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St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Swimming & Diving Update

Contact: Christy Kramer 320-308-2141 or krch9901@stcloudstate.edu

2006-07 SCSU Swimming & Diving News

Release Date: November 27, 2006



UPCOMING MEETS

December 1-2, 2006:

Carthage College Invitational

December 2, 2006:

Husky Diving Invite

2006-07 SCSU Schedule

Date	Opponent	Time/Result
10/14	Alumni Meet	
10/20	@ N. Michigan (W) Marquette, Mich.	6pm
10/20	@ N. Michigan (W) Marquette, Mich.	12pm
10/28	@ UW-Stevens Point Stevens Point, WI	M: 135 W: 130
11/04	Husky Invitational I	M: 914 W: 766
11/11	Husky Invitational II	M: 1,267 W: 1,337
11/17	@ U of M Invite Minneapolis	M: 84 W: 6
11/18	@ U of M Invite Minneapolis	M: 165 W: 16
11/19	@ U of M Invite Minneapolis	M: 213 W: 20
12/01	@ Carthage Invitational Kenosha, WI	9am / 4:30pm
12/02	@ Carthage Invitational Kenosha, WI	9am / 4:30pm
12/02	Husky Diving Invite	10:30am
01/05 - 01/15	@ Winter Training Trip St. Croix	
01/19	St. John's/St. Ben's Dual	6pm
01/20	@ South Dakota Vermillion, SD	2pm
01/26	@ Minnesota Challenge Minneapolis, MN	6pm
01/27	@ Minnesota Challenge Minneapolis, MN	12pm / 6pm
01/27	@ UND Invite Grand Forks, ND	All Day
02/14 - 02/17	@ NCC Championships Grand Forks, ND	
03/14 - 03/17	@ NCAA Division II Championships	

(all meets are listed as Central Time)

For complete ticket information, please call
1-877-SCSUTIX or 320-308-2137.



HUSKY SWIMMERS TRAVEL TO WISCONSIN THIS WEEKEND: The SCSU men's and women's swim teams head to Kenosha, WI this Friday and Saturday to take part in the TYR/Collegeswimming.com Classic. The Huskies will join the host team, Carthage College, Butler University, Gustavus, Illinois Tech, Lake Forest College, and St. Olaf College.



HUSKY DIVERS HOST INVITE: The men's and women's diving squads will host the Husky Diving Invite this Saturday, December 2nd in the Halenbeck Aquatic Center. Participating school include Gustavus, MSU-Mankato, St. Olaf, and North Dakota. Competition begins at 10:30 a.m.

HUSKIES RANKED #4 IN DIVISION II: In a recent release from CollegeSwimming.com, both the men's and women's swim teams captured the #4 spot in the Division II Dual Meet Rankings. The top ranking for the women is held by the University of California-San Diego and North Dakota holds the #1 rank for the men.

The CollegeSwimming.com rankings are based on each team's best dual meet lineup as judged and submitted by participating teams.

WOMEN'S DIVISION II DUAL MEET RANKING

1. UC San Diego	163
2. North Dakota	159
3. South Dakota	153
4. St. Cloud State	150
4. Delta State	150
6. Grand Valley State	149
7. MSU-Mankato	144
8. Truman State	141
9. Ashland	137
10. Ouachita Baptist	130
10. Tampa	130
12. Indianapolis	129
13. CW Post	127
14. MSU-Moorhead	126
15. Wingate	121
16. Indiana Univ. (PA)	120
17. Bentley College	118
18. Saint Leo Univ.	117
19. Limestone	116
20. Henderson State	115
20. Edinboro	115

MEN'S DIVISION II DUAL MEET RANKING

1. North Dakota	170
2. Grand Valley State	155
3. UC San Diego	152
4. St. Cloud State	151
5. Ouachita Baptist	150
6. Henderson State	148
7. Delta State	145
8. Ashland	141
9. Indianapolis	140
10. Tampa	128
11. Truman State	124
12. MSU-Mankato	122
13. Wingate	121
13. South Dakota	121
15. Lewis	119
16. CO School of Mines	109
17. Bentley	106
19. Edinboro	97
20. Saint Leo Univ.	84

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FIVE HUSKIES QUALIFY FOR NATIONALS: Five SCSU swimmers have already swam B-Cut qualifying times this season. Matt Verwey (Red Deer, Alberta), Brenda Peters (Faribault), Alisha Blaydes (Elk River), Katie Brueggemann (Grafton, WI), and Kelly Vieau (Delano) have a guaranteed spot in their individual events if they are a member of a qualifying relay team.



