



Home of the Huskies
stcloudstate.edu/athletics

St. Cloud State University

HUSKY ATHLETICS

Athletic Media Relations - Track & Field Update

Contact: Christy Kramer 320-308-2141 or krch9901@stcloudstate.edu

2006-07 SCSU Track & Field News

Release Date: February 26, 2007



:: UPCOMING EVENTS ::

March 11-12, 2007
NCAA INDOOR CHAMPIONSHIPS
Vermillion, SD

2006-07 INDOOR SCHEDULE

Dec. 9	MSU Pre-Season Open	Mankato
Jan. 6	Northwest Open	Minneapolis
Jan. 13	Bison Open	Fargo, ND
Jan. 19-20	Iowa State Open	Ames, Iowa
Jan. 27	DQ Blizzard Invite	Superior, WI
Feb. 3	Mankato Alumni Open	Mankato
Feb. 10	Husky Open	St. Cloud
Feb. 16	Snowshoe Open (Men)	Minneapolis
Feb. 17	Parent Day Open (Women)	Minneapolis
Feb. 23-24	NCC Indoor Championships	Vermillion, SD
Mar. 9-10	NCAA DII Indoor Championships	Boston, MA

2007 OUTDOOR SCHEDULE

Mar. 30-31	Missouri Relays	Columbia, MO
Apr. 7	TBA	TBA
Apr. 12-14	Division II Challenge	Emporia, KS
Apr. 21	Bison Classic	Fargo, ND
Apr. 26-28	Drake Relays	Des Moines, IA
Apr. 28	Drake Alternative	St. Peter, MN
Apr. 30-May 1	NCC Multi Championships	Yankton, SD
May 2	Tommie Twilight (Women)	St. Paul, MN
May 5	St. Thomas Invite	St. Paul, MN
May 11-12	NCC Championships	Duluth, MN
May 24-26	NCAA Division II Championships	Charlotte, NC

(all meets are listed as Central Time)

For complete ticket information,
please call 1-877-SCSUTIX or 320-308-2137.

WOMEN SEVENTH, MEN FIFTH AT NCC: This weekend the men's and women's track and field teams traveled to Vermillion, SD to take on the North Central Conference Indoor Championships. After two days of competition, the women finished in seventh place with 51 points and the men took fifth with 61.50.

NCC INDOOR WOMEN'S TEAM RANKINGS:

1. Nebraska/Omaha - 162.50
2. Minnesota State - 134
3. North Dakota - 124.50
4. South Dakota - 121.50
5. Augustana College - 75
6. Minnesota-Duluth - 70.50
7. St. Cloud State University - 51

NCC INDOOR MEN'S TEAM RANKINGS:

1. South Dakota - 223.50
2. Minnesota State - 222
3. Minnesota-Duluth - 114
4. North Dakota - 88
5. St. Cloud State University - 61.50
6. Augustana College - 26



Amanda Kunkel

KUNKEL WITH A CHANCE AT NATIONALS:

Junior Amanda Kunkel of Eden Prairie will find out on Thursday whether her shot put mark is good enough to qualify her for the national meet. She threw a provisional mark of 46-04.75 while in Vermillion, SD. Currently, Kunkel is ranked 13th in the nation in the shot put.



Lindsey Krueger

KRUEGER SETS NEW SCHOOL RECORD:

At the NCC Indoor Championship meet this weekend, senior Lindsey Krueger of Rochester/John Marshall won the pentathlon and set a new school record with 3321 points

SCSU WOMEN NCC TOP TEN MEET RESULTS:

- One-mile:**
7th - 5:19.43 - Emily Winans (Fergus Falls)
- 800-meter:**
7th - 2:27.94 - Bobbi Krippner (Mankato/East)
- 1000-meter:**
5th - 3:07.69 - Emily Winans (Fergus Falls)
- 60-meter hurdles:**





6th - 9.44 - Kayla Todnem (St. James)
4x400 relay:
 7th - 4:13.46 - Holly Dombrovski (Sartell), Amanda Eggebrecht (St. Cloud), Kayla Todnem (St. James), Amber Schueler (Glencoe)
Distance medley:
 7th - 14:00.39 - Kelley Nelson (Westbrook), Amanda Eggebrecht (St. Cloud), Kjersten Johansson (St. Cloud), Andrea Borden (Merrifield)
High Jump:
 7th - 5-01.25 - Lindsey Krueger (Rochester/John Marshall)
 10th - 4-11.50 - Amanda Faulkner (Sandstone/East Central)
Long Jump:
 9th - 16-07.25 - Kayla Todnem (St. James)
Shot Put:
 2nd - 46.04.75 - Amanda Kunkel (Eden Prairie) * National provisional mark
 7th - 39-02.25 - Lindsey Krueger (Rochester/John Marshall)
Weight throw:
 2nd - 50-08.00 - Amanda Kunkel (Eden Prairie)
Pentathlon:
 1st - 3321 - Lindsey Krueger (Rochester/John Marshall)
 3rd - 3186 - Kayla Todnem (St. James)

SCSU MEN NCC TOP TEN MEET RESULTS:

60-meter:
 3rd - 6.92 - Michael Coonen (Appleton, WI)
 4th - 6.98 - Michael Graham (Oakdale/Tartan)
 400-meter:
 2nd - 50.01 - Jared Lazer (Sauk Rapids)
 8th - 51.43 - Sam Johnson (Savage)
 500-meter:

2th - 1:06.33 - Adam Schmitt (Plymouth)
 800-meter:
 9th - 2:13.88 - Lucas Pederson (Richfield)
 60-meter hurdles:
 4th - 8.52 - Marcus Jenkins (Long Branch, NJ)
 5th - 8.56 - Ben Held (Hinton, IA)
 6th - 8.61 - Jared Lazer (Sauk Rapids)
 4x400 relay:
 5th - 3:27.64 - Sam Johnson (Savage), Mekos Harris (Gary, IN), Adam Schmitt (Plymouth), Jared Lazer (Sauk Rapids)
 Distance medley:
 6th - 11:56.61 - Lucas Pederson (Richfield), Peirce Novak (Coon Rapids), Mekos Harris (Gary, IN), Tim Moes (Becker)
 High jump:
 7th - 6-00.50 - Bryan Pearson (Anoka)
 Pole Vault:
 9th - 12-06.00 - Bobby Scepaniak (Avon)
 Long jump:
 9th - 20-10.00 - Adam Schmitt (Pymouth)
 10th - 20-08.50 - R.J. McGinnis (Burnsville)
 11th - 20-06.25 - Andy Koch (Madison, WI/LaFollette)
 Triple Jump:
 9th - 41-01.50 - Andy Koch (Madison, WI/LaFollette)
 Shot put:
 10th - 43-03.25 - R.J. McGinnis (Burnsville)
 Weight throw:
 10th - 45-03.75 - Mitch Bruzik (Alexandria)
 Pentathlon
 2nd - 3510 - R.J. McGinnis (Burnsville)
 4th - 3379 - Adam Schmitt (Plymouth)

ST. CLOUD STATE UNIVERSITY QUICK FACTS

Location: St. Cloud, Minn.
 Founded: 1869
 Enrollment: 16,000
 President: Dr. Roy Saigo
 Director of Athletics Dr. Morris Kurtz
 National Affiliation NCAA Division II
 Conference North Central Conference
 Nickname Huskies
 Colors Cardinal Red and Black
 Track Halenbeck Fieldhouse
 First Year of Track & Field 1965
 Head Coach Seth Mischke
 Alma Mater University of Minnesota (1997)
 Office Phone 320-308-2242
 Coach e-mail scmischke@stcloudstate.edu
 Assistant Coach (Throws) Travis Zins
 Assistant Coach (Distance) Tracy Miranowski
 Assistant Coach (Multi-events & Hurdles) Jason Koch
 Assistant Coach (Sprints) Terra Foster
 Graduate Assistant Coach (Sprints & Relays) Brian Sebera

NEED INFO?

For information about SCSU track and field, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The track and field contact at SCSU for 2006-07 is Christy Kramer. You can contact her via email at krch9901@stcloudstate.edu.

IMPORTANT NUMBERS:

SCSU Ticket Office: 320-308-2137
 SCSU AMR Office: 320-308-2141

WEBSITES:

To obtain complete information about SCSU track and field this season, please go to the Husky Home Page at

www.StCloudState.edu/athletics

For information on the North Central Conference, please check out the league website at

www.northcentralconference.org



Coach Mischke

SCSU COACH SETH MISCHKE BEGINS 8TH SEASON WITH THE HUSKIES: Seth Mischke began his first season as head coach of the men's and women's track and field programs and cross country programs at St. Cloud State in 1999-2000. Prior to taking over the helm at SCSU, Mischke was a two-year assistant coach with former Husky head coach Tracy Dill.



Mischke is a 1997 graduate of the University of Minnesota. He was a member of the Golden Gophers men's team and participated in the decathlon. He placed third in the Big Ten meet in the decathlon as a senior. Mischke has completed his master's degree in physical education at St. Cloud State. He is a native of Worland, Wyoming and was a standout athlete at Worland High School - located in scenic north central Wyoming.

Mischke resides with his wife Colleen and their two children in St. Cloud.

2006/07 Track & Field Rosters

Women's

Name	Year	Event	Hometown
Andrea Borden	FY	Distance	Merrifield
Holly Dombrovski	JR	Sprints	Sartell
Amanda Eggebretch	FY	Sprints	St. Cloud
Alexis Eineke	JR	Distance	Mankato
Amanda Faulkner	SR	High Jump	Sandstone (East Central)
Valerie Fuchs	FY	Sprints/Jumps	Royalton
Kala Halverson	SO	Distance	Alexandria
Kimberly Horner	SO	Sprints	Oakdale
Bobbi Krippner	SO	Mid-Distance	Mankato (East)
Lindsey Krueger	JR	Multi-Events	Rochester (John Marshall)
Amanda Kunkel	SO	Throws	Eden Prairie
Heather Miller	FY	Jumps/Sprints	Sun Prairie, WI (Columbus)
Kelly Nelson	FY	Mid-Distance	Westbrook
Sierrah Poole	FY	Distance	Blue Earth
Libbie Sanders	FY	Distance	Coon Rapids
Amber Schueler	SO	Jumps/Hurdles	Glencoe
Mikha Tan	SO	Jumps/Sprints	Sioux City, IA
Kayla Todnem	JR/SR	Multi-Events	St. James
Mary Wilson	FY	Javelin	Grand Forks, ND (Red River)
Emily Winans	FY	Distance	Fergus Falls

