

## Women's Individual Season Bests (Final / Mar. 21, 2010)

### Amber Alexander

50 free .....:26.11, 11/13/09  
 100 free .....:58.73, 1/09/10  
 50 breast.....:31.81, 10/17/09  
 100 breast.....:1:06.78, 2/19/10  
 200 breast.....:2:32.82, 2/20/10  
 200 IM.....:2:18.03, 2/18/10

### Liz Barbee

200 fly .....:2:39.62, 10/16/09  
 50 free .....:27.51, 10/17/09  
 100 free .....:55.18, 2/20/10  
 200 free .....:2:01.59, 2/19/10  
 200 IM.....:2:27.38, 11/7/09

### Alisha Blaydes

50 free .....:24.20, 3/10/10  
 100 free .....:52.71, 2/20/10  
 200 free .....:1:54.91, 3/11/10  
 500 free .....:5:17.41, 2/18/10  
 200 IM.....:2:15.47, 11/7/09  
 100 fly .....:1:01.44, 1/09/10

### Katie Brueggemann

50 free .....:25.98, 10/16/09  
 100 free .....:55.25, 11/14/09  
 200 free .....:2:00.91, 1/23/10  
 50 breast.....:32.05, 10/17/09  
 100 breast.....:1:05.09, 3/12/10  
 200 breast.....:2:21.73, 2/20/10  
 200 IM.....:2:08.45, 2/18/10  
 400 IM.....:4:51.28, 11/13/09

### Megan Cotton

50 free .....:26.24, 10/16/09  
 100 free .....:58.33, 11/6/09  
 100 back .....:1:06.38, 11/14/09  
 200 back .....:2:16.26, 2/20/10  
 50 breast.....:32.42, 10/17/09  
 100 breast.....:1:11.23, 1/16/10  
 200 IM.....:2:17.70, 2/18/10

### Heather Crandall

200 IM.....:2:19.94, 1/23/10  
 400 IM.....:4:52.75, 10/16/09  
 100 free .....:56.78, 1/23/10  
 200 free .....:1:56.25, 2/19/10  
 500 free .....:5:10.07, 2/18/10  
 1000 free .....:10:45.48, 2/17/10  
 1650 free .....:18:00.23, 12/4/09

### Stephanie Crandall

50 free .....:25.05, 12/4/09  
 100 free .....:57.75, 1/09/10  
 200 free .....:2:05.15, 1/09/10  
 50 fly .....:28.01, 10/17/09  
 100 fly .....:58.25, 2/19/10  
 200 fly .....:2:13.14, 2/20/10  
 100 back .....:1:00.53, 2/19/10

### Brianna Dietz

100 free .....:58.14, 1/23/10  
 200 free .....:1:58.67, 2/19/10  
 500 free .....:5:27.11, 1/09/10  
 200 IM.....:2:13.82, 2/18/10  
 100 fly .....:1:03.45, 11/14/09  
 200 fly .....:2:15.15, 2/20/10

### Ali Domeier

50 free .....:24.62, 12/4/09  
 100 free .....:53.29, 2/20/10  
 200 free .....:2:06.59, 10/17/09  
 50 fly .....:28.79, 1/23/10  
 100 fly .....:1:03.35, 2/19/10

### Emily Franks

50 back .....:31.53, 10/17/09  
 100 back .....:1:04.00, 2/5/10  
 200 back .....:2:19.24, 2/5/10  
 50 fly .....:30.42, 10/17/09

### Bethany Fuller

50 free .....:26.14, 2/5/10  
 50 back .....:33.75, 1/23/10  
 100 back .....:1:11.66, 11/7/09  
 200 back .....:2:30.01, 2/20/10  
 50 fly .....:33.85, 1/23/10

### Melissa Funke

200 IM.....:2:13.43, 12/4/09  
 400 IM.....:4:41.11, 2/19/10  
 50 breast.....:33.08, 10/17/09  
 100 breast.....:1:10.79, 10/31/09  
 200 breast.....:2:28.59, 2/20/10  
 100 back .....:1:05.44, 11/7/09  
 100 fly .....:1:05.75, 1/23/10

### Diana Gehrman

200 free .....:2:01.66, 2/19/10  
 500 free .....:5:20.25, 2/17/10  
 200 back .....:2:23.80, 2/20/10  
 1000 free .....:11:48.38, 10/17/09  
 100 back .....:1:09.86, 10/17/09

### April Greene

50 free .....:24.60, 2/18/10  
 100 free .....:54.14, 2/20/10  
 50 back .....:29.33, 10/17/09  
 100 back .....:1:00.92, 2/19/10

### Cathy Haen

50 free .....:25.00, 2/18/10  
 50 back .....:28.28, 10/17/09  
 100 back .....:57.92, 2/19/10  
 200 back .....:2:06.57, 2/20/10

### Kirsten Koetter

50 free .....:23.78, 2/18/10  
 100 free (400 relay) :53.64, 11/13/09  
 50 fly .....:26.22, 10/17/09  
 100 fly .....:57.60, 2/19/10

### Melissa Krohn

1-meter (6o) .....:201.95, 10/16/09  
 1-meter (11) .....:323.55, 12/4/09  
 3-meter (6o) .....:232.90, 10/17/09

### Tori Martinez

200 free .....:2:03.11, 11/7/09  
 50 back .....:29.34, 1/23/10  
 100 back .....:59.77, 2/19/10  
 200 back .....:2:07.42, 2/20/10

### Cassi Mrozek

1-meter (6o) .....:253.70, 11/7/09  
 1-meter (11) .....:420.35, 11/20/09  
 3-meter (6o) .....:240.60, 1/23/10  
 3-meter (11) .....:408.70, 12/4/09

### Naomi Muckler

100 free .....:57.14, 2/5/10  
 200 free .....:2:05.55, 1/23/10  
 500 free .....:5:27.61, 2/5/10  
 1000 free .....:11:29.24, 11/21/09  
 1650 free .....:18:50.04, 2/5/10

### Dayna Nellis

50 fly .....:28.63, 1/23/10  
 100 fly .....:1:01.27, 11/21/09  
 200 fly .....:2:07.22, 2/28/10  
 200 free .....:1:59.07, 12/4/09  
 500 free .....:5:14.92, 12/4/09  
 1000 free .....:10:46.16, 2/17/10  
 1650 free .....:18:03.70, 12/4/09

### Becky Newgren

50 free .....:25.13, 2/5/10  
 100 free .....:56.74, 2/5/10  
 50 back .....:30.94, 1/23/10  
 100 back .....:1:06.41, 1/16/10

### Kelsey Noah

100 free .....:55.16, 2/28/10  
 200 free .....:1:56.14, 12/4/09  
 500 free .....:5:08.03, 12/4/09  
 1000 free .....:10:40.36, 2/17/10  
 1650 free .....:17:45.48, 12/4/09

