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St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Outdoor Track & Field Update

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2006-07 SCSU Outdoor Track & Field News

Release Date: April 18, 2007



:: UPCOMING EVENTS ::



April 21, 2007
BISON CLASSIC
Fargo, ND

2006-07 INDOOR SCHEDULE

Dec. 9	MSU Pre-Season Open	Mankato
Jan. 6	Northwest Open	Minneapolis
Jan. 13	Bison Open	Fargo, ND
Jan. 19-20	Iowa State Open	Ames, Iowa
Jan. 27	DQ Blizzard Invite	Superior, WI
Feb. 3	Mankato Alumni Open	Mankato
Feb. 10	Husky Open	St. Cloud
Feb. 16	Snowshoe Open (Men)	Minneapolis
Feb. 17	Parent Day Open (Women)	Minneapolis
Feb. 23-24	NCC Indoor Championships	Vermillion, SD
Mar. 9-10	NCAA DII Indoor Championships	Boston, MA

2007 OUTDOOR SCHEDULE

Apr. 1-2	Northwest Missouri State Multi	Maryville, MO
Apr. 5	Northern State Invite	CANCELLED
Apr. 12-14	Division II Challenge	Emporia, KS
Apr. 17	Cobber Invitational	Moorhead, MN
Apr. 21	Bison Classic	Fargo, ND
Apr. 26-28	Drake Relays	Des Moines, IA
Apr. 28	Drake Alternative	St. Peter, MN
Apr. 30-May 1	NCC Multi Championships	Yankton, SD
May 2	Tommie Twilight (Women)	St. Paul, MN
May 5	St. Thomas Invite	St. Paul, MN
May 11-12	NCC Championships	Duluth, MN
May 24-26	NCAA Division II Championships	Charlotte, NC

(all meets are listed as Central Time)

For complete ticket information,
please call 1-877-SCSUTIX or 320-308-2137.



HUSKIES TRAVEL TO FARGO THIS WEEKEND: The SCSU men's and women's track and field teams will head to Fargo, ND this Saturday for the NDSU Bison Classic. This is the second time the Huskies will head north to

Fargo. The first time was at the beginning of the indoor season.

HUSKIES COMPETE IN CONCORDIA-MOORHEAD COBBER TWILIGHT INVITATIONAL: Head coach Seth Mischke made a quick addition to the Husky track and field schedule as he added the Concordia-Moorhead Cobber Twilight Invitational the day before the meet.

The Husky women's and men's team competed against athletes from Dickinson State, Minnesota State University-Moorhead, North Dakota State University, Northern State, Concordia-Moorhead, Jamestown College, Minot State, University of Minnesota-Morris, Bemidji State, and a handful of unattached athletes.

Top finishes for the women came from Amber Schueller (Glencoe) 8th/100-meter - 13.05 and 9th/long jump - 5.08m/16.00.00, Mikah Tan (Sioux City, IA) 9th/100-meter - 13.11 and 5th/long jump - 4.50m/17-08.75, Holly Dombrovski (Sartell) 15th/200-meter - 27.82, Bobbi Krippner (Mankato/East) 13th/400-meter - 67.38, Kelly Nelson (Westbrook) 15th/800-meter - 2:32.84, Valerie Fuchs (Royalton) 7th/long jump - 5.19m/17-00.50, Amanda Faulkner (Sandsstone/East Central) 9th/high jump - 1.50m/4-11.00, and Mary Wilson (Grand Forks, ND/Red River) 2nd/javelin - 39.36m/129-01.00

The SCSU 4x100 team finished third with a time of 51.09 and the 4x400 team of Dombrovski, Kayla Todnem (St. James), Fuchs, and Eggebrecht finished 4th at 4:09.80.

On the men's side, top finishers were Mike Coonen (Appleton, WI) 5th/100-meter - 11.09, Mike Graham (Oakdale/Tartan) 11th/100-meter - 11.32, Pierce Novak (Coon Rapids) 13th/100-meter - 11.63, Marcus Jenkins (Long Branch, NJ) 2nd/100-meter hurdles - 15.35, Ben Held (Hinton, IA) 11th/100-meter hurdles - 16.45, Gabe Udia (Minneapolis) 8th/200-meter - 22.86, Adam Schmitt (Plymouth) 9th/400-meter - 51.24, David Queck (Annandale) 10th/400-meter - 51.40, Isaih Fuller (Faribault) 9th/pole vault - 3.96m/13-00.00, R.J. McGinnis (Burnsville) 13th/pole vault - 3.81m/12-06.00, Adam Kershaw (Foley) 6th/shot put - 14.18m/46-06.25, Cyrus Raivo (Mora) 6th/discus - 44.90m/147-04.00 and 15th/javelin - 44.44m/145-90.00, and Andy Koch





(Madison, WI/LFollette) 9th/javelin - 48.15m/157-11.00.

The men's 4x400 relay team of Johnson, Queck, Schmitt, and McGinnis finished third coming in at 3:23.03.

