



Home of the Huskies

St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Swimming & Diving Update

Contact: Pat McCabe: 320-308-2141 or mcpa0702@stcloudstate.edu



Upcoming Meets:

@ UW-Stevens Point,

UW Eau Claire

October 27, 2007

UWSP Aquatic Center, 1:00 p.m.

Husky Invitational

vs. St. John's

November 3, 2007

Halenbeck Hall Aquatic Center,
10:00 a.m. Swim, 11:00 a.m. Dive, 4:30 p.m. Swim

@ St. John's/St. Ben's

Invitational

November 10, 2007

Warner Palestra Pool (Diving at SCSU)
10:30 a.m. Swim, 12:30 p.m. Dive

2007-08 SCSU Schedule

| Date | Meet | Time/Result |
|------------|--|---|
| 10/4-5 | Intersquad Meet | 4:00pm |
| 10/13 | Alumni Meet | Noon |
| 10/19 | N. Michigan, MSU Moorhead (Women Only) | 6:00pm |
| 10/20 | N. Michigan, MSU Moorhead (Women Only) | Noon |
| 10/27 | @UW-Stevens Point, UW-Eau Claire | 1:00pm |
| 11/3 | Husky Invitational vs. St. John's | 10:00am Swim 11:00am Dive 4:30pm Swim |
| 11/10 | @St. John's/St. Ben's Invite (Diving at SCSU) | 10:30am Swim 12:30pm Dive |
| 11/17 | @North Dakota | 1:00pm |
| 11/30-12/1 | @Carthage College Invite | TBA |
| 12/1 | Husky Diving Invite | 10:30am |
| 12/8 | @Minnesota State | 2:00pm |
| 1/2-14 | @Hawaii Training Trip | TBA |
| 1/18 | @St. John's/St. Ben's Dual | 6:00pm |
| 1/19 | @St. Olaf | 1:00pm |
| 1/25 | Carleton College | 6:30pm |
| 1/26 | South Dakota (Parent's Day) | 3:00pm |
| 2/8-9 | @Minnesota Challenge | TBA |
| 2/19-23 | @NCC Championships | TBA |
| 3/12-15 | @NCAA DII Championships | TBA |

All home meets are at Halenbeck Hall Aquatic Center unless otherwise noted. Admission is FREE for all home meets.

For complete ticket information, please call 1-877-SCSUTIX or 320-308-2137.

2007-08 SCSU SWIMMING & DIVING NEWS Release Date: October 22, 2007

READY TO COMPETE: The St. Cloud State women's team finally got to compete against someone else this past weekend on Friday and Saturday, Oct. 19-20. Their performance proved to be worth waiting for as they won 24-of-26 events in the weekend meet against Minnesota State University Moorhead and Northern Michigan. The Huskies won by scores on Friday of 154.00-84.00 over MSU Moorhead and 165.00-68.00 over Northern Michigan. Saturday was more of the same as they beat MSUM 155.50-82.50 and NMU 166.00-68.00.



Sarah Burnell

VIEAU AND BURNELL COLLECT WINS: The most successful of those were Burnell who recorded four individual wins, and Vieau who had a pair of relay wins to go with her three wins individually. Burnell won the 400-yard IM (4:49.89) and the 500-yard freestyle (5:26.64) in day one, and then continued her winning ways on day two with the 200-yard freestyle (2:03.47) and the 500-yard freestyle (5:23.66).



Kelsey Berkeland

BERKELAND IS PERFECT:

Junior diver Kelsey Berkeland (Coon Rapids) was a perfect four-for-four on the boards for the Huskies in the two-day meet this past weekend. Berkeland won the one-meter with a 228.90 score and the three-meter with a 243.00 score on Friday, only to follow it up by winning the one and three-meter boards again on Saturday with scores of 237.75 and 236.15, respectively. Berkeland is a returning national qualifier in each event.



Erin Lannon

SPREADING THE WEALTH: The Huskies had seven different swimmers record individual wins on Friday and Saturday, Oct. 19-20. Including the four relays that SCSU won, there were 11 different swimmers that were a part of a first place effort. Along with Berkeland on the boards, the winning swimmers were Alisha Blaydes (Elk River), Katie Bruggemann (Grafton, Wis.), Sarah Burnell (Oshkosh, Wis.), Caitlin Digney (Madison, Wis.), Megan Cotton (Racine, Wis.), April Greene (Sun Prairie, Wis.), Cathy Hean (Eveleth), Erin Lannon (Prior Lake), Elizabeth Lopez (Allen, Texas), Kelly Vieau (Delano), and Alison Weske (Sun Prairie, Wis.). Also adding to the dominating team effort, the Huskies had seven different swimmers and one diver who recorded second place finishes for the weekend.

