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St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Swimming & Diving Update

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2006-07 SCSU Swimming & Diving News

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:: UPCOMING MEETS ::

**March 14-17, 2007:
NCCA CHAMPIONSHIPS
GRAND FORKS, ND**

2006-07 SCSU Schedule

Date	Opponent	Time/Result
10/14	Alumni Meet	N/A
10/20	@ N. Michigan (W) Marquette, Mich.	N/A
10/20	@ N. Michigan (W) Marquette, Mich.	N/A
10/28	@ UW-Stevens Point Stevens Point, WI	M: 135 W: 130
11/04	Husky Invitational I	M: 914 W: 766
11/11	Husky Invitational II	M: 1,267 W: 1,337
11/17	@ U of M Invite Minneapolis	M: 84 W: 6
11/18	@ U of M Invite Minneapolis	M: 165 W: 16
11/19	@ U of M Invite Minneapolis	M: 213 W: 20
12/01	@ Carthage Invitational Kenosha, WI	M: 454 W: 606
12/02	@ Carthage Invitational Kenosha, WI	M: 856 W: 1,130
12/02	Husky Diving Invite	N/A
01/05 - 01/15	@ Winter Training Trip St. Croix	
01/19	St. John's/St. Ben's Dual	N/A
01/20	@ South Dakota Vermillion, SD	M: 105 W: 82
02/03	@ UND Invite Grand Forks, ND	N/A
02/21 - 02/24	@ NCC CHAMPIONSHIPS Grand Forks, ND	
03/14 - 03/17	@ NCAA Division II Championships	

(all meets are listed as Central Time)

For complete ticket information, please call
1-877-SCSUTIX or 320-308-2137.



Nate Jimerson



Kayla Edelbrock

SIX HUSKIES HEAD TO NATIONALS IN THREE WEEKS: The SCSU men's and women's swimming and diving teams will send six athletes to the NCAA Division II Championship in Buffalo, NY March 13-17.

Nate Jimerson of Apple Valley won both the one and the three-meter boards this weekend in Grand Forks, ND at the NCC Championships. Jimerson tallied 503.05 points on the three-meter winning the event and qualifying him for the national meet. On the one-meter he tallied 500.15 points.



Matt Verwey



Kendra Willis

Red Deer, Alberta native Matt Verwey swam a 1:53.17 in the 200 IM in Grand Forks, ND. His time qualified him for the national meet. Verwey also broke the record in the 200 back with a time of 1:53.70. This beat the old record of 1:54.06 set by Mike Wencel in 2000.



Erin Lannon



Kelsey Berkland

Erin Lannon (Prior Lake) was the only female swimmer to surpass a national qualifying mark this weekend. Lannon swam a 23.86 in the 50 free just missing the school record by .31.

Kayla Edelbrock of St. Cloud has qualified for both the one-meter and the three-meter boards along with teammate Kelsey Berkland (Coon Rapids). Kendra Willis of Neenah, WI has qualified for the one-meter board.



Sarah Burnell

BURNELL SETS NEW RECORD IN 1000 FREE: Oshkosk, WI native Sarah Burnell set a new school record in the 1000 free this weekend swimming a 10:36.90. The previous record of 10:39.02 was set by Tennyson Anseth in 2005.

SEASON ENDS FOR MANY: This weekend marked the last meet if the season for more than a few athletes on the SCSU swimming and diving teams. For some, this was their last Division II intercollegiate meet.

SCSU had seven seniors on the squad this year including: Jenny Foster (Ottumwa, IA), Brenda Peters (Faribault), Jason Calvert (Bosque Farms, NM), Jeff Dahl (Pleasant Prairie, WI), Russ Daniels (Oswego, NY), Ray Nelson (Willmar), and Scott Wolf (Maple Plain).

www.stcloudstate.edu/athletics/sports/swimming



(Prior Lake) - 3:57.04 - 4th

WOMEN'S DIVING TOP SCORES AT THE NCC's:

One-meter: Kelsey Berkeland (Coon Rapids) - 352.40 - 4th
Three-meter: Kendra Willis (Neenah, WI) - 427.90 - 2nd

