



Home of the Huskies

St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Swimming & Diving Update

Contact: Pat McCabe: 320-308-2141 or mcpa0702@stcloudstate.edu



Upcoming Meets:

January 16 - 4:00 / 6:00 pm

**Saint John's Univ./
College of St. Benedict**

Halenbeck Hall Aquatic Center - St. Cloud, Minn.



January 17 - 12:00 pm

St. Olaf College

Halenbeck Hall Aquatic Center - St. Cloud, Minn.



January 24 - 6:30 p.m.

Carleton Minilinvite

Thorpe Pool - Northfield, Minn.



2008-09 SCSU Schedule

Date	Meet	Time/Result
Oct 11	Alumni Meet	2:00 pm
Oct 17	at MSU Moorhead Northern Michigan (women only)	161-81, W 200-38, W
Oct 18	at MSU Moorhead Northern Michigan (women only)	202-97, W 237-61, W
Oct 24	at UW-Eau Claire UW-Stevens Point	Ind. scores
Oct 25	at UW-Eau Claire UW-Stevens Point	Ind. scores
Nov 1	Minnesota State	W) 165-97, W M) 163-137, W
Nov 14	at UW-Green Bay	W) 99.5-141.5, L M) 98-138, L
Nov 15	at UW-Green Bay	W) 93-145, L M) 104.5-135.5, L
Nov 15	St. John's/St. Ben's Inv.	W) 5th/7 M) 4th/5
Nov 21	at South Dakota	W) 148-95, W M) 132-111, W
Dec 5-6	TYR/College Swimming.com Classic	W) 1st/8 M) 2nd/7
Dec 5-6	Falcon Invitational (at University of Minnesota)	Ind. scores
Dec 31-Jan 12	Training Trip (San Juan, Puerto Rico)	TBA
Jan 16	St. John's / St. Ben's	6:00 pm
Jan 17	St. Olaf	12:00 pm
Jan 24	Carleton Minilinvite	6:30 pm
Feb 6-7	at Minnesota Challenge	TBA
Mar 11-14	at NCAA DII Championships	TBA

All home meets are at Halenbeck Hall Aquatic Center unless otherwise noted.
Admission is FREE for all home meets.

2008-09 SCSU SWIMMING & DIVING NEWS Release Date: January 12, 2009

THE SECOND SEASON: With the start of the new semester, the Huskies return from their training trip to resume classes and competition. SCSU returns to the pool for a pair of meets this weekend, and will be at home for the first time since Nov. 1. On Jan. 16, SCSU hosts Saint John's University and the College of St. Benedict in their annual dual. Diving will begin at 4:00 pm with swimming set to follow at 6:00 pm. The following afternoon SCSU will host St. Olaf College at 12:00 pm. Each meet will be held in the Halenbeck Hall Aquatic Center.

ABOUT THE JOHNNIES & BLAZERS: In the same meet a season ago, St. Cloud State claimed the sweep over St. John's/St. Ben's. The SCSU women won 205-38, with the men turning in an even more dominating effort at 221-18. The Johnnies placed second, third and fifth in Invitational meets to open the season before claiming a win in their first dual meet on Dec. 13. SJU won 71-42 over St. Thomas. The Blazers, competing in the same schedule of meets tallied fourth, second, and fifth place finishes respectively. Finally in their dual with St. Thomas, CSB suffered a close four point loss. On Jan. 19 at the CSB/SJU Winter Invitational the Johnnies came in at third place while the Blazers came in at second place. The lone Johnnie to take top honors was diver Wes Schlichting who swept the boards. St. Ben's posted three wins on their way to second place honors.

ABOUT THE OLES: When the teams met last year in Northfield, SCSU faced one of their toughest tests of the year, but was still able to come out with wins on the men's and women's side. The Husky men won 138-124, while the women had a little more room to spare with a 171-91 victory. In 2008-09 the Ole men had a strong start to the season including an opening season win in the Northfield Relays and a win over rival Gustavus Adolphus in their first dual meet. The Ole women also claimed their first won of the season in the dual with Gustavus. At the TYR/CollegeSwimming.com Classic where the SCSU men and women finished second and first respectively, the Ole men and

women placed third and fifth respectively. In their most recent meet on Jan. 10, the St. Olaf men achieved a 205-70 win over Macalester while the women won 188-105 over the same Macalester team. Collectively the Ole's won 24 of 32 events in the sweep of Macalester.

RETURN TO FORM: Last season after the Huskies returned from their training trip, they promptly posted four straight dual meet sweeps to close the regular season. SCSU posted wins over St. John's / St. Ben's and St. Olaf on the road, before returning home to close the season with wins over Carleton and South Dakota.

FOLLOW ALONG: As the Huskies close out the home portion of their schedule this weekend, fans can follow along at home. SCSU will be providing live online results during each meet. Just head to the SCSU swimming and diving page to check it out.

SENIORS SAY GOODBYE: The meet against St. Olaf on Jan. 17 will mark the final competition in Halenbeck Hall Aquatic Center for 11 St. Cloud State seniors. Kelsey Berkeland (diving), Anthony Buhr (free), Sarah Burnell (distance), Mitch Dickison (free), Ross Eiden (diving), Nate Jimerson (diving), Becky Johnson (fly), Elizabeth Lopez (back), Alex Olp (fly), Laura Seidenkranz (distance), and Jordan Wolfrum (breast) will dive in for the last time. This class includes national champions and national qualifiers, All-Americans, conference champions, all-conference performers, record breakers and captains. The class has also led SCSU to regional and national prominence during their careers and will be surely missed.

TEAM CAPTAINS: Serving as captains for the SCSU women this winter will be seniors Kelsey Berkeland, Sarah Burnell, Becky Johnson, and Jordan Wolfrum. Captaining the men's team will be seniors Mitchell Dickison, Brian Jacobs, and Nate Jimerson, and junior Jim Schlup.

www.stcloudstate.edu/athletics





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Winners in 2008-09:

Women:

Amber Alexander- 10/18: 200 MR; 10/25: 100 breast; 11/1: 200 MR, 50 breast, 100 breast; 11/22: 200 MR, 100 breast; 12/5: 100 breast, 400 MR; 12/6: 200 MR
Kelsey Berkeland- 10/25: 1M; 11/1: 1M, 3M; 11/22: 1M, 3M;
Alisha Blaydes- 10/17: 200 free, 100 free, 400 FR; 10/18: 200 free, 100 free, 50 fly, 200 FR; 10/25: 200 free, 100 free; 11/1: 100 free, 200 FR; 11/15: 100 free; 11/22: 400 FR; 12/5: 200 FR, 800 FR, 400 MR; 12/6: 200 MR, 400 FR
Katie Brueggemann- 10/17: 200 breast; 12/6: 400 FR
Sarah Burnell- 10/17: 500 free; 10/18: 1000 free, 500 free; 10/25: 400 IM; 11/1: 1000 free; 11/22: 800 free, 400 free; 12/6: 1650 free
April Greene- 10/17: 400 FR; 10/18: 200 MR, 200 FR; 11/1: 200 MR, 200 FR; 11/22: 200 MR, 400 FR; 12/5: 200 FR
Cathy Haen- 10/18: 200 MR, 50 back, 100 back; 10/25: 100 back; 11/1: 200 MR; 11/22: 200 MR, 100 back; 12/5: 400 MR; 12/6: 200 MR, 100 back
Kirsten Koetter- 10/17: 50 free, 400 FR; 10/18: 200 FR; 11/1: 50 fly, 200 FR; 11/14: 50 free; 11/15: 50 free; 11/22: 200 MR, 50 free; 12/5: 200 FR; 12/6: 400 FR
Elizabeth Lopez- 10/25: 200 back; 11/22: 400 FR; 12/5: 200 back, 800 FR
Annie McNallan- 11/15: 1M, 3M;
Cassi Mrozek- 10/17: 3M; 10/18: 1M; 10/25: 3M;
Naomi Muckler- 10/18: 200 IM;
Becky Newgren- 12/6: 200 MR
Kelsey Noah- 10/17: 1650 free; 12/5: 800 FR
Alison Tracy- 10/17: 1M;
Kelly Vieau- 10/18: 50 free, 200 FR; 10/25: 50 free; 11/1: 50 free, 200 FR; 11/22: 400 FR; 12/5: 200 FR; 12/6: 400 FR
Alison Weske- 10/17: 400 FR; 10/18: 200 MR; 10/25: 100 fly; 11/1: 200 MR, 100 fly; 12/5: 800 FR, 400 MR; 12/6: 100 fly