Vieau swam on the winning 400 yard freestyle and 200 yard freestyle relay teams along with winning the 50 yard freestyle twice and adding a win in the 100 yard freestyle on day two. Vieau's times in the 50 free were 25.00 and 25.21, and her 100-yard free time was 55.45.



Kelly Vieau

CROWDED AT THE TOP: In nine different events over the two days of competition the Huskies took at least the top two spots, including four where the top three places were all Huskies. The best came in the 50 yard free on Friday where St. Cloud State recorded the best four finishes in the race. Vieau, Lannon, Haen, and Greene went one through four respectively to dominate the event.

ROOKIE DEBUT: Head Coach Jeff Hagle's Husky squad had five first year athletes make their collegiate debuts this weekend against NMU and MSUM. Those student-athletes included; Nikki Bakke (Hutchinson), Elizabeth Barbee (Hartland, Wis.), Greene, Cassie Mrozek (Inver Grove Heights) and Carissa Reilly (St. Michael). Greene recorded a pair of wins in the 400 yard free relay, and the 200 yard free relay.



April Greene

www.StCloudState.edu/Athletics/Swimming



HUSKIES IN THE POLLS: The Huskies entered their opening weekend as one of the top-10 Division II teams in the entire country, with the women ranked eighth and the men ranked ninth. Defending North Central Conference Champion, and SCSU rival North Dakota, is the top ranked team on the men's side while California, San Diego is the head of the class on the women's side.

Along with SCSU and UND in the men's rankings, fellow NCC members South Dakota and Minnesota State find themselves among the nation's top-25 at 18th and 21st respectively.

The women's rankings boast several NCC teams as well, four of which are in the top-10. North Dakota tops the list at second place, along with South Dakota at fourth and Minnesota State in 10th. Also from the NCC, and the women's first weekend opponent, is MSU Moorhead who is sitting at 15th.

Last years National Champion Drury, who won both the men's and women's titles, was not found in either poll.

National Rankings as of October 22, 2007

Mens Teams

| | | |
|----|------------------------------------|---------------|
| 1 | North Dakota | 179.00 |
| 2 | West Chester | 169.00 |
| 3 | UC San Diego | 169.00 |
| 4 | Wayne State | 165.00 |
| 5 | Grand Valley State | 163.00 |
| 6 | Ouachita Baptist | 161.00 |
| 7 | Henderson State | 154.00 |
| 8 | Delta State | 152.00 |
| 9 | Saint Cloud State | 151.00 |
| 10 | Ashland | 150.00 |
| 11 | Missouri-Rolla | 145.00 |
| 12 | Indianapolis | 144.00 |
| 13 | Truman State | 140.00 |
| 14 | Seattle University | 138.00 |
| 15 | Shippensburg | 137.00 |
| 16 | Tampa | 137.00 |
| 17 | Colorado School of Mines | 136.00 |
| 18 | South Dakota | 130.00 |
| 19 | Lewis University | 129.00 |
| 20 | Wingate University | 126.00 |
| 21 | Minnesota State University Mankato | 122.00 |
| 22 | Pennsylvania - Edinboro | 116.00 |
| 23 | Bentley College | 114.00 |
| 24 | Rollins College | 100.00 |
| 25 | Indiana University (PA) | 97.50 |

Womens Teams

| | | |
|----|-------------------------------------|---------------|
| 1 | UC San Diego | 166.00 |
| 2 | North Dakota | 165.00 |
| 3 | Wayne State | 163.00 |
| 4 | South Dakota | 159.00 |
| 5 | Delta State | 157.00 |
| 6 | West Chester | 154.00 |
| 7 | Grand Valley State | 153.00 |
| 8 | Saint Cloud State | 150.00 |
| 9 | Truman State | 147.00 |
| 10 | Minnesota State University, Mankato | 144.00 |
| 11 | Ashland | 144.00 |
| 12 | Tampa | 141.00 |
| 13 | Ouachita Baptist | 141.00 |
| 14 | Shippensburg | 136.00 |
| 15 | Minnesota State University Moorhead | 135.00 |
| 16 | Seattle University | 134.00 |
| 17 | Indianapolis | 133.00 |
| 18 | C.W. Post University | 131.00 |
| 19 | Bentley College | 128.00 |
| 20 | Indiana University (PA) | 127.00 |
| 21 | Pennsylvania - Edinboro | 122.00 |
| 22 | Wingate University | 121.00 |
| 23 | Bridgeport | 121.00 |
| 24 | California University (PA) | 119.00 |
| 25 | Saint Leo University | 117.00 |