### Caitlin Pardi

50 free .....:27.34, 2/5/10  
 50 back .....:30.10, 1/23/10  
 100 back .....:1:03.70, 12/4/09  
 200 back .....:2:21.72, 11/7/09

### Hannah Peters

1-meter (6o) .....:191.25, 10/16/09  
 1-meter (11) .....:331.25, 11/21/09  
 3-meter (6o) .....:209.60, 1/23/10  
 3-meter (11) .....:337.35, 11/21/09

### Makenzie Pillsbury

100 free .....:59.75, 11/6/09  
 200 free .....:2:06.26, 11/13/09  
 50 breast.....:33.80, 1/23/10  
 100 breast.....:1:13.83, 1/23/10  
 200 breast.....:2:31.06, 2/20/10  
 200 IM.....:2:15.20, 12/4/09  
 400 IM.....:4:53.09, 2/19/10

### Shalon Rothstein

50 free .....:26.68, 10/16/09  
 50 breast.....:32.18, 1/23/10  
 100 breast.....:1:04.70, 3/12/10  
 200 breast.....:2:24.19, 2/20/10  
 200 IM.....:2:12.74, 2/18/10

### Allison Tracy

1-meter (6o) .....:242.95, 11/7/09  
 1-meter (11) .....:388.95, 11/20/09  
 3-meter (6o) .....:263.18, 11/7/09  
 3-meter (11) .....:424.70, 11/21/09

### Jordan VanEgeren

50 free .....:25.04, 12/4/09  
 100 free .....:56.62, 11/21/09  
 50 breast.....:31.91, 1/23/10  
 100 breast.....:1:09.90, 2/19/10  
 200 IM.....:2:24.28, 11/14/09

### Kelly Vieau

50 free .....:24.03, 2/18/10  
 100 free .....:52.87, 2/20/10  
 200 free .....:1:58.85, 2/19/10

### Erin Walter

200 free .....:2:02.63, 2/5/10  
 500 free .....:5:27.41, 2/5/10  
 50 back .....:32.59, 1/23/10  
 100 back .....:1:08.11, 10/17/09  
 200 back .....:2:19.53, 2/5/10

### Nikki Weber

1-meter (6o) .....:220.90, 11/6/09  
 1-meter (11) .....:353.45, 11/21/09  
 3-meter (6o) .....:243.85, 11/7/09  
 3-meter (11) .....:371.95, 11/21/09

### Aubrey Welp

500 free .....:5:22.89, 2/17/10  
 1000 free .....:10:51.47, 2/17/10  
 1650 free .....:18:05.22, 2/20/10  
 100 fly .....:1:09.50, 1/23/10

### Ali Weske

100 back .....:1:05.18, 10/31/09  
 100 fly .....:1:02.23, 11/14/09  
 200 free .....:2:04.68, 11/13/09  
 200 IM.....:2:21.99, 11/14/09

### Angie Wieden

50 back .....:32.41, 1/23/10  
 100 back .....:1:07.91, 2/5/10  
 200 back .....:2:26.51, 10/31/09  
 200 IM.....:2:26.43, 2/5/10  
 400 IM.....:5:24.32, 10/16/09

# Women's Team Top-10\* Marks

## 50 Freestyle

23.78	Kirsten Koetter, 2/18/10
23.95	Kirsten Koetter, 2/18/10
24.03	Kelly Vieau, 2/18/10
24.10	Kirsten Koetter, 12/4/09
24.16	Kelly Vieau, 2/18/10
24.17	Kirsten Koetter, 12/4/09
24.20	Alisha Blaydes, 3/10/10
24.23	Kelly Vieau, 3/10/10
24.31	Kirsten Koetter, 3/10/10
24.34	Kirsten Koetter, 11/21/09

## 100 Freestyle

52.71	Alisha Blaydes, 2/20/10
52.87	Kelly Vieau, 2/20/10
53.09	Alisha Blaydes, 2/20/10
53.29	Ali Domeier, 2/20/10
53.38	Kelly Vieau, 2/20/10
53.62	Ali Domeier, 2/20/10
53.67	Alisha Blaydes, 12/5/09
53.72	Kirsten Koetter, 2/20/10
53.79	Kirsten Koetter, 2/20/10
53.85	Kirsten Koetter, 12/5/09

## 200 Freestyle

1:54.91	Alisha Blaydes, 3/11/10
1:55.88	Alisha Blaydes, 2/19/10
1:56.14	Kelsey Noah, 12/4/09
1:56.25	Heather Crandall, 2/19/10
1:56.54	Alisha Blaydes, 2/19/10
1:56.83	Heather Crandall, 2/19/10
1:57.02	Alisha Blaydes, 12/4/09
1:57.37	Alisha Blaydes, 11/4/09
1:57.59	Alisha Blaydes, 2/19/10
1:57.67	Kelsey Noah, 12/4/09
1:57.69	Alisha Blaydes, 12/4/09

## 500 Freestyle

5:08.03	Kelsey Noah, 12/4/09
5:10.07	Heather Crandall, 2/18/10
5:10.72	Heather Crandall, 12/4/09
5:10.91	Kelsey Noah, 2/18/10
5:11.46	Kelsey Noah, 2/18/10
5:11.85	Kelsey Noah, 12/4/09
5:13.23	Heather Crandall, 12/4/09
5:13.32	Heather Crandall, 11/21/09
5:13.40	Heather Crandall, 2/17/10
5:16.43	Heather Crandall, 10/16/09

## 1000 Freestyle

10:40.36	Kelsey Noah, 2/17/10
10:45.48	Heather Crandall, 2/17/10
10:46.16	Dayna Nellis, 2/17/10
10:50.48	Dayna Nellis, 11/13/09
10:51.47	Aubrey Welp, 2/17/10
10:54.84	Dayna Nellis, 11/6/09
10:54.99	Kelsey Noah, 10/31/09
10:55.91	Kelsey Noah, 1/16/10
11:00.77	Kelsey Noah, 11/6/09
11:02.10	Dayna Nellis, 10/16/09

## 1650 Freestyle

17:45.48	Kelsey Noah, 12/5/09
17:57.23	Kelsey Noah, 2/20/10
18:00.23	Heather Crandall, 12/5/09
18:03.70	Dayna Nellis, 12/5/09
18:05.22	Aubrey Welp, 2/20/10
18:06.88	Dayna Nellis, 2/20/10
18:07.84	Dayna Nellis, 11/14/09
18:16.78	Dayna Nellis, 10/16/09
18:26.98	Heather Crandall, 11/14/09
18:31.06	Kelsey Noah, 10/16/09