Men:

Anthony Buhr- 11/1: 50 breast, 50 free, 100 breast, 200 FR; 11/14: 50 free; 11/15: 50 free, 100 breast; 11/22: 50 free, 100 breast; 12/5: 200 FR; 12/6: 50 free
Kyle Cordry- 11/1: 200 free, 100 free, 200 FR; 11/15: 200 FR; 12/5: 200 FR
Mitch Dickison- 11/1: 200 FR; 11/15: 200 FR; 12/5: 200 FR
Kyle Green- 10/25: 100 back; 11/22: 200 IM;
Brian Jacobs- 11/15: 200 FR;
Nate Jimerson- 10/25: 1M; 11/1: 1M, 3M; 11/15: 1M, 3M; 11/22: 1M, 3M; 12/6: 1M
Robb Rotramel- 11/1: 200 FR; 11/14: 100 free; 11/15: 200 FR; 11/22: 100 free; 12/5: 200 FR
Joe Spann- 10/25: 200 fly;

Huskies Best of 2008-09

Men

Women

50 Free:.....	20.56 (Anthony Buhr), 12/6	50 Free:.....	24.24 (Kirsten Koetter), 12/6
100 Free:.....	46.59 (Robb Rotramel), 12/5	100 Free:.....	52.15 (Alisha Blaydes), 12/5
200 Free:.....	1:45.80 (Robb Rotramel), 12/6	200 Free:.....	1:58.13 (Alisha Blaydes), 11/15
500 Free:.....	4:55.00 (Alex Milberger), 12/5	500 Free:.....	5:15.55 (Kelsey Noah), 12/5
1,000 Free:.....	10:36.17 (Alex Milberger), 11/14	1,000 Free:.....	10:57.58 (Sarah Burnell), 11/1
1,650 Free.....	17.39.10 (Matt Youngers), 12/6	1,650 Free:.....	18:08.36 (Sarah Burnell), 11/15
50 Fly.....	25.15 (Alex Olp), 11/1	50 Fly.....	27.03 (Alisha Blaydes), 10/18
100 Fly.....	52.18 (Christian Nasset), 12/6	100 Fly:.....	58.28 (Alison Weske), 12/6
200 Fly:.....	1:57.08 (Joe Spann), 12/5	200 Fly:.....	2:17.54 (Sarah Burnell), 10/25
50 Back.....	25.88 (Brian Jacobs), 11/1	50 Back.....	28.20 (Cathy Haen), 10/18
100 Back:.....	52.33 (Kyle Green), 12/6	100 Back:.....	58.83 (Cathy Haen), 12/6
200 Back:.....	1:55.55 (Kyle Green), 12/5	200 Back:.....	2:09.00 (Elizabeth Lopez), 12/5
50 Breast.....	27:32 (Anthony Buhr), 11/1	50 Breast.....	30.84 (Amber Alexander), 11/1
100 Breast:.....	53.37 (Anthony Buhr), 12/5	100 Breast:.....	1:06.29 (Amber Alexander), 12/5
200 Breast:.....	2:15.36 (Joe Palmersten), 12/6	200 Breast:.....	2:29.05 (Amber Alexander), 12/6
200 IM:.....	1:53.61 (Kyle Green), 12/5	200 IM:.....	2:14.05 (Katie Brueggemann), 12/5
400 IM:.....	4:13.89 (Kyle Green), 12/6	400 IM:.....	4:42.46 (Sarah Burnell), 10/17
200 Free Relay:.....	1:23.83 (Rotramel, Dickison, Cordry, Buhr), 12/5	200 Free Relay:.....	1:35.81 (Koetter, Greene, Vieau, Blaydes), 12/5
400 Free Relay:.....	3:11.23 (Rotramel, Spann, Cordry, Green), 12/6	400 Free Relay:.....	3:34.45 (Vieau, Koetter, Brueggemann, Blaydes), 12/6
800 Free Relay:.....	7:02.04 (Cordry, Rotramel, Spann, Green), 12/5	800 Free Relay:.....	7:59.38 (Blaydes, Lopez, Noah, Weske), 12/5
200 Medley Relay:.....	1:34.24 (Jacobs, Buhr, Nasset, Rotramel), 12/6	200 Medley Relay:.....	1:46.21 (Haen, Alexander, Blaydes, Newgren), 12/6
400 Medley Relay:.....	3:28.64 (Green, Buhr, Nasset, Cordry), 12/5	400 Medley Relay:.....	3:55.11 (Haen, Alexander, Weske, Blaydes), 12/5
1-M Dive (50/1v):.....	325.85 (Nate Jimerson), 11/1	1-M Dive (50/1v):.....	250.75 (Kelsey Berkeland), 11/1
1-M Dive (60):.....	301.05 (Nate Jimerson), 11/15	1-M Dive (60):.....	225.25 (Kelsey Berkeland), 12/5
3-M Dive (50/1v):.....	310.25 (Nate Jimerson), 11/1	3-M Dive (50/1v):.....	261.00 (Kelsey Berkeland), 11/1
3-M Dive (60):.....	278.33 (Nate Jimerson), 11/15	3-M Dive (60):.....	244.95 (Kelsey Berkeland), 12/6
1-M Dive (Champ):.....	X	1-M Dive (Champ):.....	X
3-M Dive (Champ):.....	X	3-M Dive (Champ):.....	X

St. Cloud State University Quick Facts

Location:..... St. Cloud, Minn.
 Founded:.....1869
 Enrollment:.....16,882
 President:..... Dr. Earl H. Potter III
 Director of Athletics.....Dr. Morris Kurtz
 National Affiliation..... NCAA Division II
 Nickname..... Huskies
 Colors..... Cardinal and Black
 Pool..... Halenbeck Aquatic Center
 First Year of Swimming & Diving at SCSU..... 1965
 Head Coach..... Jeff Hegle (8th Season)
 Hegle's Phone..... 320-308-4266
 Hegle's Email..... jmhegle@stcloudstate.edu
 Assistant Coaches..... Tracy Torgerson (Diving), Jackie Vieau, Mike Wood

NEED INFO?

For information about SCSU swimming and diving, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The swimming and diving contact at SCSU for 2008-09 is Pat McCabe. You can contact him via email at mcpa0702@stcloudstate.edu.

IMPORTANT NUMBERS:

SCSU Ticket Office: 320-308-2137
 SCSU AMR Office: 320-308-2141

WEBSITES:

To obtain complete information about SCSU swimming and diving this season, please go to the Husky Home Page at

www.StCloudState.edu/athletics



SCSU Record Book

SCSU Women's Records

Event	Name	Time	Year
50 Freestyle	Heather Miller	:23.55	2000
100 Freestyle	Heather Miller	:51.65	2000
200 Freestyle	Danielle Breunig	1:54.50	2005 (NCAA)
500 Freestyle	Lisa Peasley	5:09.29	Feb., 2002
1000 Freestyle	Sarah Burnell	10:36.90	2007 (NCC)
1650 Freestyle	Becky Birnell	17:48:88	Feb., 1989
50 Butterfly	Alisha Blaydes	:27.03	Oct. 18, 2008
100 Butterfly	Alise Emil	:56.26	2005 (NCAA)
200 Butterfly	Caitlin Digney	2:08.58	Feb. 23, 2008
50 Backstroke	Cathy Haen	:28.20	Oct. 18, 2008
100 Backstroke	Cathy Haen	:58.83	Dec. 6, 2008
200 Backstroke	Elizabeth Lopez	2:09.00	Dec. 5, 2008
50 Breaststroke	Amber Alexander	:30.84	Nov. 1, 2008
100 Breaststroke	Tesia Zuba	1:04.08	2001
200 Breaststroke	Tesia Zuba	2:17.34	2001
200 IM	Tesia Zuba	2:07.50	2002
400 IM	Tesia Zuba	4:30.15	2002
200 Free Relay	Koetter, Green, Vieau, Blaydes	1:35.81	Dec. 5, 2008
400 Free Relay	Vieau, Breunig, Emil, Peters	3:30.56	2005 (NCC)
800 Free Relay	Breunig, Burnell, Lopez, Vieau	7:44.36	2006 (NCC)
200 Medley Relay	Haen, Alexander Blaydes, Newgren	1:46.21	Dec. 6, 2008
400 Medley Relay	Haen, Alexander Weske, Blaydes	3:55.11	Dec. 5, 2008
1M Diving (50/1v)	Mary Ahlin	316.25	Feb./1999
1M Diving (60)	Kelsey Berkeland	225.25	Dec. 5, 2008
1M Diving (10)	Mary Ahlin	468.50	Jan./1999
1M Diving (11)	Sarah Loquai	425.20	Feb./1996
3M Diving (50/1v)	Mary Ahlin	294.65	Feb./1998
3M Diving (60)	Kelsey Berkeland	244.95	Dec. 6, 2008
3M Diving (11)	Mary Ahlin	562.95	Jan./1999