St. Cloud State University Quick Facts

Location:St. Cloud, Minn.
 Founded: 1869
 Enrollment: 16,000
 President: Dr. Earl H. Potter III
 Director of Athletics..... Dr. Morris Kurtz
 National Affiliation..... NCAA Division II
 Conference North Central Conference
 Nickname..... Huskies
 Colors Cardinal and Black
 Pool Halenbeck Aquatic Center
 First Year of Swimming & Diving at SCSU 1965
 Head Coach..... Jeff Hegle (7th Season)
 Hegle's Phone 320-308-4266
 Hegle's Email..... jmhegle@stcloudstate.edu
 Assistant Coaches..... Nate Brisley (Diving),
 Steve Mohs (Distance), Nick Rosier, Jackie Vieau

NEED INFO?

For information about SCSU swimming and diving, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The swimming and diving contact at SCSU for 2007-08 is Pat McCabe. You can contact him via email at mcpa0702@stcloudstate.edu.

IMPORTANT NUMBERS:

SCSU Ticket Office: 320-308-2137
SCSU AMR Office: 320-308-2141

WEBSITES:

To obtain complete information about SCSU swimming and diving this season, please go to the Husky Home Page at

www.StCloudState.edu/athletics

For information on the North Central Conference, please check out the league website at

www.northcentralconference.org



Meet the Huskies

Kendra Willis - Senior



Sport: Diving - One-meter, Three-meter
 Hometown: Neenah, Wis.
 High School: Neenah High School
 Favorite Movie: How to lose a guy in 10 days, Sweet Home Alabama
 Favorite T.V. Show: 24, Greys Anatomy, The Hills
 Favorite Book: Mind Gym
 Favorite Music Artist: Rascal Flatts, Colbie Caliatt
 Favorite Song: Anything I can dance to
 Favorite Resturant: Panera
 Favorite Food: Steak and Salmon
 Favorite Road Trip: Nationals 2005 in Orlando, Fla.
 Favorite Swim/Dive Memory: Making top-8 in both boards at Nationals in 2007
 Hobbies: Waterskiing, hanging out with friends, playing bingo, arts and crafts
 Major at SCSU: Marketing and Advertising
 Favorite Class at SCSU: Marketing and promorions
 Career Goals: Work in the sports industry, doing marketing and promotions
 What you will miss the most after graduation: "My friends and teammates, coaches and everyone who has influenced my collegiate career. I will miss diving"

Lisa Pearson - Senior



Sport: Swimming - Breast, IM
 Hometown: Zimmerman, Minn.
 High School: Princeton High School
 Favorite Movie: 10 Things I Hate About You
 Favorite T.V. Show: Scrubs
 Favorite Book: Authentic Beauty
 Favorite Music Artist: Jars of Clay, News Boys
 Favorite Resturant: Brueggers Bagels
 Favorite Food: String cheese, Apples
 Favorite Opponent to Compete Against: South Dakota
 Favorite Road Trip: Kenosha, Wis., for the Carthage College Invite
 Favorite Swim/Dive Memory: All the challenging 30x100's
 Hobbies: Running, reading, movies
 Major at SCSU: Mass Communications
 Favorite Class at SCSU: Advertising
 Career Goals: To become a store team leader for the Target Corporation.
 What you will miss the most after graduation: "I am going to miss all the people and the random hang out times during the week. Also the training trips and memories."

Sean Fitzgerald - Senior



Sport: Swimming - Backstroke, Sprint Free
 Hometown: Marshalltown, Iowa
 High School: Marshalltown High School
 Favorite Movie: Braveheart
 Favorite T.V. Show: Anything on the Food Network
 Favorite Book: The Final Quest
 Favorite Music Artist: The Devil Wears Prada, Scattered Trees, Life in Your Way, August Burns Red
 Favorite Song: Dogs Can Grow Beards All Over
 Favorite Resturant: Hickory Park
 Favorite Food: Barbeque Ribs
 Favorite Opponent to Compete Against: Minnesota State
 Favorite Road Trip: Carthage College
 Favorite Swim/Dive Memory: Making the NCAA Division II B-cut
 Hobbies: Playing piano and guitar, reading, cooking
 Major at SCSU: Communication Arts, Literature
 Favorite Class at SCSU: Medieval and Old English British Literature
 Favorite Professor at SCSU: Glen Davis
 Career Goals: To teach, coach, and be part of a Ministry
 What you will miss the most after graduation: "The guys I've spent most of my collegiate career with."