## 200 Freestyle Relay

1:34.81 (A-cut)	Kirsten Koetter, Ali Domeier, Kelly Vieau, Alisha Blaydes, 2/18/10
1:35.12	Kirsten Koetter, Ali Domeier, Kelly Vieau, Alisha Blaydes, 3/11/10
1:37.07	Kirsten Koetter, Ali Domeier, Kelly Vieau, Alisha Blaydes, 12/4/09
1:37.75	Alisha Blaydes, Kelly Vieau, Ali Domeier, Kirsten Koetter, 11/21/09
1:38.34	Alisha Blaydes, Kelly Vieau, Ali Domeier, April Greene, 11/14/09
1:38.44	Kirsten Koetter, April Greene, Kelly Vieau, Alisha Blaydes, X, 1/16/10
1:39.91	Alisha Blaydes, Kelly Vieau, Ali Domeier, Katie Brueggemann, 11/6/09
1:40.42	Alisha Blaydes, Kirsten Koetter, Ali Domeier, Kelly Vieau, X, 1/23/10
1:40.62	Ali Domeier, Kirsten Koetter, Kelly Vieau, April Greene
1:40.75	Stephanie Crandall, Liz Barbee, Jordan VanEgeren, April Greene, 12/4/09

## 400 Freestyle Relay

3:30.06	Kirsten Koetter, April Greene, Kelly Vieau, Alisha Blaydes, 3/13/10
3:31.62	Kirsten Koetter, Ali Domeier, Kelly Vieau, Alisha Blaydes, 12/5/09
3:37.52	Kirsten Koetter, Ali Domeier, Alisha Blaydes, Kelly Vieau, 10/31/09
3:38.56	Kirsten Koetter, Kelly Vieau, Heather Crandall, Alisha Blaydes, 11/13/09
3:39.76	Katie Brueggemann, Ali Domeier, Kirsten Koetter, Kelly Vieau, 11/7/09
3:40.92	Liz Barbee, April Greene, Jordan VanEgeren, Heather Crandall, 12/5/09
3:42.87	Alisha Blaydes, Kelly Vieau, Kirsten Koetter, April Greene, 10/16/09
3:45.77	April Greene, Heather Crandall, Stephanie Crandall, Kelsey Noah, 11/7/09
3:45.98	Stephanie Crandall, Liz Barbee, Jordan VanEgeren, Alison Weske, 11/13/09
3:46.58	Kelly Vieau, Kelsey Noah, Ali Domeier, Alisha Blaydes, 2/20/10

## 800 Freestyle Relay\*

7:49.64	Alisha Blaydes, Katie Brueggemann, Heather Crandall, Kelsey Noah, 2/19/10
8:07.64	Katie Brueggemann, Heather Crandall, Kelsey Noah, Alisha Blaydes, 01/09/10
8:07.69	Heather Crandall, Brianna Dietz, Dayna Nellis, Kelsey Noah, 11/14/09
8:21.83	Stephanie Crandall, Brianna Dietz, Melissa Funke, Dayna Nellis, 01/09/10

## 50 Butterfly\*

26.22	Kirsten Koetter, 10/17/09
26.75	Kirsten Koetter, 1/23/10
28.01	Stephanie Crandall, 10/17/09
28.63	Dayna Nellis, 1/23/10
28.79	Ali Domeier, 1/23/10
30.42	Emily Franks, 10/17/09
30.89	Emily Franks, 1/23/10
33.85	Bethany Fuller, 1/23/10

## 100 Butterfly

57.60	Kirsten Koetter, 2/19/10
57.94	Kirsten Koetter, 2/19/10
58.25	Stephanie Crandall, 2/19/10
59.00	Kirsten Koetter, 12/4/09
59.23	Kirsten Koetter, 1/16/10
59.31	Stephanie Crandall, 2/19/10
59.43	Kirsten Koetter, 12/4/09
59.13	Kirsten Koetter, 11/7/09
59.22	Kirsten Koetter, 11/14/09
59.47	Kirsten Koetter, 11/14/09

## 200 Butterfly

2:07.22	Dayna Nellis, 2/28/10
2:07.44	Dayna Nellis, 2/20/10
2:07.72	Dayna Nellis, 2/28/10
2:07.90	Dayna Nellis, 2/20/10
2:10.77	Dayna Nellis, 11/21/09
2:10.94	Dayna Nellis, 12/5/09
2:12.26	Dayna Nellis, 11/7/09
2:12.19	Dayna Nellis, 11/13/09
2:12.66	Dayna Nellis, 1/16/10
2:13.14	Dayna Nellis, 10/16/09
2:13.14	Stephanie Crandall, 2/20/10

## 50 Breaststroke

31.81	Amber Alexander, 10/17/09
31.91	Jordan VanEgeren, 1/23/10
31.95	Amber Alexander, 1/23/10
32.05	Katie Brueggemann, 10/17/09
32.18	Shalon Rothstein, 1/23/10
32.42	Megan Cotton, 10/17/09
32.65	Megan Cotton, 1/23/10
33.08	Melissa Funke, 10/17/09
33.25	Shalon Rothstein, 10/17/09
33.41	Jordan VanEgeren, 10/17/09

## 100 Breaststroke

1:04.70	Shalon Rothstein, 3/12/10
1:05.09	Katie Brueggemann, 3/12/10
1:05.13	Katie Brueggemann, 12/4/09
1:05.33	Shalon Rothstein, 3/12/10
1:05.37	Shalon Rothstein, 2/19/10
1:05.45	Katie Brueggemann, 2/19/10
1:05.52	Shalon Rothstein, 2/19/10
1:06.10	Katie Brueggemann, 2/19/10
1:06.17	Katie Brueggemann, 3/12/10
1:06.37	Katie Brueggemann, 12/4/09

## 200 Breaststroke

2:21.73 (A-cut)	Katie Brueggemann, 2/20/10
2:22.65	Katie Brueggemann, 3/13/10
2:22.67	Katie Brueggemann, 3/13/10
2:23.35	Katie Brueggemann, 2/20/10
2:23.87	Katie Brueggemann, 12/5/09
2:24.19	Shalon Rothstein, 2/20/10
2:24.39	Shalon Rothstein, 2/20/10
2:27.39	Katie Brueggemann, 10/16/09
2:28.29	Katie Brueggemann, 11/21/09
2:28.59	Melissa Funke, 2/20/10

## 50 Backstroke

28.28	Cathy Haen, 10/17/09
28.58	Cathy Haen, 1/23/10
29.33	April Greene, 10/17/09
29.34	Tori Martinez, 1/23/10
29.64	April Greene, 1/23/10
30.10	Caitlin Pardi, 1/23/10
30.38	Caitlin Pardi, 10/17/09
30.94	Becky Newgren, 1/23/10
31.53	Emily Franks, 10/17/09
32.41	Angie Wieden, 1/23/10