Matt Verwey
Event: 400 IM
Time: 4:08.43



Alisha Blaydes
Event: 50 Free
Time: 24.68



Katie Brueggemann
Event: 400 IM
Time: 4:41.33



Brenda Peters
Event: 50 Free
Time: 24.51



Kelly Vieau
Event: 50 Free
Time: 24.81

“We don’t **START**
with champions at SCSU...
we **GROW** champions.”

Jeff Hegle, Head Men’s and Women’s
Swimming and Diving Coach

NCC Weekly Honors 2006/07
SCSU Men’s and Women’s Swimming and Diving Honor Roll

Name	Year	Event	Week
Nate Jimerson (nominated)	SO	Diving	11/14
Kelsey Berkeland	SO	Diving	10/31
Ross Eiden	JR	Diving	10/31

ST. CLOUD STATE UNIVERSITY QUICK FACTS

Location:	St. Cloud, Minn.
Founded:	1869
Enrollment:	16,000
President:	Dr. Roy Saigo
Director of Athletics:	Dr. Morris Kurtz
National Affiliation:	NCAA Division II
Conference:	North Central Conference
Nickname:	Huskies
Colors:	Cardinal Red and White
Pool:	Halenbeck Pool
First Year of Swimming & Diving:	1965
Head Coach:	Jeff Hegle (6th Season)
Hegle’s Phone:	320-308-4266
Hegle’s Email:	jmhegle@stcloudstate.edu
Assistant Coaches:	Nate Brisley (Diving) and Charlie King
Student Assistant Coaches:	Danielle Breunig, Jackie Vieau,
Graduate Assistant Coach:	Nick Rosier

NEED INFO?
For information about SCSU swimming and diving, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The swimming and diving contact at SCSU for 2006-07 is Christy Kramer. You can contact her via email at krch9901@stcloudstate.edu.

IMPORTANT NUMBERS:
SCSU Ticket Office: 320-308-2137
SCSU AMR Office: 320-308-2141

WEBSITES:
To obtain complete information about SCSU swimming and diving this season, please go to the Husky Home Page at
www.StCloudState.edu/athletics

For information on the North Central Conference, please check out the league website at
www.northcentralconference.org



Coach Hegle

SCSU HEAD COACH JEFF HEGLE TAKES ON HIS SIXTH YEAR WITH THE HUSKIES: Jeff Hegle returns to the deck for his sixth season as the head swimming and diving coach for the men's and women's programs at St. Cloud State University.

In his five seasons with the Huskies he has led the women's team to top 20 finishes at the NCAA Championships. In both 2006 and 2005, the women placed 12th, and 11th in 2004, 13th in 2003, and 16th in 2002. The men finished 19th in 2006 and 21st at both the 2005 and 2004 NAAs.

Last year the at the North Central Conference Championships, the women place third for the third straight season and the men finally broke a four-year streak of third place finishes by placing second. This was the best finish by the SCSU men's swimming and diving team since 1989.

Hegle is a familiar name to SCSU athletics, as he was a graduate assistant coach to the swimming and diving program for two seasons (1993-95) and is a former Husky

swimmer. Hegle captained the SCSU men's swimming and diving team during the 1991-92 season. He received an undergraduate degree in social studies and secondary education in 1993. He earned a master's degree in special education at SCSU.

At St. Cloud State, Hegle was an Admissions Ambassador for three years and a University Award of Excellence in Leadership nominee.

From 1997 until his appointment at SCSU, Hegle had been the girls swim coach at Monticello High School. He joined the Monticello program in 1995 as the assistant swim coach for boys and girls. He has also coached the Monticello Swim Club.

Along with his duties as head swimming and diving coach, Hegle also works in the SCSU Compliance Office.

Hegle, a native of Melrose, Minn., is married to former SCSU volleyball standout Christin Broich. Together they have three daughters, Caitlin, Tessa, and Molly.

2006/07 Swimming and Diving Rosters

Women's

Name	Year	Event	Hometown
Kelsey Berkeland	So.	Diving	Coon Rapids, MN
Alisha Blaydes	So.	Fly	Elk River, MN
Katie Brueggemann	FY	IM	Grafton, WI
Sarah Burnell	So.	Distance	Oshkosh, WI
Megan Cotton	FY	Free	Racine, WI
Stephanie Dauphin	So.	Free	Apple Valley, MN
Caitlin Digney	Jr.	Distance	Madison, WI
Shannon Dixon	FY	Fly	Gillette, WY
Kayla Edelbrock	FY	Diving	St. Cloud, MN
Melissa Eggleston	Jr.	Breast	Cotton Grove, MN
Kim Fish	Jr.	Free	Becker, MN
Jenny Foster	Sr.	Breast	Ottumwa, IA
Bethany Fuller	FY	Distance	Faribault, MN
Laura Green	FY	Breast	Eau Claire, WI
Cathy Haen	FY	Back	Eveleth, MN
Allyson Helling	FY	Free	Thief River Falls, MN
Becky Johnson	So.	Fly	Columbus, NE
Erin Lannon	Jr.	Free	Prior Lake, MN
Elizabeth Lopez	So.	Back	Allen, TX
Annie McNallen	FY	Diving	Coon Rapids, MN
Danielle Monton	Sr.	Back	Dorval, Quebec
Jenson Ohlgren	FY	Breast	Anoka, MN
Lisa Pearson	Jr.	Breast	Zimmerman, MN
Brenda Peters	Sr.	Free	Faribault, MN
Laura Seidenkranz	Jr.	Distance	Shoreview, MN
Kelly Vieau	FY	Free	Delano, MN
Aubrey Welp	FY	Distance	Des Moines, IA
Alison Weske	FY	Fly	Sun Prairie, WI
Kendra Willis	Jr.	Diving	Neenah, WI
Jordan Wolfrum	So.	Breast	Longmont, CO

