



ST. CLOUD STATE UNIVERSITY

Athletic Media Relations

Home of the Huskies
www.StCloudState.edu/athletics

Team Contact: Anne Abicht (aabicht@stcloudstate.edu)
Ph: (320) 308-2141 • Fax: (320) 308-2099



SPRING SCHEDULE:

March 25 & 26

**St. Cloud State Men & Women
at
Missouri Southern Multi
Joplin, MO**

**SCSU Participants: Ryan Koch,
Jason Koch, Lindsey
Krueger, Kayla Todnem**



2005 SCSU Schedule

Date	Opponent	Site
Jan. 8	at Northwest Open	Mpls.
Jan. 15	at MSU Alumni Meet	Mankato
Jan. 22	at Super 8 Open	Bemidji
Jan. 28-29	at Iowa State Open	Ames, IA
Feb. 5	at Minnesota State	Mankato
Feb. 12	HUSKY OPEN	St. Cloud
Feb. 18	at Showshoe Open (M)	Mpls.
Feb. 19	at Parent Day Open (W)	Mpls.
Feb. 25-26	at NCC Indoor Championships	Vermillion, SD
Mar. 11-12	at NCAA Division II Indoor	Boston, Mass.
Mar. 25-26	at Missouri Southern Multi	Joplin, MO
Apr. 1-2	at Univ. of Missouri	Columbia, MO
Apr. 13-14	at Emporia Multi	Emporia, KS
Apr. 15	at Jim Duncan Open	Des Moines, IA
Apr. 22-23	at Carleton/St. Olaf Relays	Northfield, MN
Apr. 29-30	at Drake Relays	Des Moines, IA
Apr. 30	TBA	TBA
May 2-3	at NCC Multi Championships	Grand Forks, ND
May 7	at St. Thomas Invite	St. Paul, MN
May 13-14	at NCC Championships	Omaha, NE
May 26-28	at NCAA Division II Outdoor	Abilene, TX

2005 ST. CLOUD STATE UNIVERSITY TRACK & FIELD TEAM NEWS



Release Date: March 18, 2005

2005 Indoor Season is Complete: The St. Cloud State Men's and Women's track and field teams completed the 2005 indoor season at the North Central Conference Championships February 25 and 26 in Vermillion, South Dakota. The men's track team finished third at the Championships as the Huskies garnered 86 points in the meet. The SCSU women's team placed seventh overall with 22 points. The University of South Dakota men's and women's teams won the team titles.

Mischke Honored: St. Cloud State head coach Seth Mischke was named the NCC Men's Coach of the Year. Mischke led the Huskies to a third place indoor finish, their best since a third place finish in 1999. It was also an improvement over the Huskies fifth place finish in 2004.

NCC Title for Wolfram: SCSU sophomore Aaron Wolfram (Maplewood) won the NCC title in the shot put with a throw of 50 feet and 3/4 inch. He also gave the Huskies points with his fifth place finish in the weight throw (53-7). He is the first NCC indoor champion for the Huskies since the 2002 season.

Individual Highlights: The SCSU women were led on the second day by junior Anna Sandoval (Rice) who placed sixth in the 60 meter dash (7.94) and sixth in the 200 meters (25.92). Her time in the 200 meters is a provisional qualifying mark for the NCAA Indoor Championships. Sophomore Beth Sandoval (Rice) placed fourth in the 800 meters (2:17.35). Sophomore Lindsey Krueger (Rochester) placed eighth in the 60 meter hurdles (10.16).

On the men's side sophomore Jared Lazer (Sauk Rapids) placed second in the 400 meter run (50.72) and junior Nick Hirsch (Waucoma, IA) placed second in the 5000 meters (15:05.65) and fifth in the 3000 meters (8:43.74). First year sprinter Michael Graham (Oakdale) placed fifth in the 60 meter dash (7.05). Junior Steve Bader (Fargo, ND) placed fourth in the 200 meter dash (22.71) and first year David Manly (Minneapolis) was seventh in the 800 meters (2:02.40). Junior Ryan Koch (Madison, WI) placed fifth (8.69), Lazer sixth (8.70) and senior Jason Koch (Madison, WI) eighth (8.91) in the 60 meter hurdles. Sophomore Bryan Pearson (Anoka) finished fourth in the high jump at 6-8. Ryan Koch (14-1) and senior Mike Aulwes (Brooklyn Center) placed seventh and eighth in the pole vault. Ryan Koch also placed sixth in the triple jump. Senior Kevin Holubar (Duluth) finished second in the shot put (48-6) and seventh in the weight throw (47-7 3/4).