MEN'S DIVING TOP TENS AT THE NCC's:

One-meter: Nate Jimerson (Apple Valley) - 503.05 - 1st
Three-meter: Nate Jimerson (Apple Valley) - 500.15 - 1st

WOMEN'S TOP TENS AT THE NCC CHAMPIONSHIPS:

50 free: Erin Lannon (Prior Lake) - 23.86 - 5th
200 free: Erin Lannon (Prior Lake) - 2:00.58 - 8th
100 free: Erin Lannon (Prior Lake) - 53.86 - 7th
500 free: Sarah Burnell (Oshkosh, WI) - 5:15.12 - 8th
1000 free: Sarah Burnell (Oshkosh, WI) - 10:36.90 - 4th
1650 free: Sarah Burnell (Oshkosh, WI) - 18:02.94 - 8th
100 back: Cathy Haen (Eveleth) - 1:00.70 - 6th
200 back: Cathy Haen (Eveleth) - 2:14.27 - 14th
100 breast: Katie Brueggemann (Grafton, WI) - 1:09.71 - 8th
200 breast: Lisa Pearson (Zimmerman) - 2:34.12 - 12th
100 fly: Alison Weske (Sun Prairie, WI) 1:00.01 - 9th
200 fly: Caitlin Digney (Madison, WI) - 2:13.50 - 6th
200 IM: Katie Brueggemann (Grafton, WI) - 2:10.53 - 6th
400 IM: Sarah Burnell (Oshkosh, WI) - 4:45.57 - 10th
200 medley relay: Cathy Haen (eveleth), Katie Brueggemann (Grafton, WI), Alison Weske (Sun Prairie, WI), Erin Lannon (Prior Lake) - 1:48.82 - 6th
400 medley relay: Cathy Haen (Eveleth), Lisa Pearson (Zimmerman), Becky Johnson (Columbus, NE), Elizabeth Lopez (Allen, TX) - 4:006.96 - 5th
200 free relay: Erin Lannon (Prior Lake), Kelly Vieau (Delano), Brenda Peter (Faribault), Alisha Blaydes (Elk River) - 1:38.48 - 5th
400 free relay: Erin Lannon (Prior Lake), Katie Brueggemann (Grafton, WI), Brenda Peters (Faribault), Alisha Blaydes (Elk River) - 3:34.65 - 4th
800 free relay: Sarah Burnell (Oshkosh, WI), Aubrey Welp (Des Moines, IA), Elizabeth Lopez (Allen, TX), Erin Lannon

MEN'S TOP TENS AT THE NCC CHAMPIONSHIPS:

50 free: Jake Goergen (Mandan, ND) - 21.03 - 6th
100 free: Jake Goergen (Mandan, ND) - 46.84 - 4th
200 free: Russ Daniels (Oswego, NY) - 1:46.49 - 6th
500 free: Kyle Cordry (Las Cruces, NM) - 4:48.29 - 4th
1000 free: Isaiah Fuller (faribault) - 10:01.22 - 6th
1650 free - Isaiah Fuller (Faribault) - 16:54.19 - 6th
100 back: Sean Fitzgerald (Marshalltown, IA) - 53.66 - 3rd
200 back: Matt Verwey (Red Deer, Alberta) - 1:53.70 - 3rd
100 breast: Justin Vandenberg (Hutchinson) - 1:02.48 - 10th
200 breast: Justin Vandenberg (Hutchinson) - 2:19.12 - 9th
100 fly: Jake Goergen (Mandan, ND) - 52.39 - 4th
200 fly: Scott Wolf (Maple Plain) - 1:59.52 - 6th
200 IM: Matt Verwey (Red Deer, Alberta) - 1:53.17 - 2nd
400 IM: Matt Verwey (Red Deer, Alberta) - 4:12.46 - 6th
200 medley relay: Sean Fitzgerald (Marshalltown, IA), Justin Vandenberg (Hutchinson), Jake Goergen (Mandan, ND), Doug McGrath (Alexandria) - 1:35.78 - 3rd
200 free relay: Doug McGrath (Alexandria), Kyle Cordry (Las Cruces, NM), Jake Goergen (Mandan, ND), Sean Fitzgerald (Marshalltown, IA) - 1:23.90 -2nd
400 free relay: Jake Goergen (Mandan, ND), Doug McGrath (Alexandria), Matt Verwey (Red Deer, Alberta), Sean Fitzgerald (Marshalltown) - 3:06.72 - 2nd
800 free relay: Kyle Cordry (Las Cruces, NM), Scott Wolf (Maple Plain), Russ Daniels (Oswego, NY), Matt Verwey (Red Deer, Alberta) - 7:00.76 - 2nd