Men's

Name	Year	Event	Hometown
Cameron Berg	FY	Diving	Bow, WA
Jacob Cardinal	FY	Free	Champlin, MN
Jason Calvert	Sr.	Fly	Bosque Farms, NM
Kyle Cordry	FY	Free	Las Cruces, NM
Jeff Dahl	Sr.	Free	Pleasant Prairie, WI
Matt Dahly	FY	Breast	Bismarck, MN
Russ Daniels	Sr.	Free	Oswego, NY
Jamie Dayton	FY	Back	Blaine, MN
Mitchel Dickison	So.	Free	Faribault, MN
Ross Eiden	Jr.	Diving	Rosemount, MN
Logan Frederick	FY	Breast	Marshalltown, IA
Sean Fitzgerald	Jr.	Back	Marshalltown, IA
Isaiah Fuller	Jr.	Distance	Faribault, MN
Matt Girard	So.	Breast	Bloomington, MN
Jacob Goergen	FY	Fly	Mandan, ND
Brian Jacobs	So.	Back	Clive, IA
Nate Jimerson	So.	Diving	Apple Valley, MN
Shawn Larson	FY	Breast	Columbia Heights, MN
Doug McGrath	Jr.	Free	Alexandria, MN
Jordan Michaels	So.	Fly	Thief River Falls, MN
Alex Milberger	FY	Free	Casper, WY
Landon Mishler	FY	Free	Kenai, AK
Ray Nelson	Sr.	Breast	Willmar, MN
Chris Pape	Jr.	Diving	Bismarck, ND
Erich Richardson	FY	Distance	Fargo, ND
Nate Saur	Jr.	Free	Bismarck, ND
Jim Schlup	FY	Free	Manhattan, KS
Adam Sebestyen	So.	Breast	Munich, Germany
Grant Smith	Jr.	Free	Ramsey, MN
Justin Vandenberg	FY	Breast	Hutchinson, MN
Matt Verwey	FY	Back	Red Deer, Alberta
Nick Weaver	FY	Breast	Marshall, MI
Scott Wolf	Sr.	Fly	Maple Plain, MN
Matt Youngers	FY	Breast	Oronoco, MN



FIVE TO ASSIST COACH HEGLE FOR THE 2006/07 SEASON:

Coach Hegle will be assisted by four former members of the SCSU swimming and diving team, as well as a graduate assistant from the University of Wisconsin-Steven Point. Nate Brisley, Charlie King, Danielle Breunig, Jackie Vieau, and Nick Rosier will all lend a hand in working this year's team into one of personal and team bests.

Nate Brisley is a former Husky All-American diver turned diving coach with the SCSU program. Originally from Excelsior, Minn., Brisley began his Husky career in 1999. While competing for the Huskies, he twice earned All-American honors. He then transferred to Drury University where he continued his successful diving career. At Drury, he earned six All-American titles, including a National Championship on the three-meter board, and a team title. Last season Brisley was named NCC Diving Coach of the Year and in 2004, he was named NCAA Division II Diver of the Year. He graduated from Drury in 2004 with a degree in Business Administration.

Charlie King is in his second season as a graduate assistant coach in the Husky swimming and diving program. Another former standout, King swam for SCSU for three seasons and was a team captain as a senior. King spent the last two years as the head women's coach at Augsburg College. He was an assistant coach at Monticello for the boy's and girl's swimming teams, and was also a coach for the Monticello Club team. During the summer he is a coach for Richard Quick at the Stanford Swim Camps. He is currently pursuing a master's degree in Athletic Administration.