SCSU Men's Records

Event	Name	Time	Date
50 Freestyle	Anthony Buhr	:20.56	Dec. 6, 2008
100 Freestyle	Kyle Cordry	:45.95	Feb. 24, 2008
200 Freestyle	Kyle Cordry	1:41.61	Mar. 13, 2008
500 Freestyle	Sean Gonia	4:39.98	Feb. 2001
1000 Freestyle	Chad Uher	9:50.58	Feb. 1997
1650 Freestyle	Mark Muenchow	16:27.28	1979
50 Butterfly	Alex Olp	:25.15	Nov. 1, 2008
100 Butterfly	Cam Olk	:49.74	1988
200 Butterfly	Cam Olk	1:53.14	1988
50 Backstroke	Brian Jacobs	:25.88	Nov. 1, 2008
100 Backstroke	Mike Wencil	:50.90	Feb., 2000
200 Backstroke	Matt Verway	1:50.33	Feb. 24, 2008
50 Breaststroke	Anthony Buhr	:27.32	Nov. 1, 2008
100 Breaststroke	Anthony Buhr	:57.37	Dec. 5, 2008
200 Breaststroke	Mark Tollefson	2:07.98	1985
200 IM	Cam Olk	1:52.01	1988
400 IM	Matt Verway	4:06.80	Dec., 2006
200 Free Relay	Daniels, Eberle, Rotramel, Kern	1:23.46	Mar. 1, 2004
400 Free Relay	Cordry, Fitzgerald, Verwey, Goergen	3:05.38	Mar. 15, 2008
800 Free Relay	Cordry, Verwey, Goergen, Fitzgerald	6:55.42	Mar. 14, 2008
200 Medley Relay	Jacobs, Buhr, Nasset, Rotramel	1:34.24	Dec. 6, 2008
400 Medley Relay	Green, Buhr Nasset, Rotramel	3:28.64	Dec. 5, 2008
1M Diving (50/1v)	Nate Jimerson	325.85	Nov. 1, 2008
1M Diving (60)	Nate Jimerson	301.05	Nov. 15, 2008
1M Diving (11)	Jeremy Frye	544.95	Jan./1999
3M Diving (50/1v)	Jeremy Frye	331.90	Feb./1999
3M Diving (60)	Nate Jimerson	278.33	Nov. 15, 2008
3M Diving (11)	Ryan Bucher	573.50	Feb./1998

Records set this season are in bold

2008-09 Swimming & Diving Roster

Women - Name	Yr.	Event	Hometown
Amber Alexander	FY	Breast	Minot, ND
Nikki Bakke	RFY	Back	Hutchinson, MN
Elizabeth Barbee	So.	Free	Hartland, WI
Kelsey Berkeland*	Sr.	Diving	Coon Rapids, MN
Alisha Blaydes	Jr.	Fly	Elk River, MN
Katie Brueggemann	Jr.	IM	Grafton, WI
Sarah Burnell*	Sr.	Distance	Oshkosh, WI
Megan Cotton	Jr.	Free	Racine, WI
Bethany Fuller	Jr.	Distance	Faribault, MN
Jenny Gajewski	FY	Free	Wausau, WI
Diana Gehrman	FY	Distance	St. Charles, IL
April Greene	So.	Free	Sun Prairie, WI
Cathy Haen	Jr.	Back	Eveleth, MN
Becky Johnson*	Sr.	Fly	Columbus, NE
Kirsten Koetter	FY	Fly	Melrose, MN
Chelsea Leshe	FY	Free	Scottsdale, AZ
Elizabeth Lopez	Sr.	Back	Allen, TX
Annie McNallan	Jr.	Diving	Coon Rapids, MN
Cassi Mrozek	So.	Diving	Inver Grove Heights, MN
Naomi Muckler	FY	Distance	Eagan, MN
Becky Newgren	FY	Sprint	Lakeville, MN
Kelsey Noah	FY	Distance	Charles City, IA
Caitlin Pardi	FY	Back	Muskego, WI
Angela Schroeder	Jr.	Breast	Roseville, MN
Laura Seidenkranz	Sr.	Distance	Shoreview, MN
Allison Tracy	FY	Diving	Minot, ND
Jordan VanEgeren	FY	Breast	Green Bay, WI
Kelly Vieau	Jr.	Free	Delano, MN
Erin Walter	FY	Distance	Lakewood, CO
Nikki Weber	FY	Diving	Sauk Rapids, MN
Aubrey Welp	Jr.	Distance	Des Moines, IA
Alison Weske	Jr.	Fly	Sun Prairie, WI
Angie Wieden	FY	Distance	Stillwater, MN
Jordan Wolfrum*	Sr.	Breast	Longmont, CO
Men - Name	Yr.	Event	Hometown
Anthony Buhr	Sr.	Free	Minneapolis, MN
Logan Carpenter	So.	Breast	Superior, WI
Kyle Cordry	Jr.	Free	Las Cruces, NM
Tyler Dahlen	FY	Diving	Coon Rapids, MN
Matt Dahly	Jr.	Breast	Bismarck, ND
Mitchel Dickison*	Sr.	Free	Faribault, MN
Ross Eiden	Sr.	Diving	Rosemount, MN
Andrew Fields	FY	Back	Deer Park, TX
Andrew Fuller	FY	Free	Faribault, MN
Matt Girard	Jr.	Breast	Bloomington, MN
Jacob Goergen	Jr.	Fly	Mandan, ND
Kyle Green	So.	IM	Bettendorf, IA
Joel Gregory	FY	Free	Richmond, MN
Zac Hanson	FY	Free	Holmen, WI
Zac Henderson	FY	Fly	Lawrence, KS
Paul Hoffmann	FY	Back	Mexico City, MX
Brian Jacobs*	Sr.	Back	Clive, IA
Alex Jaholkowski	FY	Breast	Papillion, NE
Nate Jimerson*	Sr.	Diving	Apple Valley, MN
Jordan Michaels	RS	Fly	Thief River Falls, MN
Alex Milberger	Jr.	Distance	Casper, WY
Landon Mishler	Jr.	Free	Kenai, AK
Christian Nasset	FY	Breast	Fargo, ND
David Nedrud	FY	Free	Granite Falls, MN
Justin Nelson	So.	Back	Richfield, MN
Brad Nesheim	So.	Diving	Edina, MN
Alex Olp	Sr.	Fly	Oregon, WI
Joe Palmersten	So.	Breast	St. Cloud, MN
Mitchell Pruss	FY	Fly	Norfolk, NE
John Rosier	So.	Free	Biwabik, MN
Robb Rotramel	FY	Free	Ramsey, MN
Jim Schlup*	Jr.	Free	Manhattan, KS
Adam Sebestyen	Sr.	Breast	Munich, Germany
Joe Spann	So.	Fly	North Pole, AK
Justin Vandenberg	Jr.	Breast	Hutchinson, MN
Matt Verwey	Jr.	Back/IM	Red Deer, Alberta
Nick Weaver	Jr.	Breast	Marshall, MI
Matt Youngers	Jr.	IM	Oronoco, MN

* Team Captains



Women's Individual Season Bests and Team National Rankings

Amber Alexander
 100 free - 56.79, 11/14/08
 200 free - 2:07.33, 11/15/08
 50 breast - 30.84, 11/1/08
 100 breast - 1:06.29, 12/5/08
 200 breast - 2:29.05, 12/6/08

Nikke Bakke
 50 fly - 29.73, 11/1/08
 50 back - 30.87, 11/1/08
 100 back - 1:03.82, 12/6/08
 200 back - 2:14.17, 12/5/08

Liz Barbee
 100 free - 56.92, 12/5/08
 200 free - 2:07.90, 11/1/08
 50 fly - 29.21, 10/18/08
 100 fly - 1:06.30, 12/6/08
 200 fly, 2:35.82, 10/17/08
 100 breast - 1:15.79, 11/1/08
 200 IM - 2:22.08, 12/5/08

