



Home of the Huskies

St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Swimming & Diving Update

Contact: Pat McCabe: 320-308-2141 or mcpa0702@stcloudstate.edu



Upcoming Meets:

St. John's/St. Ben's Invitational November 10, 2007

Warner Palestra Pool (Diving at SCSU)
10:30 a.m. Swim, 12:30 p.m. Dive

@ North Dakota November 17, 2007

Hyslop Sports Center Pool
1:00 p.m.

Carthage College Invitational November 30, December 1, 2007

Koenitzer Aquatic Center
9:00 a.m./4:30 p.m.

2007-08 SCSU Schedule

Date	Meet	Time/Result
10/4-5	Intersquad Meet	4:00pm
10/13	Alumni Meet	Noon
10/19	N. Michigan, MSU Moorhead (Women Only)	1st, 1st
10/20	N. Michigan, MSU Moorhead (Women Only)	1st, 1st
10/27	@ UW-Stevens Point, UW-Eau Claire	M: 1st, 1st W: 1st, 1st
11/2	Husky Invite I (Diving @ Sartell H.S.)	7:00pm
11/3	Husky Invite I (All @ Halenbeck)	M: 2nd W: 2nd
11/10	@ St. John's/St. Ben's Invite (Diving at SCSU)	10:30am Swim 12:30pm Dive
11/17	@ North Dakota	1:00pm
11/30-12/1	@ Carthage College Invite	9:00am 4:30pm
12/1	Husky Diving Invite	10:30am
12/8	@ Minnesota State	2:00pm
1/2-14	@ Hawaii Training Trip	TBA
1/18	@ St. John's/St. Ben's Dual	6:00pm
1/19	@ St. Olaf	1:00pm
1/25	Carleton College	6:30pm
1/26	South Dakota (Parent's Day)	3:00pm
2/8-9	@ Minnesota Challenge	TBA
2/19-23	@ NCC Championships	TBA
3/12-15	@ NCAA DII Championships	TBA

All home meets are at Halenbeck Hall Aquatic Center unless otherwise noted.

Admission is FREE for all home meets.

For complete ticket information, please call 1-877-SCSUTIX or 320-308-2137.

2007-08 SCSU SWIMMING & DIVING NEWS Release Date: November 5, 2007

SCSU HOSTS HUSKY INVITE: The St. Cloud State swimming and diving team's hosted the annual Husky Invite the past weekend on November 2 and 3. Each of the men's and women's teams finished in second place behind the University of Wisconsin-Green Bay who earned the meet sweep. Also partaking in the meet were fellow NCC schools the University of North Dakota and the University of South Dakota.

MEN JUST MISS MEET WIN: The Husky men just missed the team championship falling behind the winning Phoenix by a mere 7.5 points. UWGB won with 1,110.00 points and SCSU came up just short with 1,102.50. UND and USD were third and fourth at 664.50 and 352.00 respectively. UWGB had an easier time with their win on the women's side. The Phoenix finished with 1,047.00, ahead of the Huskies in second at 789.50. The Coyotes made a run at SCSU and second place with 756.50, and UND was fourth with 656.



Kyle Green

PHOTO FINISH: In the last race of the meet on Saturday evening, the top three teams were separated by a total of six hundredths (0.06) of a second. This excitement centered on the men's 400-yard freestyle relay. When the anchor leg of each team dove in, first-year Kyle Green (Bettendorf, Iowa) took over with SCSU sitting in third place

behind the nearly neck-and-neck UND and UWGB teams. Green swam the fasted leg of the entire race completing his 100 yards in 47.05, and moved the Huskies past UW-Green Bay into second place. Green made up a lot of ground on the leader North Dakota and was eight tenths (0.80) of a second faster than his UND counterpart, but the lead was just out of Green and the Huskies grasp as they took second in the race at 3:13.34 just the blink of any eye behind winning North Dakota who finished in 3:13.33. Also on the team for the Huskies were Kyle Cordry (Las Cruces, N.M.), Jake Goergen (Mandan, N.D.), and Sean Fitzgerald (Marshalltown, Iowa).