Isaiah Fuller - Senior



Sport: Swimming - Distance
 Hometown: Faribault, Minn.
 High School: Faribault High School
 Favorite Movie: Hot Fuzz
 Favorite T.V. Show: Two and a Half Men
 Favorite Book: The Hobbit
 Favorite Music Artist: Anything but Polka
 Favorite Song: Piano Man
 Favorite Resturant: Applebee's
 Favorite Food: Italian, Chinese
 Favorite Opponent to Compete Against: Gustavus and North Dakota
 Favorite Road Trip: Carthage College
 Favorite Swim/Dive Memory: The time I split my head open trying to dive
 Hobbies: Swimming, pole vaulting, frisbee, movies
 Major at SCSU: Sport Science
 Favorite Class at SCSU: PESS 249
 Favorite Professor at SCSU: Dr. Street and Dr. Seifert
 Career Goals: To get into Graduate School
 What you will miss the most after graduation: "My Team."



Head Coach - Jeff Hegle



Coach Hegle

SCSU HEAD COACH JEFF HEGLE TAKES ON HIS SEVENTH YEAR WITH THE HUSKIES: Jeff Hegle returns to the deck for his seventh season as the head swimming and diving coach for the men's and women's programs at St. Cloud State University.

In his six seasons with SCSU, Hegle has led the Huskies to numerous NCAA Championship meets consistently finishing among

the best in the country. Last season, the women's team finished 19th at the 2007 NCAA Division II Championship meet, while the men fell just outside the top-20 at 21st. The best finish for the Husky women came in 2004 when they finished 11th at the NCAA Division II meet. Coach Hegle also guided them to 12th place finishes in 2005 and 2006 as well as a 13th place finish in 2003 and a 16th in 2002. The men had their best finish in 2006 when they finished 19th at the NCAA's, and also recorded 21st place finishes at the 2004 and 2005 NCAA's.

A season ago at the 2007 North Central Conference Championship meet the SCSU men finished in second place for the second straight season, while the women finished in fourth place after finishing third in 2006. The University of North Dakota swept the meet taking home top honors for both the men and the women.

Hegle is a familiar name to SCSU athletics, as he was a graduate assistant coach to the swimming and diving program for two seasons (1993-95) and is a former Husky swimmer. Hegle captained the SCSU men's swimming and diving team during the 1991-92 season. He received an undergraduate degree in social studies and secondary education in 1993 from SCSU. He then went on to earn a master's degree in special education at SCSU.

At St. Cloud State, Hegle was an Admissions Ambassador for three years and a University Award of Excellence in Leadership nominee.

From 1997 until his appointment at SCSU, Hegle had been the girls' swim coach at Monticello High School. He joined the Monticello program in 1995 as the assistant swim coach for boys' and girls'. He has also coached the Monticello Swim Club.

Along with his duties as head swimming and diving coach, Hegle also works in the SCSU Compliance Office.

Hegle, a native of Melrose, Minn., is married to former SCSU volleyball standout Christin Broich. Together they have three daughters, Caitlin, Tessa, and Molly.



2007-08 Swimming & Diving Rosters

WOMEN

Table with 4 columns: Name, Yr., Event, Hometown. Lists women's roster members including Nikki Bakke, Elizabeth Barbee, Kelsey Berkeland, Alisha Blaydes, Katie Brueggmann, Sarah Burnell, Megan Cotton, Stephanie Dauphin, Caitlin Digney, Kayla Edelbrock, Melissa Eggleston, Kim Fish, Bethany Fuller, Laura Green, April Greene, Cathy Haen, Allyson Helling, Becky Johnson, Erin Lannon, Elizabeth Lopez, Annie McNallen, Cassie Mrozek, Lisa Pearson, Carissa Reilly, Angela Schroeder, Laura Seidenkranz, Kelly Vieau, Aubrey Welp, Alison Weske, Michelle Winter, Kendra Willis, and Jordan Wolfrum.