Kelsey Berkeland
 1-meter (50/1v) - 250.75, 11/1/08
 3-meter (50/1v) - 261.00, 11/1/08
 1-meter (60) - 225.25, 12/5/08
 3-meter (60) - 244.95, 12/6/08

Alisha Blaydes
 50 free - 25.36, 11/1/08
 100 free - 52.15, 12/5/08
 200 free - 1:58.13, 11/15/08
 50 fly - 27.03, 10/18/08

Katie Brueggemann
 100 free - 57.25, 10/18/08
 200 free - 2:03.32, 11/1/08
 100 breast - 1:09.52, 12/5/08
 200 breast - 2:32.07, 10/17/08
 200 IM - 2:14.05, 12/5/08
 400 IM - 4:53.10, 12/6/08

Sarah Burnell
 500 free - 5:16.15, 12/5/08
 1000 free - 10:57.58, 11/1/08
 1650 free - 18:08.36, 11/15/08
 200 fly - 2:17.54, 10/25/08
 200 IM - 2:18.54, 11/1/08
 400 IM - 4:42.46, 10/17/08

Megan Cotton
 50 free - 25.89, 12/6/08
 200 back - 2:22.73, 10/17/08
 50 breast - 32.46, 10/18/08
 100 breast - 1:11.39, 12/5/08
 200 IM - 2:23.87, 12/5/08

Bethany Fuller
 50 free - 30.23, 10/15/08
 50 back - 33.07, 11/1/08
 100 back - 1:12.55, 11/1/08
 200 back - 2:37.92, 10/17/08

Jenny Gajewski
 50 free - 26.99, 11/15/08
 100 free - 58.00, 10/18/08
 200 free - 2:08.52, 11/15/08
 100 back - 1:04.62, 12/6/08
 200 back - 2:20.90, 12/5/08

Diana Gehrman
 200 free - 2:05.53, 12/6/08
 500 free - 5:23.30, 12/5/08
 1000 free - 11:19.36, 11/14/08
 1650 free - 18:44.58, 12/6/08

April Geene
 50 free - 24.62, 12/6/08
 100 free - 55.12, 12/5/08
 200 free - 2:02.32, 12/6/08
 50 back - 29.39, 11/1/08
 100 back - 1:05.25, 11/1/08

Cathy Haen
 50 free - 26.32, 12/6/08
 50 back - 28.20, 10/18/08
 100 back - 58.83, 12/6/08
 200 back - 2:09.01, 12/5/08

Becky Johnson
 50 free - 26.36, 12/6/08
 50 fly - 28.33, 11/1/08
 100 fly - 1:00.14, 12/6/08
 200 fly - 2:21.89, 12/5/08

Kirsten Koetter
 50 free - 24.24, 12/6/08
 100 free - 54.01, 12/5/08
 50 fly - 27.15, 11/1/08
 100 fly - 59.52, 12/6/08

Chelsea Lehse
 50 free - 30.86, 11/1/08
 200 free - 2:05.11, 10/17/08
 200 back - 2:31.98, 11/15/08
 200 IM - 2:25.18, 10/18/08

Elizabeth Lopez
 200 free - 1:59.31, 12/6/08
 100 back - 1:00.86, 12/6/08
 200 back - 2:09.00, 12/5/08
 200 IM - 2:21.00, 11/1/08

Annie McNallan
 1-meter (50/1v) - 222.15, 11/15/08
 3-meter (50/1v) - 219.80, 10/18/08
 1-meter (60) - 199.80, 12/5/08
 3-meter (60) - 176.65, 12/6/08

Cassi Mrozek
 1-meter (50/1v) - 228.70, 10/18/08
 3-meter (50/1v) - 244.35, 10/25/08
 1-meter (60) - 224.55, 12/5/08
 3-meter (60) - 204.00, 11/14/08

Naomi Muckler
 50 free - 27.42, 10/18/08
 100 free - 59.71, 10/18/08
 200 free - 2:02.47, 12/6/08
 500 free - 5:28.99, 12/5/08
 1000 free - 11:29.09, 11/1/08
 1650 free - 19:05.03, 12/6/08

Rebecca Newgren
 50 free - 24.48, 12/6/08
 100 free - 54.80, 12/5/08

Kelsey Noah
 200 free - 1:59.43, 12/6/08
 500 free - 5:15.55, 12/5/08
 1000 free - 11:03.85, 11/14/08
 1650 free - 18:25.72, 12/6/08

Caitlin Pardi
 50 free - 27.29, 11/14/08
 100 free - 1:00.15, 12/5/08
 50 back - 30.27, 11/1/08
 100 back - 1:04.33, 12/6/08
 200 back - 2:20.32, 12/5/08

Laura Seidenkranz
 200 free - 2:02.38, 12/6/08
 500 free - 5:29.86, 12/5/08
 1000 free - 11:17.01, 11/1/08
 100 fly - 2:22.39, 12/5/08
 200 fly - 2:24.69, 11/17/08

Allison Tracy
 1-meter (50/1v) - 236.70, 11/1/08
 3-meter (50/1v) - 237.30, 11/1/08
 1-meter (60) - 213.25, 12/5/08
 3-meter (60) - 209.45, 12/6/08

Jordan VanEgeren
 50 free - 25.19, 12/6/08
 100 free - 55.05, 12/5/08
 50 breast - 32.24, 10/18/08
 100 breast - 1:09.24, 12/5/08
 200 breast - 2:37.60, 10/17/08
 200 IM - 2:24.17, 11/15/08

Kelly Vieau
 50 free - 24.55, 12/6/08
 100 free - 54.53, 12/5/08
 200 free - 2:04.08, 12/6/08

Erin Walter
 200 free - 2:02.68, 12/6/08
 100 back - 1:04.92, 12/6/08
 200 back - 2:16.15, 12/5/08

Nikki Webber
 1-meter (50/1v) - 214.40, 11/1/08
 3-meter (50/1v) - 222.08, 11/1/08
 1-meter (60) - 198.25, 12/5/08
 3-meter (60) - 192.90, 12/6/08

Aubrey Welp
 200 free - 2:05.19, 10/17/08
 500 free - 5:22.49, 12/5/08
 100 free - 11:18.56, 11/1/08
 1650 free - 18:45.13, 12/6/08

Alison Weske
 200 free - 2:01.95, 11/14/08
 50 fly - 27.31, 10/18/08
 100 fly - 58.28, 12/6/08
 200 fly - 2:21.79, 11/14/08
 100 back - 1:03.21, 12/6/08

Angie Wieden
 100 free - 1:00.43, 10/17/08
 200 free - 1:59.73, 12/6/08
 100 back - 1:06.49, 11/15/08
 200 back - 2:26.00, 12/5/08
 200 IM - 2:23.91, 12/5/08
 400 IM - 5:03.72, 12/6/08

Jordan Wolfrum
 50 breast - 34.08, 10/18/08
 100 breast - 1:12.07, 12/5/08
 200 breast - 2:40.49, 12/6/08
 200 IM - 2:16.69, 12/5/08
 400 IM - 4:57.07, 11/14/08

Women's Division II (12/23/08)

- 1....Wayne State 174.31
- 2....Grand Valley State..... 172.45
- 3....Delta State Univ..... 166.52
- 4....St. Cloud State Univ. 162.81
- 5....Gannon University 162.73
- 6....MSU-Moorhead 160.50
- 7....U. of Incarnate Word 159.93
- 8....MSU-Mankato..... 157.83
- 9....Henderson State Univ..... 155.38
10. Truman State University 149.86
- 11..Ouachita Baptist Univ. 147.75
12. University of Tampa 146.90
13. Bentley College 145.84
14. Univ. of Indianapolis 145.46
15. Northern Michigan Univ. 141.61
16. Wingate University..... 136.88
17. Kutztown University 135.56
18. Colorado School of Mines 135.01
19. Indiana University-PA 134.40
20. Limestone College..... 133.42
21. Ashland University..... 133.38
22. C.W. Post..... 132.64
23. Edinboro University 131.24
24. California of PA..... 130.96
25. College of St. Rose..... 126.92

Also receiving consideration: Bridgeport, Mars Hill, Lewis, Millersville, Rollins, St. Leo, Catawba



Men's Individual Season Bests and Team National Rankings

Will Anzion
50 free - 24.72, 12/6/08
100 free - 54.40, 12/5/08
200 free - 1:57.82, 12/6/08
100 fly, 1:06.20, 11/15/08

