

Northwest Open Results - Women  
Courtesy: University of Minnesota  
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Northwest Open Women

University of Minnesota Fieldhouse

Jan. 12, 2008

**60 Meter Dash**

**Round 1, Heat 1**

1 Amanda Twigg, Unat	8.11q
2 Jennifer Hensel, Jr, Minn State Moorhead	8.20q
3 Megan Belger, Fr, Wisconsin Superior	8.29q
4 Amber Schueler, Unat	8.43q
5 Alison Streyle, Jr, Minn State Moorhead	8.58q
6 Jackie Bruchez, Jr, Wisconsin Stout	8.89

**Round 1, Heat 2**

1 Megan Quistorff, Fr, St. Cloud State	8.32q
2 Kristina Anderson, Fr, Minn State Moorhead	8.44q
3 Britt Bickert, Unat	8.48q
4 Ashlea Peter, So, Wisconsin Stout	8.63q

**Final**

1 Jennifer Hensel, Jr, Minn State Moorhead	8.15
1 Amanda Twigg, Unat	8.15
3 Amber Schueler, Unat	8.29
4 Megan Quistorff, Fr, St. Cloud State	8.31
5 Megan Belger, Fr, Wisconsin Superior	8.31
6 Kristina Anderson, Fr, Minn State Moorhead	8.44
7 Britt Bickert, Unat	8.47
8 Ashlea Peter, So, Wisconsin Stout	8.53
9 Alison Streyle, Jr, Minn State Moorhead	8.55

**200 Meter Dash**

1 Chioma Omeoga, So, Minnesota	26.25	H1
2 Katie Johnson, So, Concordia St Paul	26.66	H1
3 Megan Quistorff, Fr, St. Cloud State	27.53	H2
4 Kristina Anderson, Fr, Minn State Moorhead	27.62	H2
5 Dawn Solberg, Sr, Minnesota	27.68	H1
6 Alison Streyle, Jr, Minn State Moorhead	27.97	H2
7 Amanda Eggebrecht, So, St. Cloud State	28.51	H2
8 Meghan McMahon, Fr, St. Scholastica	28.62	H3
9 Kathleen Pawlowski, So, Saint Mary's	29.36	H3
10 Ashley Hagen, Fr, Minn State Moorhead	31.03	H3

**400 Meter Dash**

1 Sara Julsrud, Jr, Minn State Moorhead	61.36
2 Kirby Black, Fr, Minn State Moorhead	62.06
3 Jenna Halverson, So, Wisconsin Superior	62.42
4 Jasmine Patzner, Sr, Wisconsin Stout	64.76

**600 Meter Dash**

1 Rachel Schutz, Unat	1:36.32	H1
2 Katee Rosburg, Jr, Wisconsin Superior	1:38.45	H1
3 Ekene Obi, So, Minnesota	1:39.16	H1
4 Rikita Butler, So, Minnesota	1:39.43	H1
5 Shannon Daggett, Fr, Minnesota	1:40.61	H2
6 Katie Grundman, Sr, Minnesota	1:40.97	H2
7 Diedre Hinkeldey, Unat	1:43.79	H2
8 Cheryl Hundt, Fr, St. Cloud State	1:43.97	H2
9 Jessica Strong, So, Minnesota	1:46.26	H3
10 Jill Steinbach, Fr, Minnesota	1:46.31	H3
11 Kate Bailloon, Fr, Minnesota	1:46.68	H3
12 Sharyn Dahl, Unat	1:46.96	H3
13 Andrea Saylor, Fr, Minn State Moorhead	1:50.85	H3

**800 Meter Run**

1	Loriana Costanzo, Jr, Lakehead University	2:18.87	H1
2	Liz Van Every, So, Lakehead University	2:21.06	H1
3	Anna VanWechel, Fr, Minn State Moorhead	2:22.55	H1
4	Becky Carr, Fr, Lakehead University	2:24.97	H1
5	Kaitlin Hartnett, Sr, Concordia St Paul	2:26.85	H2
6	Sarah Swan, Sr, Lakehead University	2:28.40	H1
7	Rayna Berndt, Sr, Minn State Moorhead	2:30.24	H2
8	Paula Marozas, Fr, St. Cloud State	2:30.82	H2
9	Emily Winans, Jr, St. Cloud State	2:33.05	H2
10	Megan Fulton, So, Concordia St Paul	2:34.00	H2
11	Emily Dunning, So, Wisconsin Superior	2:35.83	H2
12	Kelly Nelson, Jr, St. Cloud State	2:36.21	H2

