



St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Swimming & Diving Update

Home of the Huskies

Contact: Pat McCabe: 320-308-2141 or mcpa0702@stcloudstate.edu



Upcoming Meets:

February 18 - 21

Northern Sun Championships

HPER Pool - Omaha, Neb.

Wednesday - 6:00 pm

Thur. - Sat. - 10:00a prelims / 6:00p finals

March 11 - 14

NCAA Championships

Campus Recreation & Wellness Center Natatorium
Houston, Texas

2008-09 SCSU Schedule

| Date | Meet | Time/Result |
|---------------|--|-----------------------------------|
| Oct 11 | Alumni Meet | 2:00 pm |
| Oct 17 | at MSU Moorhead Northern Michigan (women only) | 161-81, W 200-38, W |
| Oct 18 | at MSU Moorhead Northern Michigan (women only) | 202-97, W 237-61, W |
| Oct 24 | at UW-Eau Claire UW-Stevens Point | Ind. scores |
| Oct 25 | at UW-Eau Claire UW-Stevens Point | Ind. scores |
| Nov 1 | Minnesota State | W) 165-97, W M) 163-137, W |
| Nov 14 | at UW-Green Bay | W) 99.5-141.5, L M) 98-138, L |
| Nov 15 | at UW-Green Bay | W) 93-145, L M) 104.5-135.5, L |
| Nov 15 | St. John's/St. Ben's Inv. | W) 5th/7 M) 4th/5 |
| Nov 21 | at South Dakota | W) 148-95, W M) 132-111, W |
| Dec 5-6 | TYR/College Swimming.com Classic | W) 1st/8 M) 2nd/7 |
| Dec 5-6 | Falcon Invitational (at University of Minnesota) | Ind. scores |
| Dec 31-Jan 12 | Training Trip (San Juan, Puerto Rico) | TBA |
| Jan 16 | St. John's / St. Ben's | W) 134-95, W M) 135-99, W |
| Jan 17 | St. Olaf | W) 135.5-73.5, W M) 113-130, L |
| Jan 23 | St. John's/St. Ben's Invite | ind. scores |
| Jan 24 | Carleton Minilinvite | W) 2nd/3 M) 1st/3 |
| Feb 6-7 | at Minnesota Challenge | Ind. scores |
| Feb 18-21 | at NSIC Championships | TBA |
| Mar 11-14 | at NCAA DII Championships | TBA |

All home meets are at Halenbeck Hall Aquatic Center
unless otherwise noted.
Admission is FREE for all home meets.

2008-09 SCSU SWIMMING & DIVING NEWS Release Date: February 18, 2009

CHAMPIONSHIP SEASON HAS BEGUN: The Huskies begin the final stretch of the season today with the Northern Sun Championships. The meet will be made up of the teams from the disbanded North Central Conference. St. Cloud State will join MSU Moorhead, Minnesota State, Nebraska-Omaha, Northern State, and South Dakota for the meet which will be hosted by UNO. All six teams will compete for the women's title, while SCSU, MSU, MSUM, and USD will compete for the men's championship. *note- Since the NSIC does not sponsor swimming & diving, this will not be a true conference championship meet.*

LAST SEASON AT CONFERENCE: Last season, at the final North Central Conference men's and women's swimming and diving championships, North Dakota edged SCSU for the men's title, while Nebraska-Omaha took home the women's top-honors, with SCSU settling in fourth.

RETURN OF THE CHAMPIONS: Last season the Husky men won three individual NCC titles, and one relay title. Nate Jimerson won the NCC championship on both the one and three-meter boards, and Kyle Cordry was champion in the 100 free. Cordry teamed with Jake Goergen, Matt Verwey, and Kyle Green to earn first place in the 400 freestyle relay.

MORE NATIONAL QUALIFIERS: The men's 200 free relay team accomplished what it set out to do. Their goal at the Minnesota Challenge on Feb. 6 was to qualify for nationals, and with their time of 1:22.95, Anthony Buhr, Mitch Dickison, Robb Rotramel, and Kyle Cordry stamped their ticket to Houston.

RECORDS BREAKING: The men's 200 free relay also set a new SCSU record, bettering the previous standard of 1:23.46, set in 2004. Kelsey Berkeland then set a new school record for six optional diving on the one-meter board with her 253.80, also on Feb. 6.

MINNESOTA CHALLENGE WINNERS: A pair of divers were the lone Huskies to come away with wins on Feb. 7. Kelsey Berkeland came away with a first place tally when she scored a 238.95 on the three-meter board to beat all competitors. On the men's one-meter, Nate Jimerson gave the Huskies the sweep with a 287.35. Right behind Berkeland was Cassi Mrozek with a second place 229.30 and Annie McNallan gave the Huskies three out of the top four on the three-meter with her fourth place 214.65. Ross Eiden gave men two out of the top three with a third place, 264.65, tally on the one-meter.

NATIONAL RANKINGS: The newest DII swimming and diving team rankings were released recently and the SCSU men and women dropped slightly. The women dropped from fourth in the previous poll to sixth in the new rankings, while the men fell to eighth from their previous position of fourth.

SEASON HIGHS: In addition to the men's 200 freestyle relay and Kelsey Berkeland setting new season highs and school records at the Minnesota Challenge, two other Huskies set new season standards as well. Sarah Burnell made the B-cut in the 500 free, setting a new season high mark of 5:11.35 and Matt Youngers posted the best time of the season in the 200 breast with a 2:12.52.

B-CUT FOR BAKKE: Nikke Bakke swam for the best time of her career in the 200 back at Minnesota when she posted a B-cut mark by touching the wall at 2:09.60.

CORDRY MAKES THE CUT: Kyle Cordry also swam for his first B-cut of the season. Cordry posted a 21.35 in the 50 free, which is second only to Anthony Buhr among teams that will be competing at the Northern Sun Championships this weekend.

PERSONAL BESTS: Several Huskies posted their best times of the season at the Minnesota Challenge including: Alex Jaholkowski in the 100 fly (55.05) and the 100 breast (1:03.40), Andrew Fuller in the 200 free (1:48.69), Megan Cotton in the 100 breast (1:10.81), Nikki Bakke in the 100 back (1:01.09), Jim Schlup in the 1650 free (18:01.53), Naomi Muckler in the 100 free (57.03), Joel Gregory in the 100 free (50.32), and Zach Henderson in the 100 fly (2:09.42).

NATIONALS NEXT: After the Northern Sun Championships, all that will be left for the Huskies is the National Championships. This year's NCAA Championship meet will be held in Houston, Tex. at the University of Houston Campus Recreation & Wellness Center Pool. The meet will run from March 11th through the 14th, and will be part of the NCAA DII Championship festival. Division II national qualifiers from men's and women's swimming & diving, men's and women's indoor track & field, and wrestling will all convene at the University of Houston to compete for a national championship.

TEAM CAPTAINS: Serving as captains for the SCSU women this winter will be seniors Kelsey Berkeland, Sarah Burnell, Becky Johnson, and Jordan Wolfrum. Captaining the men's team will be seniors Mitchell Dickison, Brian Jacobs, and Nate Jimerson, and junior Jim Schlup.

www.stcloudstate.edu/athletics





St. Cloud State University Swimming & Diving Update - Page 2

Women:

Winners in 2008-09:

Men:

Amber Alexander- 10/18: 200 MR; 10/25: 100 breast; 11/1: 200 MR, 50 breast, 100 breast; 11/22: 200 MR, 100 breast; 12/5: 100 breast, 400 MR; 12/6: 200 MR; 1/16: 400 MR; 1/17: 400 MR; 1/24: 200 MR
Kelsey Berkeland- 10/25: 1M; 11/1: 1M, 3M; 11/22: 1M, 3M; 1/16: 1M, 3M; 1/17: 1M; 1/23: 1M, 3M; 2/7: 3M
Alisha Blaydes- 10/17: 200 free, 100 free, 400 FR; 10/18: 200 free, 100 free, 50 fly, 200 FR; 10/25: 200 free, 100 free; 11/1: 100 free, 200 FR; 11/15: 100 free; 11/22: 400 FR; 12/5: 200 FR, 800 FR, 400 MR; 12/6: 200 MR, 400 FR; 1/16: 200 IM; 1/17: 200 free, 100 free; 1/24: 200 MR, 200 FR
Katie Brueggemann- 10/17: 200 breast; 12/6: 400 FR; 1/17: 200 IM
Sarah Burnell- 10/17: 500 free; 10/18: 1000 free, 500 free; 10/25: 400 IM; 11/1: 1000 free; 11/22: 800 free, 400 free; 12/6: 1650 free; 1/16: 200 free; 1/17: 1000 free; 1/24: 500 free
April Greene- 10/17: 400 FR; 10/18: 200 MR, 200 FR; 11/1: 200 MR, 200 FR; 11/22: 200 MR, 400 FR; 12/5: 200 FR; 1/17: 400 MR
Cathy Haen- 10/18: 200 MR, 50 back, 100 back; 10/25: 100 back; 11/1: 200 MR; 11/22: 200 MR, 100 back; 12/5: 400 MR; 12/6: 200 MR, 100 back; 1/16: 400 MR; 1/17: 400 MR, 200 back; 1/24: 100 back, 200 MR
Becky Johnson- 1/17: 200 fly
Kirsten Koetter- 10/17: 50 free, 400 FR; 10/18: 200 FR; 11/1: 50 fly, 200 FR; 11/14: 50 free; 11/15: 50 free; 11/22: 200 MR, 50 free; 12/5: 200 FR; 12/6: 400 FR; 1/16: 50 free; 1/17: 50 free; 1/24: 50 free, 200 FR
Elizabeth Lopez- 10/25: 200 back; 11/22: 400 FR; 12/5: 200 back, 800 FR
Annie McNallan- 11/15: 1M, 3M;
Cassi Mrozek- 10/17: 3M; 10/18: 1M; 10/25: 3M;
Naomi Muckler- 10/18: 200 IM;
Becky Newgren- 12/6: 200 MR
Kelsey Noah- 10/17: 1650 free; 12/5: 800 FR; 1/24: 1650 free
Alison Tracy- 10/17: 1M; 1/23: 1M, 3M;
Jordan VanEgeren- 1/24: 200 FR
Kelly Vieau- 10/18: 50 free, 200 FR; 10/25: 50 free; 11/1: 50 free, 200 FR; 11/22: 400 FR; 12/5: 200 FR; 12/6: 400 FR; 1/16: 400 MR, 100 free; 1/24: 200 MR, 200 FR
Aubrey Welp- 1/16: 1000 free
Alison Weske- 10/17: 400 FR; 10/18: 200 MR; 10/25: 100 fly; 11/1: 200 MR, 100 fly; 12/5: 800 FR, 400 MR; 12/6: 100 fly; 1/16: 400 MR, 100 fly; 1/17: 400 MR