*DENOTES NEW SCHOOL RECORD

ST. CLOUD STATE UNIVERSITY QUICK FACTS

Location: St. Cloud, Minn.
Founded: 1869
Enrollment: 16,000
President: Dr. Roy Saigo
Director of Athletics: Dr. Morris Kurtz
National Affiliation: NCAA Division II
Conference: North Central Conference
Nickname: Huskies
Colors: Cardinal Red and White
Pool: Halenbeck Pool
First Year of Swimming & Diving: 1965
Head Coach: Jeff Hegle (6th Season)
Hegle's Phone: 320-308-4266
Hegle's Email: jmhegle@stcloudstate.edu
Assistant Coaches: Nate Brisley (Diving) and Charlie King
Student Assistant Coaches: Danielle Breunig, Jackie Vieau,
Graduate Assistant Coach: Nick Rosier

NEED INFO?

For information about SCSU swimming and diving, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The swimming and diving contact at SCSU for 2006-07 is Christy Kramer. You can contact her via email at krch9901@stcloudstate.edu.

IMPORTANT NUMBERS:

SCSU Ticket Office: 320-308-2137
SCSU AMR Office: 320-308-2141

WEBSITES:

To obtain complete information about SCSU swimming and diving this season, please go to the Husky Home Page at

www.StCloudState.edu/athletics

For information on the North Central Conference, please check out the league website at

www.northcentralconference.org



Home of the Huskies
stcloudstate.edu/athletics



Coach Hegle

SCSU HEAD COACH JEFF HEGLE TAKES ON HIS SIXTH YEAR WITH THE HUSKIES: Jeff Hegle returns to the deck for his sixth season as the head swimming and diving coach for the men's and women's programs at St. Cloud State University.

In his five seasons with the Huskies he has led the women's team to top 20 finishes at the NCAA Championships. In both 2006 and 2005, the women placed 12th, and 11th in 2004, 13th in 2003, and 16th in 2002. The men finished 19th in 2006 and 21st at both the 2005 and 2004 NAAs.

Last year the at the North Central Conference Championships, the women place third for the third straight season and the men finally broke a four-year streak of third place finishes by placing second. This was the best finish by the SCSU men's swimming and diving team since 1989.

Hegle is a familiar name to SCSU athletics, as he was a graduate assistant coach to the swimming and diving program for two seasons (1993-95) and is a former Husky swimmer. Hegle captained the SCSU men's swimming and diving team during the 1991-92 season. He received an undergraduate degree in social studies and secondary education in 1993. He earned a master's degree in special education at SCSU.

At St. Cloud State, Hegle was an Admissions Ambassador for three years and a University Award of Excellence in Leadership nominee.

From 1997 until his appointment at SCSU, Hegle had been the girls swim coach at Monticello High School. He joined the Monticello program in 1995 as the assistant swim coach for boys and girls. He has also coached the Monticello Swim Club.

Along with his duties as head swimming and diving coach, Hegle also works in the SCSU Compliance Office.

Hegle, a native of Melrose, Minn., is married to former SCSU volleyball standout Christin Broich. Together they have three daughters, Caitlin, Tessa, and Molly.