**Mile Run**

1	Anna VanWechel, Fr, Minn State Moorhead	5:14.17
2	Sarah Swan, Sr, Lakehead University	5:17.58
3	Ellen Ross, Fr, Lakehead University	5:19.05
4	Rayna Berndt, Sr, Minn State Moorhead	5:27.49
5	Allie Woerpel, Unat	5:30.40
6	Becky Carr, Fr, Lakehead University	5:35.47
7	Emily Stenzel, Fr, Wisconsin Stout	5:45.35
8	Christa Halonen, Jr, St. Cloud State	6:03.24
9	Andrea Borden, So, St. Cloud State	6:08.17

**3000 Meter Run**

1	Kobi Hagen, Unat	10:49.06
2	Danielle Thompson, Fr, Minn State Moorhead	10:54.29
3	Kari Bloch, Jr, Minn State Moorhead	10:54.96
4	Jessie Lovering, Fr, St. Scholastica	11:11.13
5	Sarah Rebenitsch, Jr, Minn State Moorhead	11:17.95
6	Michelle Hanson, Sr, Minn State Moorhead	11:55.73
7	Kendall Bruhl, Sr, Concordia St Paul	12:00.09
8	Sandra James, So, Concordia St Paul	12:11.46

**60 Meter Hurdles****Round 1, Heat 1**

1	Amanda Twigg, Unat	8.87q
2	Liz Roehrig, Sr, Minnesota	9.08q
3	Kelly Stalpes, Unat	9.24q
4	Alison Gamache, Unat	9.38q
5	Jessica Gabriel, So, Minnesota	9.80
6	Danielle Larson, Sr, Minnesota	10.45
7	Amber Schueler, Unat	10.89
8	Meghan McMahon, Fr, St. Scholastica	11.82

**Round 1, Heat 2**

1	Dawn Solberg, Sr, Minnesota	8.83q
2	Nicole Carroll, Jr, Minnesota	9.06q
3	Anna Johnson, Unat	9.43q
4	Kelsey King, Fr, St. Cloud State	9.68q
5	Angela Walhovd, Fr, St. Cloud State	9.70q
6	Nikki Schultz, Unat	9.77
7	Crystal Moor, Jr, St. Cloud State	12.51

**Final**

1	Dawn Solberg, Sr, Minnesota	8.77
2	Amanda Twigg, Unat	8.94
3	Nicole Carroll, Jr, Minnesota	9.03
4	Kelly Stalpes, Unat	9.15
5	Liz Roehrig, Sr, Minnesota	9.16
6	Anna Johnson, Unat	9.40
7	Alison Gamache, Unat	9.51
8	Angela Walhovd, Fr, St. Cloud State	9.55
9	Kelsey King, Fr, St. Cloud State	9.82

**4x400 Meter Relay**

1 Minn State Moorhead A	4:01.23	H1
2 Minnesota B	4:02.82	H1
3 Minnesota A	4:04.62	H1
4 Unattached Minnesota Ot	4:05.09	H1
5 Minnesota Z	4:07.30	H1
6 St. Cloud State A	4:12.85	H3
7 Wisconsin Superior	4:14.80	H3
8 Lakehead University	4:15.51	H3
9 St. Cloud State B	4:29.91	H3

**Long Jump****Round 1, Flight 1**

1 Anna Arciszewska, Sr, Minnesota	16'7.75"	(5.07m)q
2 Kirby Black, Fr, Minn State Moorhead	16'3.25"	(4.96m)q
3 Amber Schueler, Unat	16'3"	(4.95m)q
4 Nancy Hudack, Jr, Wisconsin Superior	15'11.5"	(4.86m)q
5 Jessica Gabriel, So, Minnesota	15'7.5"	(4.76m)q
6 Jackie Bruchez, Jr, Wisconsin Stout	15'0"	(4.57m)
Mikha Tan, Sr, St. Cloud State	DNC	

**Round 1, Flight 2**

1 Christin Kingsley, Jr, Minnesota	17'11"	(5.46m)q
2 Liz Roehrig, Sr, Minnesota	17'6"	(5.33m)q
3 Katie Johnson, So, Concordia St Paul	17'4.25"	(5.29m)q
4 Nikki Schultz, Unat	15'11.75"	(4.87m)q
5 Danielle Larson, Sr, Minnesota	15'7.5"	(4.76m)q
6 Kelsey King, Fr, St. Cloud State	14'0.25"	(4.27m)
7 Anna Johnson, Unat	13'4.25"	(4.07m)