## 100 Backstroke

57.92	Cathy Haen, 2/19/10
58.13	Cathy Haen, 3/12/10
58.66	Cathy Haen, 2/19/10
58.79	Cathy Haen, 12/4/09
59.01	Cathy Haen, 12/4/09
59.77	Tori Martinez, 2/19/10
59.93	Cathy Haen, 11/14/09
1:00.11	Cathy Haen, 1/16/10
1:00.37	Cathy Haen, 1/23/10
1:00.39	Tori Martinez, 2/19/10
1:00.49	Cathy Haen, 11/21/09

## 200 Backstroke

2:06.57	Cathy Haen, 2/20/10
2:07.42	Tori Martinez, 2/20/10
2:08.35	Cathy Haen, 12/5/09
2:08.67	Cathy Haen, 3/13/10
2:08.77	Tori Martinez, 2/20/10
2:09.20	Cathy Haen, 2/20/10
2:11.54	Tori Martinez, 12/5/09
2:12.45	Tori Martinez, 11/21/09
2:12.50	Tori Martinez, 11/7/09
2:13.26	Cathy Haen, 10/16/09

## 200 IM

2:08.45	Katie Brueggemann, 2/18/10
2:08.81	Katie Brueggemann, 3/10/10
2:09.80	Katie Brueggemann, 12/4/09
2:10.08	Katie Brueggemann, 12/4/09
2:11.25	Katie Brueggemann, 2/18/10
2:12.74	Shalon Rothstein, 2/18/10
2:13.43	Melissa Funke, 12/4/09
2:13.82	Brianna Dietz, 2/18/10
2:13.93	Melissa Funke, 2/18/10
2:14.01	Shalon Rothstein, 2/18/10

## 400 IM

4:41.11	Melissa Funke, 2/19/10
4:45.62	Melissa Funke, 2/19/10
4:51.28	Katie Brueggemann, 11/13/09
4:51.71	Melissa Funke, 10/16/09
4:52.75	Heather Crandall, 10/16/09
4:53.09	Makenzie Pillsbury, 2/19/10
4:54.41	Melissa Funke, 01/09/10
4:56.34	Melissa Funke, 11/13/09
5:05.58	Makenzie Pillsbury, 01/09/10
5:06.34	Heather Crandall, 01/09/10

## 1-Meter Diving (60)

254.70	Cassi Mrozek, 11/7/09
244.89	Cassi Mrozek, 11/6/09
242.95	Allison Tracy, 11/7/09
241.70	Cassi Mrozek, 1/23/10
238.55	Allison Tracy, 11/6/09
237.35	Cassi Mrozek, 1/16/10
233.85	Cassi Mrozek, 11/13/09
233.10	Allison Tracy, 11/13/09
227.25	Cassi Mrozek, 11/14/09
224.70	Cassi Mrozek, 2/6/10

8:24.66	Liz Barbee, Stephanie Crandall, Erin Walter, Aubrey Welp, 11/14/09
8:33.85	Naomi Muckler, Diana Gehrman, Liz Barbee, Tori Martinez, 01/09/10
8:35.09	Erin Walter, Aubrey Welp, April Greene, Kelly Vieau, 01/09/10

## 200 Medley Relay

1:45.98 (A-cut)	Cathy Haen, Amber Alexander, Alisha Blaydes, Kirsten Koetter, 2/19/10
1:46.81	Cathy Haen, Amber Alexander, Alisha Blaydes, Kelly Vieau, 12/5/09
1:48.41	Cathy Haen, Amber Alexander, Alisha Blaydes, Kelly Vieau, 11/21/09
1:49.64	Cathy Haen, Amber Alexander, Kirsten Koetter, Kelly Vieau, 11/14/09
1:49.82	Cathy Haen, Katie Brueggemann, Alisha Blaydes, Kelly Vieau, 1/23/10
1:50.18	Cathy Haen, Amber Alexander, Alisha Blaydes, Kirsten Koetter, 2/19/10
1:50.67	Cathy Haen, Amber Alexander, Alisha Blaydes, Kelly Vieau, 1/16/10
1:50.68	Cathy Haen, Amber Alexander, Kirsten Koetter, Alisha Blaydes, 11/7/09
1:50.98	Cathy Haen, Amber Alexander, Kirsten Koetter, Kelly Vieau, 11/6/09
1:51.29	Cathy Haen, Amber Alexander, Alisha Blaydes, Kirsten Koetter, 1/9/10

## 400 Medley Relay

3:35.21 (A-cut)	Cathy Haen, Katie Brueggemann, Kirsten Koetter, April Greene, 2/18/10
3:50.97	Cathy Haen, Katie Brueggemann, Kirsten Koetter, April Greene, 3/11/10
3:59.12	Cathy Haen, Katie Brueggemann, Kirsten Koetter, April Greene, 2/18/10
3:59.65	Cathy Haen, Katie Brueggemann, Kirsten Koetter, Kelly Vieau, 12/4/09
4:01.20	Cathy Haen, Katie Brueggemann, Kirsten Koetter, Ali Domeier, 10/16/09
4:01.45	Cathy Haen, Katie Brueggemann, Kirsten Koetter, Alisha Blaydes, 10/31/09
4:02.56	Cathy Haen, Katie Brueggemann, Kirsten Koetter, Ali Domeier, 11/13/09
4:02.58	Tori Martinez, Amber Alexander, Stephanie Crandall, Ali Domeier, 12/4/09
4:07.14	Tori Martinez, Amber Alexander, Stephanie Crandall, April Greene, 11/13/09
4:08.30	Tori Martinez, Amber Alexander, Stephanie Crandall, April Greene, 10/16/09

## 1-Meter Diving (11)

420.35	Cassi Mrozek, 11/20/09
413.20	Cassi Mrozek, 12/4/09
388.95	Allison Tracy, 3/12/10
372.60	Allison Tracy, 11/21/09
353.45	Nikki Weber, 11/20/09
351.10	Nikki Weber, 12/4/09
350.70	Cassi Mrozek, 3/12/10
331.25	Hannah Peters, 11/20/09
329.70	Hannah Peters, 12/4/09
323.55	Melissa Krohn, 12/4/09

## 3-Meter Diving (60)

263.18	Allison Tracy, 11/7/09
249.75	Allison Tracy, 10/30/09
244.00	Allison Tracy, 2/6/10
243.85	Nikki Weber, 11/7/09
240.60	Cassi Mrozek, 1/23/10
233.70	Cassi Mrozek, 11/7/09
232.90	Melissa Krohn, 10/17/09
230.50	Cassi Mrozek, 1/8/10
230.10	Allison Tracy, 10/17/09
228.75	Cassi Mrozek, 10/30/09

## 3-Meter Diving (11)

424.70	Allison Tracy, 11/20/09
413.60	Allison Tracy, 2/20/10
408.70	Allison Tracy, 12/5/09
405.20	Cassi Mrozek, 2/20/10
401.20	Cassi Mrozek, 2/20/10
400.75	Cassi Mrozek, 11/20/09
382.60	Allison Tracy, 12/5/09
373.05	Allison Tracy, 2/20/10
371.95	Nikki Weber, 11/20/09
372.75	Nikki Weber, 2/20/10

