



St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Outdoor Track & Field Update

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2006-07 SCSU Outdoor Track & Field News

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:: UPCOMING EVENTS ::



May 2, 2007
TOMMIE TWILIGHT (W)
St. Paul, MN



May 5, 2007
ST. THOMAS INVITE
St. Paul, MN

2006-07 INDOOR SCHEDULE

Dec. 9	MSU Pre-Season Open	Mankato
Jan. 6	Northwest Open	Minneapolis
Jan. 13	Bison Open	Fargo, ND
Jan. 19-20	Iowa State Open	Ames, Iowa
Jan. 27	DQ Blizzard Invite	Superior, WI
Feb. 3	Mankato Alumni Open	Mankato
Feb. 10	Husky Open	St. Cloud
Feb. 16	Snowshoe Open (Men)	Minneapolis
Feb. 17	Parent Day Open (Women)	Minneapolis
Feb. 23-24	NCC Indoor Championships	Vermillion, SD
Mar. 9-10	NCAA DII Indoor Championships	Boston, MA

2007 OUTDOOR SCHEDULE

Apr. 1-2	Northwest Missouri State Multi	Maryville, MO
Apr. 5	Northern State Invite	CANCELLED
Apr. 12-14	Division II Challenge	Emporia, KS
Apr. 17	Cobber Invitational	Moorhead, MN
Apr. 21	Bison Classic	Fargo, ND
Apr. 28	Drake Alternative	St. Peter, MN
Apr. 30-May 1	NCC Multi Championships	Yankton, SD
May 2	Tommie Twilight (Women)	St. Paul, MN
May 5	St. Thomas Invite	St. Paul, MN
May 11-12	NCC Championships	Duluth, MN
May 24-26	NCAA Division II Championships	Charlotte, NC

(all meets are listed as Central Time)

For complete ticket information,
please call 1-877-SCSUTIX or 320-308-2137.



TOMMIE TWILIGHT TONIGHT, ST. THOMAS INVITE THIS WEEKEND: This evening the women's track and field teams will be in St. Paul for the Tommie Twilight held at the O'Shaughnessy Stadium.

On Saturday, May 5 both the women and the men will head to St. Paul for the St. Thomas Invite. This will be the final regular season meet before the Huskies take on the NCC Championships in Duluth.



Amanda Kunkel

KUNKEL NAMED NCC FIELD ATHLETE OF THE WEEK: Junior thrower Amanda Kunkel (Eden Prairie) has been named the North Central Conference Outdoor Field Athlete of the week. Last Saturday at the Drake Alternative Kunkel won the shot put with a mark of 46'7.5" and provisionally qualified for the national meet. This was also the 11th best throw in NCAA Division II and was just a foot short of breaking the SCSU women's shot put record.



Kayla Todnem



R.J. McGinnis

TODNEM, MCGINNIS CHAMPIONS AT NCC MULTI: Senior Kayla Todnem (St. James) was crowned the women's heptathlon champion with 4,593 points and first-year R.J. McGinnis (Burnsville) won the men's decathlon with 6,741 points at the 2007 North Central Conference Multi-Event Championships yesterday in Mankato.

Senior Lindsey Krueger (Rochester/John Marshall) finished sixth 4,209 and junior Adam Schmitt (Plymouth) placed sixth with a score of 5,728.

After day-one, Krueger was in the lead with 2,773 points with Todnem close behind in second with 2,762 points.

Krueger won the shot put (39' 11.25"), the high jump (three-way tie/5'1.75"), was fifth in the 100 hurdles (15.31), and eighth in the 200-meter (28.41). Todnem





... tied for first in the high jump (5'1.75"), finished second in the 100 hurdles (14.74), third in the 200 (26.90), and eighth in the shot put (29'6.75").

McGinnis led the decathlon with 3,664 points. He won the 100-meter (11.25), the shot put (46'3.5"), tied for first in the long jump (21'6.75"), finished third in the 400-meter (51.27), and fifth in the high jump (6'0"). Schmitt was in fourth as he placed second in the 400-meter (51.16), fourth in the long jump (20'6.25"), fifth in the high jump (6'0"), sixth in the 100-meter (11.68), and sixth in the shot put (33'4").

On day-two, Todnem won the long jump (17'3.75"), and finished second in both the 800-meter (2'29.66) and the javelin (102'5"). Krueger placed fifth in the long jump (16'6.75"), ninth in the javelin (77'6") and tenth in the 800-meter (2:44.01).

McGinnis won the 110 hurdles (15.44), the pole vault (12'8.25"), and the javelin (171'7"), finished third in the discus (107'3"), and sixth in the 1500-meter (5:00.24). Schmitt took second in the 1500-meter (4:32.06), fourth in the javelin (143'4"), and fifth in both the pole vault (9'5") and the discus (97'7").

