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*St. Cloud State University*

# HUSKY ATHLETICS

**Athletic Media Relations - Track and Field Update**

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## 2005-06 SCSU TRACK AND FIELD NEWS

Release Date: May 16, 2006



### Next Meet:

#### 2006 Outdoor Meets

#### NCAA DII Championships

Thursday-Saturday, May 25-27  
Emporia, Kansas

### 2006 SCSU Outdoor Schedule

Date	Opponent	Time/Result
Mar. 26-27	Northwest Multi	1 p.m.
April 8	Falcon Invitational River Falls, Wisc.	TBA
April 13-14	Emporia Multi Emporia, Kansas	All Day
April 15	Division II Challenge Emporia, Kansas	All Day
April 22	Bison Classic	All Day
April 27-29	Drake Relays Des Moines, Iowa	All Day
April 29	Drake Alternative St. Peter, Minn.	All Day
May 1-2	NCC Multi Championships Yankton, SD (USD)	All Day
May 6	St. Thomas Open	All Day
May 12-13	NCC Outdoor Championships Sioux Falls, SD	All Day
May 25-27	NCAA DII Outdoor Championships Emporia, Kansas	All Day

(all meets are listed as Central Time)

For complete ticket information, please call  
1-877-SCSUTIX or 320-308-2137.

#### NEED INFO?

For information about SCSU Track and Field, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The Track and Field contact at SCSU for 2005-06 is Celest Stang. You can contact her via email at crstang@stcloudstate.edu

#### IMPORTANT NUMBERS:

SCSU Ticket Office: 320-308-2137  
SCSU AMR Office: 320-308-2141  
NHC Press Box: 320-308-5227

#### HUSKY HOME PAGE:

www.StCloudState.edu/athletics



Ryan Koch

**FIVE HUSKIES HEAD TO NCAA DII CHAMPIONSHIPS ON MAY 25-27:** St. Cloud State will send five tracksters to the NCAA DII Track and Field Outdoor Championships held in Emporia, Kan. on May 25-27. Competing will be Katie Wilson, Ryan Koch, Amanda Kunkel, Sarah Getty and Jared Lazer.

Wilson holds the highest spot for the Huskies, ranking second in the javelin throw, with her throw of 149-4.5, from the Emporia DII Challenge earlier this season. She trails the leader, Briana Hinga from UC-San Diego, by two feet (151-11.5). Koch will take his fourth trip to the NCAA Championships in the decathlon, and is currently ranked fourth on the overall list with 6834 points earned at the Northwest Multi on March 26. He trails fellow NCC competitor from Minnesota State, Josh Rassumussen, who is ranked third with 6916 points, which he earned at the NCC Multi Championships on May 1-2.

Kunkel sits in the eighth slot in the shot put with a throw of 47-2.5 after trailing the leader by 4-01. Sarah Getty will compete in the 10,000 meter run after sliding into the ninth slot in late April with a time of 36.28.23. The final Husky to travel to the NCAA Championships is Lazer, who is currently ranked thirteenth in the 400 meter hurdles with a time of 52.06. He trails the leader by 1.15 seconds.

#### HUSKIES GET MUCH NEEDED BREAK BEFORE THE NCAA DII CHAMPIONSHIPS:

The St. Cloud State Husky Outdoor Track and Field team will take a week-long break as the academic year came to a close this past week. Look for next weeks release to wrap-up the 2006 outdoor season along with highlights on each of the five athletes traveling to the NCAA DII Championships.



Katie Wilson

**FOUR HUSKIES WIN TITLES AT NCC CHAMPIONSHIPS:** Senior's Sarah Getty and Katie Wilson, and Juniors Amanda Kunkel and Jared Lazer each brought home a top finish from the North Central Conference Championships, which were held in Sioux Falls, S.D. on Friday and Saturday, May 12&13.

The Husky men took fifth overall with 79 points and the women placed seventh with 67 points. South Dakota took both the men's and women's titles, with 274 and 206 points respectively.

Getty, who has been leading the NCC in the 10K by over a minute this entire season, grabbed the top spot in the event with a time of 37:56.02, finishing over 53 seconds above South Dakota's Amber Friedrich. She also took third in the 3000 meter steeplechase with a time of 11:30.84. Wilson bested the competition in the javelin throw with a provisional throw of 44.17 meters (144-11), the provisional marker in the DII women's javelin throw is 40.54 meters. Kunkel nabbed the top spot in the shot put with a provisional qualifying throw of 13.35 meters (43-09.75), in front of teammate Lindsey Krueger who took fifth in the event. Lazer was the sole Husky man to earn a first place mark, besting the competitors in the 400 meter hurdles with a provisional qualifying time of 52.53, he also placed fifth in the 110 meter hurdles. Other top finishers for the Husky women were Krueger in the high jump with a 5th place finish, Jodi Rosborough placing sixth in the pole vault clearing the bar at 3.22 meters (10-07), and Kunkel taking fourth in the hammer throw with a toss of 41.91 meters (137-06).