**Final**

1 Christin Kingsley, Jr, Minnesota	17'11.5"	(5.47m)
	(5.46, 5.37, 5.25, 5.37, 5.47, P)	
2 Liz Roehrig, Sr, Minnesota	17'6"	(5.33m)
	(5.33, 5.28, 5.19, 5.10, P, P)	
3 Katie Johnson, So, Concordia St Paul	17'4.25"	(5.29m)
	(5.17, 5.29, 5.26, 5.24, 5.29, 5.20)	
4 Anna Arciszewska, Sr, Minnesota	16'7.75"	(5.07m)
	(F, 5.07, 5.06, F, F, P)	
5 Nikki Schultz, Unat	16'4.5"	(4.99m)
	(4.67, 4.87, F, 4.79, 4.75, 4.99)	
6 Kirby Black, Fr, Minn State Moorhead	16'3.25"	(4.96m)
	(F, 4.96, F, F, F, F)	
7 Amber Schueler, Unat	16'3"	(4.95m)
	(F, 4.95, F, 4.86, 4.81, 4.92)	
8 Nancy Hudack, Jr, Wisconsin Superior	15'11.5"	(4.86m)
	(4.76, 4.86, 4.66, 4.69, 4.60, F)	
9 Jessica Gabriel, So, Minnesota	15'7.5"	(4.76m)
	(4.74, 4.73, 4.76, 4.52, 4.68, 4.60)	
10 Danielle Larson, Sr, Minnesota	15'7.5"	(4.76m)
	(F, 4.76, F, 4.56, 4.71, 4.54)	

**Triple Jump**

1 Shani Marks, Unat	44'0.5"	(13.42m)
	(13.14, 13.19, 13.42, 13.08, 13.39, 12.99)	
	Fieldhouse record	
	Was 43-1 1/2 (13.14m); Shani Marks, MINNESOTA, 2003	
	Meet record	
	Was 43-1 1/2 (13.14m) ; Shani Marks, MINNESOTA, 2003	
2 Amanda Theischafer, Unat	42'5.25"	(12.93m)
	(12.87, 12.73, 12.86, 12.74, 12.68, 12.93)	
3 Ashlea Peter, So, Wisconsin Stout	35'2"	(10.72m)
	(F, 10.72, 10.69, P, F, P)	
Anna Arciszewska, Sr, Minnesota	DNC	

**Shot Put****Round 1, Flight 1**

1 Kari Schmidt, Jr, Minnesota	48'0.75"	(14.65m)q
2 Liz Podominick, Sr, Minnesota	47'10.5"	(14.59m)q
3 Hannah Studt, Unat	45'3"	(13.79m)q
4 Amanda Kunkel, Sr, St. Cloud State	42'9.75"	(13.05m)q
5 Michelle Jetvig, So, Minn State Moorhead	36'5"	(11.10m)q
6 Sam Mayer, So, Wisconsin Stout	34'5"	(10.49m)q
7 Kelly Schachtner, Jr, Wisconsin Stout	34'3.5"	(10.45m)q
8 Christa Leesman, Jr, Wisconsin Stout	32'2.75"	(9.82m)q
9 Jasmine Hendrichs, Fr, Minn State Moorhead	31'5.25"	(9.58m)q
10 Angela Walhovd, Fr, St. Cloud State	31'4.5"	(9.56m)
11 Skye Goode, Fr, Wisconsin Stout	29'9.25"	(9.07m)
12 Andrea Saylor, Fr, Minn State Moorhead	29'6.5"	(9.00m)

**Final**

1 Liz Podominick, Sr, Minnesota	48'6"	(14.78m)
	(14.35, F, 14.59, 14.09, 14.78, 14.09)	
2 Kari Schmidt, Jr, Minnesota	48'0.75"	(14.65m)
	(14.65, 14.29, 14.19, 13.95, 14.27, 14.35)	
3 Hannah Studt, Unat	45'3"	(13.79m)
	(13.43, 13.79, F, 12.38, 12.44, 13.58)	
4 Amanda Kunkel, Sr, St. Cloud State	42'9.75"	(13.05m)
	(F, F, 13.05, F, F, F)	
5 Michelle Jetvig, So, Minn State Moorhead	36'5"	(11.10m)
	(11.10, 9.62, F, 10.99, 11.05, 10.83)	
6 Sam Mayer, So, Wisconsin Stout	36'2"	(11.02m)
	(9.86, 10.49, 10.03, 10.42, 10.66, 11.02)	
7 Kelly Schachtner, Jr, Wisconsin Stout	34'10.25"	(10.62m)
	(9.85, 10.45, 10.40, 10.47, 10.17, 10.62)	
8 Jasmine Hendrichs, Fr, Minn State Moorhead	33'8"	(10.26m)
	(8.90, 9.58, 9.08, 9.24, 10.26, 9.53)	
9 Christa Leesman, Jr, Wisconsin Stout	33'4.5"	(10.17m)
	(9.74, 9.62, 9.82, 10.10, 9.58, 10.17)	