GREEN AND GOERGEN GET FIRST WIN: In addition to their relay heroics, Green and Goergen tallied their first individual wins of 2007-08. Green won the 100-yard backstroke in a time of 55:48. He also recorded top-five finishes in the 200-yard IM (3rd, 2:01.08), the 200-yard backstroke (4th,

2:02.48) and the 400-yard IM (5th, 4:24.55). Goergen took top honors in the 50-yard freestyle winning in a time of 22.34. He also tallied a second place finish in the 100 yard butterfly (54.68), a third place finish in the 100 yard freestyle (49.19), and a fourth place in the 100 yard back (56.04).



Jake Goergen

VERWAY WINS TWO: Men's sophomore Matt Verway (Red Deer, Alberta) was the only Husky to win two events on the weekend when he won the 200 yard IM in 2:00.71, and the 200 yard backstroke in 1:59.60. Along with the win's Verway recorded a fifth place finish in the 100 yard back (56.54)

EIDEN AND JIMERSON

GO 1 & 2: After qualifying for nationals in Wisconsin last weekend, Ross Eiden (Rosemount) and Nate Jimerson (Apple Valley) were at it again this weekend as both met the national standard on the one-meter board. Eiden beat out Jimerson for his first win of the year and put up a 460.10 in the process. Jimerson's second place score 440.30, was just enough to beat the 440 standard. The two distanced themselves from the field so much that third place was nearly 40 points away.



Ross Eiden

DIGNEY GETS WIN FOR

WOMEN: Caitlin Digney (Madison, Wis.) tallied the lone first place finish for the Husky women on the weekend. In the 200 yard butterfly Digney posted a 2:12.68, which beat second place Meredith Howell of USD with her 2:15.39.



Caitlin Digney

GETTING TO KNOW ALL

ABOUT YOU: For the second time in as many weeks, the Huskies will be taking on the University of North Dakota, this time however, it will be in Grand Forks, N.D. in the home pool for UND at the Hyslop Sports Center. North Dakota is currently the top ranked men's team in Division II, with their women not far behind ranked second place. North Dakota is the defending men's and women's North Central Conference Champions.



Winners in 2007-08:

Women:

Kelsey Berkeland- 10/19: 1M dive, 3M dive; 10/20: 1M dive, 3M dive; 10/27: 1M dive
Katie Brueggemann- 10/20: 200 IM
Alisha Blaydes- 10/19: 100 free; 10/27: 200 free, 100 fly
Sarah Burnell- 10/19: 400 IM, 500 free; 10/20: 200 free, 500 free
Catlin Digney- 10/19: 1650 free, 200 fly; 10/20: 1000 free; 10/27: 200 fly; 11/3: 200 fly
Elizabeth Lopez- 10/19: 200 free, 200 back; 10/20: 100 back; 10/27: 200 back
Kelly Vieau- 10/19: 50 free; 10/20: 50 free, 100 free; 10/27: 50 free
Alison Weske- 10/20: 100 fly
Kendra Willis- 10/27: 3M dive
200 medley relay- 10/20
200 free relay- 10/20
400 medley relay- 10/19
400 free relay- 10/19, 10/27

Men:

Kyle Cordry- 10/27: 200 free
Ross Eiden- 11/3: 1M dive
Isaiah Fuller- 10/27: 1000 free, 500 free
Jake Georgen- 11/3: 50 free
Kyle Green- 11/3: 100 back
Nate Jimerson- 10/27: 3M dive, 1M dive
Matt Verway- 10/27: 200 back; 11/3: 200 IM, 200 back

Huskies Best of 2007-08

Table with 3 columns: Men, Huskies Best of 2007-08, Women. Lists various swimming events and times for both genders.

