

# SCSU Men's Swimming & Diving All-Americans

(thru 2009-10 season)



Mary Ahlin  
4X Nat'l Champion



Tesia Zuba



Sarah Loquai  
Nat'l Champion



Kori Strate

- |      |   |   |
|------|---|---|
| 1980 | Jane Baltes<br>50 Backstroke  | Marissa Tieszen<br>50 Freestyle 11th  |
| 1991 | Pam Raetz<br>100 Breaststroke 5th<br>200 Breaststroke 5th   | 100 Freestyle 12th<br>Sarah Loquai<br>1-Meter Diving 15th   |
| 1992 | Marissa Tieszen<br>50 Freestyle 7th<br>Pam Raetz<br>100 Breaststroke 7th<br>200 Breaststroke 5th<br>200 Medley Relay 5th<br>Kori Pearson<br>Kathy Ghylin<br>Marissa Tieszen<br>Pam Raetz  | Ann Mommsen<br>1-Meter Diving 10th<br>1996 Sara Loquai<br>1-Meter Diving 4th<br>3-Meter Diving 9th<br>Nikki Noaeill<br>50 Freestyle 6th<br>Marie Rubel<br>1-Meter Diving 8th<br>3-Meter Diving 8th  |
|      | Kim Horge<br>100 Breaststroke 11th<br>200 Free Relay 6th<br>Marissa Tieszen<br>Andrea Bergstrom<br>Karen McKinley<br>Kori Pearson<br>Missy Tuominen<br>3-Meter Diving 15th<br>1-Meter Diving 16th<br>Emily Wicktor<br>1-Meter Diving 14th   | 1997 Sara Loquai<br>1-Meter Diving 1st<br>3-Meter Diving 6th<br>Marie Rubel<br>3-Meter Diving 7th<br>1-Meter Diving 9th<br>Karie Ann Goebel<br>3-Meter Diving 12th  |
| 1993 | Pam Raetz<br>100 Breaststroke 4th<br>200 Breaststroke 7th<br>Marissa Tieszen<br>50 Freestyle 16th<br>200 Free Relay 10th<br>Marissa Tieszen<br>Jenny Bentley<br>Kori Pearson<br>Andrea Bergstrom  | 1998 Mary Ahlin<br>1-Meter Diving 1st<br>3-Meter Diving 1st<br>Marie Rubel<br>1-Meter Diving 9th<br>3-Meter Diving 5th<br>Sarah Loquai<br>1-Meter Diving 5th<br>3-Meter Diving 10th<br>Kari Ann Goebel<br>1-Meter Diving<br>3-Meter Diving 15th   |
| 1994 | Pam Raetz<br>100 Breaststroke 3rd<br>200 Breaststroke 3rd<br>200 Medley Relay 4th<br>Pam Raetz<br>Marissa Tieszen<br>Kori Pearson<br>Stacy Bechel<br>400 Medley Relay 9th<br>Pam Raetz<br>Marissa Tieszen<br>Kori Pearson<br>Stacy Bechel<br>Marissa Tieszen<br>50 Freestyle 7th<br>Stacy Bechel<br>100 Butterfly 16th<br>Ann Mommsen<br>1-Meter Diving | 1999 Mary Ahlin<br>1-Meter Diving 1st<br>3-Meter Diving 1st<br>Marie Rubel<br>1-Meter Diving 6th<br>3-Meter Diving 8th<br>Kori Strate<br>50 Freestyle 7th<br>100 Freestyle 13th   |
| 1995 | 200 Free Relay 7th<br>Nikki Noaeill<br>Jaime Jackson<br>Sarah Boothby<br>Marissa Tieszen  | 2000 Heather Miller<br>100 Freestyle 2nd<br>50 Freestyle 4th<br>400 Freestyle Relay 5th<br>Heather Miller<br>Kori Strate<br>Adrienne Higley<br>Kim Braun<br>800 Freestyle Relay 7th<br>Kori Strate<br>Heather Miller<br>Adrienne Higley<br>Kim Braun<br>200 Freestyle Relay 4th<br>Heather Miller<br>Kori Strate<br>Lindsey Bubolz<br>Beth Lococo |

