



St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Swimming & Diving Update

Home of the Huskies

Contact: Pat McCabe: 320-308-2141 or mcpa0702@stcloudstate.edu



Upcoming Meets:

November 21 - 6:00 pm

South Dakota

DakotaDome - Vermillion, S.D.



December 5-6 - 9:00a/4:30p

Carthage College Invite

Tarble Athletic & Rec. Center Pool - Kenosha, Wis.



December 5-6 - 9:00 am

UW-River Falls Diving Invite

Minnesota Aquatic Center - Minneapolis, Minn.



2008-09 SCSU Schedule

Date	Meet	Time/Result
Oct 11	Alumni Meet	2:00 pm
Oct 17	at MSU Moorhead Northern Michigan (women only)	161-81, W 200-38, W
Oct 18	at MSU Moorhead Northern Michigan (women only)	202-97, W 237-61, W
Oct 24	at UW-Eau Claire UW-Stevens Point	Ind. scores only
Oct 25	at UW-Eau Claire UW-Stevens Point	Ind. scores only
Nov 1	Minnesota State	W) 165-97, W M) 163-137, W
Nov 14	at UW-Green Bay	W) 99.5-141.5, L M) 98-138, L
Nov 15	at UW-Green Bay	W) 93-145, L M) 104.5-135.5, L
Nov 15	St. John's/St. Ben's Inv.	W) 5th/7 M) 4th/5
Nov 21	at South Dakota	6:00 pm
Dec 5-6	at Carthage College Invite	TBA
Dec 5-6	UW-River Falls Diving Invite (at University of Minnesota)	TBA
Dec 31-Jan 12	Training Trip (San Juan, Puerto Rico)	TBA
Jan 16	St. John's / St. Ben's	6:00 pm
Jan 17	St. Olaf	1:00 pm
Jan 24	at Carleton	6:30 pm
Feb 6-7	at Minnesota Challenge	TBA
Mar 11-14	at NCAA DII Championships	TBA

All home meets are at Halenbeck Hall Aquatic Center unless otherwise noted. Admission is FREE for all home meets.

2008-09 SCSU SWIMMING & DIVING NEWS Release Date: November 17, 2008

CANINE CLASH: The Huskies will travel to meet the Coyotes in the lone dual of the weekend for SCSU. Held in the DakotaDome in Vermillion, S.D., the meet is scheduled for a 6:00 pm start on Friday, Nov. 21. Last season when the two teams matched up in Halenbeck Hall Aquatic Center, in the final NCC dual meet for SCSU, it was the Husky men prevailing 142-82 with the women falling 106-137.

ABOUT THE COYOTES: The Coyotes enter this weekend's meet off their "Border Battle" meet with UW-Stevens Point at Minnesota State. The Coyotes took third in both the men's and women's meet with 790 and 897.5 points respectively. The Coyote women were led by Elizabeth Hoffman and her three wins in the 500 free (5:06.36), the 200 free (1:55.83), and the 200 back (2:12.15). Also claiming wins in Stevens Point, Wis. were Erin Wagoner in the 100 fly (1:00.40), Sara Holman in the 1,650 free (18.23.31), and the women's 800 free relay team (8:05.76). The only winner for the men was Chris Hause in one-meter diving with a 445.80. Since earning a win in their season opening meet over Northern Iowa the Coyotes have been held winless on their new Division I schedule falling to the likes of Iowa State, Wyoming, and UW-Green Bay.

PHOENIX PROVES TOO POWERFUL: The University of Wisconsin-Green Bay proved to be too much for St. Cloud State as the Phoenix handed the Huskies a set of losses over the weekend. The SCSU women fell by scores of 99.5-141.5 on Friday and 93-145 on Saturday. The SCSU men were downed 98-138 and 104.5-135.5 on Friday and Saturday respectively.