Todnem is the second woman from SCSU to win the NCC heptathlon and her score bettered her already provision mark. McGinnis' win marks the first time that a male track athlete from SCSU has won the NCC decathlon. His score also provisionally qualified him for the national meet.

HUSKIES BRING HOME SIX FIRSTS FROM DRAKE

ALTERNATIVE: On Saturday, April 28 the women's and men's track and field teams were in St. Peter for the 2007 Drake Alternative Meet hosted by Minnesota State Mankato. No team scores were kept, but the Huskies brought home a total of six first-place finishes.

Junior Amber Schueler (Glencoe) won the women's 100-meter with a time of 13.04 and placed fifth in the long jump (4.98m/16'4.25")

Junior Amanda Kunkel (Eden Prairie) took first in the shot put with a throw of 14.21m/46'7.05" and fifth in the hammer throw (43.80m/143'8")

Sophomore Heather Miller (Sun Prairie, WI/Columbus) took first in the long jump with a distance of 5.56m/13'03",

Sophomore Emily Winans (Fergus Falls) placed fourth in the 1500-meter (5:04.17), first-year Andrea Borden (Merrifield) finished fifth in the 1500-meter

(5:09.20), senior Lindsey Krueger (Rochester/John Marshall) finished second in the 100 hurdles (15.61), sophomore Mikah Tan (Sioux City, IA) placed second in the 100-meter (13.24), second in the 200-meter (26.02), and third in the long jump (5.21m/17'1.25") senior Kayla Todnem (St. James) placed fifth in the 100-meter (13.38), first-year Kjersten Johansson (St. Cloud) finished fifth in the 400 hurdles (1:14.08), senior Amanda Faulkner (Sandstone/East Central) took second in the high jump (1.55m/5'1")

The women's 4x100 relay took second (49.99) as did the 4x400 relay (4:20.93).

Senior captain Mike Coonen (Appleton, WI) won the men's 100-meter with a time of 11.05,

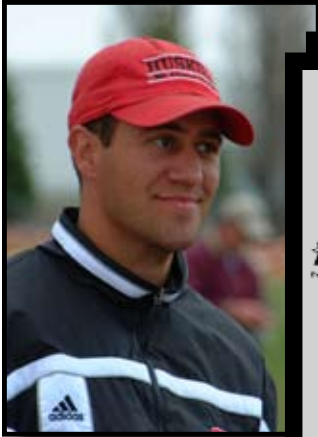
Senior Bryan Pearson (Anoka) took first in the high jump clearing 1.97m/6'5.50"

The men's 4x100 relay team finished first with a time of 42.18

Sophomore Marcus Jenkins (Long Branch, NJ) placed fifth in the 110 hurdles (15.60), first-year Gabe Udia (Minneapolis) took second in the 100-meter (11.07) and third in the 200-meter (22.50), first-year Cyrus Raivo (Mora) took third in the javelin (46.77m/153'5") and fifth in the discus (41.55m/136'4"), sophomore Andy Koch (Madison, WI/LaFollette) finished fifth in the long jump (6.16m/20'2.5"),

ST. CLOUD STATE UNIVERSITY QUICK FACTS

Location:	St. Cloud, Minn.
Founded:	1869
Enrollment:	16,000
President:	Dr. Roy Saigo
Director of Athletics:	Dr. Morris Kurtz
National Affiliation:	NCAA Division II
Conference:	North Central Conference
Nickname:	Huskies
Colors:	Cardinal Red and Black
Track:	Hatenbeck Fieldhouse
First Year of Track & Field:	1965
Head Coach:	Seth Mischke
Alma Mater:	University of Minnesota (1997)
Office Phone:	320-308-2242
Coach e-mail:	scmischke@stcloudstate.edu
Assistant Coach (Throws):	Travis Zins
Assistant Coach (Distance):	Tracy Miranowski
Assistant Coach (Multi-events & Hurdles):	Jason Koch
Assistant Coach (Sprints):	Terra Foster
Graduate Assistant Coach (Sprints & Relays):	Brian Sebera



SETH MISCHKE
2005

MEN'S TRACK & FIELD COACH OF THE YEAR

SCSU COACH SETH MISCHKE BEGINS 8TH SEASON WITH THE HUSKIES: Seth Mischke began his first season as head coach of the men's and women's track and field programs and cross country programs at St. Cloud State in 1999-2000. Prior to taking over the helm at SCSU, Mischke was a two-year assistant coach with former Husky head coach Tracy Dill.