The Husky men were led by many top five finishes including a third place finish by Michael Coonen in the 100 meter dash with a time of 10.79. Steve Bader claimed the four slot in the 200 meter dash with a time of 21.85. Kyle Ewing leaped into fourth place in the long jump with 6.69 meters (21-11.5). Wrapping up the men's top five finishes were Aaron Wolfram with a third place finish in the hammer throw (48.10 meters, 157-10) and a fifth place finish in the shot put with a throw of 14.67 meters (48-1.75). Senior Ryan Koch's third place finish in the decathlon at the NCC Multi-Event Championships on May 2, carried over points to SCSU's team score. Also earning team points at the multi's was Krueger who took sixth in the women's multi-event, the heptathlon.

www.stcloudstate.edu/athletics/sports/track



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### 2005-06 SCSU Women's Track and Field Roster

Name	Yr.	Event	Hometown
Berit Amundson	FY	Pole Vault	Blue Earth
Kelly Brathol	SO	Sprints	Hudson, Wis.
Gia Dickinson	FY	Mid-Distance	Sauk Rapids
Amanda Faulkner	JR	High Jump	Sandstone (East Central)
Sarah Getty	SR	Distance	Remer
Angela Knobloch	SO	Jumps	Beresford, SD
Bobbie Krippner	SO	Mid-Distance	Mankato (East)
Lindsey Krueger	JR	Mult-Events	Rochester (John Marshall)
Amanda Kunkel	SO	Throws	Eden Prairie
Rachel Lander	FR	Distance	Brainerd
Danielle Larson	JR	Sprints/Pole Vault	Superior, Wis.
Nikki McGowan	FY	Sprints	St. Cloud (Tech)
Heather Miller	FY	Jumps/Sprints	Sun Prairie, Wis.
Cassandra Moe	SO	Jumps	Dassel
Kelly Nelson	FY	Mid-Distance	Westbrook
Heather Olheiser	FY	Mid-Distance	Coon Rapids (Blaine)
Kristin Otterson	JR	Throws	Big Lake
Sierrah Poole	FY	Distance	Blue Earth
Jodi Rosborough	SR	Pole Vault	Bismarck, ND
Libbie Sanders	FY	Distance	Coon Rapids
Amber Schueler	SO	Jumps/Hurdles	Glencoe
Amy Seyer	FY	High Jump	Aberdeen, SD (Central)
Mikha Tan	SO	Jumps/Sprints	Sioux City, Iowa
Kayla Todnem	JR/SR	Multi-Events	St. James
Katie Wilson	SR	Javelin	Grand Forks, ND (Red River)
Emily Winans	FY	Distance	Fergus Falls

### 2005-06 SCSU Men's Track and Field Roster

Name	Yr.	Event	Hometown
Teddy Ayele	SO	Distance	Eagan
Steve Bader	SR	Sprints	Fargo, ND (South)
Aaron Bendt	SO	Sprints	Worthington
Bob Colwell	FY	Hurdles	Altoona, Wis.
Mike Coonen	JR	Sprints	Appleton, Wis.
Kevin Darby	FY	Jumps	New York
Kyle Ewing	SO	Jumps	Richland Centre, Wis.
Elakie Fale	FY	Sprints	St. Cloud (St. John's Prep)
Isaiah Fuller	SO	Pole Vault	Fairbault
Kelly Gilchrist	Jr	Sprints	Minneapolis
Michael Graham	SO	Sprints	Oakdale (Tartan)
Ben Held	FY	Hurdles	Hinton, Iowa
Marcus Jenkins	FY	Hurdles	Long Branch, NJ
Sam Johnson	SO	Sprints, Jumps	Savage
Ted Johnson	FY	Distance	Neenah, Wis.
Andy Koch	SO	Jumps	Madison, Wis. (LaFollette)
Ryan Koch	SR	Multi-Events	Madison, Wis. (LaFollette)
Matt Koetter	SO	Mid-Distance	Ashburn, VA
Jared Lazer	JR	Hurdles/Jumps	Sauk Rapids
David Manly	SO	Distance	Minneapolis (WASHburn)
Tim Moes	FY	Mid-Distance	Becker
Pierce Novak	FY	Sprints	Coon Rapids
Matt Olsen	FY	Throws	Cambridge
Shawn Onken	FY	Sprints	Eagle Bend (Parkers Prairie)
Bobby Osborn	FY	Jumps	Rochester
Derek Pawlitzke	FY	Throws	Two Rivers, Wis.
Bryan Pearson	JR	Jumps	Anoka
Lucas Pedersen	FY	Pole Vault, Sprints	
David Queck	FY	Sprints	Annandale
Bobby Scepaniak	SO	Pole Vault	Avon
Adam Schmitt	SO	Sprints	Plymouth
Keith Stenzel	SR	Distance	Mankato (West)
Andrew Stueck	SO	Throws	Madison, Wis. (LaFollette)
Aaron Wolfram	JR	Throws	Maplewood