HOW THE OTHER HALF LIVES: Not all the Huskies could make the trip to Green Bay so the squad split up with half the swimmers and divers staying home for the College of St. Benedict/St. John's University Fall Invite. At the meet the Husky women placed fifth of seven with 240 total points behind winner MSU Moorhead (793), Luther College (541), St. Thomas (458), St. Ben's (456), and ahead of Concordia (181), and Hamline (90). The men placed fourth of five with 337 points behind winning Luther (806.5), St. John's (698), St. Thomas (649.5), and ahead of Hamline (132).



Kirsten Koetter

THE 50'S AIN'T FREE: SCSU left no room for the competition as the 50-yard freestyle was dominated by the Huskies in Green Bay. Kirsten Koetter won the women's 50 free on both days with a 24.79 and 24.68 respectively. On the men's side Anthony Buhr won both races with times of 21.58 and 24.68 respectively. Koetter and Buhr's Saturday times were each the best of the season. Buhr has now won the 50 free in the Huskies last three consecutive meets.

B-CUTS: Alisha Blaydes placed second in the 100-yard freestyle on Friday night against the Phoenix, and in doing so posted an NCAA B-cut mark. Blaydes posted a season best mark of 53.16. A day later Anthony Buhr also hit the B-cut qualifier with his winning time of 21.39 in the 50-yard freestyle.

200 FREE RELAYS: The men's and women's 200-yard freestyle relays each made some fireworks against UWGB as the weekend finale on Saturday. The men's team of Robb Rotramel, Brian Jacobs, Mitch Dickson, and Kyle Cordry combined to post a 1:29.22 and take the top spot over their Division I counterparts. Meanwhile the women's team of Kirsten Koetter, April Greene, Kelly Vieau, and Alisha Blaydes posted their best time of the season (1:37.53) and narrowly missed out on a trip to Nationals, falling just 0.6 seconds shy of the automatic qualifier (1:36.99). A second place effort for the ladies, they were even closer to a victory with the winners touching the wall in 1:37.10.

THE VICTORS: The rest of the winners on the weekend included Robb Rotramel in the 100-yard freestyle (48.33) on Friday, and on Saturday Nate Jimerson in one (301.05) and three-meter (278.33) diving, Alisha Blaydes in the 100-yard free (53.55), and Buhr in the 100-yard breast (59.33).

SEASON BESTS: By the end of Saturday, as a team the Huskies had posted their best times on the season in 30 different events. And in three events SCSU swam for season highs on Nov. 14, only to come back set a new high on Nov. 15. In the women's 50 and 200 free, Kirsten Koetter and Alisha Blaydes respectively each posted season highs on Friday, only to set new ones on Saturday. In the men's 100 free it was Robb Rotramel posting top times on back to back days.



Annie McNallan

M McNALLAN GRABS FIRST CAREER WINS: Husky junior diver earned the first wins of her career at the CSB/SJU Fall Invite over the weekend. McNallan swept the boards and paced the field with a 221.15 on the one-meter and a 208.75 on the three-meter.

TEAM CAPTAINS: Serving as captains for the SCSU women this winter will be seniors Kelsey Berkeland, Sarah Burnell, Becky Johnson, and Jordan Wolfrum. Captaining the men's team will be seniors Mitchell Dickison, Brian Jacobs, and Nate Jimerson, and junior Jim Schlup.



www.stcloudstate.edu/athletics



St. Cloud State University Swimming & Diving Update - Page 2

Winners in 2008-09:

Women:

Amber Alexander- 10/18: 200 MR; 10/25: 100 breast; 11/1: 200 MR, 50 breast, 100 breast;
Kelsey Berkeland- 10/25: 1M; 11/1: 1M, 3M;
Alisha Blaydes- 10/17: 200 free, 100 free, 400 FR; 10/18: 200 free, 100 free, 50 fly, 200 FR; 10/25: 200 free, 100 free; 11/1: 100 free, 200 FR; 11/15: 100 free
Katie Brueggemann- 10/17: 200 breast;
Sarah Burnell- 10/17: 500 free; 10/18: 1000 free, 500 free; 10/25: 400 IM; 11/1: 1000 free;
April Greene- 10/17: 400 FR; 10/18: 200 MR, 200 FR; 11/1: 200 MR, 200 FR;
Cathy Haen- 10/18: 200 MR, 50 back, 100 back; 10/25: 100 back; 11/1: 200 MR;
Kirsten Koetter- 10/17: 50 free, 400 FR; 10/18: 200 FR; 11/1: 50 fly, 200 FR; 11/14: 50 free; 11/15: 50 free;
Elizabeth Lopez- 10/25: 200 back;
Annie McNallan- 11/15: 1M, 3M;
Cassi Mrozek- 10/17: 3M; 10/18: 1M; 10/25: 3M;
Naomi Muckler- 10/18: 200 IM;
Kelsey Noah- 10/17: 1650 free;
Alison Tracy- 10/17: 1M;
Kelly Vieau- 10/18: 50 free, 200 FR; 10/25: 50 free; 11/1: 50 free, 200 FR;
Alison Weske- 10/17: 400 FR; 10/18: 200 MR; 10/25: 100 fly; 11/1: 200 MR, 100 fly;

Men:

Anthony Buhr- 11/1: 50 breast, 50 free, 100 breast, 200 FR; 11/14: 50 free; 11/15: 50 free, 100 breast;
Kyle Cordry- 11/1: 200 free, 100 free, 200 FR; 11/15: 200 FR;
Mitch Dickison- 11/1: 200 FR; 11/15: 200 FR;
Kyle Green- 10/25: 100 back;
Brian Jacobs- 11/15: 200 FR;
Nate Jimerson- 10/25: 1M; 11/1: 1M, 3M; 11/15: 1M, 3M;
Robb Rotramel- 11/1: 200 FR; 11/14: 100 free; 11/15: 200 FR;
Joe Spann- 10/25: 200 fly;

