



ST. CLOUD STATE UNIVERSITY

Athletic Media Relations - Swim & Dive

Home of the Huskies
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2004-05 SCHEDULE/RESULTS

Date	Opponent	Result
Oct 9	Alumni Meet	Noon
Oct 16	at Midwestern Co-Ed Relays	1st
Oct 21-22	Intersquad Meet (Black vs Red) 3:00 pm @ Halenbeck	
Oct 29	at Northern Michigan (W)	W, 174-69
Oct 30	at Northern Michigan (W)	W, 161-78
Nov 6	SCSU Invitational W-1st; M-2nd	
Nov 13	at UWSP Dual Away (W)	W, 161-139 (M) L, 109-191
Nov 19-21	at Minnesota Challenge	W-8th; M-6th
Dec 3-4	at Carthage Coll. Invite	W-1st; M-6th
Dec 4	Husky Diving Invitational 11:00 am @ Halenbeck	
Dec 10	South Dakota State (W)	W, 153-68 (M) W, 30-104
Dec. 10	Minnesota-Morris	(W) W, 172-53
Jan 22	at South Dakota	(W) W, 141-101 (M) L, 102-124
Jan 28	CSB/SJU Dual	(W), W, 137-98 (M), L, 102-135
Feb 4-5	at Minnesota Challenge	
Feb 16-19	NCC Championships M-3rd, W-3rd at Omaha, NE	
Mar 9-12	NCAA Div II Championship at Orlando, FL	W-12th

All home meets held in Halenbeck Hall Aquatic Center. Admission is free to all home meets!

TEAM CAPTAINS: The men's team captains in 2004-05 are juniors Ryan Anderson (Ramsey) and Russ Daniels (Mexico, NY). The women's captains are senior Christina Green (Eau Claire, WI), juniors Danielle Breunig (Madison, WI), Kate McGrath (Alexandria), and Alise Emil (Andover). The diving team captain is junior Sara Steffen (Farmington).

COLLEGESWIMMING.COM: The collegeswimming.com website ranked the SCSU women's swimming and diving team sixth in NCAA Division II and the men's team 11th in NCAA Division II. North Dakota is the top ranked team for both men and women. The CSCAA ranked the SCSU women's team 15th on the Division II Academic All-American list while the men's team is ranked seventh.

2004-05 SCSU SWIMMING & DIVING NEWS

Release Date: March 2005 - FINAL



2004-05 in Review: The St. Cloud State University men's and women's swimming and diving teams completed the 2004-05 season at the NCAA Division II Swimming and Diving Championships, March 9-12, in Orlando, Florida. The SCSU women placed 12th at the national championships with 113 points and the men's team finished in 21st place with 28 points. Both the men's and women's squads placed third at the 2005 North Central Conference Championships.

NCC INDIVIDUAL CHAMPIONS: Junior Jackie Vieau (Delano) won the 100 yard freestyle in a time of 51.99 at the NCC Championships. Vieau, Danielle Breunig, Brenda Peters, and Alise Emil won the 400 free relay setting an NCC record and SCSU record with a time of 3:30.56.

SCSU AT THE NCAA's: Nine women's team members and one men's team member competed at the 2005 NCAA Division II Swimming and Diving Championships. Representing the men was first year diver Ross Eiden (Rosemount) in the one and three meter diving events. The women were represented by three divers in juniors Sarah Nielsen (Mundelin, IL) and Sara Steffen (Farmington) and sophomore Kendra Willis (Neeah, WI). Junior Jackie Vieau (Delano) swam the 100 and 200 free, the 200 IM, and relay teams. Vieau is the North Central Conference Champion in the 100 free. Junior Alise Emil (Andover) competed in the 100 fly, 100 free and relays. First year Melissa Eggleston (Ankeny, IA) competed in the 200 breast and relays. Junior Danielle Breunig (Madison, WI) went the distance in the 100, 200 and 500 free, as well as the relays. Sophomore Brenda Peters (Faribault) competed in the 500 and 100 free. The 100 back and relays. Junior Kristin Otterson (Monticello) competed in the relays.