Anthony Buhr- 11/1: 50 breast, 50 free, 100 breast, 200 FR; 11/14: 50 free; 11/15: 50 free, 100 breast; 11/22: 50 free, 100 breast; 12/5: 200 FR; 12/6: 50 free; 1/16: 400 MR, 50 free, 100 breast; 1/17: 50 free, 200 FR; 1/24: 50 free, 100 free, 200 MR, 200 FR
Kyle Cordry- 11/1: 200 free, 100 free, 200 FR; 11/15: 200 FR; 12/5: 200 FR; 1/16: 100 free; 1/17: 200 FR; 1/24: 200 MR, 800 FR, 200 FR
Mitch Dickson- 11/1: 200 FR; 11/15: 200 FR; 12/5: 200 FR; 1/16: 400 MR; 1/24: 200 FR
Ross Eiden- 1/16: 1M, 3M; 1/17: 3M; 1/23: 3M;
Kyle Green- 10/25: 100 back; 11/22: 200 IM; 1/24: 200 back, 800 FR
Zac Hanson- 1/17: 200 FR
Brian Jacobs- 11/15: 200 FR; 1/16: 400 MR, 100 back; 1/24: 200 MR
Nate Jimerson- 10/25: 1M; 11/1: 1M, 3M; 11/15: 1M, 3M; 11/22: 1M, 3M; 12/6: 1M; 1/17: 1M; 1/23: 1M;
Christian Nasset- 1/16: 100 fly; 1/24: 100 breast, 100 fly, 200 MR
Joe Palmersten- 1/16: 200 IM
Robb Rotramel- 11/1: 200 FR; 11/14: 100 free; 11/15: 200 FR; 11/22: 100 free; 12/5: 200 FR; 1/17: 200 FR; 1/24: 800 FR, 200 FR
Joe Spann- 10/25: 200 fly; 1/16: 400 MR; 1/17: 200 fly; 1/24: 800 FR

Men

Huskies Best of 2008-09

Women

| | | | |
|------------------------|--|------------------------|--|
| 50 Free:..... | 20.56 (Anthony Buhr), 12/6 | 50 Free:..... | 24.24 (Kirsten Koetter), 12/6 |
| 100 Free:..... | 46.59 (Robb Rotramel), 12/5 | 100 Free:..... | 52.15 (Alisha Blaydes), 12/5 |
| 200 Free:..... | 1:45.80 (Robb Rotramel), 12/6 | 200 Free:..... | 1:58.13 (Alisha Blaydes), 11/15 |
| 500 Free:..... | 4:55.00 (Alex Milberger), 12/5 | 500 Free:..... | 5:11.35 (Sarah Burnell), 2/6 |
| 1,000 Free:..... | 10:36.17 (Alex Milberger), 11/14 | 1,000 Free:..... | 10:57.37 (Sarah Burnell), 1/17 |
| 1,650 Free..... | 17.39.10 (Matt Youngers), 12/6 | 1,650 Free:..... | 18:08.36 (Sarah Burnell), 11/15 |
| 50 Fly..... | 25.15 (Alex Olp), 11/1 | 50 Fly..... | 27.03 (Alisha Blaydes), 10/18 |
| 100 Fly..... | 52.18 (Christian Nasset), 12/6 | 100 Fly:..... | 58.28 (Alison Weske), 12/6 |
| 200 Fly:..... | 1:57.08 (Joe Spann), 12/5 | 200 Fly:..... | 2:17.54 (Sarah Burnell), 10/25 |
| 50 Back..... | 25.88 (Brian Jacobs), 11/1 | 50 Back..... | 28.20 (Cathy Haen), 10/18 |
| 100 Back:..... | 52.33 (Kyle Green), 12/6 | 100 Back:..... | 58.83 (Cathy Haen), 12/6 |
| 200 Back:..... | 1:55.55 (Kyle Green), 12/5 | 200 Back:..... | 2:09.00 (Elizabeth Lopez), 12/5 |
| 50 Breast..... | 27:32 (Anthony Buhr), 11/1 | 50 Breast..... | 30.84 (Amber Alexander), 11/1 |
| 100 Breast:..... | 53.37 (Anthony Buhr), 12/5 | 100 Breast:..... | 1:06.29 (Amber Alexander), 12/5 |
| 200 Breast:..... | 2:12.52 (Matt Youngers), 2/7 | 200 Breast:..... | 2:29.05 (Amber Alexander), 12/6 |
| 200 IM:..... | 1:53.61 (Kyle Green), 12/5 | 200 IM:..... | 2:14.05 (Katie Brueggemann), 12/5 |
| 400 IM:..... | 4:13.89 (Kyle Green), 12/6 | 400 IM:..... | 4:42.46 (Sarah Burnell), 10/17 |
| 200 Free Relay:..... | 1:22.95 (Buhr, Dickson, Rotramel, Cordry), 2/6 | 200 Free Relay:..... | 1:35.81 (Koetter, Greene, Vieau, Blaydes), 12/5 |
| 400 Free Relay:..... | 3:11.23 (Rotramel, Spann, Cordry, Green), 12/6 | 400 Free Relay:..... | 3:34.45 (Vieau, Koetter, Brueggemann, Blaydes), 12/6 |
| 800 Free Relay:..... | 7:02.04 (Cordry, Rotramel, Spann, Green), 12/5 | 800 Free Relay:..... | 7:59.38 (Blaydes, Lopez, Noah, Weske), 12/5 |
| 200 Medley Relay:..... | 1:34.24 (Jacobs, Buhr, Nasset, Rotramel), 12/6 | 200 Medley Relay:..... | 1:46.21 (Haen, Alexander, Blaydes, Newgren), 12/6 |
| 400 Medley Relay:..... | 3:28.64 (Green, Buhr, Nasset, Cordry), 12/5 | 400 Medley Relay:..... | 3:55.11 (Haen, Alexander, Weske, Blaydes), 12/5 |
| 1-M Dive (50/1v):..... | 325.85 (Nate Jimerson), 11/1 | 1-M Dive (50/1v):..... | 255.25 (Kelsey Berkeland), 1/16 |
| 1-M Dive (60):..... | 301.05 (Nate Jimerson), 11/15 | 1-M Dive (60):..... | 253.80 (Kelsey Berkeland), 2/7 |
| 3-M Dive (50/1v):..... | 310.25 (Nate Jimerson), 11/1 | 3-M Dive (50/1v):..... | 271.75 (Kelsey Berkeland), 1/16 |
| 3-M Dive (60):..... | 278.33 (Nate Jimerson), 11/15 | 3-M Dive (60):..... | 244.95 (Kelsey Berkeland), 12/6 |
| 1-M Dive (11):..... | 561.05 (Nate Jimerson), 1/23 | 1-M Dive (11):..... | 469.30 (Kelsey Berkeland), 1/23 |
| 3-M Dive (11):..... | 536.60 (Ross Eiden), 1/23 | 3-M Dive (11):..... | 506.75 (Kelsey Berkeland), 1/23 |

St. Cloud State University Quick Facts

Location:..... St. Cloud, Minn.
 Founded:..... 1869
 Enrollment:..... 16,882
 President:..... Dr. Earl H. Potter III
 Director of Athletics..... Dr. Morris Kurtz
 National Affiliation..... NCAA Division II
 Nickname..... Huskies
 Colors..... Cardinal and Black
 Pool..... Halenbeck Aquatic Center
 First Year of Swimming & Diving at SCSU..... 1965
 Head Coach..... Jeff Hegle (8th Season)
 Hegle's Phone..... 320-308-4266
 Hegle's Email..... jmhegle@stcloudstate.edu
 Assistant Coaches..... Tracy Torgerson (Diving), Jackie Vieau, Mike Wood

NEED INFO?

For information about SCSU swimming and diving, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The swimming and diving contact at SCSU for 2008-09 is Pat McCabe. You can contact him via email at mcpa0702@stcloudstate.edu.

