



Home of the Huskies
stcloudstate.edu/athletics

St. Cloud State University

HUSKY ATHLETICS

Athletic Media Relations - Track and Field Update

Contact: NaDean Schroeder 320-308-2141 or scna0502@stcloudstate.edu

2005-06 SCSU TRACK AND FIELD NEWS

Release Date: May 3, 2006



Next Week: 2006 Outdoor Meet

St. Thomas Invite
Saturday, May 6

University of St. Thomas in St. Paul, Minn.

2006 SCSU Outdoor Schedule

Date	Opponent	Time/Result
Mar. 26-27	Northwest Multi	1 p.m.
April 8	Falcon Invitational River Falls, Wisc.	TBA
April 13-14	Emporia Multi Emporia, Kansas	All Day
April 15	Division II Challenge Emporia, Kansas	All Day
April 22	Bison Classic	All Day
April 27-29	Drake Relays Des Moines, Iowa	All Day
April 29	Drake Alternative St. Peter, Minn.	All Day
May 1-2	NCC Multi Championships Yankton, SD (USD)	All Day
May 6	St. Thomas Open	All Day
May 12-13	NCC Outdoor Championships Sioux Falls, SD	All Day
May 25-27	NCAA DII Outdoor Championships Emporia, Kansas	All Day

(all meets are listed as Central Time)

For complete ticket information, please call
1-877-SCSUTIX or 320-308-2137.

NEED INFO?

For information about SCSU Track and Field, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The Track and Field contact at SCSU for 2005-06 is Celest Stang. You can contact her via email at crstang@stcloud-state.edu

IMPORTANT NUMBERS:

SCSU Ticket Office: 320-308-2137
SCSU AMR Office: 320-308-2141
NHC Press Box: 320-308-5227

HUSKY HOME PAGE:

www.StCloudState.edu/athletics



FINAL OUTDOOR MEET BEFORE CONFERENCE CHAMPIONSHIPS, SCHEDULED AT ST.

THOMAS: The St. Cloud State Husky Track and Field Team will travel to St. Paul on Saturday, May 6, to compete in their final regular season meet of the season, the St. Thomas Open. The meet will take place on the University of St. Thomas campus, with events beginning at 11:00 a.m.



Getty

GETTY EARNS ATHLETE OF THE WEEK NOD AFTER RUNNING IN TOP FIVE AT

DRAKE RELAYS: Sarah Getty was named the North Central Conference Trackster of the Week after placing fifth in the 10,000 meter run to move into seventh place on the NCAA DII provisional list. Getty finished with a time of 36:28.23, a personal best, just ten seconds behind the fourth place finisher. She now leads the NCC competitors by over a minute.

Senior Katie Wilson was the other sole individual competitor for the Huskies at the Drake Relays, she took ninth in the javelin throw besting all of the competitors from the Division II level and many DI athletes. Wilson threw 45.52 meters (149'4").

GETTY TAKES TOP SPOT IN 5000M AT DRAKE ALTERNATIVES: Senior Sarah Getty flew by the competition in the 5000 meter run at the Drake Alternative meet on Saturday, April 29, just two days after moving in to the number seven slot on the NCAA DII provisional list for the 10K taking fifth at the Drake Relays.

Getty's first place time of 18:41.03 was thirty-five seconds faster than St. Mary's Kate Boisjolie, who took second. Also placing among the top finishers for the women was Amanda Kunkel and Emily Winans, who both took second in their respective events. Kunkel threw the shot put 12.65 meters to place ahead of competitors from all three NCAA divisions. Winans finished just under a second behind the leader in the 800 meter dash and in front of teammate Kelly Nelson, who took seventh in the event. Angela Knobloch placed fourth in the javelin throw with 30.27 meters. And, clearing the high jump bar at 1.53 meters was Amanda Faulkner, who took fourth in the event.

A few of the Husky male tracksters traveled to the Drake alternative earning four top ten finishes. The men were lead by Shaun Onken, who took sixth in the 100 meter dash with the time of 11.86. Bob Cowell placed eighth in the 110 meter hurdles with 16.80. Isaiah Fuller and Keith Stenzel both took tenth place finishes in the pole vault and 1500 meter run respectively.



R. Koch

KOCH TAKES THIRD AT NCC MULTI'S: Shortly after being named the male Senior Athlete of the Year at SCSU, Senior Ryan Koch's hopes of winning a conference tournament were lost as he placed third overall in the decathlon at the North Central Conference Multi Championships on May 2, 2006, in Yankton, S.D.