WOMEN 9TH, MEN 8TH AT PAPA JOHN'S DII CHALLENGE: Last weekend the Husky track and field teams traveled to Emporia, KS as the Emporia State University Hornets hosted the 2007 Papa Johns' Division II Challenge at the Zola Witten Track/Fran Welch Stadium. After three days of competition, the SCSU women's team finished ninth with 29.33 points and the men's team finished eighth with 28 points.

Here are the full team rankings for the weekend's meet:

WOMEN (after 21 events)

1. Pittsburg State University	130
2. Truman State University	118
3. Central Missouri	115.66
4. Fort Hays State	109
5. Emporia State University	106
6. Southwest Baptist University	59
7. Nebraska-Kearney	54
8. Missouri-Rolla	52
9. St. Cloud State University	29.33
10. Chadron State University	11
11. Augustana College	6
12. Wayne State University	3
13. South Dakota	2

MEN (after 21 events)

1. Central Missouri	148
2. Fort Hays State	131
3. Missouri-Rolla	108
4. Emporia State University	101
5. Pittsburg State University	100
6. Nebraska-Kearney	89
7. Truman State University	64
8. Southwest Baptist University	28
8. St. Cloud State University	28
10. Bemidji State University	10
11. Grand Valley State University	5
12. Chadron State University	3

RESULTS OF THE PAPA JOHN'S DII CHALLENGE: The Huskies faired well in their first meet of the 2007 outdoor season. With the weather being uncooperative and the previous week's meet at Northern State cancelled, both the men and the women had to find other ways in order to practice and to ready themselves for head-to-head competition.

The Huskies fared well against their competition in Kansas. On the women's side, Kayla Todnem (St. James) took fifth in the heptathlon scoring 4079 and Lindsey Krueger (Rochester/John Marshall) placed seventh with 4048 points. Todnem then went on the place ninth in the long jump with a distance of 5.15m/16-10.75, eighth in the triple jump going 10.52m/34-06.25, third in the 100-meter hurdles (15.16), Mikah Tan (Sioux City, IA) finished 10th at 5.09m/16-08.50, Krueger placed eighth in the high

jump with a height of 1.55m/5-01.00.33, fourth in the 100-meter hurdles (15.55), Amanda Kunkel (Eden Prairie) finished seventh in the hammer throw with a distance of 43.49m/142.08, Amanda Borden (Merrifield) placed sixth in the 3000-meter with a time of 11:16.65, and Libbie Sanders (Coon Rapids) placed eighth in the 3000-meter coming in at 12:06.42

The women's 4x400 relay team finished seventh with a time of 4:09.55.

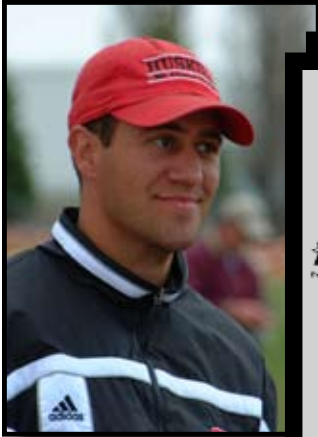
R.J. McGinnis (Burnsville) started off for the Huskies by finishing fifth in the decathlon with 6155 points, Bryan Pearson (Anoka) placed ninth in the high jump with a height of 1.85m/6-00.75, Marcus Jenkins (Long Branch, NJ) finished sixth in the 110-meter hurdles with a time of 15.46, Jared Lazer (Sauk Rapids) placed eighth in the 110-meter hurdles coming in at 15.57 and second in the 400-meter hurdles with a time of 54.50, Gabe Udia (Minneapolis) came in fifth in the 100-meter with a time of 11.10 and 10th in the 200-meter coming in at 22.64

The men's 4x100 relay team placed second with a time of 42.77.



ST. CLOUD STATE UNIVERSITY QUICK FACTS

Location:	St. Cloud, Minn.
Founded:	1869
Enrollment:	16,000
President:	Dr. Roy Saigo
Director of Athletics:	Dr. Morris Kurtz
National Affiliation:	NCAA Division II
Conference:	North Central Conference
Nickname:	Huskies
Colors:	Cardinal Red and Black
Track:	Halenbeck Fieldhouse
First Year of Track & Field:	1965
Head Coach:	Seth Mischke
Alma Mater:	University of Minnesota (1997)
Office Phone:	320-308-2242
Coach e-mail:	scmischke@stcloudstate.edu
Assistant Coach (Throws):	Travis Zins
Assistant Coach (Distance):	Tracy Miranowski
Assistant Coach (Multi-events & Hurdles):	Jason Koch
Assistant Coach (Sprints):	Terra Foster
Graduate Assistant Coach (Sprints & Relays):	Brian Sebera



**SETH
MISCHKE
2005**

NCC
NORTH CENTRAL CONFERENCE

**MEN'S
TRACK &
FIELD COACH
OF THE
YEAR**

SCSU COACH SETH MISCHKE BEGINS 8TH SEASON WITH THE HUSKIES: Seth Mischke began his first season as head coach of the men's and women's track and field programs and cross country programs at St. Cloud State in 1999-2000. Prior to taking over the helm at SCSU, Mischke was a two-year assistant coach with former Husky head coach Tracy Dill.