IMPORTANT NUMBERS:

SCSU Ticket Office: 320-308-2137
 SCSU AMR Office: 320-308-2141

WEBSITES:

To obtain complete information about SCSU swimming and diving this season, please go to the Husky Home Page at

www.StCloudState.edu/athletics



SCSU Record Book

SCSU Women's Records

| Event | Name | Time | Year |
|-------------------------|---|----------------|----------------------|
| 50 Freestyle | Heather Miller | :23.55 | 2000 |
| 100 Freestyle | Heather Miller | :51.65 | 2000 |
| 200 Freestyle | Danielle Breunig | 1:54.50 | 2005 (NCAA) |
| 500 Freestyle | Lisa Peasley | 5:09.29 | Feb., 2002 |
| 1000 Freestyle | Sarah Burnell | 10:36.90 | 2007 (NCC) |
| 1650 Freestyle | Becky Birnell | 17:48:88 | Feb., 1989 |
| 50 Butterfly | Alisha Blaydes | :27.03 | Oct. 18, 2008 |
| 100 Butterfly | Alise Emil | :56.26 | 2005 (NCAA) |
| 200 Butterfly | Caitlin Digney | 2:08.58 | Feb. 23, 2008 |
| 50 Backstroke | Cathy Haen | :28.20 | Oct. 18, 2008 |
| 100 Backstroke | Cathy Haen | :58.83 | Dec. 6, 2008 |
| 200 Backstroke | Elizabeth Lopez | 2:09.00 | Dec. 5, 2008 |
| 50 Breaststroke | Amber Alexander | :30.84 | Nov. 1, 2008 |
| 100 Breaststroke | Tesia Zuba | 1:04.08 | 2001 |
| 200 Breaststroke | Tesia Zuba | 2:17.34 | 2001 |
| 200 IM | Tesia Zuba | 2:07.50 | 2002 |
| 400 IM | Tesia Zuba | 4:30.15 | 2002 |
| 200 Free Relay | Koetter, Green, Vieau, Blaydes | 1:35.81 | Dec. 5, 2008 |
| 400 Free Relay | Vieau, Breunig, Emil, Peters | 3:30.56 | 2005 (NCC) |
| 800 Free Relay | Breunig, Burnell Lopez, Vieau | 7:44.36 | 2006 (NCC) |
| 200 Medley Relay | Haen, Alexander Blaydes, Newgren | 1:46.21 | Dec. 6, 2008 |
| 400 Medley Relay | Haen, Alexander Weske, Blaydes | 3:55.11 | Dec. 5, 2008 |
| 1M Diving (50/1v) | Mary Ahlin | 316.25 | Feb./1999 |
| 1M Diving (60) | Kelsey Berkeland | 253.80 | Feb. 6, 2009 |
| 1M Diving (10) | Mary Ahlin | 468.50 | Jan./1999 |
| 1M Diving (11) | Kelsey Berkeland | 469.30 | Jan. 23, 2009 |
| 3M Diving (50/1v) | Mary Ahlin | 294.65 | Feb./1998 |
| 3M Diving (60) | Kelsey Berkeland | 244.95 | Dec. 6, 2008 |
| 3M Diving (11) | Mary Ahlin | 562.95 | Jan./1999 |

SCSU Men's Records

| Event | Name | Time | Date |
|--------------------------|---------------------------------------|----------------|----------------------|
| 50 Freestyle | Anthony Buhr | :20.56 | Dec. 6, 2008 |
| 100 Freestyle | Kyle Cordry | :45.95 | Feb. 24, 2008 |
| 200 Freestyle | Kyle Cordry | 1:41.61 | Mar. 13, 2008 |
| 500 Freestyle | Sean Gonia | 4:39.98 | Feb. 2001 |
| 1000 Freestyle | Chad Uher | 9:50.58 | Feb. 1997 |
| 1650 Freestyle | Mark Muenchow | 16:27.28 | 1979 |
| 50 Butterfly | Alex Olp | :25.15 | Nov. 1, 2008 |
| 100 Butterfly | Cam Olk | :49.74 | 1988 |
| 200 Butterfly | Cam Olk | 1:53.14 | 1988 |
| 50 Backstroke | Brian Jacobs | :25.88 | Nov. 1, 2008 |
| 100 Backstroke | Mike Wendl | :50.90 | Feb., 2000 |
| 200 Backstroke | Matt Verway | 1:50.33 | Feb. 24, 2008 |
| 50 Breaststroke | Anthony Buhr | :27.32 | Nov. 1, 2008 |
| 100 Breaststroke | Anthony Buhr | :57.37 | Dec. 5, 2008 |
| 200 Breaststroke | Mark Tollefson | 2:07.98 | 1985 |
| 200 IM | Cam Olk | 1:52.01 | 1988 |
| 400 IM | Matt Verway | 4:06.80 | Dec., 2006 |
| 200 Free Relay | Buhr, Dickson Rotramel, Cordry | 1:22.95 | Feb. 6, 2009 |
| 400 Free Relay | Cordry, Fitzgerald, Verwey, Goergen | 3:05.38 | Mar. 15, 2008 |
| 800 Free Relay | Cordry, Verwey, Goergen, Fitzgerald | 6:55.42 | Mar. 14, 2008 |
| 200 Medley Relay | Jacobs, Buhr, Nasset, Rotramel | 1:34.24 | Dec. 6, 2008 |
| 400 Medley Relay | Green, Buhr Nasset, Rotramel | 3:28.64 | Dec. 5, 2008 |
| 1M Diving (50/1v) | Nate Jimerson | 325.85 | Nov. 1, 2008 |
| 1M Diving (60) | Nate Jimerson | 301.05 | Nov. 15, 2008 |
| 1M Diving (11) | Nate Jimerson | 561.05 | Jan. 23, 2009 |
| 3M Diving (50/1v) | Jeremy Frye | 331.90 | Feb./1999 |
| 3M Diving (60) | Nate Jimerson | 278.33 | Nov. 15, 2008 |
| 3M Diving (11) | Ryan Bucher | 573.50 | Feb./1998 |

Records set this season are in bold

2008-09 Swimming & Diving Roster

| Women - Name | Yr. | Event | Hometown |
|-------------------|-----|----------|-------------------------|
| Amber Alexander | FY | Breast | Minot, ND |
| Nikki Bakke | RFY | Back | Hutchinson, MN |
| Elizabeth Barbee | So. | Free | Hartland, WI |
| Kelsey Berkeland* | Sr. | Diving | Coon Rapids, MN |
| Alisha Blaydes | Jr. | Fly | Elk River, MN |
| Katie Brueggemann | Jr. | IM | Grafton, WI |
| Sarah Burnell* | Sr. | Distance | Oshkosh, WI |
| Megan Cotton | Jr. | Free | Racine, WI |
| Bethany Fuller | Jr. | Distance | Faribault, MN |
| Jenny Gajewski | FY | Free | Wausau, WI |
| Diana Gehrman | FY | Distance | St. Charles, IL |
| April Greene | So. | Free | Sun Prairie, WI |
| Cathy Haen | Jr. | Back | Eveleth, MN |
| Becky Johnson* | Sr. | Fly | Columbus, NE |
| Kirsten Koetter | FY | Fly | Melrose, MN |
| Chelsea Leshe | FY | Free | Scottsdale, AZ |
| Elizabeth Lopez | Sr. | Back | Allen, TX |
| Annie McNallan | Jr. | Diving | Coon Rapids, MN |
| Cassi Mrozek | So. | Diving | Inver Grove Heights, MN |
| Naomi Muckler | FY | Distance | Eagan, MN |
| Becky Newgren | FY | Sprint | Lakeville, MN |
| Kelsey Noah | FY | Distance | Charles City, IA |
| Caitlin Pardi | FY | Back | Muskego, WI |
| Angela Schroeder | Jr. | Breast | Roseville, MN |
| Laura Seidenkranz | Sr. | Distance | Shoreview, MN |
| Allison Tracy | FY | Diving | Minot, ND |
| Jordan VanEgeren | FY | Breast | Green Bay, WI |
| Kelly Vieau | Jr. | Free | Delano, MN |
| Erin Walter | FY | Distance | Lakewood, CO |
| Nikki Weber | FY | Diving | Sauk Rapids, MN |
| Aubrey Welp | Jr. | Distance | Des Moines, IA |
| Alison Weske | Jr. | Fly | Sun Prairie, WI |
| Angie Wieden | FY | Distance | Stillwater, MN |
| Jordan Wolfrum* | Sr. | Breast | Longmont, CO |
| Men - Name | Yr. | Event | Hometown |
| Anthony Buhr | Sr. | Free | Minneapolis, MN |
| Logan Carpenter | So. | Breast | Superior, WI |
| Kyle Cordry | Jr. | Free | Las Cruces, NM |
| Tyler Dahlen | FY | Diving | Coon Rapids, MN |
| Matt Dahly | Jr. | Breast | Bismarck, ND |
| Mitchel Dickison* | Sr. | Free | Faribault, MN |
| Ross Eiden | Sr. | Diving | Rosemount, MN |
| Andrew Fields | FY | Back | Deer Park, TX |
| Andrew Fuller | FY | Free | Faribault, MN |
| Matt Girard | Jr. | Breast | Bloomington, MN |
| Jacob Goergen | Jr. | Fly | Mandan, ND |
| Kyle Green | So. | IM | Bettendorf, IA |
| Joel Gregory | FY | Free | Richmond, MN |
| Zac Hanson | FY | Free | Holmen, WI |
| Zac Henderson | FY | Fly | Lawrence, KS |
| Paul Hoffmann | FY | Back | Mexico City, MX |
| Brian Jacobs* | Sr. | Back | Clive, IA |
| Alex Jaholkowski | FY | Breast | Papillion, NE |
| Nate Jimerson* | Sr. | Diving | Apple Valley, MN |
| Jordan Michaels | RS | Fly | Thief River Falls, MN |
| Alex Milberger | Jr. | Distance | Casper, WY |
| Landon Mishler | Jr. | Free | Kenai, AK |
| Christian Nasset | FY | Breast | Fargo, ND |
| David Nedrud | FY | Free | Granite Falls, MN |
| Justin Nelson | So. | Back | Richfield, MN |
| Brad Nesheim | So. | Diving | Edina, MN |
| Alex Olp | Sr. | Fly | Oregon, WI |
| Joe Palmersten | So. | Breast | St. Cloud, MN |
| Mitchell Pruss | FY | Fly | Norfolk, NE |
| John Rosier | So. | Free | Biwabik, MN |
| Robb Rotramel | FY | Free | Ramsey, MN |
| Jim Schlup* | Jr. | Free | Manhattan, KS |
| Adam Sebestyen | Sr. | Breast | Munich, Germany |
| Joe Spann | So. | Fly | North Pole, AK |
| Justin Vandenberg | Jr. | Breast | Hutchinson, MN |
| Matt Verwey | Jr. | Back/IM | Red Deer, Alberta |
| Nick Weaver | Jr. | Breast | Marshall, MI |
| Matt Youngers | Jr. | IM | Oronoco, MN |