\* not all events were swam 10 times throughout the season

## Men's Individual Season Bests (Final / Mar. 21, 2010)

### Matt Anderson

100 back .....:56.60, 02/19/10  
 100 fly .....:52.38, 02/19/10  
 200 fly .....:1:57.51, 12/05/09  
 100 free .....:52.67, 01/09/10  
 200 free .....:1:52.01, 11/21/09

### Will Anzion

100 free .....:50.89, 01/23/10  
 200 free .....:1:53.20, 11/07/09  
 500 free .....:5:00.01, 02/18/10  
 1000 free .....:10:14.33, 02/17/10  
 1650 free .....:17:26.11, 02/20/10

### Shane Broermann

50 free .....:23.63, 02/06/10  
 100 free .....:52.22, 02/06/10  
 200 free .....:1:53.73, 02/06/10  
 200 breast .....:2:42.83, 11/07/09

### Kyle Cordry

50 free .....:21.88, 02/06/10  
 100 free .....:45.87, 02/20/10  
 200 free .....:1:42.94, 02/19/10  
 500 free .....:4:45.10, 02/18/10

### Chris Dickey

50 free .....:23.04, 02/06/10  
 100 free .....:50.62, 02/06/10  
 200 free .....:1:50.16, 02/06/10

### Nathan Engfer

50 fly .....:25.24, 01/23/10  
 50 free .....:23.01, 11/07/09  
 100 free .....:52.35, 11/07/09  
 100 fly .....:53.08, 02/06/10  
 200 fly .....:2:14.61, 01/09/10

### Andrew Fuller

50 free .....:22.45, 02/18/10  
 100 free .....:48.70, 02/20/10  
 200 free .....:1:49.24, 02/19/10  
 500 free .....:5:20.28, 11/07/09  
 100 back .....:1:02.62, 11/07/09

### Matt Girard

50 free .....:22.32, 02/18/10  
 100 free .....:50.77, 11/21/09  
 200 free .....:1:50.94, 01/23/10  
 100 breast .....:58.47, 02/19/10  
 200 breast .....:2:08.57, 02/20/10

### Joel Gregory

100 free .....:49.38, 02/20/10  
 200 free .....:1:48.82, 02/17/10  
 100 fly .....:55.68, 01/09/10  
 200 fly .....:2:08.60, 02/20/10

### Zac Hanson

50 fly .....:25.84, 01/23/10  
 50 back .....:25.86, 01/23/10  
 50 free .....:22.32, 11/7/09  
 100 free .....:49.46, 02/06/10  
 200 free .....:1:50.89, 01/16/10  
 100 fly .....:56.21, 02/06/10  
 200 IM .....:2:09.66, 01/16/10

### Landon Hartwig

50 free .....:22.31, 02/18/10  
 100 back .....:52.81, 02/19/10  
 200 back .....:1:56.26, 02/20/10  
 200 IM .....:2:09.14, 11/21/09

### Jake Hausauer

50 free .....:21.73, 02/18/10  
 100 free .....:47.49, 02/20/10  
 100 breast .....:1:02.04, 02/19/10  
 200 IM .....:2:17.58, 10/17/09

### Zac Henderson

50 fly .....:25.84, 01/23/10  
 100 fly .....:55.99, 02/06/10  
 200 fly .....:2:10.25, 02/06/10  
 200 IM .....:2:13.57, 11/07/09  
 400 IM .....:4:51.83, 01/09/10

### Paul Hoffman

50 fly .....:25.96, 01/23/10  
 100 fly .....:56.96, 01/23/10  
 100 back .....:57.82, 02/06/10  
 200 back .....:2:06.83, 02/06/10  
 200 IM .....:2:09.58, 10/31/09  
 400 IM .....:4:35.95, 12/05/09

### Brian Jacobs

50 back .....:25.85, 01/23/10  
 100 back .....:53.46, 02/19/10  
 200 back .....:1:58.90, 02/20/10  
 200 IM .....:2:04.20, 02/18/10

### Alex Jaholkowski

50 fly .....:24.78, 01/23/10  
 100 fly .....:54.57, 02/19/10  
 100 breast .....:1:02.22, 12/04/09  
 200 breast .....:2:18.67, 12/05/09  
 200 IM .....:2:04.18, 12/04/09

### Mike Larch

50 fly .....:28.89, 01/23/10  
 50 free .....:24.87, 02/06/10  
 50 breast .....:29.75, 01/23/10  
 100 breast .....:1:03.09, 02/06/10  
 200 breast .....:2:18.54, 12/05/09

### Jake Larson

100 free .....:48.97, 02/20/10  
 200 free .....:1:45.52, 02/19/10  
 500 free .....:4:57.05, 02/18/10

### Alex Milberger

500 free .....:5:07.76, 11/21/09  
 1000 free .....:10:31.62, 11/21/09  
 1650 free .....:17:39.30, 02/20/10  
 200 fly .....:2:12.03, 11/07/09  
 400 IM .....:4:29.21, 02/19/10

### Landon Mishler

50 fly .....:26.85, 01/23/10  
 50 free .....:22.71, 02/06/10  
 100 free .....:51.09, 02/06/10  
 200 free .....:1:59.87, 01/09/10  
 100 breast .....:1:09.68, 02/06/10  
 100 fly .....:1:00.11, 02/06/10

### Tony Moe

100 fly .....:53.95, 12/04/09  
 200 fly .....:2:04.48, 02/20/10  
 100 free .....:50.75, 11/21/09  
 200 free .....:1:47.02, 02/19/10  
 200 IM .....:1:59.67, 02/18/10

### Christian Nasset

50 free .....:21.84, 02/18/10  
 100 free .....:48.43, 12/05/09  
 100 breast .....:58.42, 12/04/09  
 100 fly .....:52.16, 02/19/10  
 200 IM .....:2:02.44, 12/04/09

### David Nedrud

50 free .....:23.49, 01/09/10  
 100 free .....:48.21, 02/20/10  
 200 free .....:1:53.76, 11/21/09  
 200 IM .....:2:01.32, 02/18/10  
 400 IM .....:4:22.88, 02/19/10  
 100 fly .....:55.57, 10/31/09  
 200 fly .....:2:22.33, 10/31/09

### Justin Nelson

50 free .....:26.45, 01/09/10  
 50 back .....:26.55, 01/23/10  
 100 back .....:53.87, 12/04/09  
 200 back .....:2:02.09, 12/05/09  
 200 breast .....:2:31.72, 02/20/10

