



Home of the Huskies

St. Cloud State University

HUSKY ATHLETICS

Athletic Media Relations - Track and Field Update

Contact: Celest Stang 320-308-2141 or crstang@stcloudstate.edu

2005-06 SCSU TRACK AND FIELD NEWS

Release Date: Jan. 17, 2006



This Week's Meet:

Jan. 21, 2006

St. Cloud State hosts Husky Open

St. Cloud, Minn.



2006 SCSU Indoor Schedule

Date	Opponent	Time/Result
Jan. 7	Northwest Open	No Team Score
Jan. 13-14	Holiday Inn Open	Lincoln, NE
Jan. 21	Husky Open, SCSU	12:30 p.m.
Jan. 27-28	ISU Open	Ames, Iowa
Feb. 4	Minnesota State	All Day
Feb. 10	SCSU Open	All Day
Feb. 17	Snowshoe Open (Men)	Mnpls.
Feb. 18	Parent Day Open (Women)	Mnpls.
Feb. 24-25	NCC Indoor Championships	Mankato
Mar. 10-11	NCAA DII Indoor Championships	Boston, MA

(all meets are listed as Central Time)
For complete ticket information, please call 1-877-SCSUTIX or 320-308-2137.

NEED INFO?

For information about SCSU Track and Field, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The Track and Field Contact at SCSU for 2005-06 is Celest Stang. You can contact her via email at crstang@stcloudstate.edu

IMPORTANT NUMBERS:

SCSU Ticket Office: 320-308-2137
SCSU AMR Office: 320-308-2141
NHC Press Box: 320-308-5227

HUSKY HOME PAGE:

www.StCloudState.edu/athletics

HUSKY OPEN: Results of the Husky Open which will be ran on Jan. 21 will be posted on the SCSU Athletics Web Site. Go to <http://www.stcloudstate.edu/athletics/sports/track>.

SCSU HOSTS HUSKY OPEN THIS WEEKEND: The St. Cloud State men's and women's track teams return home to host their annual Husky Open on Saturday, Jan. 21. SCSU started out the 2006 indoor season with two road trips. The Huskies participated in the Northwest Open in Minneapolis on Jan. 7, and then traveled to Lincoln, Neb., for the two-day Holiday Inn Open. The Husky Open will be hosting the University of Minnesota, Morris, Concordia-St. Paul, Northern Iowa Community College and the University of St. Thomas men's team. The field events are set to begin at 12:30 p.m. and the running events will begin at 1:30 p.m. in the Halenbeck Field House on the campus of St. Cloud State University.

HUSKY RESULTS FROM LINCOLN, NEBRASKA: The SCSU men's and women's indoor track teams gained a lot of experience at the two-day Holiday Inn Open in Lincoln, Neb., on Jan. 13-14. Day one saw SCSU's Aaron Wolfram finish fourth in the Men's Weight Throw with a 14.99m throw (49-02.25). In the Women's Weight Throw, Amanda Kunkel finished in second place for the Huskies with a 14.26m throw (46-09.50). SCSU's Angela Knobloch finished tied for 13th place in the Women's High Jump event (J1.45m/4-09.00), and Cassandra Moe and Amanda Faulkner each participated in the event. Jodi Rosborough finished in third place in the Women's Pole Vault event for the Huskies with a jump of J3.35m (10-11.75). In the Women's 800 Meter Run, two Huskies finished in the top 20. Bobbi Krippner finished in 11th place with a 2:28.43 time and Kelley Nelson finished in 17th place with a time of 2:37.62. In the Men's 800 Meter Run, SCSU's Lucas Pederson finished with a time of 2:15.25 in 38th place. SCSU's Gia Dickinson finished in eighth place in the Women's 1000 Meter Run with a time of 3:14.68 and Emily Winans finished with a time of 5:35.45 in the Women's 1 Mile Run, which was good for eighth place as well. For the Husky men, Tim Moes (2:59.38) and Matt Koetter (3:02.06) finished in 16th and 17th places in the Men's 1000 Meter Run.

Day 2 was yet another exciting day for the Huskies on the track. SCSU's Amanda Kunkel finished in fifth place in the Women's Shot Put with a 12.41m throw. In the Women's High Jump field event, Lindsey Krueger finished in sixth place with a jump of 1.58 m (5-02.25). The Husky's Bryan Pederson also finished in sixth place in the Men's High Jump event with a jump of 1.88m (6-02.00). Senior Ryan Koch and junior Jared Lazer finished tied for 10th place in the Men's 60 Meter Hurdles semi-finals (8.75). The SCSU men's team had a great finish in the Men's 400 Meter Dash. Lazer finished in sixth place with a time of 50.51 and David Queck finished in 11th place with a time of 51.66. Filling in the next two spots for the Huskies was Adam Schmitt in 14th place (52.40) and Sam Johnson in 16th place (52.71). The last two Huskies to finish in the top 35 of the Men's 400 Meter Dash were Bob Colwell and Ben Held. Colwell finished with a time of 55.46 (33rd place) and Held finished with a time of 55.65 (34th place). Cassandra Moe contributed to the Husky results with a 21st place finish in the Women's 600 yard run (1:41.88) and Steve Bader (19th - 23.14) and Michael Coonen (24th - 23.30) each finished in the top 25 of the Men's 200 Meter Dash. Wrapping up the day for the Huskies was the Women's Distance Medley and the Men's 4X400 Meter Relay. SCSU's women's distance medley team, made up of Gia Dickinson, Bobbie Krippner, Katie Wilson and Emily Winans, finished in seventh place with a time of 13:14.14. SCSU's men's 4X400 Meter Relay team also finished in seventh place with a time of 3:24.85 (Jared Lazer, Ryan Koch, Adam Schmitt and David Queck).



Coach Mischke

SCSU HEAD COACH SETH MISCHKE: Seth Mischke (University of Minnesota, 1997) is in his sixth year as head coach of the SCSU men's and women's track and cross country programs. Prior to becoming the SCSU head coach, Mischke was a Husky assistant for a year. Mischke is a 1997 graduate of the University of Minnesota where he was a member of the Golden Gophers men's track and field team and was a consistent top eight finisher in the Big Ten Championships. He is a native of Worland, Wyoming and was a standout athlete at Worland High School - located in scenic north central Wyoming. Mischke and his wife Colleen Mischke reside in St. Cloud, with their daughter Brooklyn.



2005-06 SCSU Women's Track and Field Roster

Table with 4 columns: Name, Yr., Event, Hometown. Lists women's track and field athletes for the 2005-06 season.

2005-06 SCSU Men's Track and Field Roster

Table with 4 columns: Name, Yr., Event, Hometown. Lists men's track and field athletes for the 2005-06 season.

WEB SITE: To obtain complete information about SCSU track and field this season, please go to the Husky Home Page at www.stcloudstate.edu/athletics. For information on the NCC, please check out the league website at www.northcentralconference.org

2004-05 Track and Field Honors

MISCHKE HONORED IN 2005: St. Cloud State head coach Seth Mischke was named the 2005 North Central Conference Men's Indoor Coach of the Year.

NCC TITLE FOR LAZER: SCSU sophomore Jared Lazer (Sauk Rapids) captured a 2005 NCC outdoor title in the 400 meter hurdles, winning in a time of 53.55.

SCHOOL RECORDS SET: SCSU sophomore Beth Sandoval (Rice) has set a new school record in the 3000 meter steeplechase during the spring season with her time of 11.17.04 on April 23.