WEB SITE: To obtain complete information about SCSU track and field this season, please go to the Husky Home Page at [www.stcloudstate.edu/athletics](http://www.stcloudstate.edu/athletics). For information on the NCC, please check out the league website at [www.northcentralconference.org](http://www.northcentralconference.org)

### Individual Results from the NCC Championships

MEN:			
Name	Date	Event	Result/Time
Michael Coonen	5/13	100M	3rd/10.79
Kyle Ewing	5/13	100M	6th/10.93
Steve Bader	5/13	100M	7th/10.99
Steve Bader	5/13	200M	4th/21.85
Ted Johnson	5/13	1500M	12th/4:28.33
Jared Lazer	5/13	110M Hurdles	5th/15.48
Jared Lazer	5/13	400M Hurdles	1st/52.53
Bryan Pearson	5/13	High Jump	7th/6-05
Ryan Koch	5/13	Pole Vault	6th/14-03
Isaiah Fuller	5/13	Pole Vault	10th/13-09
Kyle Ewing	5/13	Long Jump	4th/21-11.5
Ryan Koch	5/13	Long Jump	11th/20-06.5
Adam Schmitt	5/13	Long Jump	12th/20-04.25
Bryan Pearson	5/13	Long Jump	16th/18-09
Robert Osborn	5/13	Triple Jump	7th/42-10.25
Ryan Koch	5/13	Triple Jump	8th/41-11.5
Aaron Wolfram	5/13	Shot Put	5th/48-01.75
Matt Olsen	5/13	Shot Put	11th/40-01.25
Aaron Wolfram	5/13	Discus	6th/137-07
Matt Olsen	5/13	Discus	10th/123-07
Aaron Wolfram	5/13	Hammer Throw	3rd/157-10
Matt Olsen	5/13	Hammer Throw	13th/102-10
Ryan Koch	5/13	Javelin	8th/168-08
Ryan Koch	5/13	Decathlon	3rd/6606 pts.

WOMEN:			
Name	Date	Event	Result/Time
Holly Dombrovski	5/13	800M	6th/2:21.27
Gia Dickson	5/13	1500M	11th/5:14.78
Kayla Halverson	5/13	3000M	12th/11:26.37
Libbie Sanders	5/13	3000M	13th/12:25.99
Rachel Lander	5/13	5000M	13th/20:14.68
Sarah Getty	5/13	10,000M	1st/37:56.02
Lindsey Krueger	5/13	100M Hurdles	7th/15.94
Sarah Getty	5/13	3000M Steeple	3rd/11:30.84
Lindsey Krueger	5/13	High Jump	5th/5-03.25
Cassandra Moe	5/13	High Jump	15th/4-11.25
Kelly Brathol	5/13	High Jump	19th/4-09.5
Amanda Faulkner	5/13	High Jump	19th/4-09.5
Jodi Rosborough	5/13	Pole Vault	6th/10-07
Heather Miller	5/13	Long Jump	7th/16-08.75
Angela Knobloch	5/13	Long Jump	16th/15-05.5
Cassandra Moe	5/13	Long Jump	18th/14-09.75
Mikha Tan	5/13	Long Jump	20th/14-07.75
Amber Schueler	5/13	Long Jump	21st/14-03.25
Heather Miller	5/13	Triple Jump	12th/34-10.25
Angela Knobloch	5/13	Triple Jump	15th/33-10.75
Cassandra Moe	5/13	Triple Jump	16th/33-02
Mikha Tan	5/13	Triple Jump	20th/32-02.75
Amanda Kunkel	5/13	Shot Put	1st/43-09.75
Lindsey Krueger	5/13	Shot Put	5th/37-04.5
Lindsey Krueger	5/13	Discus	10th/115-04
Amanda Kunkel	5/13	Hammer Throw	4th/137-06
Kristin Otterson	5/13	Hammer Throw	12th/125-00
Katie Wilson	5/13	Javelin	1st/144-11
Lindsey Krueger	5/13	Heptathlon	6th/3977 pts.
Cassandra Moe	5/13	Heptathlon	10th/3568 pts.
Angela Knobloch	5/13	Heptathlon	11th/3562 pts.