St. Cloud State University Quick Facts

Location: St. Cloud, Minn.
Founded: 1869
Enrollment: 16,000
President: Dr. Earl H. Potter III
Director of Athletics: Dr. Morris Kurtz
National Affiliation: NCAA Division II
Conference: North Central Conference
Nickname: Huskies
Colors: Cardinal and Black
Pool: Halenbeck Aquatic Center
First Year of Swimming & Diving at SCSU: 1965
Head Coach: Jeff Hegle (7th Season)
Hegle's Phone: 320-308-4266
Hegle's Email: jmhegle@stcloudstate.edu
Assistant Coaches: Nate Brisley (Diving), Steve Mohs (Distance), Nick Rosier, Jackie Vieau

NEED INFO?

For information about SCSU swimming and diving, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The swimming and diving contact at SCSU for 2007-08 is Pat McCabe. You can contact him via email at mcpa0702@stcloudstate.edu.

IMPORTANT NUMBERS:

SCSU Ticket Office: 320-308-2137
SCSU AMR Office: 320-308-2141

WEBSITES:

To obtain complete information about SCSU swimming and diving this season, please go to the Husky Home Page at

www.StCloudState.edu/athletics

For information on the North Central Conference, please check out the league website at

www.northcentralconference.org



Meet the Huskies

Melissa Eggleston - Senior



Sport: Swimming - Breaststroke, IM
 Hometown: Ankeny, Iowa
 High School: Ankeny High School
 Favorite Movie: Austin Powers II
 Favorite T.V. Show: What Not To Wear
 Favorite Music Artist: Anything Country
 Favorite Restaurant: Chili's
 Favorite Food: Bread
 Favorite Swim/Dive Memory:
 Finally realizing how to swim the 400 IM
 Hobbies: Scrapbooking, fishing
 Major at SCSU: Physical Education
 Favorite Class at SCSU: EAS 104 - Intro to Meteorology
 Favorite Professor at SCSU: Dr. Seifert
 Career Goals: To become a high school swim coach
 and a physical education teacher
 What you will miss the most after graduation:
 "My Teammates."

Kim Fish - Senior



Sport: Swimming - Freestyle
 Hometown: Becker, Minn.
 High School: Becker High School
 Favorite Movie: Overboard
 Favorite T.V. Show: Nip/Tuck, Dexter
 Favorite Book: Kite Runner
 Favorite Music Artist: Imogen Heap, Dash-board Confes sional, Armor for Sleep
 Favorite Song: Hide and Seek - Imogen Heap
 Favorite Restaurant: Timberlodge, Mexican Village, Panera Bread
 Favorite Food: Any soup or sandwich combo
 Favorite Opponent to Compete Against: Any opponent
 Favorite Road Trip: Any
 Favorite Swim/Dive Memory: Hawaii, and climbing the m ountain, or snorkeling in the bay
 Hobbies: Fishing, coaching, drawing
 Major at SCSU: Psychology
 Favorite Class at SCSU: Sport Psychology or Motor Behavior
 Favorite Professor at SCSU: Picconato
 Career Goals: To eventually be a child psychologist and coach swimming and softball, or work as a counselor in a women's shelter while coaching.
 What you will miss the most after graduation:
 "Swimming and the family unit, and how comfortable it is."

Alex Olp - Senior



Sport: Swimming - 100 Fly
 Hometown: Oregon, Wis.
 High School: Oregon High School
 Favorite Book: Enders Game
 Favorite Music Artist: MSI
 Favorite Restaurant: Applebee's
 Favorite Food: Meat
 Favorite Opponent to Compete Against: Himself
 Favorite Road Trip: St. John's
 Favorite Swim/Dive Memory: Losing his passport in Barbados
 Hobbies: Swimming, reading, the outdoors, biking, hiking, camping
 Major at SCSU: Computer Science
 Favorite Class at SCSU: CSCI 201
 Favorite Professor at SCSU: Professor PK Jha
 Career Goals: A job in the CSCI field

Nathan Saur - Senior



Sport: Swimming
 Hometown: Bismarck, N.D.
 High School: Bismarck High School
 Favorite Movie: Braveheart
 Favorite T.V. Show: Prison Break
 Favorite Book: Dune
 Favorite Music Artist: Ben Folds
 Favorite Song: Learning to Fly - Tom Petty
 Favorite Restaurant: Applebee's
 Favorite Food: Lasanga
 Favorite Road Trip: Conference at Omaha
 Hobbies: Basketball, reading
 Major at SCSU: Mechanical Engineering
 Favorite Class at SCSU: Engineering Materials
 Favorite Professor at SCSU: Dr. Park
 What you will miss the most after graduation:
 "Seeing everyone going for a common goal at 6:00 in the morning and the friendships."