Men's

Name	Year	Event	Hometown
Mitch Bruzik	FY	Throws	Alexandria
Bob Colwell	SO	Hurdles	Altoona, WI
Mike Coonen	JR	Sprints	Appleton, WI
Joshua Denzer	FY	Sprints	Blaine
Mike Duncan	FY	Sprints	
Isaiah Fuller	JR	Pole Vault	Faribault
Kelly Gilchrist	SR	Sprints	Minneapolis
Michael Graham	JR	Sprints	Oakdale (Tartan)
Nick Hamm	FY	Distance	Menomonie, WI
Mekcos Harris	FY	Sprints	Gary, IN
Michael Hauser	FY	Sprints	
Ben Held	SO	Hurdles	Hinton, IA
Rocky Horn	FY	Sprint	Melrose
Scott Jaeckel	SO	Pole Vault	Waukasha, WI
Cris Jirele	SO	Multi-Events	Medford, MN
Sam Johnson	JR	Sprints/Jumps	Savage
Adam Kershaw	FY	Throws	Foley
Andy Koch	SO	Jumps	Madison, WI (LaFollette)
Jared Lazer	SR	Hurdles/Jumps	Sauk Rapids
Matt Main	SO	Mid-Distance	Webster, WI
David Manly	JR	Distance	Minneapolis (Washburn)
R.J. McGinnis	FY	Hurdles/Jumps	Burnsville
Kyle Mikesh	FY	Throws	Eden Prairie
Tim Moes	SO	Mid-Distance	Becker
Pierce Novak	FY	Sprints	Coon Rapids
Wesley Olson	SO	Distance	Webster
Shawn Onken	SO	Sprints	Eagle Bend (Parkers Prairie)
Bryan Pearson	FY	Jumps	Anoka
Lucas Pedersen	SO	Mid-Distance	Richfield
David Queck	SO	Sprints	Annandale
Cyrus Raivo	FY	Throws	Mora
Mitchell Robertson	FY	Sprints	Sauk Rapids
Bobby Scepaniak	JR	Pole Vault	Avon
Adam Schmitt	JR	Sprints	Plymouth
Andrew Stueck	SO	Throws	Madison, WI (LaFollette)
Gabe Udla	FY	Sprints	Minneapolis



NCC Weekly Honors 2006/07

SCSU Men's and Women's Track & Field Honor Roll

Name	Year	Event	Week
Amanda Kunkel	SO	Weight Throw	Jan. 13th



SCSU Men's Track & Field Team Records



Van Nelson
5000, 10,000, 15,000,
20,000, and 30,000
Meter Record Holder



Brad Babcock
800 Meter
Record Holder



Greg Kimbrough,
400, 4x200, 4x400
Meter, and Triple Jump
Record Holder



Dustin DeRosier
Indoor and Outdoor
Pole Vault
Record Holder

INDOOR

55 Meter Dash	Robert Ewings	:06.33	1997	St. Cloud, MN
200 Meter Dash (Oversized)	Keith Williams	:21.58	1995	Ames, IA
200 Meter Dash	Lawrence Means	:21.96	1992	St. Cloud, MN
300 Meter Dash	Lawrence Means	:34.83	1991	Fargo, ND
400 Meter Dash	Greg Kimbrough	:48.61	1995	Minneapolis, MN
400 Meter Dash (Oversized)	Lawrence Means	:47.74	1992	Ames, IA
500 Meter Dash	Justin Antus	1:04.82	2002	Fargo, ND
600 Meter Dash	Justin Antus	1:22.12	2002	Minneapolis, MN
800 Meter Run	Brad Babcock	1:53.31	1991	Ames, IA
1000 Meter Run	Mark Young	2:27.60	1984	St. Cloud, MN
1500 Meter Run	Scott Ergen	3:50.17	1984	Fargo, ND
3000 Meter Run	Scott Ergen	8:17.54	1984	St. Cloud, MN
5000 Meter Run	Kurt Threinen	14:16.26	1985	Fargo, ND
55 Meter High Hurdles	Randy Schulz	:07.44	1982	St. Cloud, MN
Shot Put	Layne Kelley	57'-7"	1981	Kansas City, MO
35 # Weight	Eric Gunderson	58-8 3/4"	2002	Vermillion, SD
High Jump	Paul Pietruszewski	7'-0 3/4"	1988	St. Cloud, MN
Triple Jump	Greg Kimbrough	48'8 1/4"	1995	Fargo, ND
Long Jump	Corey Ahrend	23'-4"	1987	St. Cloud, MN
Pole Vault	Dustin DeRosier	18'-0 3/4"	1997	Ames, IA
Pentathlon	Ryan Koch	3,672	2006	Emporia, KS
4 x 400 Meter Relay	Barth, Pooler, Sternweis, Miller	3:18.82	1993	Minneapolis, MN
4 x 400 Meter Relay (Oversized)	Means, Joynt, Larson, Roeske	3:12.77	1992	Ames, IA
4 x 800 Meter Relay	Perleberg, Olson, Brix, Ergen	7:52.20	1983	St. Cloud, MN
Distance Medley Relay	Pekarek, Antus, Lippert, Hirsch	10:44.92	2002	Ames, IA

OUTDOOR

200 Meter Dash	Keith Williams	:21.16	1995	Sioux City, IA
400 Meter Dash	Lawrence Means	:46.61	1993	Abilene, TX
800 Meter Dash	Scot Joynt	1:52.04	1993	Sioux Falls, SD
1500 Meter Run	Mark Young	3:47.96	1985	Los Angeles, CA
3000 Meter Steeplechase	Kurt Threinen	8:59.68	1983	St. Cloud, MN
5000 Meter Run	Van Nelson	13:39.40*	1967	St. Paul, MN
10,000 Meter Run	Van Nelson	28:48.20*	1967	London, England
110 Meter High Hurdles	Steve Hentges	:14.46	1994	Grand Forks, ND
400 Meter IM Hurdles	Jamie Kunstleben	:52.56	1997	Ames, IA
Shot Put	Layne Kelley	58-11 1/2"	1981	Macomb, IL
Discus	Layne Kelley	180-	1982	St. Cloud, MN
Javelin	Dan Donlin	209-1	1982	Moorhead, MN
Javelin (New)	Jason Koch	206-11	2004	Des Moines, IA
Hammer	Eric Gunderson	177-10	2002	Minneapolis, MN
High Jump	Paul Pietruszewski	7' 0 1/4"	1987	Northfield, MN
Triple Jump	Scott Weber	49-41/2"	1990	St. Paul, MN
Long Jump	Flurohn Crutch	24-6"	1996	Moorhead, MN
Pole Vault	Dustin DeRosier	17-5 1/2"	1997	Minneapolis, MN
Decathlon	Dan Neubauer	7,105 pts.	1981	Des Moines, IA
4 x 100 Meter Relay	Miller, Haferman, Nichols, Means	:40.60	1993	Abilene, TX
4 x 200 Meter Relay	Larson, Brinker, G. Kimbrough, Miller	1:26.10	1994	Des Moines, IA
4 x 400 Meter Relay	Means, Roeske, G. Kimbrough, Joynt	3:11.88	1993	Moorhead, MN
1600 Meter Sprint Medley	Wood, Olson, Evanson, Mielke	3:27.38	2001	Des Moines, IA
4 x 800 Meter Relay	Young, Perleberg, Threinen, Holovnia	7:44.50	1985	Northfield, MN
Distance Medley Relay	Young, Perleberg, Peery, Threinen	9:50.67	1985	Des Moines, IA