(more)

For the latest on SCSU Athletics, check out the Husky Home page

www.StCloudState.edu/athletics



2005 Women's Roster

NAME	YR	EVENTS	HOMETOWN
Melissa Bachman	JR	Pole Vault	Paynesville
Kelly Brathol	FY	Sprints	River Falls, WI
Ashley Duggan	SO	Jumps	Blaine
Amanda Faulkner	SO	High Jump	Sandstone
Angela Knobloch	FY	Jumps	Beresford, SD
Bobbi Krippner	FY	Mid-Distance	Mankato
Lindsey Krueger	SO	Multi-Events	Rochester
Amanda Kunkel	FY	Throws	Eden Prairie
Danielle Larson	SO	Multi-Events	Superior, WI
Cassandra Moe	FY	Jumps	Dassel
Kristin Otterson	JR	Throws	Big Lake
Anna Sandoval*	JR	Sprints	Rice
Beth Sandoval	SO	Mid-Distance	Rice
Amber Schueler	FY	Jumps/Hurdles	Glencoe
Sara Steffen	SO	Pole Vault	Farmington
Kayla Todnem	JR/SOM	Multi-Events	St. James
Katie Wilson*	JR	Javelin	Grand Forks, ND

2005 Men's Roster

Mike Aulwes*	SR	Pole Vault	Brooklyn Center
Steve Bader	JR	Sprints	Fargo, ND
Arron Bendt	FY	Sprints	Worthington
Mike Coonen	SO	Sprints	Appleton, WI
Michael Graham	FY	Sprints	Oakdale
Kevin Grose	FY	Distance	Sauk Rapids
Nick Hirsch	JR	Distance	Waucoma, IA
Kevin Holubar*	SR	Throws	Duluth
Greg Jamison	FY	Distance	Burnsville
Sam Johnson	FY	Sprints, Jumps	Savage
Andy Koch	FY	Jumps	Madison, WI
Jason Koch*	SR	Multi-Events	Madison, WI
Ryan Koch	JR	Multi-Events	Madison, WI
Matt Koetter	FY	Mid-Distance	Ashburn, VA
Jared Lazer	SO	Hurdles/Jumps	Sauk Rapids
David Manly	FY	Mid-Distance	Minneapolis
Bowie McClaskie	FY	Pole Vault	North Branch
Tim Moes	FY	Mid-Distance	Becker
Darren Muenchow	FY	Pole Vault	Horicon, WI
Bryan Pearson	SO	Jumps	Anoka
Bobby Scepaniak	FY	Pole Vault	Avon
Adam Schmitt	FY	Sprints	Plymouth
Andrew Stueck	FY	Throws	Madison, WI
Aaron Wolfram	SO	Throws	Maplewood

*Team Captains

In the first day of competition, the SCSU women were led by sophomore Lindsey Krueger (Rochester) who placed fifth in the pentathlon with 3,077 points and placed ninth in the high jump with a height of 5'2". First year Angela Knobloch (Beresford, SD) placed 12th in the long jump with a mark of 16'3 3/4". Junior Kayla Todnem (St. James) placed seventh in the pentathlon with 2,992 points. On the men's side, junior Ryan Koch (Madison, WI) placed seventh in the pole vault with a height of 14'1" and was eighth in the long jump at 21'4 1/4". Senior Mike Aulwes (Brooklyn Center) placed eighth in the pole vault with a height of 13'7". Sophomore Aaron Wolfram (Maplewood) placed fifth in the weight throw with a toss of 50' 4 1/2" and senior Kevin Holubar (Duluth) placed seventh with a mark of 47'7 3/4". Senior Jason Koch (Madison, WI) placed fifth in the pentathlon with 3,318 points.

NCC Indoor Team Scores: Men - 1. South Dakota, 245; 2. MSU, Mankato, 184; 3. St. Cloud State, 86; 4. North Dakota 81; 5. Minnesota-Duluth 81; 6. Augustana, 55. Women - 1. South Dakota, 203; 2. Nebraska-Omaha, 177; 3. North Dakota, 100; 4. MSU, Mankato, 99.5; 5. Augustana, 95; 6. Minnesota-Duluth, 42.5; 7. St. Cloud State 22.

Provisional Qualifiers: Four Huskies met provisional qualifying marks for the NCAA Division II Indoor Championships, March 11-12 in Boston, Mass., but did not qualify to compete at nationals. Sophomore Bryan Pearson (Anoka) has a provisional mark in the high jump (6'9"), Nick Hirsch (Waucoma, IA) has met a provisional mark in the 5,000 meters (14.49.21), and junior Anna Sandoval (Rice) has a provisional mark in the 60 meter dash (7.75). More recently, sophomore Beth Sandoval (Rice) met the provisional mark in the 800 meters with a time of 2:16.92.

Head Coach: Seth Mischke (Minnesota, 1997) is in his sixth year as head coach of the St. Cloud State track and field program and fourth year as cross country coach. During Mischke's short head coaching career, he has already coached 11 NCAA Division II All-Americans and several North Central Conference champions. A native of Worland, Wyoming, Mischke is married to assistant coach Colleen McKinney Mischke; the couple reside in St. Cloud with daughter, Brooklyn. He is Level I and Level II USATF Jumps and Throws Certified.

Husky Open Results: Results of the Husky Open are posted on the SCSU Athletics Web Site. Go to <http://www.stcloudstate.edu/athletics/sports/track>. Click on Team News on the left side of the page.

Next Run: SCSU athletes Jason Koch, Ryan Koch, Lindsey Krueger, and Kayla Todnem will compete at the Missouri Southern Multi Event in Joplin, MO on March 25 and 26.