Koch scored 6,606 points, just over three hundred under the winner, Josh Rasmussen of MSUM, and only 81 points behind James Vahrenkamp of South Dakota who took second with 6,687 points. Koch took two-first place event finishes in the javelin throw and the pole vault with a throw of 177' 01" and clearing the bar at 14'6". He also took second place in the shot put and the 1500 meter dash, third in the discus throw and 110 meter hurdles, fifth in the long jump, high jump and the 100 meter dash and a seventh place finish in the 400 meter dash. This was Koch's fourth time competing in the NCC Multi's as he placed second in 2005, third in 2004 and fifth in 2003.

Junior Lindsey Krueger finished sixth in the heptathlon earning 3,977 points, just six hundred behind the leader. Cassandra Moe and Angela Knobloch also competed in the heptathlon, placing tenth and eleventh with 3,568 and 3,562 points respectively. Krueger took top finishes in the shot put and the high jump with a throw of 37' 1.25" and cleared the high jump bar at 5' 3.25". Moe knabbed herself a top finish in the 800 meter dash with a time of 2:27.45. Knobloch's top finish was in the javelin, placing second with a throw of 104' 06".



2005-06 SCSU Women's Track and Field Roster

Name	Yr.	Event	Hometown
Berit Amundson	FY	Pole Vault	Blue Earth
Kelly Brathol	SO	Sprints	Hudson, Wis.
Gia Dickinson	FY	Mid-Distance	Sauk Rapids
Amanda Faulkner	JR	High Jump	Sandstone (East Central)
Sarah Getty	SR	Distance	Remer
Angela Knobloch	SO	Jumps	Beresford, SD
Bobbie Krippner	SO	Mid-Distance	Mankato (East)
Lindsey Krueger	JR	Mult-Events	Rochester (John Marshall)
Amanda Kunkel	SO	Throws	Eden Prairie
Rachel Lander	FR	Distance	Brainerd
Danielle Larson	JR	Sprints/Pole Vault	Superior, Wis.
Nikki McGowan	FY	Sprints	St. Cloud (Tech)
Heather Miller	FY	Jumps/Sprints	Sun Prairie, Wis.
Cassandra Moe	SO	Jumps	Dassel
Kelly Nelson	FY	Mid-Distance	Westbrook
Heather Olheiser	FY	Mid-Distance	Coon Rapids (Blaine)
Kristin Otterson	JR	Throws	Big Lake
Sierrah Poole	FY	Distance	Blue Earth
Jodi Rosborough	SR	Pole Vault	Bismarck, ND
Libbie Sanders	FY	Distance	Coon Rapids
Amber Schueler	SO	Jumps/Hurdles	Glencoe
Amy Seyer	FY	High Jump	Aberdeen, SD (Central)
Mikha Tan	SO	Jumps/Sprints	Sioux City, Iowa
Kayla Todnem	JR/SR	Multi-Events	St. James
Katie Wilson	SR	Javelin	Grand Forks, ND (Red River)
Emily Winans	FY	Distance	Fergus Falls

2005-06 SCSU Men's Track and Field Roster

Name	Yr.	Event	Hometown
Teddy Ayele	SO	Distance	Eagan
Steve Bader	SR	Sprints	Fargo, ND (South)
Aaron Bendt	SO	Sprints	Worthington
Bob Colwell	FY	Hurdles	Altoona, Wis.
Mike Coonen	JR	Sprints	Appleton, Wis.
Kevin Darby	FY	Jumps	New York
Kyle Ewing	SO	Jumps	Richland Centre, Wis.
Elakie Fale	FY	Sprints	St. Cloud (St. John's Prep)
Isaiah Fuller	SO	Pole Vault	Fairbault
Kelly Gilchrist	Jr	Sprints	Minneapolis
Michael Graham	SO	Sprints	Oakdale (Tartan)
Ben Held	FY	Hurdles	Hinton, Iowa
Marcus Jenkins	FY	Hurdles	Long Branch, NJ
Sam Johnson	SO	Sprints, Jumps	Savage
Ted Johnson	FY	Distance	Neenah, Wis.
Andy Koch	SO	Jumps	Madison, Wis. (LaFollette)
Ryan Koch	SR	Multi-Events	Madison, Wis. (LaFollette)
Matt Koetter	SO	Mid-Distance	Ashburn, VA
Jared Lazer	JR	Hurdles/Jumps	Sauk Rapids
David Manly	SO	Distance	Minneapolis (WASHburn)
Tim Moes	FY	Mid-Distance	Becker
Pierce Novak	FY	Sprints	Coon Rapids
Matt Olsen	FY	Throws	Cambridge
Shawn Onken	FY	Sprints	Eagle Bend (Parkers Prairie)
Bobby Osborn	FY	Jumps	Rochester
Derek Pawlitzke	FY	Throws	Two Rivers, Wis.
Bryan Pearson	JR	Jumps	Anoka
Lucas Pedersen	FY	Pole Vault, Sprints	
David Queck	FY	Sprints	Annandale
Bobby Scepaniak	SO	Pole Vault	Avon
Adam Schmitt	SO	Sprints	Plymouth
Keith Stenzel	SR	Distance	Mankato (West)
Andrew Stueck	SO	Throws	Madison, Wis. (LaFollette)
Aaron Wolfram	JR	Throws	Maplewood