RETIRED EVENT RECORDS

55 Meter IM Hurdles	Randy Schulz	:07.20	1981	St. Cloud, MN
55 Meter Low Hurdles	Mike Lieb	:07.59	1980	Mankato, MN
160 Meter IM Hurdles	Mike Lieb	:21.78	1980	Mankato, MN
200 Meter IM Hurdles	Dave Rarick	:24.70	1983	St. Cloud, MN
100 Meter Dash	Chris Beatty	:11.40	1982	St. Cloud, MN
4 x 55 Shuttle Hurdle Relay	Kohls, Leedahl, Schultz, Mikkelson	:30.67	1982	St. Cloud, MN
4 x 100 Meter Relay	Tritton, Dunlap, Harmon, Newton	:43.44	1987	St. Cloud, MN
Medley Relay	Mortrude, Herman, Schulz, Waxlax	2:00.87	1980	Mankato, MN
15,000 Meter Run	Van Nelson	46:14.80	1966	St. Paul, MN
20,000 Meter Run	Van Nelson	1:03.47.80	1965	St. Paul, MN
30,000 Meter Run	Van Nelson	1:37.16.40	1965	St. Paul, MN



SCSU Women's Track & Field Team Records



Jodi Tarasewicz
Indoor and Outdoor
Pole Vault
Record Holder



GiGi DesLauriers
Indoor and Outdoor
High Jump
Record Holder



Katie Wilson
Javelin Record Holder



Carey Meinert
55 Meter Hurdles
Record Holder

INDOOR

55 Meter Dash	Terri Theis	:07.12	1982	St. Cloud, MN
	Carmen Richardson	:07.12	1997	Vermillion, SD
200 Meter Dash	Jennifer Higgins	:25.44	2001	St. Cloud, MN
300 Meter Dash	Jina Schriefels	:42.82	1988	St. Cloud, MN
400 Meter Dash	Jennifer Higgins	:55.43	2001	Boston, MA
500 Meter Dash	Jennifer Higgins	1:14.78	2001	St. Cloud, MN
600 Meter Dash	Jennifer Higgins	1:34.85	2001	St. Cloud, MN
800 Meter Dash	Jennifer Higgins	2:14.96	2001	Fargo, ND
1000 Meter Run	Sue Kent	2:59.10	1992	Vermillion, SD
1500 Meter Run	Michelle Nelson	4:38.2	1992	St. Cloud, MN
3000 Meter Run	Michelle Nelson	9:46.0	1992	Ames, IA
5000 Meter Run	Michelle Nelson	17:23.16	1991	Minneapolis, MN
55 Meter Hurdles	Carey Meinert	:08.15	1997	Ames, IA
Shot Put	Julia Karst	46-7	1997	Fargo, ND
20# Weight	Amanda Kunkel	50-8.75	2007	Fargo, ND
High Jump	GiGi DesLauriers	5-9 1/4	1992	Minneapolis, MN
Triple Jump	Becky Anderson	39-9	1990	Vermillion, SD
Long Jump	Becky Anderson	18-11 3/4	1992	Saginaw Valley, MI
Pole Vault	Jodi Tarasewicz	12'-3 1/2"	2000	St. Cloud, MN
Pentathlon	Lindsey Krueger	3321	2007	Vermillion, m SD
4 x 200 Meter Relay	Finley, Beaudry, VanErp, Kapsner	1:47.34	1995	St. Cloud, MN
4 x 400 Meter Relay	Dombrovski, Bergh, Pautzke, Higgins	4:01.08	2001	St. Cloud, MN
4 x 800 Meter Relay	Trantina, Guck, Bergstrom, Trantina	9:44.46	1981	St. Cloud, MN