* Team Captains



Women's Individual Season Bests and Team National Rankings

Amber Alexander
50 free - 26.21, 1/17/09
100 free - 56.79, 11/14/08
200 free - 2:07.33, 11/15/08
50 breast - 30.84, 11/1/08
100 breast - 1:06.29, 12/5/08
200 breast - 2:29.05, 12/6/08
200 IM - 2:19.83, 1/16/09

Nikke Bakke
50 fly - 29.73, 11/1/08
50 back - 30.87, 11/1/08
100 back - 1:01.09, 2/7/09
200 back - 2:09.60, 2/7/09

Liz Barbee
100 free - 56.92, 12/5/08
200 free - 2:05.17, 2/7/09
50 fly - 29.21, 10/18/08
100 fly - 1:06.30, 12/6/08
200 fly - 2:35.82, 10/17/08
100 breast - 1:12.92, 2/7/09
200 IM - 2:22.08, 12/5/08

Kelsey Berkeland
1-meter (50/1v) - 255.25, 1/16/09
3-meter (50/1v) - 271.75, 1/16/09
1-meter (60) - 253.80, 2/7/09
3-meter (60) - 244.95, 12/6/08
1-meter (11) - 469.30, 1/23/09
3-meter (11) - 506.75, 1/23/09

Alisha Blaydes
50 free - 24.86,
100 free - 52.15, 12/5/08
200 free - 1:58.13, 11/15/08
500 free - 2:23.08, 1/24/09
50 fly - 27.03, 10/18/08
100 fly - 1:02.13, 1/16/09
200 IM - 2:15.96, 1/16/09

Katie Brueggemann
100 free - 56.45, 1/24/09
200 free - 2:03.32, 11/1/08
100 breast - 1:09.52, 12/5/08
200 breast - 2:32.07, 10/17/08
200 IM - 2:14.05, 12/5/08
400 IM - 4:53.10, 12/6/08

Sarah Burnell
500 free - 5:11.35, 2/6/09
1000 free - 10:57.37, 1/17/09
1650 free - 18:08.36, 11/15/08
100 fly - 1:02.85, 1/16/09
200 fly - 2:17.54, 10/25/08
200 IM - 2:18.54, 11/1/08
400 IM - 4:42.46, 10/17/08

Megan Cotton
50 free - 25.57, 2/6/09
200 back - 2:17.30, 2/7/09
50 breast - 32.46, 10/18/08
100 breast - 1:10.81, 2/7/09
200 IM - 2:23.87, 12/5/08

Bethany Fuller
50 free - 29.03, 2/6/09
50 back - 33.07, 11/1/08
100 back - 1:08.23, 2/7/09
200 back - 2:28.33, 2/7/09

Jenny Gajewski
50 free - 26.99, 11/15/08
100 free - 58.00, 10/18/08
200 free - 2:08.52, 11/15/08
500 free - 5:47.71, 2/6/09
100 back - 1:04.62, 12/6/08
200 back - 2:20.90, 12/5/08

Diana Gehrman
200 free - 2:04.91, 1/16/09
500 free - 5:23.30, 12/5/08
1000 free - 11:12.27, 1/17/09
1650 free - 18:44.58, 12/6/08

April Geene
50 free - 24.62, 12/6/08
100 free - 55.12, 12/5/08
200 free - 2:02.32, 12/6/08
50 back - 29.39, 11/1/08
100 back - 1:05.25, 11/1/08

Cathy Haen
50 free - 26.32, 12/6/08
200 free - 2:04.80, 1/16/09
50 back - 28.20, 10/18/08
100 back - 58.83, 12/6/08
200 back - 2:09.01, 12/5/08

Becky Johnson
50 free - 26.36, 12/6/08
50 fly - 28.33, 11/1/08
100 fly - 1:00.14, 12/6/08
200 fly - 2:18.12, 1/24/09

Kirsten Koetter
50 free - 24.24, 12/6/08
100 free - 54.01, 12/5/08
50 fly - 27.15, 11/1/08
100 fly - 59.52, 12/6/08
100 back - 1:06.45, 1/24/09

Chelsea Lehse
50 free - 30.86, 11/1/08
200 free - 2:05.11, 10/17/08
200 back - 2:31.98, 11/15/08
200 IM - 2:25.18, 10/18/08

Elizabeth Lopez
100 free - 58.90, 1/16/09
200 free - 1:59.31, 12/6/08
100 back - 1:00.86, 12/6/08
200 back - 2:09.00, 12/5/08
200 IM - 2:21.00, 11/1/08

Annie McNallan
1-meter (50/1v) - 240.80, 1/23/09
3-meter (50/1v) - 237.00, 1/23/09
1-meter (60) - 199.80, 12/5/08
3-meter (60) - 214.65, 2/7/09
1-meter (11) - 355.25, 1/17/09
3-meter (11) - 343.55, 1/17/09

Cassi Mrozek
1-meter (50/1v) - 246.95, 1/23/09
3-meter (50/1v) - 244.35, 10/25/08
1-meter (60) - 224.55, 12/5/08
3-meter (60) - 229.30, 2/7/09
1-meter (11) - 378.00, 1/17/09
3-meter (11) - 432.15, 1/23/09

Naomi Muckler
50 free - 27.42, 10/18/08
100 free - 57.03, 2/7/09
200 free - 2:02.47, 12/6/08
500 free - 5:28.92, 2/6/09
1000 free - 11:28.85, 1/16/09
1650 free - 19:05.03, 12/6/08

Rebecca Newgren
50 free - 24.48, 12/6/08
100 free - 54.80, 12/5/08

Kelsey Noah
200 free - 1:59.43, 12/6/08
500 free - 5:15.55, 12/5/08
1000 free - 11:03.85, 11/14/08
1650 free - 18:25.72, 12/6/08

Caitlin Pardi
50 free - 27.29, 11/14/08
100 free - 1:00.15, 12/5/08
200 free - 2:12.46, 1/17/09
50 back - 30.27, 11/1/08
100 back - 1:03.82, 2/7/09
200 back - 2:19.42, 2/7/09

Laura Seidenkranz
200 free - 2:02.38, 12/6/08
500 free - 5:29.86, 12/5/08
1000 free - 11:17.01, 11/1/08
100 fly - 1:05.35, 1/16/09
200 fly - 2:22.31, 1/17/09

Allison Tracy
1-meter (50/1v) - 247.15, 1/23/09
3-meter (50/1v) - 258.90, 1/23/09
1-meter (60) - 213.25, 12/5/08
3-meter (60) - 209.45, 12/6/08
1-meter (11) - 373.55, 1/17/09
3-meter (11) - 369.25, 1/17/09

Jordan VanEgeren
50 free - 25.19, 12/6/08
100 free - 55.05, 12/5/08
500 free - 5:46.44, 1/17/09
100 fly - 1:05.67, 1/24/09
50 breast - 32.24, 10/18/08
100 breast - 1:09.24, 12/5/08
200 breast - 2:37.60, 10/17/08
200 IM - 2:24.17, 11/15/08

Kelly Vieau
50 free - 24.55, 12/6/08
100 free - 54.53, 12/5/08
200 free - 2:04.08, 12/6/08

Erin Walter
200 free - 2:02.68, 12/6/08
500 free - 5:32.01, 1/24/09
1000 free - 11:29.65, 1/16/09
100 back - 1:04.92, 12/6/08
200 back - 2:16.15, 12/5/08

Nikki Webber
1-meter (50/1v) - 241.65, 1/23/09
3-meter (50/1v) - 249.60, 1/23/09
1-meter (60) - 198.25, 12/5/08
3-meter (60) - 193.20, 2/7/09
1-meter (11) - 342.45, 1/17/09
3-meter (11) - 361.10, 1/17/09

Aubrey Welp
50 free - 27.00
100 free - 1:01.02, 1/16/09
200 free - 2:05.19, 10/17/08
500 free - 5:22.49, 12/5/08
1000 free - 11:02.97, 1/16/09
1650 free - 18:45.13, 12/6/08
100 back - 1:00.78, 1/16/09

Alison Weske
200 free - 2:01.95, 11/14/08
50 fly - 27.31, 10/18/08
100 fly - 58.28, 12/6/08
200 fly - 2:21.79, 11/14/08
100 back - 1:03.21, 12/6/08
200 back - 2:18.09, 12/5/08
200 IM - 2:16.74, 1/16/09

Angie Wieden
100 free - 1:00.43, 10/17/08
200 free - 1:59.73, 12/6/08
100 back - 1:06.49, 11/15/08
200 back - 2:26.00, 12/5/08
200 IM - 2:23.91, 12/5/08
400 IM - 5:03.72, 12/6/08

Jordan Wolfrum
100 fly - 1:05.60, 1/16/09
50 breast - 34.08, 10/18/08
100 breast - 1:12.07, 12/5/08
200 breast - 2:40.49, 12/6/08
200 IM - 2:16.69, 12/5/08
400 IM - 4:52.88, 1/24/09

Table with 2 columns: Rank and Name/Score. Includes entries like 1... Wayne State 177.86, 2... Clarion 173.94, etc.