Men		Huskies Best of 2008-09		Women	
50 Free:	21.38 (Anthony Buhr), 11/15	50 Free:	24.68 (Kirsten Koetter), 11/15	100 Free:	53.16 (Alisha Blaydes), 11/14
100 Free:	47.64 (Robb Rotramel), 11/15	200 Free:	1:58.13 (Alisha Blaydes), 11/15	200 Free:	1:58.13 (Alisha Blaydes), 11/15
200 Free:	1:46.68 (Kyle Cordry), 11/15	500 Free:	5:18.26 (Sarah Burnell), 11/14	500 Free:	5:18.26 (Sarah Burnell), 11/14
500 Free:	5:07.94 (Kyle Green), 11/1	1,000 Free:	10:57.58 (Sarah Burnell), 11/15	1,000 Free:	10:57.58 (Sarah Burnell), 11/15
1,000 Free:	10:36.17 (Alex Milberger), 11/14	1,650 Free:	18:08.36 (Kelsey Noah), 10/17	1,650 Free:	18:08.36 (Kelsey Noah), 10/17
1,650 Free:	18:02.42 (Alex Milberger), 11/15	50 Fly:	25.15 (Alex Olp), 11/1	50 Fly:	27.03 (Alisha Blaydes), 10/18
50 Fly:	25.15 (Alex Olp), 11/1	100 Fly:	54.23 (Christian Nasset), 11/15	100 Fly:	1:00.73 (Alison Weske), 10/18
100 Fly:	54.23 (Christian Nasset), 11/15	200 Fly:	2:02.35 (Joe Spann), 10/25	200 Fly:	2:17.54 (Sarah Burnell), 10/25
200 Fly:	2:02.35 (Joe Spann), 10/25	50 Back:	25.88 (Brian Jacobs), 11/1	50 Back:	28.20 (Cathy Haen), 10/18
50 Back:	25.88 (Brian Jacobs), 11/1	100 Back:	55.41 (Kyle Green), 11/15	100 Back:	1:00.34 (Cathy Haen), 11/15
100 Back:	55.41 (Kyle Green), 11/15	200 Back:	2:00.68 (Kyle Green), 11/14	200 Back:	2:13.56 (Cathy Haen), 11/14
200 Back:	2:00.68 (Kyle Green), 11/14	50 Breast:	27:32 (Anthony Buhr), 11/1	50 Breast:	30.84 (Amber Alexander), 11/1
50 Breast:	27:32 (Anthony Buhr), 11/1	100 Breast:	59.33 (Anthony Buhr), 11/15	100 Breast:	1:08.05 (Amber Alexander), 11/1
100 Breast:	59.33 (Anthony Buhr), 11/15	200 Breast:	2:21.41 (Joe Palmersten), 10/25	200 Breast:	2:32.07 (Katie Brueggemann), 10/17
200 Breast:	2:21.41 (Joe Palmersten), 10/25	200 IM:	1:59.87 (Kyle Green), 11/15	200 IM:	2:16.04 (Katie Brueggemann), 11/15
200 IM:	1:59.87 (Kyle Green), 11/15	400 IM:	4:27.58 (Kyle Green), 11/14	400 IM:	4:42.46 (Sarah Burnell), 10/17
400 IM:	4:27.58 (Kyle Green), 11/14	200 Free Relay:	1:26.84 (Buhr, Dickison, Cordry, Rotramel), 11/1	200 Free Relay:	1:37.53 (Koetter, Greene, Vieau, Blaydes), 11/15
200 Free Relay:	1:26.84 (Buhr, Dickison, Cordry, Rotramel), 11/1	400 Free Relay:	3:15.55 (Nasset, Dickison, Spann, Rotramel), 11/14	400 Free Relay:	3:36.41 (Vieau, Greene, Koetter, Blaydes), 11/14
400 Free Relay:	3:15.55 (Nasset, Dickison, Spann, Rotramel), 11/14	800 Free Relay:	7:25.10 (Girard, Milberger, Rosier, Spann), 11/15	800 Free Relay:	8:12.27 (Gehrman, Pardi, Seidenkranz, Welp), 11/15
800 Free Relay:	7:25.10 (Girard, Milberger, Rosier, Spann), 11/15	200 Medley Relay:	1:37.33 (Jacobs, Nasset, Green, Buhr), 11/15	200 Medley Relay:	1:50.24 (Lopez, VanEgeren, Johnson, Walter), 11/15
200 Medley Relay:	1:37.33 (Jacobs, Nasset, Green, Buhr), 11/15	400 Medley Relay:	3:34.74 (Green, Buhr, Nasset, Cordry), 11/14	400 Medley Relay:	4:01.07 (Haen, Alexander, Weske, Koetter), 11/14
400 Medley Relay:	3:34.74 (Green, Buhr, Nasset, Cordry), 11/14	1-M Dive (Dual):	325.85 (Nate Jimerson), 11/1	1-M Dive (Dual):	250.75 (Kelsey Berkeland), 11/1
1-M Dive (Dual):	325.85 (Nate Jimerson), 11/1	3-M Dive (Dual):	310.25 (Nate Jimerson), 11/1	3-M Dive (Dual):	261.00 (Kelsey Berkeland), 11/1
3-M Dive (Dual):	310.25 (Nate Jimerson), 11/1	1-M Dive (Champ):	X	1-M Dive (Champ):	222.15 (Annie McNallan), 11/15
1-M Dive (Champ):	X	3-M Dive (Champ):	X	3-M Dive (Champ):	208.75 (Annie McNallan), 11/15
3-M Dive (Champ):	X				

St. Cloud State University Quick Facts

Location: St. Cloud, Minn.
 Founded: 1869
 Enrollment: 16,882
 President: Dr. Earl H. Potter III
 Director of Athletics Dr. Morris Kurtz
 National Affiliation NCAA Division II
 Nickname Huskies
 Colors Cardinal and Black
 Pool Halenbeck Aquatic Center
 First Year of Swimming & Diving at SCSU 1965
 Head Coach Jeff Hegle (8th Season)
 Hegle's Phone 320-308-4266
 Hegle's Email jmhegle@stcloudstate.edu
 Assistant Coaches Tracy Torgerson (Diving), Jackie Vieau, Mike Wood

NEED INFO?