Mischke is a 1997 graduate of the University of Minnesota. He was a member of the Golden Gophers men's team and participated in the decathlon. He placed third in the Big Ten meet in the decathlon as a senior. Mischke has completed his master's degree in physical education at St. Cloud State. He is a native of Worland, Wyoming and was a standout athlete at Worland High School - located in scenic north central Wyoming.

Mischke resides with his wife Colleen and their two children in St. Cloud.

2006/07 Track & Field Rosters

Women's

Name	Year	Event	Hometown
Andrea Borden	FY	Distance	Merrifield
Holly Dombrovski	JR	Sprints	Sartell
Amanda Eggebretch	FY	Sprints	St. Cloud
Alexis Eineke	JR	Distance	Mankato
Amanda Faulkner	SR	High Jump	Sandstone (East Central)
Valerie Fuchs	FY	Sprints/Jumps	Royalton
Kala Halverson	SO	Distance	Alexandria
Kimberly Horner	SO	Sprints	Oakdale
Bobbi Krippner	SO	Mid-Distance	Mankato (East)
Lindsey Krueger	JR	Multi-Events	Rochester (John Marshall)
Amanda Kunkel	SO	Throws	Eden Prairie
Heather Miller	FY	Jumps/Sprints	Sun Prairie, WI (Columbus)
Kelly Nelson	FY	Mid-Distance	Westbrook
Sierrah Poole	FY	Distance	Blue Earth
Libbie Sanders	FY	Distance	Coon Rapids
Amber Schueler	SO	Jumps/Hurdles	Glencoe
Mikha Tan	SO	Jumps/Sprints	Sioux City, IA
Kayla Todnem	JR/SR	Multi-Events	St. James
Mary Wilson	FY	Javelin	Grand Forks, ND (Red River)
Emily Winans	FY	Distance	Fergus Falls

Men's

Name	Year	Event	Hometown
Mitch Bruzik	FY	Throws	Alexandria
Bob Colwell	SO	Hurdles	Altoona, WI
Mike Coonen	JR	Sprints	Appleton, WI
Joshua Denzer	FY	Sprints	Blaine
Mike Duncan	FY	Sprints	
Isaiah Fuller	JR	Pole Vault	Faribault
Kelly Gilchrist	SR	Sprints	Minneapolis
Michael Graham	JR	Sprints	Oakdale (Tartan)
Nick Hamm	FY	Distance	Menomonie, WI
Mekcos Harris	FY	Sprints	Gary, IN
Michael Hauser	FY	Sprints	
Ben Held	SO	Hurdles	Hinton, IA
Rocky Horn	FY	Sprint	Melrose
Scott Jaeckel	SO	Pole Vault	Waukasha, WI
Cris Jirele	SO	Multi-Events	Medford, MN
Sam Johnson	JR	Sprints/Jumps	Savage
Adam Kershaw	FY	Throws	Foley
Andy Koch	SO	Jumps	Madison, WI (LaFollette)
Jared Lazer	SR	Hurdles/Jumps	Sauk Rapids
Matt Main	SO	Mid-Distance	Webster, WI
David Manly	JR	Distance	Minneapolis (Washburn)
R.J. McGinnis	FY	Hurdles/Jumps	Burnsville
Kyle Mikesch	FY	Throws	Eden Prairie
Tim Moes	SO	Mid-Distance	Becker
Pierce Novak	FY	Sprints	Coon Rapids
Wesley Olson	SO	Distance	Webster
Shawn Onken	SO	Sprints	Eagle Bend (Parkers Prairie)
Bryan Pearson	FY	Jumps	Anoka
Lucas Pedersen	SO	Mid-Distance	Richfield
David Queck	SO	Sprints	Annandale
Cyrus Raivo	FY	Throws	Mora
Mitchell Robertson	FY	Sprints	Sauk Rapids
Bobby Scepaniak	JR	Pole Vault	Avon
Adam Schmitt	JR	Sprints	Plymouth
Andrew Stueck	SO	Throws	Madison, WI (LaFollette)
Gabe Udia	FY	Sprints	Minneapolis



NCC Weekly Honors 2006/07

SCSU Men's and Women's Track & Field Honor Roll

Name	Year	Event	Week
Amanda Kunkel	SO	Weight Throw	Jan. 13th

NEED INFO?

For information about SCSU track and field, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The track and field contact at SCSU for 2006-07 is Christy Kramer. You can contact her via email at krch9901@stcloudstate.edu.

IMPORTANT NUMBERS:

SCSU Ticket Office: 320-308-2137; SCSU AMR Office: 320-308-2141

WEBSITES:

To obtain complete information about SCSU track and field this season, please go to the Husky Home Page at:

www.StCloudState.edu/athletics

For information on the North Central Conference, please check out the league website at:

www.northcentralconference.org