Men's Individual Season Bests and Team National Rankings

Will Anzion

50 free - 23.98, 2/6/09
 100 free - 52.80, 2/7/09
 200 free - 1:57.82, 12/6/08
 100 fly - 58.76, 2/7/09

Anthony Buhr

50 free - 20.56, 12/6/08
 100 free - 48.00, 1/24/09
 100 fly - 57.85, 1/24/09
 50 breast - 27.32, 11/1/08
 100 breast - 57.37, 12/5/08
 200 breast - 2:14.88, 11/14/08

Kyle Cordry

50 free - 21.35, 2/6/09
 100 free - 47.44, 12/5/08
 200 free - 1:46.68, 11/15/08
 500 free - 5:15.70, 11/14/08

Tyler Dahlen

1-meter (50/1v) - 195.55, 10/25/08
 3-meter (50/1v) - 191.55, 10/25/08

Matt Dahly

100 fly - 57.13, 11/1/08
 200 fly - 2:07.82, 12/5/08
 100 breast - 1:05.63, 11/1/08
 200 breast - 2:17.89, 1/17/09
 200 IM - 2:03.03, 12/5/08
 400 IM - 4:29.08, 12/6/08

Mitch Dickison

50 free - 22.06, 2/6/09
 100 free - 48.62, 12/5/08
 200 free - 1:53.85, 11/1/08

Ross Eiden

1-meter (50/1v) - 292.40, 11/1/08
 3-meter (50/1v) - 299.55, 1/16/09
 1-meter (60) - 267.35, 12/6/08
 3-meter (60) - 271.20, 11/15/08
 1-meter (11) - 485.05, 1/23/09
 3-meter (11) - 536.60, 1/23/09

Andrew Fields

200 free - 58.95, 11/15/08
 500 free - 5:22.43, 1/24/09
 50 back - 27.62, 11/1/08
 100 back - 56.69, 12/6/08
 200 back - 2:01.84, 12/5/08
 200 IM - 2:09.66, 12/5/08
 400 IM - 4:26.11, 12/6/08

Andrew Fuller

50 free - 22.39, 2/6/09
 100 free - 48.87, 2/7/09
 200 free - 1:48.69, 2/7/09
 500 free - 5:18.52, 11/1/08
 100 back - 59.71, 2/7/09

Matt Girard

100 free - 48.81, 12/5/08
 200 free - 1:48.23, 12/6/08
 500 free - 5:13.47, 11/14/08
 100 breast - 59.77, 12/5/08

Kyle Green

200 free - 1:50.21, 11/1/08
 500 free - 5:07.94, 11/1/08
 100 back - 52.33, 12/6/08
 200 back - 1:55.55, 12/5/08
 200 IM - 1:53.61, 12/5/08
 400 IM - 4:13.89, 12/6/08

Joel Gregory

50 free - 23.53, 12/6/08
 100 free - 50.32, 2/7/09
 200 free - 1:52.80, 12/5/08
 100 fly - 55.69, 2/7/09

Zac Hanson

50 free - 21.95, 12/6/08
 100 free - 49.58, 12/5/08
 50 fly - 25.98, 11/1/08
 100 fly - 56.07, 12/6/08

Zach Handerson

50 free - 23.03, 2/6/09
 100 free - 51.49, 2/7/09
 500 free - 5:19.06, 12/5/08
 1000 free - 11:05.86, 1/16/09
 50 fly - 25.36, 11/1/08
 100 fly - 56.67, 2/7/09
 200 fly - 2:09.49, 2/7/09
 200 IM - 2:13.74, 1/17/09
 400 IM - 4:42.83, 1/24/09

Paul Hoffman

100 fly - 56.43, 1/24/09
 50 back - 28.01, 11/1/08
 100 back - 58.41, 1/16/09
 200 back - 2:04.51, 12/5/08
 200 IM - 2:06.43, 12/5/08
 400 IM - 4:34.13, 12/6/08

Brian Jacobs

200 free - 1:51.61, 12/6/08
 500 free - 5:09.57, 1/24/09
 50 back - 25.88, 11/1/08
 100 back - 53.94, 12/6/08
 200 back - 1:56.42, 12/5/08

Alex Jaholkowski

200 free - 1:54.27, 1/17/09
 100 fly - 55.05, 2/7/09
 50 breast - 29.67, 11/1/08
 100 breast - 1:03.08, 12/5/08
 200 breast - 2:21.21, 12/6/08
 200 IM - 2:07.67, 12/5/08

Nate Jimerson

1-meter (50/1v) - 325.85, 11/1/08
 3-meter (50/1v) - 310.25, 11/1/08
 1-meter (60) - 301.05, 11/15/08
 3-meter (60) - 278.33, 11/15/08
 1-meter (11) - 561.90, 1/23/09
 3-meter (11) - 522.05, 1/23/09

Alex Milberger

50 free - 24.65, 1/24/09
 200 free - 1:51.07, 12/6/08
 500 free - 4:55.00, 12/5/08
 1000 free - 10:36.17, 11/14/08
 1650 free - 17:47.17, 12/6/08
 100 fly - 1:01.40, 1/16/09
 200 fly - 2:05.07, 12/5/08
 100 breast - 1:07.32, 1/24/09

Landon Mishler

50 free - 22.57, 2/6/09
 100 free - 51.60, 12/5/08
 100 fly - 58.54, 2/7/09
 100 breast - 1:07.54, 2/7/09

Christian Nasset

100 free - 49.40, 1/17/09
 100 fly - 52.18, 12/6/08
 100 breast - 1:00.03, 12/5/08
 200 IM - 2:01.19, 12/5/08

David Nedrud

50 free - 22.60, 12/6/08
 100 free - 49.13, 12/5/08
 1000 free - 11:19.83, 11/14/08
 50 fly - 25.74, 11/1/08
 100 fly - 55.13, 12/6/08
 100 back - 58.51, 1/24/09
 200 IM - 2:04.66, 12/5/08

Justin Nelson

50 free - 25.74, 11/15/08
 50 back - 26.88, 11/1/08
 100 back - 54.07, 12/6/08
 200 back - 2:02.26, 12/5/08
 200 IM - 2:14.11, 11/1/08

Brad Neshiem

1-meter (50/1v) - 268.25, 1/23/09
 3-meter (50/1v) - 273.50, 1/23/09
 1-meter (60) - 196.65, 11/14/08
 3-meter (60) - 234.00, 2/7/09
 1-meter (11) - 356.95, 1/17/09

Alex Oip

50 free - 24.00, 11/15/08
 100 free - 53.91, 2/7/09
 50 fly - 25.16, 11/1/08
 100 fly - 55.66, 2/7/09

Joe Palmersten

100 free - 48.94, 12/5/08
 500 free - 4:55.12, 12/5/08
 1000 free - 10:43.83, 11/14/08
 50 breast - 28.82, 11/1/08
 100 breast - 1:02.08, 1/24/09
 200 breast - 2:15.36, 12/6/08
 200 IM - 2:02.63, 1/16/09

Mitchell Pruss

50 fly - 25.94, 11/1/08
 100 fly - 53.89, 12/6/08
 200 fly - 2:00.32, 12/5/08
 200 IM - 2:03.29, 12/5/08
 400 IM - 4:44.80, 11/14/08

John Rosier

50 free - 23.68, 1/24/09
 100 free - 49.57, 12/5/08
 200 free - 1:49.13, 12/6/08
 500 free - 5:03.73, 12/5/08
 1000 free - 10:39.52, 11/1/08

Robb Rotramel

50 free - 21.66, 2/6/09
 100 free - 46.59, 12/5/08
 200 free - 1:45.80, 12/6/08
 100 fly - 57.29, 1/24/09
 100 breast - 1:03.45, 1/16/09

Jim Schlup

50 free - 25.32, 11/15/08
 200 free - 1:55.22, 2/7/09
 500 free - 5:08.77, 12/5/08
 1000 free - 11:02.25, 1/16/09
 1650 free - 18:01.53, 2/7/09
 100 fly - 1:08.66, 1/24/09

Joe Spann

100 free - 50.64, 1/24/09
 200 free - 1:50.12, 11/15/08
 1000 free - 10:45.70, 10/25/08
 50 fly - 25.32, 11/1/08
 100 fly - 52.84, 12/6/08
 200 fly - 1:57.08, 12/5/08
 200 IM - 2:02.54, 12/5/08

Justin Vandenberg

50 free - 24.03, 1/24/09
 50 breast - 29.51, 11/1/08
 100 breast - 1:01.59, 12/5/08
 200 breast - 2:15.94, 12/6/08
 200 IM - 2:05.01, 12/5/08

Nick Weaver

50 free - 23.54, 12/6/08
 100 free - 51.85, 12/5/08
 50 breast - 30.58, 11/1/08
 100 breast - 1:03.15, 12/5/08