For information about SCSU swimming and diving, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The swimming and diving contact at SCSU for 2008-09 is Pat McCabe. You can contact him via email at mcpa0702@stcloudstate.edu.

IMPORTANT NUMBERS:

SCSU Ticket Office: 320-308-2137
 SCSU AMR Office: 320-308-2141

WEBSITES:

To obtain complete information about SCSU swimming and diving this season, please go to the Husky Home Page at

www.StCloudState.edu/athletics



2008-09 Swimming & Diving Roster

Head Coach - Jeff Hegle



Coach Hegle

Jeff Hegle begins his eighth season on the deck as the head swimming and diving coach for the men's and women's programs at St. Cloud State University in 2008-09.

In his seven seasons with SCSU he has led the Huskies to numerous NCAA Championship meets consistently finishing among the best in the country. This year, the Husky women earned a 20th place finish after earning 50 points at the 2008 NCAA Division II Championships. SCSU's men's team placed 15th at the Championships with 98 points.

Coach Hegle, along with former diving coach Nate Brisley, helped coach SCSU's junior diver Nate Jimerson to national titles in both the one-meter and three-meter boards in 2008. Jimerson tallied a 520.75 score on the one-meter and two nights later completed the Championship sweep with a 546.15 on the three-meter. Jimerson's three-meter score was only 10 points away from the national meet record of 556.40 set in 1994. To add to his list of accolades, Jimerson was also named the 2008 NCAA Division II Male Diver of the Year at the conclusion of the Championship Meet.

In the final North Central Conference Championship meet, the Husky men gave their best effort, but met up with a very strong North Dakota team that was able to hold off the Huskies and claim the NCC Title. The SCSU men finished in second place for the second year in a row behind UND. The SCSU women's also posted the same finish as last season when they took fourth in the team competition.

Coach Hegle also led three Husky individuals to NCC Championships in 2007-08, and for the second year in a row, Nate Jimerson was named the NCC Diver of the Year. Academically, the Huskies posted a league best 23 student-athletes on the NCC Commissioners Academic Honor Roll.

During the 2006-07 season the women's team finished 19th at the championship meet while the men fell just outside the top twenty at 21st. The best finish for the Husky women came in 2004 when they finished 11th at the NCAA meet. Coach Hegle also guided them to 12th place finishes in 2005 and 2006 as well as a 13th place finish in 2003 and a 16th in 2002. The men had their best finish in 2006 when they finished 19th, and also recorded 21st place finishes at both the 2004 and 2005 NCAA's.

Two seasons ago at the North Central Conference Championship meet the SCSU men finished in second place for the second straight season, while the women finished in fourth place after finishing third in 2006. The University of North Dakota swept the meet taking home top honors for both the men and the women.

Hegle is a familiar name to SCSU athletics, as he was a graduate assistant coach to the swimming and diving program for two seasons (1993-95) and is a former Husky swimmer. Hegle captained the SCSU men's swimming and diving team during the 1991-92 season. He received an undergraduate degree in social studies and secondary education in 1993. He earned a master's degree in special education at SCSU.

At St. Cloud State, Hegle was an Admissions Ambassador for three years and a University Award of Excellence in Leadership nominee.

From 1997 until his appointment at SCSU, Hegle had been the girls swim coach at Monticello High School. He joined the Monticello program in 1995 as the assistant swim coach for boys and girls. He has also coached the Monticello Swim Club.

Hegle, a native of Melrose, Minn., is married to former SCSU volleyball standout Christin Broich. Together they have three daughters, Caitlin, Tessa, and Molly.