### Joe Palmersten

50 breast .....:29.08, 01/23/10  
 100 breast .....:1:00.85, 12/04/09  
 200 breast .....:2:13.59, 02/20/10  
 200 IM .....:2:03.77, 11/07/09  
 500 free .....:4:56.13, 12/04/09  
 1000 free .....:10:12.26, 02/17/10

### Mitchell Pruss

50 fly .....:25.55, 01/23/10  
 100 fly .....:53.73, 12/04/09  
 200 fly .....:1:57.81, 02/20/10  
 200 free .....:1:55.46, 01/09/10  
 200 IM .....:2:02.22, 02/18/10  
 400 IM .....:4:24.21, 02/19/10

### John Rosier

50 free .....:22.75, 02/06/10  
 100 free .....:50.41, 02/06/10  
 100 back .....:1:00.53, 02/06/10  
 200 free .....:1:50.85, 02/06/10  
 500 free .....:5:10.93, 02/06/10  
 200 fly .....:2:17.59, 02/06/10  
 200 IM .....:2:10.68, 01/23/10

### Robb Rotramel

50 fly .....:24.84, 01/23/10  
 50 free .....:21.19, 01/16/10  
 100 free .....:47.43, 12/05/09  
 200 free .....:1:45.57, 02/19/10

### Jim Schlup

1000 free .....:10:46.24, 02/17/10  
 200 breast .....:2:42.50, 11/21/09  
 500 free .....:5:09.05, 02/17/10  
 1000 free .....:11:10.54, 11/13/09  
 1650 free .....:17:44.85, 02/20/10

### Carter Smith

50 back .....:27.40, 01/23/10  
 50 free .....:23.30, 02/06/10  
 100 free .....:52.65, 01/23/10  
 100 back .....:56.49, 12/04/09  
 200 back .....:2:05.51, 11/07/09

### Joe Spann

100 fly .....:53.01, 02/19/10  
 200 fly .....:1:56.93, 02/20/10  
 200 free .....:1:52.49, 11/13/09  
 200 IM .....:2:08.14, 11/07/09  
 500 free .....:4:52.17, 02/18/10  
 1000 free .....:10:46.05, 11/07/09

### Robb Stafford

100 back .....:55.99, 12/04/09  
 200 IM .....:2:11.80, 02/18/10  
 200 back .....:1:59.31, 12/05/09  
 200 free .....:1:53.88, 11/14/09  
 1000 free .....:10:51.87, 11/13/09

### Justin Vandenberg

100 breast .....:1:01.94, 02/06/10  
 200 breast .....:2:10.25, 02/06/10  
 200 IM .....:2:05.67, 02/06/10

### Matt Verwey

100 back .....:59.49, 10/31/09  
 200 back .....:2:01.48, 10/31/09  
 200 IM .....:2:06.31, 10/31/09

### Raymond Wiser

100 breast .....:1:00.93, 12/04/09

### Stephen Wood

50 breast .....:32.11, 01/23/10  
 100 fly .....:56.16, 02/06/10  
 100 free .....:50.90, 02/06/10  
 200 free .....:1:53.37, 11/07/09  
 500 free .....:5:11.47, 10/31/09  
 200 IM .....:2:09.24, 11/21/09

### Matt Youngers

1000 free .....:10:55.53, 10/31/09  
 100 breast .....:1:04.71, 11/14/09  
 200 breast .....:2:17.64, 11/21/09  
 200 fly .....:2:05.88, 11/21/09  
 200 IM .....:2:00.28, 02/18/10  
 400 IM .....:4:15.96, 02/19/10

### DIVERS

#### Luke Johnson

1-M (60) .....:139.00, 01/23/10  
 3-M (60) .....:136.55, 01/23/10

#### Sean Kildahl

1-M (60) .....:189.90, 01/23/10  
 1-M (11C) .....:322.60, 12/04/09  
 3-M (60) .....:204.60, 01/23/10  
 3-M (11C) .....:292.25, 12/05/09

#### Luke Weber

1-M (60) .....:312.35, 11/07/09 (NT)  
 1-M (11C) .....:505.85, 12/04/09  
 3-M (60) .....:374.75, 01/23/10  
 3-M (11C) .....:516.40, 11/20/09

#### Chris White

1-M (60) .....:255.90, 11/14/09  
 1-M (11C) .....:475.25, 02/19/10  
 3-M (60) .....:274.55, 01/23/10  
 3-M (11C) .....:479.00, 03/13/10

# Men's Team Top-10\* Marks

## 50 Freestyle

:21.19	Rob Rotramel, 02/18/10
:21.58	Robb Rotramel, 02/18/10
:21.73	Jake Hausauer, 02/18/10
:21.76	Robb Rotramel, 12/04/09
:21.76	Robb Rotramel, 02/18/10
:21.84	Jake Hausauer, 02/18/10
:21.84	Christian Nasset, 02/18/10
:21.88	Kyle Cordry, 02/06/10
:21.88	Robb Rotramel, 02/18/10
:22.02	Jake Hausauer, 12/04/09

## 100 Freestyle

:45.87	Kyle Cordry, 02/20/10
:46.45	Kyle Cordry, 02/20/10
:47.02	Kyle Cordry, 12/05/09
:47.43	Robb Rotramel, 12/05/09
:47.49	Jake Hausauer, 02/20/10
:47.61	Robb Rotramel, 02/20/10
:47.66	Kyle Cordry, 01/16/10
:47.80	Kyle Cordry, 02/06/10
:47.83	Kyle Cordry, 11/14/09
:48.21	David Nedrud, 02/20/10

## 200 Freestyle

1:42.94	Kyle Cordry, 02/19/10
1:43.21	Kyle Cordry, 02/19/10
1:43.22	Kyle Cordry, 12/04/09
1:44.95	Kyle Cordry, 11/14/09
1:44.68	Kyle Cordry, 01/16/10
1:45.10	Kyle Cordry, 11/13/09
1:45.43	Kyle Cordry, 01/23/10
1:45.51	Kyle Cordry, 11/21/09
1:45.52	Jake Larson, 02/19/10
1:45.57	Robb Rotramel, 02/19/10
1:45.61	Robb Rotramel, 02/19/10

## 500 Freestyle

4:45.10	Kyle Cordry, 02/18/10
4:46.85	Kyle Cordry, 02/18/10
4:50.71	Kyle Cordry, 02/06/10
4:52.17	Joe Spann, 02/18/10
4:53.66	Kyle Cordry, 01/23/10
4:56.13	Joe Palmersten, 12/04/09
4:56.32	Kyle Cordry, 11/13/09
4:56.53	Joe Spann, 02/18/10
4:56.54	Joe Palmersten, 02/18/10
4:57.17	Joe Palmersten, 02/18/10