NCAA RESULTS: Eiden placed fourth in three-meter diving with a score of 446.60 and was sixth on the one-meter board with a tally of 401.10. Steffen placed ninth on the three-meter board (358.29) and 15th on the one-meter board (299.55). Willis placed 14th (332.95) and Nielsen 16th (325.90) on the three-meter board. The women's 200 medley relay of Otterson, Eggleston, Emil and Breunig finished 12th with a time of 1.49.25. The women's 800 free relay of Breunig, Emil, Peters, and Vieau placed tenth with a school record time of 7:45.68. The 200 free relay of Peters, Breunig, Vieau, and Emil finished tenth in a time of 1:37.67. The 400 medley relay of Peters, Melissa Eggleston, Emil and Vieau also placed tenth with a time of 3:58.77. The 400 free relay of Vieau, Breunig, Peters, and Emil placed seventh in a time of 3:30.85. Alise Emil set a school record enroute to a fifth place finish in the 100 butterfly with a time of 56.26 which bettered her own record of 58.27 set earlier in the year. Jackie Vieau placed tenth (52.43) and Danielle Breunig 16th (53.19) in the 100 freestyle.

ALL-AMERICANS: Eiden earned two All-American honors in one- and three-meter diving. Alise Emil had an All-American finish in the 100 butterfly, and Vieau, Breunig, Peters and Emil earned All-American honors in the 400 free relay.

SCHOOL RECORDS: Eight SCSU school records were set by the women's team during the 2004-2005 season. The records to fall included the 200 freestyle (Danielle Breunig), 1000 freestyle (Tennyson Anseth), 100 butterfly (Alise Emil), and the 200 butterfly (Caitlin Digney). Four relay marks as fell as new records were set in the 200 medley relay, 400 free relay, 400 medley relay, and the 800 free relay.

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NCC INDIVIDUAL RESULTS: Final Day - Junior Jackie Vieau (Delano) won the 100 yard freestyle in a time of 51.99 which qualified her for nationals. Vieau, Danielle Breunig, Brenda Peters, and Alise Emil won the 400 free relay setting an NCC record and SCSU record with a time of 3:30.56. First year swimmer Caitlin Digney placed fourth in the 200 fly in a time of 2:12.84. On the men's side, sophomore Alan Einck placed fourth in the 200 butterfly in 1:56.49. First year diver Ross Eiden placed third on the three-meter board with a mark of 486.80 and qualified for nationals. The men's 400 free relay of Russ Daniels, Sean Fitzgerald, Ben Gill, and Scott Wolf placed third in a time of 3:10.44. **Day Two** - the SCSU men's 200 yard medley relay of Sean Fitzgerald, Ray Nelson, Json Calvert and Russ Daniles placed third with a time of 1:37.09. Junior Russ Daniels placed sixth in the 500 freestyle with a time of 4:45.58. First year diver Ross Eiden placed third on the one meter board with a mark of 426.95 and the 800 free relay of Isaiah Fuller, Doug McGrath, Jeff Dahl, and Scott Wolf placed fifth in a time of 7:18.27. On the women's side, the 200 medley relay of Kristin Otterson, Melissa Eggleston, Alise Emil and Danielle Breunig finished fourth in a time of 1:48.95. Junior Danielle Breunig placed third (5:13.06) and senior Tennyson Anseth placed fourth (5:13.51) in the 500 free. Breunig's time was a "B" for NCAA qualifying. In the 200 individual medley, junior Jackie Vieau placed sixth in a time of 2:11.66 and matched a "B" cut. Junior Sara Steffen placed sixth on the three-meter diving board with a score of 361.05 and the 800 free relay of Channing Anseth, Kelly Rothstein, Caitlin Digney and Erin Lannon placed fourth in a time of 8:09.61. **Day One** - St. Cloud State first year swimmer Isaiah Fuller placed seventh (10:04.76), junior Russ Daniels eighth (10:05.11), and sophomore Albert Logan 18th (11:08.18) in the 1000 free. Senior Tennyson Anseth placed third in the women's race (10:39.02). First year Caitlin Digney placed tenth (11:07.36), junior Kelly Rothstein 12th (11:10.22), first year Channing Anseth 16th (11:17.13) and first year Laura Seidenkranz 17th (11:17.30).