Women - Name	Yr.	Event	Hometown
Amber Alexander	FY	Breast	Minot, ND
Nikki Bakke	RFY	Back	Hutchinson, MN
Elizabeth Barbee	So.	Free	Hartland, WI
Kelsey Berkeland*	Sr.	Diving	Coon Rapids, MN
Alisha Blaydes	Jr.	Fly	Elk River, MN
Katie Brueggemann	Jr.	IM	Grafton, WI
Sarah Burnell*	Sr.	Distance	Oshkosh, WI
Megan Cotton	Jr.	Free	Racine, WI
Bethany Fuller	Jr.	Distance	Faribault, MN
Jenny Gajewski	FY	Free	Wausau, WI
Diana Gehrman	FY	Distance	St. Charles, IL
April Greene	So.	Free	Sun Prairie, WI
Cathy Haen	Jr.	Back	Eveleth, MN
Becky Johnson*	Sr.	Fly	Columbus, NE
Kirsten Koetter	FY	Fly	Melrose, MN
Chelsea Leshe	FY	Free	Scottsdale, AZ
Elizabeth Lopez	Sr.	Back	Allen, TX
Annie McNallan	Jr.	Diving	Coon Rapids, MN
Cassi Mrozek	So.	Diving	Inver Grove Heights, MN
Naomi Muckler	FY	Distance	Eagan, MN
Becky Newgren	FY	Sprint	Lakeville, MN
Kelsey Noah	FY	Distance	Charles City, IA
Caitlin Pardi	FY	Back	Muskego, WI
Angela Schroeder	Jr.	Breast	Roseville, MN
Laura Seidenkranz	Sr.	Distance	Shoreview, MN
Allison Tracy	FY	Diving	Minot, ND
Jordan VanEgeren	FY	Breast	Green Bay, WI
Kelly Vieau	Jr.	Free	Delano, MN
Erin Walter	FY	Distance	Lakewood, CO
Nikki Weber	FY	Diving	Sauk Rapids, MN
Aubrey Welp	Jr.	Distance	Des Moines, IA
Alison Weske	Jr.	Fly	Sun Prairie, WI
Angie Wieden	FY	Distance	Stillwater, MN
Jordan Wolfrum*	Sr.	Breast	Longmont, CO
Men - Name	Yr.	Event	Hometown
Anthony Buhr	Sr.	Free	Minneapolis, MN
Logan Carpenter	So.	Breast	Superior, WI
Kyle Cordry	Jr.	Free	Las Cruces, NM
Tyler Dahlen	FY	Diving	Coon Rapids, MN
Matt Dahly	Jr.	Breast	Bismarck, ND
Mitchel Dickison*	Sr.	Free	Faribault, MN
Ross Eiden	Sr.	Diving	Rosemount, MN
Andrew Fields	FY	Back	Deer Park, TX
Andrew Fuller	FY	Free	Faribault, MN
Matt Girard	Jr.	Breast	Bloomington, MN
Jacob Goergen	Jr.	Fly	Mandan, ND
Kyle Green	So.	IM	Bettendorf, IA
Joel Gregory	FY	Free	Richmond, MN
Zac Hanson	FY	Free	Holmen, WI
Zac Henderson	FY	Fly	Lawrence, KS
Paul Hoffmann	FY	Back	Mexico City, MX
Brian Jacobs*	Sr.	Back	Clive, IA
Alex Jaholkowski	FY	Breast	Papillion, NE
Nate Jimerson*	Sr.	Diving	Apple Valley, MN
Jordan Michaels	RS	Fly	Thief River Falls, MN
Alex Milberger	Jr.	Distance	Casper, WY
Landon Mishler	Jr.	Free	Kenai, AK
Christian Nasset	FY	Breast	Fargo, ND
David Nedrud	FY	Free	Granite Falls, MN
Justin Nelson	So.	Back	Richfield, MN
Brad Nesheim	So.	Diving	Edina, MN
Alex Olp	Sr.	Fly	Oregon, WI
Joe Palmersten	So.	Breast	St. Cloud, MN
Mitchell Pruss	FY	Fly	Norfolk, NE
John Rosier	So.	Free	Biwabik, MN
Robb Rotramel	FY	Free	Ramsey, MN
Jim Schlup*	Jr.	Free	Manhattan, KS
Adam Sebestyen	Sr.	Breast	Munich, Germany
Joe Spann	So.	Fly	North Pole, AK
Justin Vandenberg	Jr.	Breast	Hutchinson, MN
Matt Verwey	Jr.	Back/IM	Red Deer, Alberta
Nick Weaver	Jr.	Breast	Marshall, MI
Matt Youngers	Jr.	IM	Oronoco, MN