OUTDOOR

100 Meter Dash	Carmen Richardson	11.78	1997	
200 Meter Dash	Jennifer Higgins	24.63	1999	
400 Meter Dash	Jennifer Higgins	55.56	1999	
800 Meter Dash	Laura Hill	2:13.98	1988	
1500 Meter Run	Sarah Niehaus	4:38.23	1994	
3000 Meter Run	Michelle Nelson	10:03.63	1991	
5000 Meter Run	Michelle Nelson	16:59.50	1991	
10,000 Meter Run	Michelle Nelson	35:44.49	1990	
100 Meter Hurdles	Carey Meinert	14.28	1997	
400 Meter Hurdles	Michelle Depa	1:02.49	1994	
3000 Meter Steeple	Beth Sandoval	12:17.14	2004	
Shot Put	Julia Karst	47-8 1/2	1997	
Discus	Sandy Fuchs Dingman	169'	1995	
Hammer Throw	Sandy Fuchs Dingman	141-8	1997	
Javelin (old)	Marie Sherwood	164-3	1982	
Javelin (new)	Katie Wilson	148'	2006	
High Jump	GiGi DesLauriers	5-10	1992	
Triple Jump	Becky Anderson	39-6 1/2	1990	
Long Jump	Becky Anderson	19-4 3/4	1992	
Pole Vault	Jodi Tarasewicz	12'-1 1/2"	2001	
Heptathlon	Jennifer Higgins	5436	2001	
4 x 100 Meter Relay	Goldenstein, Higgins, Garceau, Castellanos	48.06	1999	
4 x 200 Meter Relay	VanErp, Fioreck, Castellanos, Richardson	1:44.03	1997	
4 x 400 Meter Relay	Dombrovski, Pautzke, Bergh, Higgins	3:56.43	2001	
4 x 800 Meter Relay	Niehaus, Nesse, Depa, Backstrom	9:36.01	1995	
Hurdle Shuttle Relay	Janson, Higgins, Dobmeier, Trushenski	1:05.12	2001	
Sprint Medley Relay	Harris, Trushenski, Higgins, Dombrovski	4:11.10	2001	



**NCC CHAMPIONSHIPS
FEBRUARY 23-24, 2007**

SCSU
SCSU

4x400

5th
6th

3:27.64
11:56.61

WOMEN

NAME	EVENT	PLACE	RESULT
Andrea Borden	One-mile	14th	5:59.46
Holly Dombrovski	500-meter	10	1:21.46
Amanda Eggebrecht	200-meter	17th	27.82
Amanda Faulkner	high jump	10th	4-11.50 (1.51m)
Valerie Fuchs	200-meter	16th	27.79
	long jump	12th	16-01.75 (4.92m)
Kimberly Horner	60-meter	20th	8.88
	200-meter	21st	29.21
Kjersten Johansson	500-meter	11th	1:23.72
Bobbi Krippner	800-meter	7th	2:27.94
Lindsey Krueger	60-meter hurdles	10th	9.62
	high jump	7th	5-01.25 (1.56m)
	shot put	7th	39-02.25 (11.94m)
	pentathlon	1st	3321
Amanda Kunkel	shot put	2nd	46-04.75 (14.14m)
Kelley Nelson	800-meter	11th	2:36.01
	weight throw	2nd	50-08.00 (15.44m)
Sierrah Poole	3000-meter	21st	13:19.61
Libbi Sanders	3000-meter	20th	11:55.36
Amber Schueler	60-meter	12th	8.21
	long jump	15th	15-09.00 (4.80m)
Kayla Todnem	60-meter hurdles	6th	9.44
	triple jump	12th	35-00.25
	pentathlon	3rd	3186
Emily Winans	One-mile	7th	5:19.43
Mary Wilson	weight throw	15th	33-08.00 (10.26m)
	long jump	9th	16-07.25 (5.06m)
	1000-meter	5th	3:07.69
SCSU	4x400	7th	4:13.46
SCSU	Distance Medley	7th	14:00.39

MEN

NAME	EVENT	PLACE	RESULT
Mitch Bruzik	shot put	12th	42-09.00 (13.030m)
	weight throw	10th	45-03.75 (13.81m)
Michael Coonen	60-meter	3rd	6.92
	200-meter	12th	23
Mike Duncan	400-meter	11th	56.67
Michael Graham	60-meter	4th	6.98
Mekos Harris	400-meter	10th	52.36
Ben Held	60-meter hurdles	5th	8.56
Marcus Jenkins	60-meter hurdles	4th	8.52
Cris Jirele	500-meter	13th	1:15.17
Sam Johnson	200-meter	10th	23.16
	400-meter	8th	51.43
Adam Kershaw	shot put	13th	42-04.00 (12.90m)
Andy Koch	long jump	11th	20-06.25 (6.25m)
	triple jump	9th	41-01.50 (12.53m)
Jared Lazer	400-meter	2nd	50.01
	60-meter hurdles	6th	8.61
R.J. McGinnis	long jump	10th	20-08.50 (6.31m)
	shot put	10th	43-03.25 (13.19m)
	pentathlon	2nd	2510
Kyle Mikesh	shot put	14th	42-00.00 (12.80m)
	weight throw	14th	40-05.00 (12.33m)
Tim Moes	1000-meter	9th	2:48.35
Peirce Novak	200-meter	13th	23.43
Shawn Onken	60-meter	12th	7.54
Bryan Pearson	high jump	7th	6-00.50 (1.84m)
	long jump	15th	18-06.00 (5.64)
Lucas Pederson	800-meter	9th	2:13.88
Cryus Raivo	weight throw	12th	44-04.00 (13.51m)
Mitchell Robertson	500-meter	10th	1:10.34
Bobby Scepianiak	pole vault	9th	12-06.00 (3.81m)
Adam Schmitt	500-meter	2nd	1:06.33
	long jump	9th	20-10.00 (6.35m)
	pentathlon	4th	3379
Andrew Stueck	weight throw	13th	40-08.25 (12.40m)
Gabe Udia	60-meter	9th	7.14
	200-meter	11th	23.20