WEB SITE: To obtain complete information about SCSU track and field this season, please go to the Husky Home Page at www.stcloudstate.edu/athletics. For information on the NCC, please check out the league website at www.northcentralconference.org

2006 Outdoor Track and Field Individual Results from the NCC Multi's (Top Five Finishes)

MEN:

Name	Date	Event	Result/Time
Ryan Koch	5/2	Decathlon	3rd/6,606 pts (Javelin-1st/177'01"; Discus-3rd/113'04"; Shot Put-2nd/40'9.5"; Long Jump-5th/20'08"; Pole Vault-1st/14'6"; High Jump-5th/5'10.5"; 110M Hurdles-3rd/16.22; 1500M-2nd/4:36.76; 400M-7th/53.32; 100M-5th/11.83)

WOMEN:

Name	Date	Event	Result/Time
Lindsey Krueger	5/2	Heptathlon	6th/3,977 pts (Javelin-10th/88'09"; Shot Put-1st/37'1.25"; Long Jump-10th/14'8.5"; High Jump-1st/5'3.25"; 200M-9th/28.62; 100M Hurdles-7th/16.51; 800M-9th/2:43.4)
Cassandra Moe	5/2	Heptathlon	10th/3,568 pts (Javelin-12th/58'01"; Shot Put 12th/25'10"; Long Jump-9th/14'9.75"; High Jump-3rd/4'11.75"; 200M-11th/29.05; 100M Hurdles-9th/17.15; 800M-1st/2:27.45)
Angela Knobloch	5/2	Heptathlon	11th/3,562 pts (Javelin-10th/88'09"; Shot Put-4th/32'5"; Long Jump-6th/16'2.5"; High Jump-6th/4'10.5"; 200M-8th/28.6; 100M Hurdles-12th/18.35; 800M-12th/3:03.00)

Individual Results from the Drake Alternative (Top Ten Finishes)

MEN:

Name	Date	Event	Result/Time
Keith Stenzel	4/27	1500M	10th/4:29.23
Isaiah Fuller	4/27	Pole Vault	10th/13'01.5"
Bob Colwell	4/27	110M Hurdles	8th/16.80
Shawn Onken	4/27	100M	6th/11.86

WOMEN:

Name	Date	Event	Result/Time
Sarah Getty	4/27	5000M	1st/18:14.03
Rachel Lander	4/27	5000M	8th/20:30.14
Libbie Sanders	4/27	5000M	10th/21:21.49
Amanda Faulkner	4/27	High Jump	4th/5'0.25"
Kelly Brathol	4/27	400M	9th/1:05.21
Nikki McGowan	4/27	100M	10th/13.89
Emily Winans	4/27	800M	2nd/2:27.70
Kelly Nelson	4/27	800M	7th/2:44.46
Angela Knobloch	4/27	Javelin	4th/99'04"
Amanda Kunkel	4/27	Shot Put	2nd/41'06"
Amanda Kunkel	4/27	Hammer Throw	7th/134'08"
Kristin Otterson	4/27	Hammer Throw	6th/135'04"
Danielle Larson	4/27	Pole Vault	7th/10'04"

Individual Results from the Drake Relays

WOMEN:

Name	Date	Event	Result/Time
Sarah Getty	4/25	10,000M	5th/36:28.23
Katie Wilson	4/27	Javelin	9th/149'4"