**Weight Throw****Round 1, Flight 1**

1 Liz Alabi, Unat	61'8.25"	(18.80m)q
2 Kari Schmidt, Jr, Minnesota	47'8.5"	(14.54m)q
3 Michelle Jetvig, So, Minn State Moorhead	46'4.25"	(14.13m)q
4 Alicia Bourget, Jr, Wisconsin Superior	44'4.75"	(13.53m)q
5 Amanda Kunkel, Sr, St. Cloud State	42'7.5"	(12.99m)q
6 Amanda Solberg, Jr, Minnesota	42'3.5"	(12.89m)q
7 Sam Mayer, So, Wisconsin Stout	40'4.75"	(12.31m)q
8 Kelly Schachtner, Jr, Wisconsin Stout	40'0.5"	(12.20m)q
9 Christa Leesman, Jr, Wisconsin Stout	38'9.75"	(11.83m)q
10 Katy Davis, So, Concordia St Paul	38'9.5"	(11.82m)
11 Jasmine Hendrichs, Fr, Minn State Moorhead	37'5.25"	(11.41m)
12 Mary Wilson, So, St. Cloud State	33'6"	(10.21m)
13 Skye Goode, Fr, Wisconsin Stout	32'9.5"	(9.99m)
14 Elizabeth Mitchell, So, Wisconsin Stout	32'4.25"	(9.86m)

**Final**

1 Liz Alabi, Unat	61'8.25"	(18.80m)
	(F, 18.80, 17.94, F, 18.71, F)	
2 Kari Schmidt, Jr, Minnesota	48'4.75"	(14.75m)
	(14.54, 14.25, 14.07, 14.01, 14.10, 14.75)	
3 Michelle Jetvig, So, Minn State Moorhead	46'4.25"	(14.13m)
	(14.13, F, F, F, F, 13.19)	
4 Alicia Bourget, Jr, Wisconsin Superior	44'4.75"	(13.53m)
	(13.14, F, 13.53, F, 12.99, 13.41)	
5 Sam Mayer, So, Wisconsin Stout	43'3.75"	(13.20m)
	(12.31, 11.46, 11.55, F, 12.16, 13.20)	
6 Amanda Kunkel, Sr, St. Cloud State	42'7.5"	(12.99m)
	(12.10, 12.98, 12.99, F, 12.84, F)	
7 Amanda Solberg, Jr, Minnesota	42'3.5"	(12.89m)
	(12.69, 12.21, 12.89, 12.02, 12.27, 12.55)	
8 Kelly Schachtner, Jr, Wisconsin Stout	40'3.5"	(12.28m)
	(12.20, F, 11.95, 11.59, 10.64, 12.28)	
9 Christa Leesman, Jr, Wisconsin Stout	38'9.75"	(11.83m)
	(10.62, 11.83, 10.90, F, F, 10.38)	

**High Jump**

1	Caitlin Roemhildt, Jr, Minnesota	5'8.5"	(1.74m)
	(1.54, 1.58[2], 1.62, 1.66, 1.70[2], 1.74)		
2	Natalie Devine, Fr, Minnesota	5'5.25"	(1.66m)
	(1.54, 1.58, 1.62[3], 1.66)		
3	Ashley Hagen, Fr, Minn State Moorhead	5'0.5"	(1.54m)
	(1.46, 1.50[2], 1.54)		
4	Danielle Larson, Sr, Minnesota	5'0.5"	(1.54m)
	(1.46[3], 1.50, 1.54)		
5	Jessica Gabriel, So, Minnesota	5'0.5"	(1.54m)
	(1.46, 1.50, 1.54[2])		
6	Anna Johnson, Unat	5'0.5"	(1.54m)
	(1.46, 1.50[2], 1.54[2])		
7	Nikki Schultz, Unat	5'0.5"	(1.54m)
	(1.46, 1.50, 1.54[3])		
	Sarah Deutsch, Unat	NH	

**Pole Vault**

1	Alicia Rue, So, Minnesota	12'11.5"	(3.95m)
	NCAA Div I Provisional		
2	Ashley Nord, Sr, Minnesota	12'5.5"	(3.80m)
2	Andrea Smith, Sr, Minnesota	12'5.5"	(3.80m)
4	Laura Massey, Sr, Minnesota	11'11.75"	(3.65m)
5	Sam Sonnerberg, Fr, Minnesota	11'11.75"	(3.65m)
6	Jayme Anderson, Jr, Concordia St Paul	10'6"	(3.20m)
7	Britney Daniel, Fr, St. Thomas	9'6.25"	(2.90m)
8	Katie MacRae, So, Minn State Moorhead	9'6.25"	(2.90m)
	Kaylyn Ronke, Fr, Minn State Moorhead	NH	
	Pam Sellberg, Jr, Wisconsin Stout	NH	
	Jennifer Hensel, Jr, Minn State Moorhead	NH	
	Sarah Young, Flight Deck Athletics	DNC	