Matt Youngers

50 free - 25.52, 1/24/09
 500 free - 5:16.42, 1/16/09
 1000 free - 10:54.17, 11/1/08
 1650 free - 17:39.10, 12/6/08
 200 fly - 2:01.09, 12/5/08
 100 breast - 1:08.31, 11/1/08
 200 breast - 2:22.53, 10/25/08
 200 IM - 2:07.11, 1/16/09
 400 IM - 4:23.71, 12/6/08

| Men's Division II (2/18/09) | |
|-----------------------------|---------------------------------|
| 1 | Wayne State 184.33 |
| 2 | Grand Valley State..... 179.20 |
| 3 | Delta State 171.67 |
| 4 | Clarion 167.22 |
| 5 | Minnesota State..... 163.82 |
| 6 | Colo. School of Mines.. 163.15 |
| 7 | Henderson State..... 160.57 |
| 8 | Saint Cloud State..... 160.40 |
| 9 | Incarinate Word 159.29 |
| 10 | Missouri Tech 155.52 |
| 11 | Drury University 152.52 |
| 12 | Tampa 149.28 |
| 13 | Ashland..... 148.90 |
| 14 | Ouachita Baptist 148.80 |
| 15 | Bentley College 146.55 |
| 16 | Wingate University..... 142.58 |
| 17 | Gannon University 141.05 |
| 18 | Indianapolis 140.92 |
| 19 | Limestone 139.90 |
| 20 | Truman State 137.56 |
| 21 | Lewis University..... 133.46 |
| 22 | Indiana University-PA... 129.00 |
| 23 | Kutztown Univ. of Penn.. 127.50 |
| 24 | Rollins College..... 126.08 |
| 25 | Catawba College 126.02 |



Women's Team Top-5 Marks

50 freestyle

24.24 – Kirsten Koetter, 12/6/08
24.29 – Kirsten Koetter, 12/6/08
24.48 – Becky Newgren, 12/6/08
24.49 – Becky Newgren, 12/6/08
24.55 – Kelly Vieau, 12/6/08

100 Freestyle

52.15 – Alisha Blaydes, 12/5/08
53.16 – Alisha Blaydes, 11/14/08
53.55 – Alisha Blaydes, 11/15/08
53.76 – Alisha Blaydes, 1/17/09
53.83 – Alisha Blaydes, 12/5/08

200 Freestyle

1:58.13 – Alisha Blaydes, 11/15/08
1:58.38 – Alisha Blaydes, 11/14/08
1:59.31 – Elizabeth Lopez, 12/6/08
1:59.49 – Kelsey Noah, 12/6/08
1:59.65 – Alisha Blaydes, 11/1/01

500 Freestyle

5:11.35 – Sarah Burnell, 2/6/09
5:15.55 – Kelsey Noah, 12/5/08
5:16.15 – Sarah Burnell, 12/5/08
5:17.04 – Sarah Burnell, 12/5/08
5:18.26 – Sarah Burnell, 11/14/08

1000 Freestyle

10:57.37 – Sarah Burnell, 1/17/09
10:57.58 – Sarah Burnell, 11/1/01
11:02.33 – Sarah Burnell, 10/18/08
11:02.87 – Aubrey Welp, 1/16/09
11:03.85 – Kelsey Noah, 11/14/08

1650 Freestyle

18:08.36 – Sarah Burnell, 11/15/08
18:10.43 – Sarah Burnell, 12/6/08
18:25.72 – Kelsey Noah, 12/6/08
18:25.79 – Kelsey Noah, 1/24/09
18:26.55 – Kelsey Noah, 11/15/08

50 Butterfly

27.03 – Alisha Blaydes, 10/18/08
27.15 – Kirsten Koetter, 11/1/08
27.30 – Kirsten Koetter, 10/18/08
27.31 – Alison Weske, 10/18/08
27.58 – Alison Wesko, 11/1/08

100 Butterfly

58.28 – Alison Weske, 12/6/08
58.35 – Alison Weske, 12/6/08
59.52 – Kirsten Koetter, 12/6/08
1:00.07 – Alison Weske, 1/16/09
1:00.14 – Becky Johnson, 12/6/08

200 Butterfly

2:17.54 – Sarah Burnell, 10/25/08
2:17.92 – Sarah Burnell, 10/17/08
2:18.12 – Becky Johnson, 1/24/09
2:21.66 – Becky Johnson, 1/17/09
2:21.79 – Alison Weske, 11/14/08

50 Breaststroke

30.84 – Amber Alexander, 11/1/01
31.34 – Amber Alexander, 10/18/08
32.24 – Jordan VanEgeren, 10/18/08
32.30 – Jordan VanEgeren, 11/1/01
32.46 – Megan Cotton, 10/18/08

100 Breaststroke

1:06.29 – Amber Alexander, 12/5/08
1:06.68 – Amber Alexander, 12/5/08
1:08.05 – Amber Alexander, 11/1/08
1:08.09 – Amber Alexander, 11/15/08
1:08.18 – Amber Alexander, 10/25/08

200 Breaststroke

2:29.05 – Amber Alexander, 12/6/08
2:32.07 – Katie Brueggemann, 10/17/08
2:32.42 – Katie Brueggemann, 11/14/08
2:32.43 – Amber Alexander, 12/6/08
2:33.02 – Katie Brueggemann, 1/17/09

50 Backstroke

28.20 – Cahty Haen, 10/18/08
28.47 – Cathy Haen, 11/1/01
29.39 – April Greene, 11/1/01
30.27 – Caitlin Pardi, 11/1/01
30.45 – Caitlin Pardi, 10/18/08

100 Backstroke

58.83 – Cathy Haen, 12/6/08
59.36 – Cathy Haen, 12/6/08
59.53 – Cahty Haen, 1/24/09
1:00.34 – Cathy Haen, 11/15/08
1:00.55 – Cathy Haen, 10/18/08

200 Backstroke

2:09.00 – Elizabeth Lopez, 12/5/08
2:09.01 – Cathy Haen, 12/5/08
2:09.17 – Cathy Haen, 12/5/08
2:09.58 – Elizabeth Lopez, 12/5/08
2:09.60 – Nikki Bakke, 2/7/09

200 IM

2:14.05 – Katie Brueggemann, 12/5/08
2:15.48 – Katie Brueggemann, 12/5/08
2:15.96 – Alisha Blaydes, 1/16/09
2:16.04 – Katie Brueggemann, 11/15/08
2:16.60 – Katie Brueggemann, 1/17/09

400 IM

4:42.46 – Sarah Burnell, 10/17/08
4:44.56 – Sarah Burnell, 1/24/09
4:46.08 – Sarah Burnell, 11/14/08
4:47.00 – Sarah Burnell, 10/25/08
4:49.01 – Sarah Burnell, 12/6/08

1-Meter Diving (5o/1v)

255.25 – Kelsey Berkeland, 1/16/09
250.75 – Kelsey Berkeland, 11/1/08
247.15 – Allison Tracy, 1/23/09
246.95 – Cassi Mrozek, 1/23/09
241.65 – Nikki Weber, 1/23/09

1-Meter Diving (6o)

253.80 – Kelsey Berkeland, 2/7/09
225.25 – Kelsey Berkeland, 12/5/08
224.55 – Cassi Mrozek, 12/5/08
222.15 – Annie McNallan, 11/15/08
220.10 – Kelsey Berkeland, 11/14/08

1-Meter Diving (11)

469.30 – Kelsey Berkeland, 1/23/09
431.35 – Kelsey Berkeland, 1/17/09
378.00 – Cassi Mrozek, 1/17/09
373.55 – Allison Tracy, 1/17/09
355.25 – Annie McNallan, 1/17/09

3-Meter Diving (5o/1v)

271.75 – Kelsey Berkeland, 1/16/09
261.00 – Kelsey Berkeland, 11/1/08
258.90 – Allison Tracy, 1/23/09
249.60 – Nikki Weber, 1/23/09
247.12 – Kelsey Berkeland, 11/21/08

3-Meter Diving (6o)

244.95 – Kelsey Berkeland, 12/6/08
238.95 – Kelsey Berkeland, 2/7/09
229.30 – Cassi Mrozek, 2/7/09
220.29 – Kelsey Berkeland, 11/14/08
214.65 – Annie McNallan, 2/7/09

3-Meter Diving (11)

506.75 – Kelsey Berkeland, 1/23/09
445.80 – Kelsey Berkeland, 1/17/09
432.15 – Cassi Mrozek, 1/23/09
389.10 – Cassi Mrozek, 1/17/09
369.25 – Allison Tracy, 1/17/09

200 Freestyle Relay

1:35.81 – Koetter, Greene, Vieau, Blaydes, 12/5/08
1:37.53 – Koetter, Greene, Vieau, Blaydes, 11/15/08
1:39.03 – Newgren, Haen, VanEgeren, Weske, 12/5/08
1:39.54 – Blaydes, Greene, Koetter, Vieau, 11/1/08
1:39.56 – Blaydes, Vieau, Koetter, Newgren, 1/17/09

400 Freestyle Relay

3:34.45 – Vieau, Koetter, Brueggemann, Blaydes, 12/6/08
3:36.41 – Vieau, Greene, Koetter, Blaydes, 11/14/08
3:41.59 – Greene, Koetter, Wekse, Blaydes, 10/17/08
3:43.36 – 10/25/08
3:43.43 – Greene, Lopez, Newgren, VanEgeren, 12/6/08

800 Freestyle Relay

7:59.38 – Blaydes, Lopez, Noah, Weske, 12/5/08
8:05.84 – Blaydes, Burnell, Noah, Weske, 1/24/09
8:09.66 – Burnell, Walter, Gehrman, Welp, 12/5/08
8:12.27 – Gehrman, Pardi, Seidenkranz, Welp, 11/15/08
8:29.69 – Gehrman, Pardi, Seidenkranz, Muckler, Haen, 1/24/09

200 Medley Relay

1:46.21 – Haen, Alexander, Blaydes, Newgren, 12/6/08
1:48.74 – Greene, VanEgeren, Weske, Koetter, 12/6/08
1:49.57 – Haen, Alexander, Blaydes, Vieau, 1/24/09
1:50.24 – Lopez, VanEgeren, Johnson, Walter, 11/15/08
1:50.31 – Heen, Alexander, Weske, Greene, 11/1/01