**MINNESOTA PARENT DAY OPEN
FEBRUARY 17, 2007**

WOMEN

NAME	EVENT	PLACE	RESULT
Andrea Borden	800-meter	31st	2:38.76
Amanda Eggebrecht	200+meter	29th	28.40
Amanda Faulkner	high jump	12th	4-10.25 (1.48m)
Valerie Fuchs	200-meter	22nd	27.89
Kimberly Horner	60-meter	#####	9.13
	200-meter	41st	30.19
Kjersten Johansson	600-meter	16th	1:45.54
Lindsey Krueger	60-meter hurdles	#####	9.46
	shot put	#####	37-6.5 (11.44m)
	high jump	8th	5-2.25 (1.58m)
Amanda Kunkel	shot put	4th	44-3.5 (13.50m)
	weight throw	8th	47-3.75 (14.42m)
Libbie Sandners	3000-meter	33rd	12:26.78
Amber Schueler	60-meter	#####	8.42
	200-meter	20th	27.43
	long jump	13th	16-3.75 (4.97m)
Mary Wilson	weight throw	#####	30-4.75 (9.26m)
Emily Winans	1000-meter	4th	3:05.51
SCSU	4x400	7th	4:13.66
SCSU	distance medley	5th	13:24.92

**MINNESOTA SNOWSHOE OPEN
FEBRUARY 16, 2007**

MEN

NAME	EVENT	PLACE	RESULT
Mitch Bruzik	shot put	#####	44-3.50 (13.50m)
	weight throw	#####	42-3.25 (12.88m)
Michael Coonen	60-meter	6th (tie)	7.03
Michael Graham	60-meter	6th (tie)	7.03
Mekos Harris	400-meter	14th	52.96
Ben Held	60-meter hurdles	#####	8.87
Marcus Jenkins	60-meter hurdles	3rd	8.55
Cris Jirele	400-meter	25th	57.14
Sam Johnson	200-meter	13th	23.34
	400-meter	12th	52.11
Adam Kershaw	shot put	#####	44-2.75 (13.48m)
Andy Koch	long jump	#####	20-5.25 (6.23m)
	triple jump	#####	37-10.75 (11.55m)
Jared Lazer	400-meter	2nd	49.68
	60-meter hurdles	#####	8.66
R.J. McGinnis	60-meter hurdles	5th	8.72
	shot put	#####	44-0.50 (13.52m)
	high jump	11th	6-0.50 (1.84m)
Kyle Mikesh	shot put	#####	41-2.50 (12.56m)
Tim Moes	3000-meter	29th	9:51.49
Shawn Onken	60-meter	#####	7.77
	200-meter	36th	25.10
Bryan Pearson	high jump	6th	6-2.25 (1.89m)
Lucas Pederson	800-meter	21st	2:05.71
Cyrus Raivo	weight throw	#####	39-5.75 (12.03m)
Mitchell Robertson	200-meter	24th	24.31
Adam Schmitt	600-meter	8th	1:24.70
Andrew Stueck	weight throw	#####	38-9.00 (11.81m)
Gabe Udia	60-meter	#####	7.27
	200-meter	18th	23.95
SCSU	4x400	2nd	3:26.00

**HUSKY OPEN
FEBRUARY 10, 2007**

WOMEN

NAME	EVENT	PLACE	RESULT
Amanda Eggebrecht	200-meter	9th	28.12
Amanda Faulkner	high jump	7th	4-08.75 (1.44m)
Valerie Fuchs	long jump	6th	15-08.75 (4.79m)
	200-meter	10th	28.23
Kimberly Horner	60-meter	10th	8.89



Bobbi Krippner	200-meter	19th	30.10
Lindsey Krueger	800-meter	3rd	2:29.67
	shot put	13th	36-07.00 (11.15m)
	long jump	5th	16-02.25 (4.93m)
	60-meter hurdles	1st	9.25
Kjersten Johansson	800-meter	5th	2:32.38
Kelly Nelson	800-meter	6th	2:33.01
Sierrah Poole	1000-meter	11th	13:18.83
Libbie Sanders	1000-meter	10th	12:49.77
Amber Schueler	long jump	1st	16-10.50 (5.14m)
	60-meter hurdles	9th	11.42
	60-meter	3rd	8.27
	200-meter	6th	27.93
Kayla Todnem	high jump	5th	5-00.50 (1.54m)
	shot put	22nd	30-06.25 (9.30m)
Mary Wilson	weight throw	19th	33-09.50 (10.3m)
Emily Winans	one-mile	1st	5:22.92
	1000-meter	2nd	3:12.44
SCSU 'B'	4x400	3rd	4:18.03
SCSU 'A'	4x400	4th	4:25.91

MEN NAME	EVENT	PLACE	RESULT
Mitch Bruzik	weight throw	12th	43-01.50 (13.14m)
Michael Coonen	60-meter	1st	6.97
	200-meter	2nd	23.28
Mike Duncan	60-meter	16th	7.48
	200-meter	18th	24.93
Michael Graham	60-meter	2nd	7.05
Ben Held	60-meter hurdles	7th	9.01
Cris Jirele	200-meter	24th	25.24
Sam Johnson	60-meter	5th	7.21
	200-meter	6th	23.72
Adam Kershaw	weight throw	20th	39-01.25 (11.92m)
	shot put	8th	44-00.00 (13.41m)
Andy Koch	long jump	4th	20-05.00 (6.22m)
	triple jump	7th	39-01.75 (11.93m)
Jared Lazer	60-meter hurdles	3rd	8.62
	400-meter	1st	49.67
R.J. McGinnis	high jump	4th	5-11.50 (1.82m)
	shot put	10th	42-11.75 (13.10m)
	60-meter hurdles	5th	8.67
Kyle Mikesh	weight throw	14th	41-04.50 (12.61m)
	shot put	20th	40-11.75 (12.49m)
Tim Moes	1000-meter	5th	9:55.86
Pierce Novak	60-meter	14th	7.47
	200-meter	7th	23.75
Bryan Pearson	high jump	2nd	6-03.50 (1.92m)
Shawn Onken	60-meter	21st	7.67
	200-meter	16th	24.55
Lucas Pederson	one-mile	11th	4:49.48
	800-meter	14th	2:12.01
Cyrus Raivo	weight throw	15th	40-11.75 (12.49m)
Adam Schmitt	500-meter	1st	1:07.90
Andrew Stueck	weight throw	22nd	28-06.00 (11.73m)
Gabe Udia	60-meter	7th	7.22
	200-meter	4th	23.50
SCSU 'A'	4x400	1st	3:26.25
SCSU 'B'	4x400	11th	3:52.26