Head Coach - Jeff Hegle



Coach Hegle

SCSU HEAD COACH JEFF HEGLE TAKES ON HIS SEVENTH YEAR WITH THE HUSKIES:

Jeff Hegle returns to the deck for his seventh season as the head swimming and diving coach for the men's and women's programs at St. Cloud State University.

In his six seasons with SCSU, Hegle has led the Huskies to numerous NCAA Championship meets consistently finishing among

the best in the country. Last season, the women's team finished 19th at the 2007 NCAA Division II Championship meet, while the men fell just outside the top-20 at 21st. The best finish for the Husky women came in 2004 when they finished 11th at the NCAA Division II meet. Coach Hegle also guided them to 12th place finishes in 2005 and 2006 as well as a 13th place finish in 2003 and a 16th in 2002. The men had their best finish in 2006 when they finished 19th at the NCAA's, and also recorded 21st place finishes at the 2004 and 2005 NCAA's.

A season ago at the 2007 North Central Conference Championship meet the SCSU men finished in second place for the second straight season, while the women finished in fourth place after finishing third in 2006. The University of North Dakota swept the meet taking home top honors for both the men and the women.

Hegle is a familiar name to SCSU athletics, as he was a graduate assistant coach to the swimming and diving program for two seasons (1993-95) and is a former Husky swimmer. Hegle captained the SCSU men's swimming and diving team during the 1991-92 season. He received an undergraduate degree in social studies and secondary education in 1993 from SCSU. He then went on to earn a master's degree in special education at SCSU.

At St. Cloud State, Hegle was an Admissions Ambassador for three years and a University Award of Excellence in Leadership nominee.

From 1997 until his appointment at SCSU, Hegle had been the girls' swim coach at Monticello High School. He joined the Monticello program in 1995 as the assistant swim coach for boys' and girls'. He has also coached the Monticello Swim Club.

Along with his duties as head swimming and diving coach, Hegle also works as the Assistant Life Skills Coordinator.

Hegle, a native of Melrose, Minn., is married to former SCSU volleyball standout Christin Broich. Together they have three daughters, Caitlin, Tessa, and Molly.



2007-08 Swimming & Diving Rosters

WOMEN

Table with 4 columns: Name, Yr., Event, Hometown. Lists women's roster members including Nikki Bakke, Elizabeth Barbee, Kelsey Berkeland, Alisha Blaydes, Katie Brueggmann, Sarah Burnell, Megan Cotton, Stephanie Dauphin, Caitlin Digney, Melissa Eggleston, Kim Fish, Bethany Fuller, Laura Green, April Greene, Cathy Haen, Allyson Helling, Becky Johnson, Erin Lannon, Elizabeth Lopez, Annie McNallen, Cassie Mrozek, Lisa Pearson, Carissa Reilly, Angela Schroeder, Laura Seidenkranz, Kelly Vieau, Aubrey Welp, Alison Weske, Michelle Winter, Kendra Willis, and Jordan Wolfrum.

MEN

Table with 4 columns: Name, Yr., Event, Hometown. Lists men's roster members including Cameron Berg, Logan Carpenter, Kyle Cordry, Matt Dahly, Jamie Dayton, Mitchel Dickison, Ross Eiden, Sean Fitzgerald, Isaish Fuller, Jacob Goergen, Kyle Green, Brian Jacobs, Nate Jimerson, Doug McGrath, Jordan Michaels, Alex Milberger, Landon Mishler, Justin Nelson, Brad Nesheim, Alex Olp, Chris Pape, Joe Palmersten, Phillip Potter, Alex Repensky, John Rosier, Nate Saur, Jim Schlup, Joe Spann, Justin Vandenberg, Matt Verwey, Nick Weaver, and Matt Youngers.