400 Medley Relay

3:55.11 – Haen, Alexander, Weske, Blaydes, 12/5/08
4:01.07 – Haen, Alexander, Weske, Koetter, 11/14/08
4:03.87 – Haen, Alexander, Koetter, Vieau, 10/17/08
4:03.88 – Lopez, Brueggemann, Koetter, Vieau, 12/5/08
4:06.45 – Haen, Alexander, Weske, Greene, 1/17/09



Men's Team Top-5 Marks

50 freestyle

20.56 – Anthony Buhr, 12/6/08
20.62 – Anthony Buhr, 12/6/08
21.00 – Anthony Buhr, 1/24/09
21.27 – Anthony Buhr, 1/16/09
21.35 – Kyle Cordry, 2/6/09

100 Freestyle

46.59 – Robb Rotramel, 12/5/08
46.86 – Robb Rotramel, 12/5/08
47.44 – Kyle Cordry, 12/5/08
47.47 – Kyle Cordry, 12/5/08
47.64 – Robb Rotramel, 11/15/08

200 Freestyle

1:45.80 – Robb Rotramel, 12/6/08
1:46.68 – Kyle Cordry, 11/15/08
1:46.76 – Robb Rotramel, 12/6/08
1:46.82 – Kyle Cordry, 11/1/08
1:48.23 – Matt Girard, 12/6/08

500 Freestyle

4:55.00 – Alex Milberger, 12/5/08
4:55.12 – Joe Palmersten, 12/5/08
4:56.77 – Alex Milberger, 12/5/08
4:57.68 – Joe Palmersten, 12/5/08
5:01.19 – Joe Palmersten, 1/17/09

1000 Freestyle

10:36.17 – Alex Milberger, 11/14/08
10:39.52 – John Rosier, 11/1/08
10:43.83 – Joe Palmersten, 11/14/08
10:44.25 – John Rosier, 11/14/08
10:45.70 – Joe Spann, 10/25/08

1650 Freestyle

17:39.10 – Matt Youngers, 12/6/08
17.47.17 – Alex Milberger, 12/6/08
18:01.53 – Jim Schlup, 2/7/09
18:02.42 – Alex Milberger, 11/15/08
18.10.71 – Matt Youngers, 11/15/08

50 Butterfly

25.16 – Alex Olp, 11/1/08
25.32 – Joe Spann, 11/1/08
25.74 – David Nedrud, 11/1/08
25.94 – Mitchell Pruss, 11/1/08
25.98 – Zac Hanson, 11/1/08

100 Butterfly

52.18 – Christian Nasset, 12/6/08
52.48 – Christian Nasset, 12/6/08
52.86 – Joe Spann, 12/6/08
53.61 – Christian Nasset, 1/16/09
53.89 – Mitchell Pruss, 12/6/08

200 Butterfly

1:57.08 – Joe Spann, 12/5/08
1:57.97 – Joe Spann, 12/5/08
2:00.22 – Matt Youngers, 12/5/08
2:00.32 – Mitchell Pruss, 12/5/08
2:01.09 – Matt Youngers, 12/5/08

50 Breaststroke

27.32 – Anthony Buhr, 11/1/08
28.82 – Joe Palmersten, 11/1/08
29.51 – Justin Vandenberg, 11/1/08
29.67 – Alex Jaholkowski, 11/1/08
30.59 – Nick Weaver, 11/1/08

100 Breaststroke

57.37 – Anthony Buhr, 12/5/08
57.57 – Anthony Buhr, 12/5/08
59.33 – Anthony Buhr, 11/15/08
59.33 – Matt Girard, 12/5/08
59.72 – Anthony Buhr, 11/1/08

200 Breaststroke

2:14.88 – Anthony Buhr, 11/14/08
2:15.26 – Justin Vandenberg, 12/6/08
2:15.36 – Joe Palmersten, 12/6/08
2:16.57 – Justin Vandenberg, 12/6/08
2:16.65 – Joe Palmersten, 12/6/08

50 Backstroke

25.88 – Brian Jacobs, 11/1/08
26.88 – Justin Nelson, 11/1/08
27.82 – Andrew Fields, 11/1/08
28.01 – Paul Hoffman, 11/1/08

100 Backstroke

52.33 – Kyle Green, 12/6/08
52.81 – Kyle Green, 12/6/08
53.94 – Brian Jacobs, 12/6/08
54.07 – Justin Nelson, 12/6/08
54.24 – Justin Nelson, 12/6/08

200 Backstroke

1:55.55 – Kyle Green, 12/5/08
1:56.42 – Brian Jacobs, 12/5/08
1:57.88 – Brian Jacobs, 12/5/08
1:59.32 – Kyle Green, 12/5/08
2:00.68 – Kyle Green, 11/14/08

200 IM

1:53.61 – Kyle Green, 12/5/08
1:53.85 – Kyle Green, 12/5/08
1:59.87 – Kyle Green, 11/15/08
2:01.19 – Christian Nasset, 12/5/08
2:01.93 – Kyle Green, 11/1/08

400 IM

4:13.89 – Kyle Green, 12/6/08
4:18.80 – Kyle Green, 12/6/08
4:22.79 – Matt Youngers, 12/6/08
4:23.71 – Matt Youngers, 12/6/08
4:26.11 – Andrew Fields, 12/6/08

1-Meter Diving (50/1v)

325.85 – Nate Jimerson, 11/1/08
306.82 – Nate Jimerson, 11/21/08
292.40 – Ross Eiden, 11/1/08
287.95 – Nate Jimerson, 10/25/08
285.85 – Ross Eiden, 10/25/08

1-Meter Diving (60)

301.05 – Nate Jimerson, 11/15/08
295.90 – Nate Jimerson, 12/6/08
287.35 – Nate Jimerson, 2/7/09
267.35 – Ross Eiden, 12/6/08
265.43 – Ross Eiden, 11/14/08

1-Meter Diving (11)

561.05 – Nate Jimerson, 1/23/09
485.05 – Ross Eiden, 1/23/09
467.00 – Nate Jimerson, 1/17/09
450.65 – Ross Eiden, 1/17/09
356.95 – Brad Neshiem, 1/17/09

3-Meter Diving (50/1v)

310.25 – Nate Jimerson, 11/1/08
304.05 – Nate Jimerson, 10/25/08
299.55 – Ross Eiden, 1/16/09
298.48 – Ross Eiden, 1/17/09
297.05 – Ross Eiden, 11/1/08

3-Meter Diving (60)

278.33 – Nate Jimerson, 11/15/08
271.20 – Ross Eiden, 11/15/08
258.45 – Nate Jimerson, 12/5/08
256.05 – Ross Eiden, 11/14/08
225.30 – Ross Eiden, 12/5/08

3-Meter Diving (11)

536.60 – Ross Eiden, 1/23/09
522.05 – Nate Jimerson, 1/23/09

200 Freestyle Relay

1:22.95 – Buhr, Dickison, Rotramel, Cordry, 2/6/09
1:23.83 – Rotramel, Dickison, Cordry, Buhr, 12/5/08
1:26.57 – Buhr, Cordry, Dickison, Rotramel, 1/24/09
1:26.84 – Buhr, Dickison, Cordry, Rotramel, 11/1/08
1:28.21 – Cordry, Hanson, Rotramel, Buhr, 1/17/09

400 Freestyle Relay

3:11.23 – Rotramel, Spann, Cordry, Green, 12/6/08
3:15.55 – Nasset, Dickison, Spann, Rotramel, 11/14/08
3:16.44 – Dickison, Rosier, Palmersten, Nasset, 12/6/08
3:17.59 – 10/25/08
3:18.88 – Hanson, Girard, Jacobs, Fuller, 12/6/08

800 Freestyle Relay

7:02.04 – Cordry, Rotramel, Spann, Green, 12/5/08
7:19.38 – Cordry, Green, Rotramel, Spann, 1/24/09
7:25.10 – Girard, Milberger, Rosier, Spann, 11/15/08
7:30.12 – Palmersten, Rosier, Fuller, Dickison, 1/24/09
7:38.54 – Gregory, Henderson, Schlup, Mishler, 2/7/09

200 Medley Relay

1:34.24 – Jacobs, Buhr, Nasset, Rotramel, 12/6/08
1:36.91 – Jacobs, Buhr, Nasset, Cordry, 1/24/09
1:37.33 – Jacobs, Nasset, Green, Buhr, 11/15/08
1:37.74 – Nelson, Girard, Olp, Dickison, 12/6/08
1:38.87 – Hoffman, Palmersten, Olp, Hanson, 11/1/08

400 Medley Relay

3:28.64 – Green, Buhr, Nasset, Cordry, 12/5/08
3:34.74 – Green, Buhr, Nasset, Cordry, 11/14/08
3:36.10 – Jacobs, Buhr, Green, Cordry, 10/25/08
3:37.66 – Jacobs, Girard, Olp, Nedrud, 12/5/08
3:38.30 – Jacobs, Buhr, Spann, Dickison, 1/16/09



Non-School Records

Men

Pool Records

Anthony Buhr
50 breast, 27.32, 11/1/08, SCSU (Halenbeck)
50 free, 21.00, 1/24/09, Carleton (Thorpe)
Nate Jimerson
1-meter (5o/1v), 306.82, 11/21/08, USD (DakotaDome)
3-meter (5o/1v), 295.65, 11/21/08, USD (DakotaDome)
1-meter (11), 561.05, 1/23/09, SCSU (Halenbeck)
Buhr, Cordry, Dickison, Rotramel
100 FR, 1:26.57, 1/24/09, Carleton (Thorpe)