Mischke is a 1997 graduate of the University of Minnesota. He was a member of the Golden Gophers men's team and participated in the decathlon. He placed third in the Big Ten meet in the decathlon as a senior. Mischke has completed his master's degree in physical education at St. Cloud State. He is a native of Worland, Wyoming and was a standout athlete at Worland High School - located in scenic north central Wyoming.

Mischke resides with his wife Colleen and their two children in St. Cloud.

2006/07 Track & Field Rosters

Women's

Name	Year	Event	Hometown
Andrea Borden	FY	Distance	Merrifield
Holly Dombrovski	JR	Sprints	Sartell
Amanda Eggebretch	FY	Sprints	St. Cloud
Amanda Faulkner	SR	High Jump	Sandstone (East Central)
Valerie Fuchs	FY	Sprints/Jumps	Royalton
Kala Halverson	SO	Distance	Alexandria
Kimberly Horner	FY	Sprints	Oakdale
Kjersten Johansson	FY	Mid-Distance	St. Cloud
Bobbi Krippner	JR	Mid-Distance	Mankato (East)
Lindsey Krueger*	SR	Multi-Events	Rochester (John Marshall)
Amanda Kunkel	JR	Throws	Eden Prairie
Heather Miller	SO	Jumps/Sprints	Sun Prairie, WI (Columbus)
Kelly Nelson	SO	Mid-Distance	Westbrook
Sierrah Poole	SO	Distance	Blue Earth
Libbie Sanders	SO	Distance	Coon Rapids
Amber Schueler	JR	Jumps/Hurdles	Glencoe
Mikha Tan	SO	Jumps/Sprints	Sioux City, IA
Kayla Todnem*	JR/SR	Multi-Events	St. James
Mary Wilson	FY	Javelin	Grand Forks, ND (Red River)
Emily Winans	SO	Distance	Fergus Falls

Men's

Name	Year	Event	Hometown
Kevin Blake	FY	Hurdles	Big Lake
Mitch Bruzik	FY	Throws	Alexandria
Bob Colwell	SO	Hurdles	Altoona, WI
Mike Coonen*	SR	Sprints	Appleton, WI
Mike Duncan	FY	Sprints	
Isaiah Fuller	JR	Pole Vault	Faribault
Michael Graham	JR	Sprints	Oakdale (Tartan)
Nick Hamm	FY	Distance	Menomonie, WI
Mekos Harris	FY	Sprints	Gary, IN
Ben Held	SO	Hurdles	Hinton, IA
Marcus Jenkins	SO	Hurdles	Long Branch, NJ
Cris Jirele	FY	Multi-Events	Medford, MN
Sam Johnson*	JR	Sprints/Jumps	Savage
Adam Kershaw	FY	Throws	Foley
Andy Koch	SO	Jumps	Madison, WI (LaFollette)
Jared Lazer*	SR	Hurdles/Jumps	Sauk Rapids
Matt Main	FY	Mid-Distance	Webster, WI
David Manly	JR	Distance	Minneapolis (Washburn)
R.J. McGinnis	FY	Hurdles/Jumps	Burnsville
Kyle Mikesh	FY	Throws	Eden Prairie
Tim Moes	SO	Mid-Distance	Becker
Pierce Novak	FY	Sprints	Coon Rapids
Wesley Olson	FY	Distance	Webster
Shawn Onken	SO	Sprints	Eagle Bend (Parkers Prairie)
Bryan Pearson	SR	Jumps	Anoka
Lucas Pedersen	SO	Mid-Distance	Richfield
David Queck	SO	Sprints	Annandale
Cyrus Raivo	FY	Throws	Mora
Mitchell Robertson	FY	Sprints	Sauk Rapids
Bobby Scepaniak	JR	Pole Vault	Avon
Adam Schmitt	JR	Sprints	Plymouth
Andrew Stueck	SO	Throws	Madison, WI (LaFollette)
Gabe Udia	FY	Sprints	Minneapolis



NCC Weekly Honors 2006/07

SCSU Men's and Women's Track & Field Honor Roll

Name	Year	Event	Week
Amanda Kunkel	JR	Weight Throw	Jan. 13th
Amanda Kunkel	JR	Shot Put	May 1st

* Denotes team captain

NEED INFO?

For information about SCSU track and field, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The track and field contact at SCSU for 2006-07 is Christy Kramer. You can contact her via email at krch9901@stcloudstate.edu.

IMPORTANT NUMBERS:

SCSU Ticket Office: 320-308-2137; SCSU AMR Office: 320-308-2141

WEBSITES:

To obtain complete information about SCSU track and field this season, please go to the Husky Home Page at:

www.StCloudState.edu/athletics

For information on the North Central Conference, please check out the league website at:

www.northcentralconference.org