SCSU HEAD COACH: Jeff Hagle (St. Cloud State, 1993) has completed his fourth season as the head men's and women's swimming and diving coach. In his three seasons with the Huskies he has led the women's team to four top 16 finishes at the NCAA Championships. In 2005, the SCSU women placed 12th at the NCAA's, 11th at the 2004 NAAs, 13th in 2003, and 16th in 2002. The men finished 21st at the 2004 NAAs. Under his tutelage the men's team has placed third at the North Central Conference Championships in each of the last four seasons. In 2004, Hagle was voted the NCC Men's Swimming Coach of the Year. Hagle swam for the Huskies in the early 90s and was a team captain. This season he is assisted by Anthony Harris and Steve Mohs, and diving coach Nate Brisley.

NCC HONOR ROLL:

Feb. 1 - Swimmer Jackie Vieau

Nov. 9 - Swimmer Caitlin Digney;

Divers Ross Eiden & Sara Steffen

Nov. 2 - Swimmer Jackie Vieau

Diver Kendra Willis



The SCSU RECORDBOOK

(Records set in 2004-05 are bold faced)

SCSU Women's Records

Event	Name	Time	
50 Freestyle	Heather Miller	:23.55	- 2000
100 Freestyle	Heather Miller	:51.65	- 2000
200 Freestyle	Danielle Breunig	1:54.50	Mar. 2005 (NCAA)
500 Freestyle	Lisa Peasley	5:09.29	2/92
1000 Freestyle	Tennyson Anseth	10:39.02	Feb. 2005 (NCC)
1650 Freestyle	Becky Birnell	17:48.88	2/89
100 Backstroke	Brenda Peters	1:00.01	2/04
200 Backstroke	Kori Pearson	2:10.78	2/94
100 Breaststroke	Tesia Zuba	1:04.08	3/01
200 Breaststroke	Tesia Zuba	2:17.34	3/01
100 Butterfly	Alise Emil	:56.26	Mar. 2005 (NCAA)
200 Butterfly	Caitlin Digney	2:12.84	Feb. 2005 (NCC)
200 IM	Tesia Zuba	2:07.50	2/2002
400 IM	Tesia Zuba	4:30.15	3/2002
200 Free Relay	Peters, Vieau, Emil, Breunig	1:36.67	2/20/04
200 Medley Relay	Otterson, Eggleston, Emil, Breunig	1:48.23	Feb. 2005 (NCC)
400 Free Relay	Vieau, Breunig, Peters, Emil,	3:30.56	Feb. 2005 (NCC)
400 Medley Relay	Peters, Pearson, Emil, Vieau	3:57.15	Feb. 2005 (NCC)
800 Free Relay	Breunig, Emil, Peters, Vieau	7:45.68	Mar. 2005 (NCAA)
1M Diving (6)	Mary Ahlin	316.25	2/99
1M Diving (10)	Mary Ahlin	468.50	1/99
1M Diving (11)	Sarah Loquai	425.20	2/96
3M Diving (6)	Mary Ahlin	294.65	2/98
3M Diving (11)	Mary Ahlin	562.95	1/99

SCSU Men's Records

Event	Name	Time	
50 Freestyle	Tim Leedahl	:20.86	1986
100 Freestyle	Pete Travis	:46.50	1991
200 Freestyle	Dave Schwantes	1:42.72	2/95
500 Freestyle	Sean Gonia	4:39.98	2/01
1000 Freestyle	Chad Uher	9:50.58	2/97
1650 Freestyle	Mark Muenchow	16:27.28	1979
100 Butterfly	Cam Olk	:49.74	1988
200 Butterfly	Cam Olk	1:53.14	1988
100 Backstroke	Mike Wencl	:50.90	2/00
200 Backstroke	Mike Wencl	1:54.06	3/00
100 Breaststroke	Mark Tollefson	:57.53	1985
200 Breaststroke	Mark Tollefson	2:07.98	1985
200 IM	Cam Olk	1:52.01	1988
400 IM	Sean Gonia	4:14.21	2/02
200 Free Relay	Daniels, Eberle, Kern, Rotramel	1:23.46	3/1/04 400
Free Relay	Rotramel, Daniels, Kern, Eberle,	3:05.79	3/13/04
800 Free Relay	Eberle, Daniels, Kern, Rotramel	7:00.12	3/12/04
200 Medley Relay	Eberle, Gill, Kern, Rotramel	1:35.17	2/04
400 Medley Relay	Nylander, Olk, Pelligrino, Quick	3:33.18	1988
1M Diving (6)	Jeremy Frye	302.00	1998
1M Diving (11)	Jeremy Frye	544.95	1/99
3M Diving (6)	Jeremy Frye	331.90	2/99
3M Diving (11)	Ryan Bucher	573.50	2/98