Danielle Breunig is a four-time SCSU All-American in the 400 free relay and a three-time SCSU All-American in the 200 and 800 free relays. She was a member of the 2005 NCC Championship 400 free relay team and the 2004 NCC Championship 200 and 400 free relay teams. Breunig currently holds school records in the 200 free, 200 free relay, 200 medley relay, 400 free relay and 800 free relay. She also holds the NCC record in the 400 free relay set in 2005. Named team captain in 2004-05 and voted the SCSU Women's Most Valuable Player of the 03-04 season. Breunig is currently working towards a sports management major and business minor.

Jackie Vieau is a three-time NCAA All-American and the 2005 North Central Conference Champion in the 100 freestyle and 400 freestyle relay. She was a member of the NCC Championships 200 free relay and 400 free relay teams in 2004. Vieau earned fourth All-American honor of career with sixth place 400 free relay national finish in 2006. Vieau holds school records as a member of the 200 free relay, 400 free relay, and 800 free relay and is also a member of the 400 free relay that holds the current NCC record of 3:30.56.

Nick Rosier is a graduate student from UWSP. He graduated in 2006 with a history degree. While working with the Huskies he will be pursuing a master's degree in exercise science.

SCSU RECORD BOOK

SCSU Women's Records

Event	Name	Time	Year
50 Freestyle	Heather Miller	:23.55	2000
100 Freestyle	Heather Miller	:51.65	2000
200 Freestyle	Danielle Breunig	1:54.50	2005 (NCAA)
500 Freestyle	Lisa Peasley	5:09.29	Feb., 2002
1000 Freestyle	Tennyson Anseth	10:39.02	2005 (NCC)
1650 Freestyle	Becky Birnell	17:48.88	Feb., 1989
100 Backstroke	Brenda Peters	1:00.01	Feb., 2004
200 Backstroke	Elizabeth Lopez	2:09.31	2006 (NCC)
100 Breaststroke	Tesia Zuba	1:04.08	2001
200 Breaststroke	Tesia Zuba	2:17.34	2001
100 Butterfly	Alise Emil	:56.26	2005 (NCAA)
200 Butterfly	Caitlin Digney	2:10.57	2006 (NCAA)
200 IM	Tesia Zuba	2:07.50	2002
400 IM	Tesia Zuba	4:30.15	2002
200 Free Relay	Peters, Vieau, Emil Breunig	1:36.57	2006 (NCC)
200 Medley Relay	Otterson, Eggleston Emil, Breunig	1:48.23	2005 (NCC)
400 Free Relay	Vieau, Breunig, Emil Peters	3:30.56	2005 (NCC)
400 Medley Relay	Peters, Pearson Emil, Vieau	3:57.11	2005 (NCC)
800 Free Relay	Breunig, Burnell Lopez, Vieau	7:44.36	2006 (NCC)
IM Diving (6)	Mary Ahlin	316.25	Feb./1999
IM Diving (10)	Mary Ahlin	468.50	Jan./1999
IM Diving (11)	Sarah Loquai	425.20	Feb./1996
3M Diving (6)	Mary Ahlin	294.65	Feb./1998
3M Diving (11)	Mary Ahlin	562.95	Jan./1999

SCSU Men's Records

Event	Name	Time	Year
50 Freestyle	Tim Leedahl	:20.86	1986
100 Freestyle	Pete Travis	:46.50	1991
200 Freestyle	Dave Schwantes	1:42.72	Feb./1995
500 Freestyle	Sean Gonja	4:39.98	Feb./2001
1000 Freestyle	Chad Uher	9:50.58	Feb./1997
1650 Freestyle	Mark Muenchow	16:27.28	1979
100 Butterfly	Cam Olk	:49.74	1988
200 Butterfly	Cam Olk	1:53.14	1988
100 Backstroke	Mike Wencil	:50.90	Feb., 2000
200 Backstroke	Mike Wencil	1:54.06	Mar., 2000
100 Breaststroke	Mark Tollefson	:57.53	1985
200 Breaststroke	Mark Tollefson	2:07.98	1985
200 IM	Cam Olk	1:52.01	1988
400 IM	Matt Verwey	4:08.403	Nov. 2006
200 Free Relay	Daniels, Eberle, Rotramel, Kern	1:23.46	3/1/2004
400 Free Relay	Rotramel, Daniels Kern, Eberle	3:05.79	3/13/2004
800 Free Relay	Eberle, Daniels Kern, Rotramel	7:00.12	3/12/2004
200 Medley Relay	Eberle, Gill, Kern Rotramel	1:35.17	Feb., 2004
400 Medley Relay	Fitzgerald, Girard Olp, McGrath	3:32.71	2006 (NCC)
IM Diving (6)	Jeremy Frye	302.00	1998
IM Diving (11)	Jeremy Frye	544.95	Jan./1999
3M Diving (6)	Jeremy Frye	331.90	Feb./1999
3M Diving (11)	Ryan Bucher	573.50	Feb./1998