200 Medley Relay 8th  
 Heather Miller  
 Tesia Zuba  
 Kori Strate  
 Tesia Zuba  
 Tesia Zuba  
 200 Breaststroke 3rd  
 100 Breaststroke 4th  
 Mary Ahlin  
 1-Meter Diving 3rd  
 3-Meter Diving 4th  
 Amy Crook  
 1-Meter Diving 6th  
 Heather Hansen  
 3-Meter Diving 5th  
 2001 Tesia Zuba  
 100 Breaststroke 2nd  
 200 Breaststroke 2nd  
 Mary Ahlin  
 1-Meter Diving 4th  
 3-Meter Diving 4th  
 2002 Tesia Zuba  
 100 Breaststroke 4th  
 200 Breaststroke 2nd  
 400 Individual Medley 8th  
 2003 Tesia Zuba  
 100 Breaststroke 5th  
 200 Breaststroke 4th  
 800 Free Relay 8th  
 Tesia Zuba  
 Alise Emil  
 Danielle Breunig  
 Jackie Vieau  
 2004 200 Free Relay 8th  
 Alise Emil  
 Brenda Peters  
 Jackie Vieau  
 Danielle Breunig  
 Sarah Nielsen  
 3-Meter Diving 10th (HM)  
 Sara Steffen  
 3-Meter Diving 14th (HM)  
 Danielle Breunig  
 200 Free 16th (HM)  
 400 Free Relay 9th (HM)  
 Danielle Breunig  
 Brenda Peters  
 Jackie Vieau  
 Alise Emil  
 800 Free Relay 9th (HM)  
 Danielle Breunig  
 Brenda Peters  
 Alise Emil  
 Jackie Vieau  
 400 Medley Relay 10th (HM)  
 Danielle Breunig  
 Branda Peters  
 Alise Emil  
 Jackie Vieau  
 200 Medley Relay 12th (HM)  
 Brenda Peters  
 Alise Emil  
 Danielle Bruenig  
 Jackie Vieau

2005 Alise Emil  
 100 Butterfly 5th  
 400 Free Relay 7th  
 Alise Emil  
 Jackie Vieau  
 Danielle Breunig  
 Brenda Peters  
 Jackie Vieau  
 100 Free 10th (HM)  
 Danielle Breunig  
 100 Free 16th (HM)  
 800 Free Relay 10th (HM)  
 Danielle Breunig  
 Alise Emil  
 Brenda Peters  
 Jackie Vieau  
 200 Free Relay 10th (HM)  
 Brenda Peters  
 Danielle Breunig  
 Jackie Vieau  
 Alise Emil  
 400 Medley Relay 10th (HM)  
 Brenda Peters  
 Melissa Eggleston  
 Alise Emil  
 Jackie Vieau  
 200 Medley Relay 12th (HM)  
 Kristin Otterson  
 Melissa Egglestoin  
 Alise Emil  
 Danielle Breunig  
 Sarah Steffen  
 1-Meter Diving 15th (HM)  
 3-Meter Diving 9th (HM)  
 Kendra Willis  
 3-Meter Diving 14th (HM)  
 Sarah Nielsen  
 3-Meter Diving 16th (HM)  
 2006 Alise Emil  
 100 Butterfly 4th  
 400 Free Relay 6th  
 Jackie Vieau  
 Danielle Breunig  
 Brenda Peters  
 Alise Emil  
 Sarah Steffen  
 1-Meter Diving 4th  
 3-Meter Diving 7th  
 Kendra Willis  
 3-Meter Diving 10th (HM)  
 Sarah Nielsen  
 3-Meter Diving 13th (HM)  
 Jackie Vieau  
 100 Free 12th (HM)  
 200 Free Relay 9th (HM)  
 Alise Emil  
 Brenda Peters  
 Jackie Vieau  
 Danielle Breunig  
 400 Medley Relay 11th (HM)  
 Alise Emil  
 Brenda Peters  
 Jackie Vieau  
 Danielle Breunig



Kendra Willis



Jackie Vieau



Brenda Peters



Alise Emil



Kelsey Berkeland

2007 800 Free Relay 11th (HM)  
 Danielle Breunig  
 Brenda Peters  
 Alise Emil  
 Jackie Vieau  
 Kendra Willis  
 1-Meter Diving 5th  
 3-Meter Diving 7th  
 Kelsey Berkeland  
 1-Meter Diving 9th (HM)  
 3-Meter Diving 10th (HM)  
 2008 Kelsey Berkeland  
 1-Meter Diving 5th  
 3-Meter Diving 3rd  
 Kendra Willis  
 3-Meter Diving 5th