Anthony Buhr
50 free - 20.56, 12/6/08
50 breast - 27.32, 11/1/08
100 breast - 57.37, 12/5/08
200 breast - 2:14.88, 11/14/08

Kyle Cordry
50 free - 21.59, 12/6/08
100 free - 47.44, 12/5/08
200 free - 1:46.68, 11/15/08
500 free - 5:15.70, 11/14/08

Tyler Dahlen
1-meter (50/1v) - 195.55, 10/25/08
3-meter (50/1v) - 191.55, 10/25/08

Matt Dahly
100 fly - 57.13, 11/1/08
200 fly - 2:07.82, 12/5/08
100 breast - 1:05.63, 11/1/08
200 breast - 2:18.35, 12/6/08
200 IM - 2:03.03, 12/5/08
400 IM - 4:29.08, 12/6/08

Mitch Dickison
50 free - 22.15, 12/6/08
100 free - 48.62, 12/5/08
200 free - 1:53.85, 11/1/08

Ross Eiden
1-meter (50/1v) - 292.40, 11/1/08
3-meter (50/1v) - 297.05, 11/1/08
1-meter (60) - 267.35, 12/6/08
3-meter (60) - 271.20, 11/15/08

Andrew Fields
200 free - 58.95, 11/15/08
50 back - 27.62, 11/1/08
100 back - 56.69, 12/6/08
200 back - 2:01.84, 12/5/08
200 IM - 2:09.66, 12/5/08
400 IM - 4:26.11, 12/6/08

Andrew Fuller
50 free - 22.65, 12/6/08
100 free - 49.19, 12/5/08
200 free - 1:49.87, 12/6/08
500 free - 5:18.52, 11/1/08

Matt Girard
100 free - 48.81, 12/5/08
200 free - 1:48.23, 12/6/08
500 free - 5:13.47, 11/14/08
100 breast - 59.77, 12/5/08

Kyle Green
200 free - 1:50.21, 11/1/08
500 free - 5:07.94, 11/1/08
100 back - 52.33, 12/6/08
200 back - 1:55.55, 12/5/08
200 IM - 1:53.61, 12/5/08
400 IM - 4:13.89, 12/6/08

Joel Gregory
50 free - 23.53, 12/6/08
100 free - 50.76, 12/5/08
200 free - 1:52.80, 12/5/08
100 fly - 58.70, 11/15/08

Zac Hanson
50 free - 21.95, 12/6/08
100 free - 49.58, 12/5/08
50 fly - 25.98, 11/1/08
100 fly - 56.07, 12/6/08

Zach Handerson
500 free - 5:19.06, 12/5/08
50 fly - 25.36, 11/1/08
100 fly - 56.99, 12/6/08
200 fly - 2:14.73, 12/5/08

Paul Hoffman
50 back - 28.01, 11/1/08
100 back - 58.59, 11/1/08
200 back - 2:04.51, 12/5/08
200 IM - 2:06.43, 12/5/08
400 IM - 4:34.13, 12/6/08

Brian Jacobs
200 free - 1:51.61, 12/6/08
50 back - 25.88, 11/1/08
100 back - 53.94, 12/6/08
200 back - 1:56.42, 12/5/08

Alex Jaholkowski
200 free - 1:55.07, 11/15/08
50 breast - 29.67, 11/1/08
100 breast - 1:03.08, 12/5/08
200 breast - 2:21.21, 12/6/08

Nate Jimerson
1-meter (50/1v) - 325.85, 11/1/08
3-meter (50/1v) - 310.25, 11/1/08
1-meter (60) - 301.05, 11/15/08
3-meter (60) - 278.33, 11/15/08

Alex Milberger
200 free - 1:51.07, 12/6/08
500 free - 4:55.00, 12/5/08
1000 free - 10:36.17, 11/14/08
1650 free - 17:47.17, 12/6/08
200 fly - 2:05.07, 12/5/08

Landon Mishler
50 free - 23.46, 12/6/08
100 free - 51.60, 12/5/08
100 fly - 59.31, 12/6/08

Christian Nasset
100 free - 50.40, 11/14/08
100 fly - 52.18, 12/6/08
100 breast - 1:00.03, 12/5/08
200 IM - 2:01.19, 12/5/08

David Nedrud
50 free - 22.60, 12/6/08
100 free - 49.13, 12/5/08
1000 free - 11:19.83, 11/14/08
50 fly - 25.74, 11/1/08
100 fly - 55.13, 12/6/08
100 back - 1:00.18, 11/15/08
200 IM - 2:04.66, 12/5/08

Justin Nelson
50 free - 25.74, 11/15/08
50 back - 26.88, 11/1/08
100 back - 54.07, 12/6/08
200 back - 2:02.26, 12/5/08
200 IM - 2:14.11, 11/1/08

Brad Neshiem
1-meter (50/1v) - 221.05, 10/25/08
3-meter (50/1v) - 260.30, 11/1/08
1-meter (60) - 196.65, 11/14/08
3-meter (60) - 203.65, 12/5/08

Alex Olp
50 free - 24.00, 11/15/08
100 free - 54.68, 12/5/08
50 fly - 25.16, 11/1/08
100 fly - 55.77, 12/6/08

Joe Palmersten
100 free - 48.94, 12/5/08
500 free - 4:55.12, 12/5/08
1000 free - 10:43.83, 11/14/08
50 breast - 28.82, 11/1/08
100 breast - 1:03.47, 11/1/08
200 breast, 2:15.36, 12/6/08

Mitchell Pruss
50 fly - 25.94, 11/1/08
100 fly - 53.89, 12/6/08
200 fly - 2:00.32, 12/5/08
200 IM - 2:03.29, 12/5/08
400 IM - 4:44.80, 11/14/08

John Rosier
100 free - 49.57, 12/5/08
200 free - 1:49.13, 12/6/08
500 free - 5:03.73, 12/5/08
1000 free - 10:39.52, 11/1/08

Robb Rotramel
50 free - 22.16, 11/15/08
100 free - 46.59, 12/5/08
200 free - 1:45.80, 12/6/08

Jim Schlup
50 free - 25.32, 11/15/08
500 free - 5:08.77, 12/5/08
1000 free - 11:15.82, 11/15/08
1650 free - 18:27.80, 12/6/08

Joe Spann
200 free - 1:50.12, 11/15/08
1000 free - 10:45.70, 10/25/08
50 fly - 25.32, 11/1/08
100 fly - 52.84, 12/6/08
200 fly - 1:57.08, 12/5/08
200 IM - 2:02.54, 12/5/08

Justin Vandenberg
50 free - 24.89, 11/15/08
50 breast - 29.51, 11/1/08
100 breast - 1:01.59, 12/5/08
200 breast - 2:15.94, 12/6/08
200 IM - 2:05.01, 12/5/08

Nick Weaver
50 free - 23.54, 12/6/08
100 free - 51.85, 12/5/08
50 breast - 30.58, 11/1/08
100 breast - 1:03.15, 12/5/08

Matt Youngers
1000 free - 10:54.17, 11/1/08
1650 free - 17:39.10, 12/6/08
200 fly - 2:01.09, 12/5/08
100 breast - 1:08.31, 11/1/08
200 breast - 2:22.53, 10/25/08
200 IM - 2:14.11, 11/1/08
400 IM - 4:33.83, 10/25/08

Men's Division II (12/23/08)

Table with 2 columns: Rank and Team Name. Lists 25 teams including Wayne State, Delta State Univ, St. Cloud State Univ, Gannon University, MSU-Moorhead, U. of Incarnate Word, MSU-Mankato, Henderson State Univ, Truman State University, Ouachita Baptist Univ, University of Tampa, Bentley College, Univ. of Indianapolis, Northern Michigan Univ, Wingate University, Kutztown University, Colorado School of Mines, Indiana University-PA, Limestone College, Ashland University, C.W. Post, Edinboro University, California of PA, and College of St. Rose.