Assisting in 2007-08

NATE BRISLEY - DIVING COACH: Nate Brisley is a former Husky All-American diver that is returning for his fourth season as a diving coach for the SCSU swimming and diving program. A native of Excelsior, Minn., Brisley began his Husky career in 1999, earning two All-American finishes at the NCAA Division II Swimming and Diving Championships. After transferring to Drury University in 2000, Brisley continued his success with six more All-American finishes, a team national championship in 2003, and an individual national title on the three-meter board while being named the NCAA DII Diver of the Year in 2004. Entering into his fourth season at St. Cloud State University, Brisley has coached 24 All-Conference finishes, 15 All-American honorable mention finishes, and 10 All-American finishers. Brisley was named the North Central Conference Diving Coach of the Year in 2006 and in 2007, and he is also a two-time volunteer Star of the North Sport Director in Rochester, Minn. Brisley graduated from Drury University in 2004 with a degree in business.



Nate Brisley

JACKIE VIEAU - ASSISTANT COACH: Jackie Vieau, a native of Delano, Minn., is a first year graduate student studying in early childhood special education. A 2007 graduate of SCSU with a degree in communication disorders, Vieau swam under the helm of current head coach Jeff Hegle from 2002-2006. As a Husky, Vieau was a four-time NCAA All-American and the 2006 and 2005 North Central Conference Champion in the 100 free and 400 free relay. In 2004, she swam on the NCC Championship 200 and 400 free relay teams. Vieau earned her third All-American honor of her career with a seventh place 400 free relay national finish in 2005. There she also competed on three other relays at the national championships, as well as the individual 100 and 200 free. Vieau holds school records as a member of the 200, 400, and 800 free relay teams. She is also a member of the 400 free relay team that holds the current NCC record of 3:30.56. Vieau was named NCC Swimmer of the Week on Nov. 2, 2004 and Feb. 1, 2005.



Jackie Vieau

NICK ROSIER - ASSISTANT COACH: Nick Rosier is a second year graduate student working towards a master's degree in exercise science and returns to the pool for his second year of coaching with the Huskies. Originally from Biwabik, Minn., Nick is a graduate of the University of Wisconsin-Stevens Point with a bachelor's of arts in history. He swam at UW-Stevens Point and was a four-time conference finalist in the 100 and 200 breaststroke. His freshman year he was voted the team's Most Improved Swimmer and lettered all four years of his Pointers career. Nick currently resides in St. Cloud, and is getting married to his fiancé Jessica on December 29th of this year.



Nick Rosier

STEVE MOHS - ASSISTANT COACH: Steve Mohs is in his seventh year as an assistant swimming and diving coach for Saint Cloud State University. A former Alumnus of the program, Mohs began his career as a student-athlete competing for the Huskies from 1998-2001. He was named team captain his senior season. After finishing his undergraduate degree in December of 2001, he took over as the graduate assistant coach. While working on his master's degree, Mohs was hired as the head coach of the St. Cloud Area USA Swimming Club. He expanded the club participants from 75 to over 140. He also garnered much team success with a top-five finish at the Minnesota State Long Course Championships in the summer of 2005.



Steve Mohs

Mohs role during his time as assistant swimming and diving coach at St. Cloud State, he will work primarily with the distance swimmers and IM'ers. Steve finished his master's degree in sports management in May of 2007. He is currently employed full-time with Arctic Glacier Ice while maintaining his status as assistant coach with the Husky team.

SCSU Record Book

SCSU Women's Records

Table with 4 columns: Event, Name, Time, Year. Lists records for various swimming events including Freestyle, Backstroke, Breaststroke, Butterfly, IM, and Relay events.

SCSU Men's Records

Table with 4 columns: Event, Name, Time, Year. Lists records for various swimming events including Freestyle, Backstroke, Breaststroke, Butterfly, IM, and Relay events.