## 1000 Freestyle\*

10:12.26	Joe Palmersten, 02/17/10
10:14.33	Will Anzion, 02/17/10
10:20.93	Joe Palmersten, 11/21/09
10:26.48	Joe Palmersten, 10/31/09
10:28.79	Joe Palmersten, 11/13/09
10:30.58	Will Anzion, 01/16/10
10:31.62	Alex Milberger, 11/21/09
10:32.40	Joe Palmersten, 01/23/10
10:34.08	Will Anzion, 01/09/10
10:35.01	Alex Milberger, 11/07/09

## 1650 Freestyle\*

17:26.11	Will Anzion, 02/20/10
17:39.30	Alex Milberger, 02/20/10
17:43.87	Alex Milberger, 02/20/10
17:44.84	Jim Schlup, 02/20/10
17:47.32	Alex Milberger, 11/14/09
18:09.22	Jim Schlup, 02/20/10
18:41.22	Jim Schlup, 11/14/09

## 50 Butterfly\*

:24.78	Alex Jaholkowski, 01/23/10
:24.84	Robb Rotramel, 01/23/10
:25.24	Nathan Engfer, 01/23/10
:25.55	Mitchell Pruss, 01/23/10

## 200 Freestyle Relay

1:24.53	Robb Rotramel, Christian Nasset, Jake Hausauer, Kyle Cordry, 02/18/10
1:25.93	Kyle Cordry, Zac Hanson, Jake Hausauer, Robb Rotramel, 12/04/09
1:27.35	Kyle Cordry, Robb Rotramel, Jake Hausauer, Zac Hanson, 11/14/09
1:27.96	Jake Hausauer, Kyle Cordry, Robb Rotramel, Christian Nasset, 01/16/10
1:28.41	Nathan Engfer, Joel Gregory, John Rosier, Andrew Fuller, 12/04/09
1:28.73	Shane Broermann, Landon Mishler, Stephen Wood, Carter Smith, 02/06/10
1:28.77	Kyle Cordry, Robb Rotramel, Jake Hausauer, Zac Hanson, 11/21/09
1:29.21	Robb Rotramel, Jake Hausauer, Christian Nasset, Kyle Cordry, 01/23/10
1:30.71	Brian Jacobs, Andrew Fuller, Nathan Engfer, Joel Gregory, 01/16/10
1:31.08	Christian Nasset, David Nedrud, Tony Moe, Joel Gregory, 11/14/09

## 400 Freestyle Relay

3:06.41	Kyle Cordry, Christian Nasset, Jake Hausauer, Robb Rotramel, 02/20/10
3:09.94	Kyle Cordry, Andrew Fuller, Christian Nasset, Robb Rotramel, 12/05/09
3:12.93	Jake Hausauer, David Nedrud, Joel Gregory, Zac Hanson, 12/05/09
3:16.52	Kyle Cordry, Jake Hausauer, Robb Rotramel, David Nedrud, 11/13/09
3:16.74	Kyle Cordry, Jake Hausauer, Robb Rotramel, John Rosier, 12/04/09
3:17.04	Kyle Cordry, Christian Nasset, Jake Hausauer, Robb Rotramel, 02/20/10
3:18.37	Zac Hanson, Nathan Engfer, John Rosier, Chris Dickey, 02/06/10
3:20.05	Rob Stafford, Will Anzion, John Rosier, Jake Larson, 12/05/09
3:21.36	Joe Palmersten, Jake Larson, Joe Spann, Nathan Engfer, 12/05/09
3:22.00	Matt Anderson, Zac Hanson, Landon Hartwig, Brian Jacobs, 11/13/09

## 800 Freestyle Relay\*

7:05.97	Tony Moe, Brian Jacobs, Matt Girard, Joe Spann, 02/19/10
7:15.20	Tony Moe, Brian Jacobs, Matt Girard, Joe Spann, 02/19/10
7:25.81	Kyle Cordry, Robb Rotramel, Jake Larson, Matt Anderson, 01/09/10
7:30.72	Joel Gregory, Brian Jacobs, David Nedrud, Joe Palmersten, 01/09/10

:25.84	Zac Henderson, 01/23/10
:25.84	Zac Hanson, 01/23/10
:25.96	Paul Hoffman, 01/23/10
:26.85	Landon Mishler, 01/23/10
:28.89	Mike Larch, 01/23/10

## 100 Butterfly\*

:52.16	Christian Nasset, 02/17/10
:52.38	Matt Anderson, 02/17/10
:52.43	Christian Nasset, 02/17/10
:52.55	Matt Anderson, 02/17/10
:52.69	Matt Anderson, 12/04/09
:53.01	Joe Spann, 02/17/10
:53.08	Nathan Engfer, 02/06/10
:53.27	Joe Spann, 02/17/10
:53.30	Christian Nasset, 01/16/10
:53.45	Nathan Engfer, 12/04/09

## 200 Butterfly

1:56.93	Joe Spann, 02/20/10
1:57.51	Matt Anderson, 12/05/09
1:57.79	Matt Anderson, 02/20/10
1:57.81	Mitchell Pruss, 02/20/10
1:58.18	Joe Spann, 02/20/10
1:58.46	Matt Anderson, 02/20/10
1:58.67	Mitchell Pruss, 02/20/10
2:01.79	Mitchell Pruss, 12/05/09
2:02.01	Joe Spann, 10/31/09
2:02.27	Mitchell Pruss, 01/16/10

## 50 Breaststroke\*

:29.08	Joe Palmertsen, 01/23/10
:29.75	Mike Larch, 01/23/10
:32.11	Stephen Wood, 01/23/10

## 100 Breaststroke

:58.42	Christian Nasset, 12/04/09
:58.47	Christian Nasset, 02/19/10
:58.47	Matt Girard, 02/19/10
:58.64	Matt Girard, 02/19/10
:58.79	Christian Nasset, 02/19/10
:59.96	Christian Nasset, 01/16/10
:59.78	Matt Girard, 02/06/10
1:00.16	Matt Girard, 12/04/09
1:00.32	Christian Nasset, 01/23/10
1:00.85	Joe Palmertsen, 12/04/09

## 200 Breaststroke

2:08.57	Matt Girard, 02/20/10
2:09.91	Matt Girard, 02/20/10
2:13.59	Joe Palmersten, 02/20/10
2:13.64	Joe Palmersten, 12/05/09
2:14.70	Joe Palmersten, 02/20/10
2:15.44	Matt Girard, 12/05/09
2:16.64	Justin Vandenberg, 02/06/10
2:17.15	Matt Girard, 01/16/10
2:17.64	Matt Youngers, 11/21/09
2:18.13	Justin Vandenberg, 12/05/09

## 50 Backstroke\*

:25.85	Brian Jacobs, 01/23/10
:25.86	Landon Hartwig, 01/23/10
:26.55	Justin Nelson, 01/23/10
:27.40	Carter Smith, 01/23/10