* Team Captains



Assisting in 2007-08

TRACY TORGERSON - DIVING COACH: Tracy Torgerson comes to SCSU from the Sauk Rapids-Rice school district where she has been the head diving coach for the past six years and has taught special education for the past two years. At Sauk Rapids-Rice she was Section 3A boy's diving coach of the year four times in 2003, '04, '06, and '07 and had a five year run as Section 3A girls diving coach of the year from 2003-07.



Tracy Torgerson

Torgerson is also a Level II gymnastics coach for the Special Olympics of Minnesota, a post she has held since February of 2007. She has been a personal trainer, and was an assistant diving coach and swimming and diving instructor at the University of Minnesota.

Torgerson is a 2002 product of the University of Minnesota where she graduated with degrees in both Kinesiology and Spanish as well as a minor in coaching. She then went on to St. Cloud State University where she received her Graduate Licensure in Special Education in 2006.

At Minnesota, Torgerson was a four year member of the swimming and diving team from 1997 to 2001 and was a member of the Golden Gophers 1999 and 2000 Big Ten Championship squads. In 2000 she was the Big Ten silver medalist in three-meter diving and became an All-American in one-meter diving. The 2001 team captain still holds the University of Minnesota record for one-meter diving. In 1999 and 2000 Torgerson was also a member of the Minnesota track and field team.

"We are extremely excited to have someone of Tracy's caliber taking over the reigns of our program," said Coach Hegle, "Tracy will enable us to continue our success at the national level. Her philosophy and goals are what Husky swimming and diving is all about."

A St. Cloud native and Tech High School Graduate, Torgerson and her husband Jeremy reside in Sauk Rapids with their daughter Lilly.

JACKIE VIEAU - ASSISTANT COACH: Jackie Vieau, a native of Delano, Minn., will be a second year graduate student coach heading into the 2008-09 season and is studying in early childhood special education. A 2007 graduate of SCSU with a degree in communication disorders, Vieau swam under the helm of current head coach Jeff Hegle from 2002-2006. As a Husky, Vieau was a four-time NCAA All-American and the 2006 North Central Conference Champion in the 100 free. The year prior in 2005 Vieau was an NCC Champion in the 100 free and the 400 free relay. In 2004, she swam on the NCC Championship 200 and 400 free relay teams. Vieau earned her third All-American honor of her career with a seventh place 400 free relay national finish in 2005. There she also competed on three other relays at the national championships, as well as the individual 100 and 200 free. Vieau holds school records as a member of the 200, 400, and 800 free relay teams and is also a school record holder in the 400 medley relay. Vieau was named NCC Swimmer of the Week on Nov. 2, 2004 and Feb. 1, 2005.



Jackie Vieau

MIKE WOOD - ASSISTANT COACH: Mike Wood joins the SCSU swimming and diving coaching staff for the first time in 2008-09 as a graduate assistant coach. A native of Chaska, Minn., Wood swam for current Huskies head coach Jeff Hegle from 2000-2004. As a student-athlete, Wood was all-conference member for three years and was voted Most Improved after the 2002-03 season. After graduating with a bachelor's of science in marketing from SCSU, Wood worked for Cintas (FAS) from 2005-08.



Mike Wood

During that stint, Wood was the head club coach at Barracuda Aquatics Club for one season, and also served as a club coach for the West Express swim team for three years. Wood is working towards a master's degree in sport management at SCSU and currently resides in St. Cloud.