2004-05 Men's & Women's Swimming and Diving Rosters

Women's

Name	Yr.	Event	Hometown
Channing Anseth	FY	Free	Lincoln, NE
Tennyson Anseth Jr		Distance	Free Lincoln, NE
Anisha Battah	FY	Free	Lake Elmo, MN
Danielle Breunig	Jr.	Free	Madison, WI
Whitney Buchholz	FY	Diving	Bismarck, ND
Caitlin Digney	FY	Distance	Madison, WI
Maureen Durheim	Jr.	Back	Maplewood, MN
Melissa Eggleston	FY	Breast	Ankeny, IA
Alise Emil	Jr.	Fly	Andover, MN
Kim Fish	FY	Free	Becker, MN
Jennifer Foster	So.	Breast	Ottumwa, IA
Sandra Frimerman	So.	Distance	Eden Prairie, MN
Christina Green	Sr.	Breast	Eau Claire, WI
Erin Lannon	FY	Free	Prior Lake, MN
Kate McGrath	Jr.	Back	Alexandria, MN
Jessica Metkowski	Sr.	Fly	Darwin, MN
Danielle Monton	So.	Back	Montreal, Quebec
Sarah Nielsen	Jr.	Diving	Mundelien, IL
Kristin Otterson	Jr.	Back	Monticello, MN
Lisa Pearson	FY	Sprint	Zimmerman, MN
Brenda Peters	So.	Spring	Faribault, MN
Kelly Rothstein	Jr.	Distance	Grand Rapids, MN
Laura Seidenkranz	FY	Distance	Shoreview, MN
Krista Stearly	So.	Fly	Blaine, MN
Sara Steffen	Jr.	Diving	Farmington, MN
Jackie Vieau	Jr.	Free	Delano, MN
Kendra Willis	So.	Diving	Neenah, WI

Men's

Name	Yr.	Event	Hometown
Logan Albert	Jr.	Distance	Madison, WI
Ryan Anderson	Jr.	Free	Ramsey, MN
Jason Calvert	FY	Fly	Bosque Farms, NM
Jeffery Dahl	So.	Free	Pleasant Prairie, WI
Russ Daniels	Jr.	Sprint	Mexico, NY
Ross Eiden	FY	Diving	Rosemount, MN
Alan Einck	So.	Fly	Champaign, IL
Sean Fitzgerald	FY	Back	Marshalltown, IA
Isaiah Fuller	FY	Distance	Faribault, MN
Ben Gill	Jr.	IM	La Crosse, WI
T.J. Kotby	FY	Back	Laramie, WY
John Lawless	Sr.	Back	Loretto, MN
Doug McGrath	FY	Free	Alexandria, MN
Alex Olp	FY	Fly	Oregon, WI
Ray Nelson	So.	Breast	Willmar, MN
Chris Pape	FY	Diving	Bismarck, ND
Nate Saur	FY	Spring	Fargo, ND
Joe Sharp	So.	Diving	Granite Falls, MN
Grant Smith	FY	Free	Anoka, MN
Matt Sullivan	Jr.	Back	Crystal Lake, IL
Lance Thompson	So.	Breast, I.M.	Bismarck, ND
Scott Wolf	So.	Fly	Maple Plain, MN

2005 NCC Results

Women

1. Nebraska-Omaha, 1296
2. North Dakota, 1266.5
3. St. Cloud State, 855.5
4. South Dakota, 579.5
5. Minnesota State, Mankato, 496.5
6. Minnesota State-Moorhead, 227
7. Colorado School of Mines, 205
8. Metro State, 8

Men

1. North Dakota, 1,590
2. South Dakota, 1127.5
3. St. Cloud State, 686
4. Colorado School of Mines, 537
5. Metro State, 354
6. Minnesota State, Mankato, 288.5