Also receiving consideration: St. Leo, College of St. Rose



Women's Team Top-5 Marks

50 freestyle

24.24 – Kirsten Koetter, 12/6/08
24.29 – Kirsten Koetter, 12/6/08
24.48 – Becky Newgren, 12/6/08
24.49 – Becky Newgren, 12/6/08
24.55 – Kelly Vieau, 12/6/08

100 Freestyle

52.15 – Alisha Blaydes, 12/5/08
53.16 – Alisha Blaydes, 11/14/08
53.55 – Alisha Blaydes, 11/15/08
53.83 – Alisha Blaydes, 12/5/08
54.01 – Kirsten Koetter, 12/5/08

200 Freestyle

1:58.13 – Alisha Blaydes, 11/15/08
1:58.38 – Alisha Blaydes, 11/14/08
1:59.31 – Elizabeth Lopez, 12/6/08
1:59.49 – Kelsey Noah, 12/6/08
1:59.65 – Alisha Blaydes, 11/1/01

500 Freestyle

5:15.55 – Kelsey Noah, 12/5/08
5:16.15 – Sarah Burnell, 12/5/08
5:17.04 – Sarah Burnell, 12/5/08
5:18.26 – Sarah Burnell, 11/14/08
5:19.87 – Sarah Burnell, 11/1/08

1000 Freestyle

10:57.58 – Sarah Burnell, 11/1/01
11:02.33 – Sarah Burnell, 10/18/08
11:03.85 – Kelsey Noah, 11/14/08
11:10.21 – Kelsey Noah, 11/1/01
11:15.58 – Kelsey Noah, 10/25/08

1650 Freestyle

18:08.36 – Sarah Burnell, 11/15/08
18:10.43 – Sarah Burnell, 12/6/08
18:25.72 – Kelsey Noah, 12/6/08
18:26.55 – Kelsey Noah, 11/15/08
18:36.05 – Kelsey Noah, 10/17/08

50 Butterfly

27.03 – Alisha Blaydes, 10/18/08
27.15 – Kirsten Koetter, 11/1/08
27.30 – Kirsten Koetter, 10/18/08
27.31 – Alison Weske, 10/18/08
27.58 – Alison Weske, 11/1/08

100 Butterfly

58.28 – Alison Weske, 12/6/08
58.35 – Alison Weske, 12/6/08
59.52 – Kirsten Koetter, 12/6/08
1:00.14 – Becky Johnson, 12/6/08
1:00.73 – Alison Weske, 10/18/08

200 Butterfly

2:17.54 – Sarah Burnell, 10/25/08
2:17.92 – Sarah Burnell, 10/17/08
2:21.79 – Alison Weske, 11/14/08
2:21.89 – Becky Johnson, 12/5/08
2:22.39 – Laura Seidenkranz, 12/5/08

50 Breaststroke

30.84 – Amber Alexander, 11/1/01
31.34 – Amber Alexander, 10/18/08
32.24 – Jordan VanEgeren, 10/18/08
32.30 – Jordan VanEgeren, 11/1/01
32.46 – Megan Cotton, 10/18/08

100 Breaststroke

1:06.29 – Amber Alexander, 12/5/08
1:06.68 – Amber Alexander, 12/5/08
1:08.05 – Amber Alexander, 11/1/08
1:08.09 – Amber Alexander, 11/15/08
1:08.18 – Amber Alexander, 10/25/08

200 Breaststroke

2:29.05 – Amber Alexander, 12/6/08
2:32.07 – Katie Brueggemann, 10/17/08
2:32.42 – Katie Brueggemann, 11/14/08
2:32.43 – Amber Alexander, 12/6/08
2:33.32 – Amber Alexander, 11/14/08

50 Backstroke

28.20 – Cahty Haen, 10/18/08
28.47 – Cathy Haen, 11/1/01
29.39 – April Greene, 11/1/01
30.27 – Caitlin Pardi, 11/1/01
30.45 – Caitlin Pardi, 10/18/08

100 Backstroke

58.83 – Cathy Haen, 12/6/08
59.36 – Cathy Haen, 12/6/08
1:00.34 – Cathy Haen, 11/15/08
1:00.55 – Cathy Haen, 10/18/08
1:00.75 – Cathy Haen, 11/1/08

200 Backstroke

2:09.00 – Elizabeth Lopez, 12/5/08
2:09.01 – Cathy Haen, 12/5/08
2:09.17 – Cathy Haen, 12/5/08
2:09.58 – Elizabeth Lopez, 12/5/08
2:13.56 – Cathy Haen, 11/14/08

200 IM

2:14.05 – Katie Brueggemann, 12/5/08
2:15.48 – Katie Brueggemann, 12/5/08
2:16.04 – Katie Brueggemann, 11/15/08
2:16.69 – Jordan Wolfrum, 12/5/08
2:16.98 – Katie Brueggemann, 11/1/08

400 IM

4:42.46 – Sarah Burnell, 10/17/08
4:46.08 – Sarah Burnell, 11/14/08
4:47.00 – Sarah Burnell, 10/25/08
4:49.01 – Sarah Burnell, 12/6/08
4:51.56 – Sarah Burnell, 12/6/08

1-Meter Diving (5o/1v)

250.75 – Kelsey Berkeland, 11/1/08
236.70 – Allison Tracy, 11/1/08
235.25 – Kelsey Berkeland, 10/25/08
228.70 – Cassi Mrozek, 10/18/08
224.05 – Cassi Mrozek, 11/1/08

1-Meter Diving (6o)

225.25 – Kelsey Berkeland, 12/5/08
224.55 – Cassi Mrozek, 12/5/08
222.15 – Annie McNallan, 11/15/08
220.10 – Kelsey Berkeland, 11/14/08
217.28 – Kelsey Berkeland, 11/15/08

3-Meter Diving (5o/1v)

261.00 – Kelsey Berkeland, 11/1/08
247.12 – Kelsey Berkeland, 11/21/08
244.35 – Cassi Mrozek, 10/25/08
239.15 – Kelsey Berkeland, 10/25/08
237.30 – Allison Tracy, 11/1/08

3-Meter Diving (6o)

244.95 – Kelsey Berkeland, 12/6/08
220.29 – Kelsey Berkeland, 11/14/08
209.45 – Allison Tracy, 12/6/08
204.00 – Cassi Mrozek, 11/14/08
203.48 – Allison Tracy, 11/14/08

200 Freestyle Relay

1:35.81 – Koetter, Greene, Vieau, Blaydes, 12/5/08
1:37.53 – Koetter, Greene, Vieau, Blaydes, 11/15/08
1:39.03 – Newgren, Haen, VanEgeren, Weske, 12/5/08
1:39.54 – Blaydes, Greene, Koetter, Vieau, 11/1/08
1:40.01 – Blaydes, Koetter, Vieau, Greene, 10/18/08

400 Freestyle Relay

3:34.45 – Vieau, Koetter, Brueggemann, Blaydes, 12/6/08
3:36.41 – Vieau, Greene, Koetter, Blaydes, 11/14/08
3:41.59 – Greene, Koetter, Wekse, Blaydes, 10/17/08
3:43.36 – 10/25/08
3:43.43 – Greene, Lopez, Newgren, VanEgeren, 12/6/08

800 Freestyle Relay

7:59.38 – Blaydes, Lopez, Noah, Weske, 12/5/08
8:09.66 – Burnell, Walter, Gehrman, Welp, 12/5/08
8:12.27 – Gehrman, Pardi, Seidenkranz, Welp, 11/15/08
8:31.40 – Seidenkranz, Lopez, Muckler, Gajewski, 12/5/08
8:41.69 – Brueggemann, Burnell, Noah, Weske, 11/15/08

200 Medley Relay

1:46.21 – Haen, Alexander, Blaydes, Newgren, 12/6/08
1:48.74 – Greene, VanEgeren, Weske, Koetter, 12/6/08
1:50.24 – Lopez, VanEgeren, Johnson, Walter, 11/15/08
1:50.31 – Heen, Alexander, Weske, Greene, 11/1/01
1:51.32 – Haen, Alexander, Weske, Greene, 10/18/08

400 Medley Relay

3:55.11 – Haen, Alexander, Weske, Blaydes, 12/5/08
4:01.07 – Haen, Alexander, Weske, Koetter, 11/14/08
4:03.87 – Haen, Alexander, Koetter, Vieau, 10/17/08
4:03.88 – Lopez, Brueggemann, Koetter, Vieau, 12/5/08
4:10.58 – Lopez, VaneEgeren, Weske, Brueggemann, 10/17/08



Men's Team Top-5 Marks

50 freestyle

20.56 – Anthony Buhr, 12/6/08
20.62 – Anthony Buhr, 12/6/08
21.38 – Anthony Buhr, 11/15/08
21.52 – Anthony Buhr, 11/1/08
21.58 – Anthony Buhr, 11/14/08