Meet records

Rotramel, Dickison, Cordry, Buhr
200 FR, 1:23.83, 12/5/08, TYR

Women

Pool Records

Amber Alexander
50 breast, 30.84, 11/1/08, SCSU (Halenbeck)
Kelsey Berkeland
1-meter (11) - 469.30, 1/23/09, SCSU (Halenbeck)
Alisha Blaydes
100 free, 54.53, 10/17/08, MSUM (Nemzek)
50 fly, 27.03, 10/18/08, MSUM (Nemzek)
Sarah Burnell
1000 free, 11:02.33, 10/18/08, MSUM (Nemzek)
Cathy Haen
50 back, 28.20, 10/18/08, SCSU (Halenbeck)
Kirsten Koetter
50 free, 25.20, 10/17/08, MSUM (Nemzek)
Kelsey Noah
1650 free, 18:36.05, 10/17/08, MSUM (Nemzek)
Blaydes, Koetter, Vieau, Greene
200 FR, 1:40.01, 10/18/08, MSUM (Nemzek)
Koetter, Greene, Vieau, Blaydes
200 FR, 1:35.81, 12/5/08, Carthage (Tarble)
Greene, Koetter, Weske, Blaydes
400 FR, 3:41.59, 10/17/08, MSUM (Nemzek)
Haen, Alexander, Weske, Greene
200 MR, 1:51.32, 10/18/08, MSUM (Nemzek)
Haen, Alexander, Blaydes, Vieau
200 MR, 1:49.57, 1/24/09, Carleton (Thorpe)

Meet records

Amber Alexander
100 breast, 1:06.29, 12/5/08, TYR
Cathy Haen
100 back, 58.83, 12/6/08, TYR
Koetter, Greene, Vieau, Blaydes
200 FR, 1:35.81, 12/5/08, TYR
Haen, Alexander, Blaydes, Newgren
200 MR, 1:46.21, 12/6/08, TYR
Haen, Alexander, Weske, Blaydes
400 MR, 3:55.11, 12/5/08, TYR

National Qualifiers

Men

A-Cut Qualifiers

Anthony Buhr – 50 free, 100 breast
Ross Eiden – 1-meter diving, 3-meter diving
Nate Jimerson – 1-meter diving, 3-meter diving
Buhr, Dickison, Rotramel, Cordry - 200 FR

B-Cut Qualifiers

Kyle Green – 100 back, 200 IM
Kyle Cordry - 50 free
Robb Rotramel – 100 free

Women

A-Cut Qualifiers

Kelsey Berkeland – 1-meter diving, 3-meter diving
Cassi Mrozek - 1-meter diving, 3-meter diving
Allison Tracy - 1-meter diving, 3-meter diving
Koetter, Greene, Vieau, Blaydes – 200 FR
Haen, Alexander, Blaydes, Newgren – 200 MR
Haen, Alexander, Weske, Blaydes – 400 MR

B-Cut Qualifiers

Amber Alexander – 100 breast
Nikki Bakke - 200 back
Alisha Blaydes – 100 free
Sarah Burnell - 500 free
Cathy Haen – 100 back, 200 back
Kirsten Koetter – 50 free
Elizabeth Lopez – 200 back
Becky Newgren – 50 free
Kelly Vieau – 50 free
Alison Weske – 100 fly



Head Coach - Jeff Hegle



Coach Hegle

Jeff Hegle begins his eighth season on the deck as the head swimming and diving coach for the men's and women's programs at St. Cloud State University in 2008-09.

In his seven seasons with SCSU he has led the Huskies to numerous NCAA Championship meets consistently finishing among the best in the country. This year, the Husky women earned a 20th place finish after earning 50 points at the 2008 NCAA Division II Championships. SCSU's men's team placed 15th at the Championships with 98 points.

Coach Hegle, along with former diving coach Nate Brisley, helped coach SCSU's junior diver Nate Jimerson to national titles in both the one-meter and three-meter boards in 2008. Jimerson tallied a 520.75 score on the one-meter and two nights later completed the Championship sweep with a 546.15 on the three-meter. Jimerson's three-meter score was only 10 points away from the national meet record of 556.40 set in 1994. To add to his list of accolades, Jimerson was also named the 2008 NCAA Division II Male Diver of the Year at the conclusion of the Championship Meet.

In the final North Central Conference Championship meet, the Husky men gave their best effort, but met up with a very strong North Dakota team that was able to hold off the Huskies and claim the NCC Title. The SCSU men finished in second place for the second year in a row behind UND. The SCSU women's also posted the same finish as last season when they took fourth in the team competition.

Coach Hegle also led three Husky individuals to NCC Championships in 2007-08, and for the second year in a row, Nate Jimerson was named the NCC Diver of the Year. Academically, the Huskies posted a league best 23 student-athletes on the NCC Commissioners Academic Honor Roll.

During the 2006-07 season the women's team finished 19th at the championship meet while the men fell just outside the top twenty at 21st. The best finish for the Husky women came in 2004 when they finished 11th at the NCAA meet. Coach Hegle also guided them to 12th place finishes in 2005 and 2006 as well as a 13th place finish in 2003 and a 16th in 2002. The men had their best finish in 2006 when they finished 19th, and also recorded 21st place finishes at both the 2004 and 2005 NCAA's.

Two seasons ago at the North Central Conference Championship meet the SCSU men finished in second place for the second straight season, while the women finished in fourth place after finishing third in 2006. The University of North Dakota swept the meet taking home top honors for both the men and the women.

Hegle is a familiar name to SCSU athletics, as he was a graduate assistant coach to the swimming and diving program for two seasons (1993-95) and is a former Husky swimmer. Hegle captained the SCSU men's swimming and diving team during the 1991-92 season. He received an undergraduate degree in social studies and secondary education in 1993. He earned a master's degree in special education at SCSU.

At St. Cloud State, Hegle was an Admissions Ambassador for three years and a University Award of Excellence in Leadership nominee.

From 1997 until his appointment at SCSU, Hegle had been the girls swim coach at Monticello High School. He joined the Monticello program in 1995 as the assistant swim coach for boys and girls. He has also coached the Monticello Swim Club.

Hegle, a native of Melrose, Minn., is married to former SCSU volleyball standout Christin Broich. Together they have three daughters, Caitlin, Tessa, and Molly.

Assisting in 2007-08

TRACY TORGERSON - DIVING COACH: Tracy Torgerson comes to SCSU from the Sauk Rapids-Rice school district where she has been the head diving coach for the past six years and has taught special education for the past two years. At Sauk Rapids-Rice she was Section 3A boy's diving coach of the year four times in 2003, '04, '06, and '07 and had a five year run as Section 3A girls diving coach of the year from 2003-07.



Tracy Torgerson

Torgerson is also a Level II gymnastics coach for the Special Olympics of Minnesota, a post she has held since February of 2007. She has been a personal trainer, and was an assistant diving coach and swimming and diving instructor at the University of Minnesota.

Torgerson is a 2002 product of the University of Minnesota where she graduated with degrees in both Kinesiology and Spanish as well as a minor in coaching. She then went on to St. Cloud State University where she received her Graduate Licensure in Special Education in 2006.

At Minnesota, Torgerson was a four year member of the swimming and diving team from 1997 to 2001 and was a member of the Golden Gophers 1999 and 2000 Big Ten Championship squads. In 2000 she was the Big Ten silver medalist in three-meter diving and became an All-American in one-meter diving. The 2001 team captain still holds the University of Minnesota record for one-meter diving. In 1999 and 2000 Torgerson was also a member of the Minnesota track and field team.

"We are extremely excited to have someone of Tracy's caliber taking over the reigns of our program," said Coach Hegle, "Tracy will enable us to continue our success at the national level. Her philosophy and goals are what Husky swimming and diving is all about."

A St. Cloud native and Tech High School Graduate, Torgerson and her husband Jeremy reside in Sauk Rapids with their daughter Lilly.

JACKIE VIEAU - ASSISTANT COACH: Jackie Vieau, a native of Delano, Minn., will be a second year graduate student coach heading into the 2008-09 season and is studying in early childhood special education. A 2007 graduate of SCSU with a degree in communication disorders, Vieau swam under the helm of current head coach Jeff Hegle from 2002-2006. As a Husky, Vieau was a four-time NCAA All-American and the 2006 North Central Conference Champion in the 100 free. The year prior in 2005 Vieau was an NCC Champion in the 100 free and the 400 free relay. In 2004, she swam on the NCC Championship 200 and 400 free relay teams. Vieau earned her third All-American honor of her career with a seventh place 400 free relay national finish in 2005. There she also competed on three other relays at the national championships, as well as the individual 100 and 200 free. Vieau holds school records as a member of the 200, 400, and 800 free relay teams and is also a school record holder in the 400 medley relay. Vieau was named NCC Swimmer of the Week on Nov. 2, 2004 and Feb. 1, 2005.



Jackie Vieau

MIKE WOOD - ASSISTANT COACH: Mike Wood joins the SCSU swimming and diving coaching staff for the first time in 2008-09 as a graduate assistant coach. A native of Chaska, Minn., Wood swam for current Huskies head coach Jeff Hegle from 2000-2004. As a student-athlete, Wood was all-conference member for three years and was voted Most Improved after the 2002-03 season. After graduating with a bachelor's of science in marketing from SCSU, Wood worked for Cintas (FAS) from 2005-08.



Mike Wood

During that stint, Wood was the head club coach at Barracuda Aquatics Club for one season, and also served as a club coach for the West Express swim team for three years. Wood is working towards a master's degree in sport management at SCSU and currently resides in St. Cloud.