SCSU Record Book

SCSU Women's Records

Event	Name	Time	Year
50 Freestyle	Heather Miller	:23.55	2000
100 Freestyle	Heather Miller	:51.65	2000
200 Freestyle	Danielle Breunig	1:54.50	2005 (NCAA)
500 Freestyle	Lisa Peasley	5:09.29	Feb., 2002
1000 Freestyle	Sarah Burnell	10:36.90	2007 (NCC)
1650 Freestyle	Becky Birnell	17:48:88	Feb., 1989
50 Butterfly	Alisha Blaydes	:27.03	Oct. 18, 2008
100 Butterfly	Alise Emil	:56.26	2005 (NCAA)
200 Butterfly	Caitlin Digney	2:08.58	Feb. 23, 2008
50 Backstroke	Cathy Haen	:28.20	Oct. 18, 2008
100 Backstroke	Cathy Haen	:59.44	Feb. 23, 2008
200 Backstroke	Elizabeth Lopez	2:09.31	2006 (NCC)
50 Breaststroke	Amber Alexander	:30.84	Nov. 1, 2008
100 Breaststroke	Tesia Zuba	1:04.08	2001
200 Breaststroke	Tesia Zuba	2:17.34	2001
200 IM	Tesia Zuba	2:07.50	2002
400 IM	Tesia Zuba	4:30.15	2002
200 Free Relay	Peters, Vieau, Emil, Breunig	1:36.57	2006 (NCC)
400 Free Relay	Vieau, Breunig, Emil, Peters	3:30.56	2005 (NCC)
800 Free Relay	Breunig, Burnell, Lopez, Vieau	7:44.36	2006 (NCC)
200 Medley Relay	Otterson, Eggleston, Emil, Breunig	1:48.23	2005 (NCC)
400 Medley Relay	Peters, Pearson, Emil, Vieau	3:57.15	2005 (NCC)
1M Diving (6)	Mary Ahlin	316.25	Feb./1999
1M Diving (10)	Mary Ahlin	468.50	Jan./1999
1M Diving (11)	Sarah Loquai	425.20	Feb./1996
3M Diving (6)	Mary Ahlin	294.65	Feb./1998
3M Diving (11)	Mary Ahlin	562.95	Jan./1999

SCSU Men's Records

Event	Name	Time	Date
50 Freestyle	Tim Leedahl	:20.86	1986
100 Freestyle	Kyle Cordry	:45.95	Feb. 24, 2008
200 Freestyle	Kyle Cordry	1:41.61	Mar. 13, 2008
500 Freestyle	Sean Gonia	4:39.98	Feb. 2001
1000 Freestyle	Chad Uher	9:50.58	Feb. 1997
1650 Freestyle	Mark Muenchow	16:27.28	1979
50 Butterfly	Alex Olp	:25.15	Nov. 1, 2008
100 Butterfly	Cam Olk	:49.74	1988
200 Butterfly	Cam Olk	1:53.14	1988
50 Backstroke	Brian Jacobs	:25.88	Nov. 1, 2008
100 Backstroke	Mike Wencil	:50.90	Feb., 2000
200 Backstroke	Matt Verway	1:50.33	Feb. 24, 2008
50 Breaststroke	Anthony Buhr	:27.32	Nov. 1, 2008
100 Breaststroke	Mark Tollefson	:57.53	1985
200 Breaststroke	Mark Tollefson	2:07.98	1985
200 IM	Cam Olk	1:52.01	1988
400 IM	Matt Verway	4:06.80	Dec., 2006
200 Free Relay	Daniels, Eberle, Rotramel, Kern	1:23.46	Mar. 1, 2004
400 Free Relay	Cordry, Fitzgerald, Verwey, Goergen	3:05.38	Mar. 15, 2008
800 Free Relay	Cordry, Verwey, Goergen, Fitzgerald	6:55.42	Mar. 14, 2008
200 Medley Relay	Eberle, Gill, Kern, Rotramel	1:35.17	Feb., 2004
400 Medley Relay	Fitzgerald, Girard, Olp, McGrath	3:32.71	2006
1M Diving (6)	Nate Jimerson	325.85	Nov. 1, 2008
1M Diving (11)	Jeremy Frye	544.95	Jan./1999
3M Diving (6)	Jeremy Frye	331.90	Feb./1999
3M Diving (11)	Ryan Bucher	573.50	Feb./1998

Records set this season are in bold