100 Freestyle

46.59 – Robb Rotramel, 12/5/08
46.86 – Robb Rotramel, 12/5/08
47.44 – Kyle Cordry, 12/5/08
47.47 – Kyle Cordry, 12/5/08
47.64 – Robb Rotramel, 11/15/08

200 Freestyle

1:45.80 – Robb Rotramel, 12/6/08
1:46.68 – Kyle Cordry, 11/15/08
1:46.76 – Robb Rotramel, 12/6/08
1:46.82 – Kyle Cordry, 11/1/08
1:48.23 – Matt Girard, 12/6/08

500 Freestyle

4:55.00 – Alex Milberger, 12/5/08
4:55.12 – Joe Palmersten, 12/5/08
4:56.77 – Alex Milberger, 12/5/08
4:57.68 – Joe Palmersten, 12/5/08
5:03.73 – John Rosier, 12/5/08

1000 Freestyle

10:36.17 – Alex Milberger, 11/14/08
10:39.52 – John Rosier, 11/1/08
10:43.83 – Joe Palmersten, 11/14/08
10:44.25 – John Rosier, 11/14/08
10:45.70 – Joe Spann, 10/25/08

1650 Freestyle

17:39.10 – Matt Youngers, 12/6/08
17:47.17 – Alex Milberger, 12/6/08
18:02.42 – Alex Milberger, 11/15/08
18:10.71 – Matt Youngers, 11/15/08
18:27.80 – Jim Schlup, 12/6/08

50 Butterfly

25.16 – Alex Olp, 11/1/08
25.32 – Joe Spann, 11/1/08
25.74 – David Nedrud, 11/1/08
25.94 – Mitchell Pruss, 11/1/08
25.98 – Zac Hanson, 11/1/08

100 Butterfly

52.18 – Christian Nasset, 12/6/08
52.48 – Christian Nasset, 12/6/08
52.86 – Joe Spann, 12/6/08
53.89 – Mitchell Pruss, 12/6/08
54.23 – Christian Nasset, 11/15/08

200 Butterfly

1:57.08 – Joe Spann, 12/5/08
1:57.97 – Joe Spann, 12/5/08
2:00.22 – Matt Youngers, 12/5/08
2:00.32 – Mitchell Pruss, 12/5/08
2:01.09 – Matt Youngers, 12/5/08

50 Breaststroke

27.32 – Anthony Buhr, 11/1/08
28.82 – Joe Palmersten, 11/1/08
29.51 – Justin Vandenberg, 11/1/08
29.67 – Alex Jaholkowski, 11/1/08
30.59 – Nick Weaver, 11/1/08

100 Breaststroke

57.37 – Anthony Buhr, 12/5/08
57.57 – Anthony Buhr, 12/5/08
59.33 – Anthony Buhr, 11/15/08
59.33 – Matt Girard, 12/5/08
59.72 – Anthony Buhr, 11/1/08

200 Breaststroke

2:14.88 – Anthony Buhr, 11/14/08
2:15.26 – Justin Vandenberg, 12/6/08
2:15.36 – Joe Palmersten, 12/6/08
2:16.57 – Justin Vandenberg, 12/6/08
2:16.65 – Joe Palmersten, 12/6/08

50 Backstroke

25.88 – Brian Jacobs, 11/1/08
26.88 – Justin Nelson, 11/1/08
27.82 – Andrew Fields, 11/1/08
28.01 – Paul Hoffman, 11/1/08

100 Backstroke

52.33 – Kyle Green, 12/6/08
52.81 – Kyle Green, 12/6/08
53.94 – Brian Jacobs, 12/6/08
54.07 – Justin Nelson, 12/6/08
54.24 – Justin Nelson, 12/6/08

200 Backstroke

1:55.55 – Kyle Green, 12/5/08
1:56.42 – Brian Jacobs, 12/5/08
1:57.88 – Brian Jacobs, 12/5/08
1:59.32 – Kyle Green, 12/5/08
2:00.68 – Kyle Green, 11/14/08

200 IM

1:53.61 – Kyle Green, 12/5/08
1:53.85 – Kyle Green, 12/5/08
1:59.87 – Kyle Green, 11/15/08
2:01.19 – Christian Nasset, 12/5/08
2:01.93 – Kyle Green, 11/1/08

400 IM

4:13.89 – Kyle Green, 12/6/08
4:18.80 – Kyle Green, 12/6/08
4:22.79 – Matt Youngers, 12/6/08
4:23.71 – Matt Youngers, 12/6/08
4:26.11 – Andrew Fields, 12/6/08

1-Meter Diving (50/1v)

325.85 – Nate Jimerson, 11/1/08
306.82 – Nate Jimerson, 11/21/08
292.40 – Ross Eiden, 11/1/08
287.95 – Nate Jimerson, 10/25/08
285.85 – Ross Eiden, 10/25/08

1-Meter Diving (60)

301.05 – Nate Jimerson, 11/15/08
295.90 – Nate Jimerson, 12/6/08
267.35 – Ross Eiden, 12/6/08
265.43 – Ross Eiden, 11/14/08
257.58 – Nate Jimerson, 11/14/08

3-Meter Diving (50/1v)

310.25 – Nate Jimerson, 11/1/08
304.05 – Nate Jimerson, 10/25/08
297.05 – Ross Eiden, 11/1/08
295.65 – Nate Jimerson, 11/21/08
276.45 – Ross Eiden, 10/25/08

3-Meter Diving (60)

278.33 – Nate Jimerson, 11/15/08
271.20 – Ross Eiden, 11/15/08
258.45 – Nate Jimerson, 12/5/08
256.05 – Ross Eiden, 11/14/08
225.30 – Ross Eiden, 12/5/08

200 Freestyle Relay

1:26.30 – Rotramel, Dickison, Cordry, Buhr, 12/5/08
1:26.84 – Buhr, Dickison, Cordry, Rotramel, 11/1/08
1:29.22 – Rotramel, Jacobs, Dickison, Cordry, 11/15/08
1:29.25 – Fuller, Hanson, Nedrud, Rosier, 12/5/08
1:31.11 – Nedrud, Hanson, Rosier, Fuller, 11/1/08

400 Freestyle Relay

3:11.23 – Rotramel, Brian Jacobs, Spann, Cordry, Green, 12/6/08
3:15.55 – Nasset, Dickison, Spann, Rotramel, 11/14/08
3:16.44 – Dickison, Rosier, Palmersten, Nasset, 12/6/08
3:17.59 – 10/25/08
3:18.88 – Hanson, Girard, Jacobs, Fuller, 12/6/08

800 Freestyle Relay

7:02.04 – Cordry, Rotramel, Spann, Green, 12/5/08
7:25.10 – Girard, Milberger, Rosier, Spann, 11/15/08
7:43.07 – Schlup, Anzion, Henderson, Joholkowski, 12/5/08

200 Medley Relay

1:34.24 – Jacobs, Buhr, Nasset, Rotramel, 12/6/08
1:37.33 – Jacobs, Nasset, Green, Buhr, 11/15/08
1:37.74 – Nelson, Girard, Olp, Dickison, 12/6/08
1:38.87 – Hoffman, Palmersten, Olp, Hanson, 11/1/08
1:40.18 – Fields, Vandenberg, Pruss, Hanson, 12/6/08

400 Medley Relay

3:28.64 – Green, Buhr, Nasset, Cordry, 12/5/08
3:34.74 – Green, Buhr, Nasset, Cordry, 11/14/08
3:36.10 – Jacobs, Buhr, Green, Cordry, 10/25/08
3:37.66 – Jacobs, Girard, Olp, Nedrud, 12/5/08
3:39.79 – Nelson, Palmersten, Pruss, Dickison, 12/5/08



Non-School Records

Men

Pool Records

Anthony Buhr
50 breast, 27.32, 11/1/08, SCSU
Nate Jimerson
1-meter (5o/1v), 306.82, 11/21/08, USD
3-meter (5o/1v), 295.65, 11/21/08, USD