MSU OPEN & PENTATHLON
FEBRUARY 2-3, 2007

WOMEN NAME	EVENT	PLACE	RESULT
Amanda Eggebrecht	200-meter	15th	28.44
Amanda Faulkner	high jump	10th	4-1.00 (1.50m)
Valerie Fuchs	200-meter	18th	28.57
	long jump	8th	16-01.00 (4.90m)
Kimberly Horner	60-meter	24th	9.00
Kjersten Johansson	800-meter	19th	2:29.24
Bobbi Krippner	500-meter	9th	1:26.39
Lindsey Krueger	60 meter hurdles	14th	9.81
	high jump	7th	5-01.00 (1.55m)
	pentathlon	3rd	3,205
Amanda Kunkel	weight throw	3rd	48-03.25 (14.71m)

Kelley Nelson	800-meter	23rd	2:32.98
Libbie Sanders	500-meter	23rd	22:18.05
Amber Schueler	60-meter	14th	8.39
	long jump	9th	15-11.50 (4.86m)
	60 meter hurdles	26th	11.13
Kayla Todnem	60-meter hurdles	8th	9.45
	long jump	6th	16-08.50 (5.09m)
	triple jump	12th	34-00.75 (10.38m)
	pentathlon	2nd	3,237
Mary Wilson	weight throw	21st	34-05.75 (10.51m)
Emily Winans	1000-meter	4th	3:10.63
SCSU 'A'	4x400 relay	9th	4:16.35

MEN NAME	EVENT	PLACE	RESULT
Mitch Bruzik	shot put	14th	41-07.75 (12.69m)
	weight throw	23rd	35-08.50 (10.88m)
Michael Coonen	60-meter	8th	7.12
	200-meter	14th	23.32
Michael Graham	60-meter	2nd	7.00
Mekcos Harris	400-meter	27th	53.59
Ben Held	60-meter hurdles	25th	9.23
Marcus Jenkins	60-meter	26th	7.34
	60-meter hurdles	4th	8.55
Cris Jirele	400-meter	27th	53.59
Adam Kershaw	shot put	15th	41-03.00 (12.57m)
Andy Koch	long jump	28th	19-04.75 (5.91m)
	triple jump	17th	39-04.00 (11.99m)
Jared Lazer	400-meter	3rd	50.01
	60-meter hurdles	11th	8.80
R.J. McGinnis	60-meter hurdles	10th	8.79
	pentathlon	1st	3,486
Kyle Mikesh	shot put	17th	40-02.25 (12.25m)
	weight throw	20th	39-09.25 (12.12m)
Tim Moes	1 mile	36th	4:54.01
	1000-meter	20th	2:50.24
Pierce Novak	200-meter	25th	23.96
Shawn Onken	200-meter	33rd	24.22
Bryan Pearson	high jump	3rd	6-06.75 (2.00m)
Lucas Pederson	800-meter	29th	2:09.10
Cyrus Raivo	weight throw	17th	40-11.75 (12.49m)
Adam Schmitt	500-meter	3rd	1:06.48
	pentathlon	3rd	3,296
Andrew Stueck	weight throw	22nd	38-09.75 (11.83m)
Gabe Udia	60-meter	13th	7.17
	200-meter	13th	23.31

DQ BLIZZARD INVITE
JANUARY 26-27, 2007

WOMEN NAME	EVENT	PLACE	RESULT
Holly Dombrovski	500-meter	2nd	1:22.27
Amanda Eggebrecht	400-meter	6th	1:04.43
Valerie Fuchs	200-meter	6th	28.61
	long jump	4th	16-05.75
Amanda Faulkner	high jump	5th	4-08.75
Kimberly Horner	200-meter	14th	30.65
Kjersten Johansson	500-meter	5th	1:23.61
Lindsey Krueger	60-meter hurdles	1st	9.35
	high jump	2nd	5-02.50
	long jump	10th	14-08.50
	shot put	6th	40-04.00
Amanda Kunkel	shot put	2nd	45-07.00
	weight throw	3rd	47-03.00
Kelley Nelson	800-meter	4th	2:36.98
Amber Schueler	60-meter	1st	8.24
	60-meter hurdles	5th	10.45
Kayla Todnem	60-meter hurdles	2nd	9.37
	high jump	5th	4-08.75
	long jump	6th	16-03.00
	shot put	15th	31-03.25
Mary Wilson	weight throw	16th	34-07.00
Emily Winans	1 mile	2nd	5:25.13
	1000-meter	2nd	3:09.45