## 100 Backstroke

:52.81	Landon Hartwig, 02/19/10
:53.20	Landon Hartwig, 02/19/10
:53.46	Brian Jacobs, 02/19/10
:53.48	Brian Jacobs, 12/04/09
:53.53	Brian Jacobs, 02/19/10
:53.87	Justin Nelson, 12/04/09
:53.94	Landon Hartwig, 12/04/09

:54.60	Brian Jacobs, 01/23/10
:54.82	Justin Nelson, 02/19/10
:54.85	Landon Hartwig, 11/14/09

## 200 Backstroke

1:56.26	Landon Hartwig, 02/20/10
1:57.21	Landon Hartwig, 02/20/10
1:58.77	Landon Hartwig, 12/05/09
1:58.90	Brian Jacobs, 02/20/10
1:59.31	Rob Stafford, 12/05/09
1:59.33	Brian Jacobs, 02/20/10
1:59.88	Brian Jacobs, 12/05/09
2:01.18	Landon Hartwig, 11/21/09
2:01.39	Landon Hartwig, 11/13/09
2:01.48	Matt Verwey, 10/31/09

## 200 IM

1:59.67	Tony Moe, 02/18/10
1:59.81	Tony Moe, 02/18/10
2:00.28	Matt Youngers, 02/18/10
2:00.72	Matt Youngers, 02/18/10
2:01.32	David Nedrud, 02/18/10
2:01.88	David Nedrud, 02/18/10
2:02.22	Mitchell Pruss, 02/18/10
2:02.64	Mitchell Pruss, 02/18/10
2:02.44	Christian Nasset, 12/04/09
2:03.77	Joe Palmersten, 11/07/09

## 400 IM

4:15.96	Matt Youngers, 02/19/10
4:22.06	Matt Youngers, 12/05/09
4:22.88	David Nedrud, 02/19/10
4:24.08	Mitchell Pruss, 02/19/10
4:29.21	Alex Milberger, 02/19/10
4:29.97	Matt Youngers, 11/13/09
4:30.19	Alex Milberger, 12/05/09
4:34.03	Matt Youngers, 01/09/10
4:35.42	Alex Milberger, 11/13/09
4:35.95	Paul Hoffman, 12/05/09

## 1-Meter Diving (60)

312.35	Luke Weber, 11/07/09 (NQ)
303.68	Luke Weber, 11/14/09 (NQ)
299.65	Luke Weber, 01/16/10 (NQ)
295.60	Luke Weber, 10/31/09 (NQ)
294.40	Luke Weber, 02/06/10
277.73	Luke Weber, 11/13/09
255.90	Chris White, 11/14/09
252.30	Chris White, 11/13/09
247.80	Chris White, 01/16/10
246.90	Chris White, 11/07/09

## 1-Meter Diving (11)

505.85	Luke Weber, 12/05/09
478.20	Luke Weber, 02/19/10
475.25	Chris White, 02/19/10
470.35	Chris White, 02/19/10
466.50	Luke Weber, 02/19/10
458.05	Luke Weber, 3/11/10
405.05	Chris White, 3/11/10
402.25	Chris White, 12/05/09
322.60	Sean Kildahl, 12/05/09

## 3-Meter Diving (60)

374.75	Luke Weber, 01/23/10
321.25	Luke Weber, 11/07/09
291.05	Luke Weber, 01/23/10
278.40	Luke Weber, 11/13/09
274.55	Chris White, 01/23/10
265.50	Luke Weber, 10/31/09
244.05	Chris White, 01/23/10
241.40	Luke Weber, 01/09/10
239.05	Chris White, 01/09/10
237.30	Chris White, 01/08/10

7:31.01	Chris Dickey, Stephen Wood, John Rosier, Shane Broermann, 02/06/10
7:34.58	Brian Jacobs, Jake Larson, John Rosier, Joe Spann, 11/14/09
7:39.74	Will Anzion, Alex Milberger, Jim Schlup, David Nedrud, 11/14/09
7:40.53	John Rosier, Joe Spann, Rob Stafford, Jake Hausauer, 01/09/10
7:50.13	Matt Girard, Jim Schlup, Shane Broermann, Zac Henderson, 01/09/10

## 200 Medley Relay

1:34.88	Brian Jacobs, Christian Nasset, Robb Rotramel, Kyle Cordry, 02/19/10
1:35.29	Brian Jacobs, Christian Nasset, Matt Anderson, Zac Hanson, 12/05/09
1:38.17	Landon Hartwig, Kyle Cordry, Christian Nasset, Matt Anderson, 01/16/10
1:38.30	Landon Hartwig, Matt Firard, Mitchell Pruss, Zac Hanson, 12/05/09
1:38.54	Brian Jacobs, Christian Nasset, Matt Anderson, Kyle Cordry, 01/23/10
1:38.57	Brian Jacobs, Christian Nasset, Matt Anderson, Kyle Cordry, 01/23/10
1:38.83	Landon Hartwig, Robb Rotramel, Matt Anderson, Zac Hanson, 12/05/09
1:38.84	Brian Jacobs, Christian Nasset, Matt Anderson, Kyle Cordry, 01/23/10
1:39.20	Brian Jacobs, Christian Nasset, Matt Anderson, Zac Hanson, 11/14/09
1:40.16	Brian Jacobs, Christian Nasset, Matt Anderson, Robb Rotramel, 01/09/10
1:40.57	Justin Nelson, Matt Girard, Mitchell Pruss, Jake Hausauer, 01/16/10

## 400 Medley Relay\*

3:28.88	Landon Hartwig, Christian Nasset, Matt Anderson, Robb Rotramel, 02/18/10
3:30.00	Landon Hartwig, Christian Nasset, Matt Anderson, Robb Rotramel, 02/18/10
3:31.25	Brian Jacobs, Christian Nasset, Matt Anderson, Jake Hausauer, 12/04/09
3:35.25	Landon Hartwig, Matt Girard, Nathan Engfer, Jake Larson, 12/04/09
3:39.54	Brian Jacobs, Christian Nasset, Matt Anderson, Jake Hausauer, 12/04/09
3:40.72	Justin Nelson, Mike Larch, Joel Gregory, Andrew Fuller, 12/04/09
3:45.64	Paul Hoffman, Justin Vandenberg, Nathan Engfer, Zac Hanson, 02/06/10
3:47.88	Carter Smith, Mike Larch, Zac Henderson, Landon Mishler, 02/06/10

## 3-Meter Diving (11)

516.40	Luke Weber, 11/20/09
487.00	Luke Weber, 12/04/09
484.90	Luke Weber, 3/13/10
479.00	Chris White, 3/13/10
472.90	Luke Weber, 02/17/10
467.25	Luke Weber, 02/17/10
460.95	Chris White, 02/17/10
445.25	Chris White, 12/04/09
443.55	Chris White, 02/17/10
303.98	Luke Weber, 11/14/09

\* not all events were swam 10 times throughout the season