Meet records

Rotramel, Dickison, Cordry, Buhr
200 FR, 1:23.83, 12/5/08, TYR

Women

Pool Records

Amber Alexander
50 breast, 30.84, 11/1/08, SCSU
Alisha Blaydes
100 free, 54.53, 10/17/08, MSUM
50 fly, 27.03, 10/18/08, MSUM
Sarah Burnell
1000 free, 11:02.33, 10/18/08, MSUM
Cathy Haen
50 back, 28.20, 10/18/08, SCSU
Kirsten Koetter
50 free, 25.20, 10/17/08, MSUM
Kelsey Noah
1650 free, 18:36.05, 10/17/08, MSUM
Blaydes, Koetter, Vieau, Greene
200 FR, 1:40.01, 10/18/08, MSUM
Koetter, Greene, Vieau, Blaydes
200 FR, 1:35.81, 12/5/08, Carthage
Greene, Koetter, Weske, Blaydes
400 FR, 3:41.59, 10/17/08, MSUM
Haen, Alexander, Weske, Greene
200 MR, 1:51.32, 10/18/08, MSUM

Meet records

Amber Alexander
100 breast, 1:06.29, 12/5/08, TYR
Cathy Haen
100 back, 58.83, 12/6/08, TYR
Koetter, Greene, Vieau, Blaydes
200 FR, 1:35.81, 12/5/08, TYR
Haen, Alexander, Blaydes, Newgren
200 MR, 1:46.21, 12/6/08
Haen, Alexander, Weske, Blaydes
400 MR, 3:55.11, 12/5/08

National Qualifiers

Men

A-Cut Qualifiers

Anthony Buhr – 50 free, 100 breast
Ross Eiden – 1-meter diving, 3-meter diving
Nate Jimerson – 1-meter diving, 3-meter diving

B-Cut Qualifiers

Kyle Green – 100 back, 200 IM
Robb Rotramel – 100 free

Women

A-Cut Qualifiers

Kelsey Berkeland – 1-meter diving, 3-meter diving
Koetter, Greene, Vieau, Blaydes – 200 FR
Haen, Alexander, Blaydes, Newgren – 200 MR
Haen, Alexander, Weske, Blaydes – 400 MR

B-Cut Qualifiers

Amber Alexander – 100 breast
Alisha Blaydes – 100 free
Cathy Haen – 100 back, 200 back
Kirsten Koetter – 50 free
Elizabeth Lopez – 200 back
Becky Newgren – 50 free
Kelly Vieau – 50 free
Alison Weske – 100 fly



Head Coach - Jeff Hegle



Coach Hegle

Jeff Hegle begins his eighth season on the deck as the head swimming and diving coach for the men's and women's programs at St. Cloud State University in 2008-09.

In his seven seasons with SCSU he has led the Huskies to numerous NCAA Championship meets consistently finishing among the best in the country. This year, the Husky women earned a 20th place finish after earning 50 points at the 2008 NCAA Division II Championships. SCSU's men's team placed 15th at the Championships with 98 points.

Coach Hegle, along with former diving coach Nate Brisley, helped coach SCSU's junior diver Nate Jimerson to national titles in both the one-meter and three-meter boards in 2008. Jimerson tallied a 520.75 score on the one-meter and two nights later completed the Championship sweep with a 546.15 on the three-meter. Jimerson's three-meter score was only 10 points away from the national meet record of 556.40 set in 1994. To add to his list of accolades, Jimerson was also named the 2008 NCAA Division II Male Diver of the Year at the conclusion of the Championship Meet.

In the final North Central Conference Championship meet, the Husky men gave their best effort, but met up with a very strong North Dakota team that was able to hold off the Huskies and claim the NCC Title. The SCSU men finished in second place for the second year in a row behind UND. The SCSU women's also posted the same finish as last season when they took fourth in the team competition.

Coach Hegle also led three Husky individuals to NCC Championships in 2007-08, and for the second year in a row, Nate Jimerson was named the NCC Diver of the Year. Academically, the Huskies posted a league best 23 student-athletes on the NCC Commissioners Academic Honor Roll.

During the 2006-07 season the women's team finished 19th at the championship meet while the men fell just outside the top twenty at 21st. The best finish for the Husky women came in 2004 when they finished 11th at the NCAA meet. Coach Hegle also guided them to 12th place finishes in 2005 and 2006 as well as a 13th place finish in 2003 and a 16th in 2002. The men had their best finish in 2006 when they finished 19th, and also recorded 21st place finishes at both the 2004 and 2005 NCAA's.

Two seasons ago at the North Central Conference Championship meet the SCSU men finished in second place for the second straight season, while the women finished in fourth place after finishing third in 2006. The University of North Dakota swept the meet taking home top honors for both the men and the women.

Hegle is a familiar name to SCSU athletics, as he was a graduate assistant coach to the swimming and diving program for two seasons (1993-95) and is a former Husky swimmer. Hegle captained the SCSU men's swimming and diving team during the 1991-92 season. He received an undergraduate degree in social studies and secondary education in 1993. He earned a master's degree in special education at SCSU.

At St. Cloud State, Hegle was an Admissions Ambassador for three years and a University Award of Excellence in Leadership nominee.

From 1997 until his appointment at SCSU, Hegle had been the girls swim coach at Monticello High School. He joined the Monticello program in 1995 as the assistant swim coach for boys and girls. He has also coached the Monticello Swim Club.

Hegle, a native of Melrose, Minn., is married to former SCSU volleyball standout Christin Broich. Together they have three daughters, Caitlin, Tessa, and Molly.

Assisting in 2007-08

TRACY TORGERSON - DIVING COACH: Tracy Torgerson comes to SCSU from the Sauk Rapids-Rice school district where she has been the head diving coach for the past six years and has taught special education for the past two years. At Sauk Rapids-Rice she was Section 3A boy's diving coach of the year four times in 2003, '04, '06, and '07 and had a five year run as Section 3A girls diving coach of the year from 2003-07.



Tracy Torgerson

Torgerson is also a Level II gymnastics coach for the Special Olympics of Minnesota, a post she has held since February of 2007. She has been a personal trainer, and was an assistant diving coach and swimming and diving instructor at the University of Minnesota.

Torgerson is a 2002 product of the University of Minnesota where she graduated with degrees in both Kinesiology and Spanish as well as a minor in coaching. She then went on to St. Cloud State University where she received her Graduate Licensure in Special Education in 2006.

At Minnesota, Torgerson was a four year member of the swimming and diving team from 1997 to 2001 and was a member of the Golden Gophers 1999 and 2000 Big Ten Championship squads. In 2000 she was the Big Ten silver medalist in three-meter diving and became an All-American in one-meter diving. The 2001 team captain still holds the University of Minnesota record for one-meter diving. In 1999 and 2000 Torgerson was also a member of the Minnesota track and field team.

"We are extremely excited to have someone of Tracy's caliber taking over the reigns of our program," said Coach Hegle, "Tracy will enable us to continue our success at the national level. Her philosophy and goals are what Husky swimming and diving is all about."

A St. Cloud native and Tech High School Graduate, Torgerson and her husband Jeremy reside in Sauk Rapids with their daughter Lilly.

JACKIE VIEAU - ASSISTANT COACH: Jackie Vieau, a native of Delano, Minn., will be a second year graduate student coach heading into the 2008-09 season and is studying in early childhood special education. A 2007 graduate of SCSU with a degree in communication disorders, Vieau swam under the helm of current head coach Jeff Hegle from 2002-2006. As a Husky, Vieau was a four-time NCAA All-American and the 2006 North Central Conference Champion in the 100 free. The year prior in 2005 Vieau was an NCC Champion in the 100 free and the 400 free relay. In 2004, she swam on the NCC Championship 200 and 400 free relay teams. Vieau earned her third All-American honor of her career with a seventh place 400 free relay national finish in 2005. There she also competed on three other relays at the national championships, as well as the individual 100 and 200 free. Vieau holds school records as a member of the 200, 400, and 800 free relay teams and is also a school record holder in the 400 medley relay. Vieau was named NCC Swimmer of the Week on Nov. 2, 2004 and Feb. 1, 2005.



Jackie Vieau

MIKE WOOD - ASSISTANT COACH: Mike Wood joins the SCSU swimming and diving coaching staff for the first time in 2008-09 as a graduate assistant coach. A native of Chaska, Minn., Wood swam for current Huskies head coach Jeff Hegle from 2000-2004. As a student-athlete, Wood was all-conference member for three years and was voted Most Improved after the 2002-03 season. After graduating with a bachelor's of science in marketing from SCSU, Wood worked for Cintas (FAS) from 2005-08.



Mike Wood

During that stint, Wood was the head club coach at Barracuda Aquatics Club for one season, and also served as a club coach for the West Express swim team for three years. Wood is working towards a master's degree in sport management at SCSU and currently resides in St. Cloud.