MEN

Table with 4 columns: Name, Yr., Event, Hometown. Lists men's roster members including Cameron Berg, Jacob Cardinal, Logan Carpenter, Kyle Cordry, Matt Dahly, Jamie Dayton, Mitchel Dickison, Ross Eiden, Sean Fitzgerald, Isaish Fuller, Matt Girard, Jacob Goergen, Kyle Green, Brian Jacobs, Nate Jimerson, Doug McGrath, Jordan Michaels, Alex Milberger, Landon Mishler, Justin Nelson, Brad Nesheim, Alex Olp, Chris Pape, Joe Palmersten, Phillip Potter, Alex Repensky, John Rosier, Nate Saur, Jim Schlup, Joe Spann, Justin Vandenberg, Matt Verwey, Nick Weaver, and Matt Youngers.



Assisting in 2007-08

NATE BRISLEY - DIVING COACH: Nate Brisley is a former Husky All-American diver that is returning for his fourth season as a diving coach for the SCSU swimming and diving program. A native of Excelsior, Minn., Brisley began his Husky career in 1999, earning two All-American finishes at the NCAA Division II Swimming and Diving Championships. After transferring to Drury University in 2000, Brisley continued his success with six more All-American finishes, a team national championship in 2003, and an individual national title on the three-meter board while being named the NCAA DII Diver of the Year in 2004. Entering into his fourth season at St. Cloud State University, Brisley has coached 24 All-Conference finishes, 15 All-American honorable mention finishes, and 10 All-American finishers. Brisley was named the North Central Conference Diving Coach of the Year in 2006 and in 2007, and he is also a two-time volunteer Star of the North Sport Director in Rochester, Minn. Brisley graduated from Drury University in 2004 with a degree in business.



Nate Brisley

JACKIE VIEAU - ASSISTANT COACH: Jackie Vieau, a native of Delano, Minn., is a first year graduate student studying in early childhood special education. A 2007 graduate of SCSU with a degree in communication disorders, Vieau swam under the helm of current head coach Jeff Hegle from 2002-2006. As a Husky, Vieau was a four-time NCAA All-American and the 2006 and 2005 North Central Conference Champion in the 100 free and 400 free relay. In 2004, she swam on the NCC Championship 200 and 400 free relay teams. Vieau earned her third All-American honor of her career with a seventh place 400 free relay national finish in 2005. There she also competed on three other relays at the national championships, as well as the individual 100 and 200 free. Vieau holds school records as a member of the 200, 400, and 800 free relay teams. She is also a member of the 400 free relay team that holds the current NCC record of 3:30.56. Vieau was named NCC Swimmer of the Week on Nov. 2, 2004 and Feb. 1, 2005.



Jackie Vieau

NICK ROSIER - ASSISTANT COACH: Nick Rosier is a second year graduate student working towards a master's degree in exercise science and returns to the pool for his second year of coaching with the Huskies. Originally from Biwabik, Minn., Nick is a graduate of the University of Wisconsin-Stevens Point with a bachelor's of arts in history. He swam at UW-Stevens Point and was a four-time conference finalist in the 100 and 200 breaststroke. His freshman year he was voted the team's Most Improved Swimmer and lettered all four years of his Pointers career. Nick currently resides in St. Cloud, and is getting married to his fiancé Jessica on December 29th of this year.



Nick Rosier

STEVE MOHS - ASSISTANT COACH: Steve Mohs is in his seventh year as an assistant swimming and diving coach for Saint Cloud State University. A former Alumnus of the program, Mohs began his career as a student-athlete competing for the Huskies from 1998-2001. He was named team captain his senior season. After finishing his undergraduate degree in December of 2001, he took over as the graduate assistant coach. While working on his master's degree, Mohs was hired as the head coach of the St. Cloud Area USA Swimming Club. He expanded the club participants from 75 to over 140. He also garnered much team success with a top-five finish at the Minnesota State Long Course Championships in the summer of 2005.



Steve Mohs

Mohs role during his time as assistant swimming and diving coach at St. Cloud State, he will work primarily with the distance swimmers and IM'ers. Steve finished his master's degree in sports management in May of 2007. He is currently employed full-time with Arctic Glacier Ice while maintaining his status as assistant coach with the Husky team.

SCSU Record Book

SCSU Women's Records

Table with 4 columns: Event, Name, Time, Year. Lists women's records for various swimming events from 1985 to 2007.

SCSU Men's Records

Table with 4 columns: Event, Name, Time, Year. Lists men's records for various swimming events from 1986 to 2007.