. Go to <http://www.stcloudstate.edu/athletics/sports/track>. Click on Team News on the left side of the page.

Next Run: Several Huskies will compete at the Drake Relays on April 29 and 30 in Des Moines, Iowa.