Amber Alexander

2009 200 Free Relay 15th (HM)  
 Kelly Vieau  
 Ali Weske  
 Erin Lannon  
 Alisha Blaydes  
 800 Free Relay 16th (HM)  
 Alisha Blaydes  
 Kelly Vieau  
 Erin Lannon  
 Ali Weske  
 Amber Alexander / All-American  
 5th, 200 medley relay(2)  
 (1:44.16)  
 Kelsey Berkeland / 2x All-American  
 2nd, 1-Meter Diving (437.85)  
 2nd, 3-Meter Diving (446.05)



Kelly Vieau

Alisha Blaydes / 2x All-American  
 4th, 200 freestyle relay(4)  
 (1:34.18)  
 5th, 200 medley relay(3)  
 (1:44.16)  
 April Greene / All-American  
 4th, 200 freestyle relay(2)  
 (1:34.18)  
 Cathy Haen / All-American  
 5th, 200 medley relay(1)  
 (1:44.16)  
 Kirsten Koetter / 2x All-American  
 4th, 200 freestyle relay(1)  
 (1:34.18)  
 5th, 200 medley relay(4)  
 (1:44.16)



Kirsten Koetter

Kelly Vieau / All-American  
 4th, 200 freestyle relay(3)  
 (1:34.18)  
 Alisha Blaydes / 4x HM  
 9th, 100 freestyle (50.99)  
 9th, 400 freestyle relay(4)  
 (3:28.32)  
 10th, 400 medley relay(4)  
 (3:50.44)  
 16th, 800 freestyle relay(1)  
 (7:46.84)  
 Katie Brueggemann / 2x HM  
 10th, 400 medley relay(2)  
 (3:50.44)  
 16th, 100 breaststroke  
 (1:05.66)

2009 Continued...

Cathy Haen / 2x HM  
 10th, 400 medley relay(1)  
 (3:50.44)  
 12th, 100 backstroke (57.04)  
 Kirsten Koetter / HM  
 9th, 400 freestyle relay(1)  
 (3:28.32)  
 Elizabeth Lopez / 2x HM  
 9th, 400 freestyle relay(2)  
 (3:28.32)  
 16th, 800 freestyle relay(3)  
 (7:46.84)  
 Cassi Mrozek / Honorable Mention  
 12th, three-meter diving  
 (341.55)  
 Allison Tracy / Honorable Mention  
 13th, 3-Meter Diving (339.00)  
 Kelly Vieau / 2x HM  
 9th, 400 freestyle relay(3)  
 (3:28.32)  
 16th, 800 freestyle relay(2)  
 (7:46.84)  
 Alison Weske / 2x HM  
 10th, 400 medley relay(2)  
 (3:50.44)  
 16th, 800 freestyle relay(4)  
 (7:46.84)  
 2010 Alisha Blaydes / All-American  
 5th, 200 free relay (4), 1:35.12  
 12th (HM), 400 free relay (4),  
 3:30.06  
 Katie Brueggemann / 3x HM  
 9th, 400 medley relay (2),  
 3:50.97  
 16th, 100 breast (1:05.09)  
 14th, 200 breast (2:22.65)  
 Ali Domeier  
 5th, 200 free relay (2), 1:35.12  
 April Greene / 2x Honorable Mention  
 9th, 400 medley relay (4),  
 3:50.97  
 12th, 400 free relay (2), 3:30.06  
 Cathy Haen / Honorable Mention  
 9th, 400 medley relay (1),  
 3:50.97  
 Kirsten Koetter / All-American  
 5th, 200 free relay (1), 1:35.12  
 9th (HM), 400 medley relay (3),  
 3:50.97  
 12th (HM), 400 free relay (1),  
 3:30.06  
 Cassi Mrozek / 2x Honorable Mention  
 11th, 3-Meter diving (339.80)  
 12th, 1-Meter diving (350.70)  
 Shalon Rothstein / All-American  
 8th, 100 breast (1:04.70)  
 Allison Tracy / All-American  
 8th, 1-Meter diving (372.60)  
 12th (HM), 3-Meter diving  
 (339.75)  
 Kelly Vieau / All-American  
 5th, 200 fre relay (3), 1:35.12  
 12th (HM), 400 free relay (3),  
 3:30.06