SCSU 'A'	4x400 relay	3rd	4:15.43
SCSU 'B'	4x400 relay	6th	4:27.45

MEN			
NAME	EVENT	PLACE	RESULT
Mitch Bruzik	shot put	12th	40-05.50
	weight throw	13th	38-06.75
Michael Coonen	60-meter	3rd	7.12
Michael Graham	60-meter	2nd	7.07
Mekcos Harris	400-meter	6th	53.93
Adam Kershaw	shot put	5th	43-11.75
	weight throw	17th	35-10.50
Andy Koch	long jump	4th	20-03.00
	triple jump	7th	30-01.75
Scott Jaeckel	pole vault	8th	12-06.00
Marcus Jenkins	200-meter	4th	23.58
	60-meter hurdles	2nd	8.52
Cris Jirele	400-meter	13th	57.92
Sam Johnson	60-meter	4th	7.21
	200-meter	3rd	23.49
Jared Lazer	400-meter	1st	50.64
	60-meter hurdles	4th	8.62
R.J. McGinnis	60-meter hurdles	5th	8.76
	long jump	1st	22-00.25
	shot put	6th	43-09.75
Kyle Mikesh	shot put	8th	41-02.50
	weight throw	11th	40-00.00
Tim Moes	3000-meter	9th	10:05.73
Pierce Novak	200-meter	11th	24.53
Wesley Olsen	1 mile	10th	4:58.73
	3000-meter	11th	10:16.19
Shawn Onken	200-meter	13th	24.66
Lucas Pederson	1 mile	9th	4:54.31
	800-meter	9th	2:14.46
Cyrus Ravio	weight throw	12th	39-01.75
Mitchell Robertson	400-meter	11th	55.98
Bobby Scepaniak	pole vault	11th	11-00.25
Adam Schmitt	400-meter	4th	52.48
	high jump	4th	5-08.00
Andrew Stueck	weight throw	10th	41-09.25
Gabe Udia	200-meter	9th	24.25
SCSU 'A'	4x400 relay	3rd	3:29.61
SCSU 'B'	4x400 relay	11th	3:44.37

**IOWA STATE UNIVERSITY OPEN
JANUARY 19-20, 2007**

WOMEN			
NAME	EVENT	PLACE	RESULT
Holly Dombrowski	200-meter	45th	28.75
Amanda Eggebrecht	200-meter	44th	28.68
Amanda Faulkner	high jump	13th	4-1 1 (1.50m)
Kjersten Johansson	600-yard	22nd	1:34.90
Bobbi Kruppner	600-yard	24th	1:35.36
Lindsey Krueger	high jump	8th	5-03 (1.60m)
	shot put	10th	41-00.50 (12.51m)
	60-meter hurdles	29th	9.90
Amanda Kunkel	shot put	5th	43-09 (113.33m)
	weight throw	15th	45-07 (13.89m)
Kelley Nelson	600-yard	36th	1:40.65
Kayla Todnem	60-meter hurdles	17th	9.61
	long jump	27th	15-00.50 (4.58m)
	triple jump	17th	31-09.50 (9.69m)
Mary Wilson	weight throw	39th	29-00.50 (8.85m)
Emily Winans	3000-meter	19th	10:56.31
SCSU "A"	4x400 relay	20th	4:19.90

MEN			
NAME	EVENT	PLACE	RESULT
Mitch Bruzik	shot put	29th	37-09.50 (11.52m)
	weight throw	26th	35-11.25 (10.95m)
Michael Coonen	60-meter	39th	7.20
Mike Duncan	60-meter	89th	7.52
	200-meter	70th	24.70
Michael Graham	60-meter	19th	7.07

Ben Held	400-meter	31st	52.24
Marcus Jenkins	60-meter hurdles	20th	8.71
	60-meter	68th	7.39
Sam Johnson	200-meter	34th	23.32
Adam Kershaw	shot put	25th	42-04.75 (12.92m)
Andy Koch	long jump	43rd	18-07 (5.66m)
	triple jump	17th	40-08.75 (12.41m)
Jared Lazer	400-meter	10th	49.43
	60-meter hurdles	17th	8.66
R.J. McGinnis	60-meter hurdles	26th	8.82
	long jump	29th	2-03.75 (6.19m)
Kyle Mikesh	weight throw	23rd	38-09.50 (11.82m)
Tim Moes	one-mile	30th	4:53.84
Bryan Pearson	high jump	12th	6-03.25 (1.91m)
Andrew Stueck	weight throw	25th	36-04.75 (11.09m)
Gabe Udia	60-meter	55th	7.33
	200-meter	56th	24.15

**NSDU BISON OPEN RESULTS
JANUARY 12-13, 2007**

WOMEN			
NAME	EVENT	PLACE	RESULT
Amber Schueler	60-meter	9th	8.49
	200-meter	7th	28.56
Amanda Eggebrecht	200-meter	8th	28.61
Emily Winans	1 mile run	4th	5:33.86
Kjersten Johansson	600-meter	7th	1:48.17
Kelley Nelson	800-meter	8th	2:36.68
Kayla Todnem	60-meter hurdles	6th	9.90
	long jump	10th	15-3.25 (4.65m)
	pentathlon	6th	2,920 pts.
Lindsey Krueger	high jump	4th (tie)	5-00 (1.52m)
	shot put	7th	38-50 (11.71m)
	pentathlon	5th	2,939 pts.
Amanda Faulkner	high jump	11th	4-10 (1.47m)
Amanda Kunkel	shot put	1st	46-3.50 (14.11m)
	weight throw	3rd	50-8.75 (15.46m)

MEN			
NAME	EVENT	PLACE	RESULT
Michael Coonen	60-meter	3rd	7.12
Gabe Udia	60-meter	6th	7.18
	200-meter	6th	24.11
Kelly Gilchrist	200-meter	8th	24.29
Jared Lazer	400-meter	3rd	50.37
	60-meter hurdles	3rd	8.60
Adam Schmitt	400-meter	10th	52.65
	long jump	5th	20-11.75 (6.39m)
Lucas Pedersen	800-meter	8th	2:11.93
Marcus Jenkins	60-meter hurdles	7th	8.72
Bryan Pearson	high jump	2nd	6-20 (1.87m)
Anday Koch	long jump	12th	20-1.50 (6.13m)
Andrew Stueck	weight throw	13th	38-2.00 (11.63m)
R.J. McGinnis	heptathlon	8th	4,372 pts.