NCC Weekly Honors 2006/07

SCSU Men's and Women's Swimming and Diving Honor Roll

Name	Year	Event	Week
Nate Jimerson	SO	Diving	12/05
Matt Verwey	FY	Swimming	12/05
Kelsey Berkeland	SO	Diving	10/31
Ross Eiden	JR	Diving	10/31

2006-2007 Swimming and Diving Rosters

Women's

Name	Year	Event	Hometown
Kelsey Berkeland	So.	Diving	Coon Rapids, MN
Alisha Blaydes	So.	Fly	Elk River, MN
Katie Brueggemann	FY	IM	Grafton, WI
Sarah Burnell	So.	Distance	Oshkosh, WI
Megan Cotton	FY	Free	Racine, WI
Stephanie Dauphin	So.	Free	Apple Valley, MN
Caitlin Digney	Jr.	Distance	Madison, WI
Shannon Dixon	FY	Fly	Gillette, WY
Kayla Edelbrock	FY	Diving	St. Cloud, MN
Melissa Eggleston	Jr.	Breast	Cotton Grove, MN
Kim Fish	Jr.	Free	Becker, MN
Jenny Foster	Sr.	Breast	Ottumwa, IA
Bethany Fuller	FY	Distance	Faribault, MN
Laura Green	FY	Breast	Eau Claire, WI
Cathy Haen	FY	Back	Eveleth, MN
Allyson Helling	FY	Free	Thief River Falls, MN
Becky Johnson	So.	Fly	Columbus, NE
Erin Lannon	Jr.	Free	Prior Lake, MN
Elizabeth Lopez	So.	Back	Allen, TX
Annie McNallen	FY	Diving	Coon Rapids, MN
Danielle Monton	Sr.	Back	Dorval, Quebec
Lisa Pearson	Jr.	Breast	Zimmerman, MN
Brenda Peters	Sr.	Free	Faribault, MN
Laura Seidenkranz	Jr.	Distance	Shoreview, MN
Kelly Vieau	FY	Free	Delano, MN
Aubrey Welp	FY	Distance	Des Moines, IA
Alison Weske	FY	Fly	Sun Prairie, WI
Kendra Willis	Jr.	Diving	Neenah, WI
Jordan Wolfrum	So.	Breast	Longmont, CO

Men's

Name	Year	Event	Hometown
Cameron Berg	FY	Diving	Bow, WA
Jacob Cardinal	FY	Free	Champlin, MN
Jason Calvert	Sr.	Fly	Bosque Farms, NM
Kyle Cordry	FY	Free	Las Cruces, NM
Jeff Dahl	Sr.	Free	Pleasant Prairie, WI
Matt Dahly	FY	Breast	Bismarck, MN
Russ Daniels	Sr.	Free	Oswego, NY
Jamie Dayton	FY	Back	Blaine, MN
Mitchel Dickison	So.	Free	Faribault, MN
Ross Eiden	Jr.	Diving	Rosemount, MN
Logan Frederick	FY	Breast	Marshalltown, IA
Sean Fitzgerald	Jr.	Back	Marshalltown, IA
Isaiah Fuller	Jr.	Distance	Faribault, MN
Matt Girard	So.	Breast	Bloomington, MN
Jacob Goergen	FY	Fly	Mandan, ND
Brian Jacobs	So.	Back	Clive, IA
Nate Jimerson	So.	Diving	Apple Valley, MN
Shawn Larson	FY	Breast	Columbia Heights, MN
Doug McGrath	Jr.	Free	Alexandria, MN
Jordan Michaels	So.	Fly	Thief River Falls, MN
Alex Milberger	FY	Free	Casper, WY
Landon Mishler	FY	Free	Kenai, AK
Ray Nelson	Sr.	Breast	Willmar, MN
Chris Pape	Jr.	Diving	Bismarck, ND
Erich Richardson	FY	Distance	Fargo, ND
Nate Saur	Jr.	Free	Bismarck, ND
Jim Schlup	FY	Free	Manhattan, KS
Adam Sebestyen	So.	Breast	Munich, Germany
Grant Smith	Jr.	Free	Ramsey, MN
Justin Vandenberg	FY	Breast	Hutchinson, MN
Matt Verwey	FY	Back	Red Deer, Alberta
Nick Weaver	FY	Breast	Marshall, MI
Scott Wolf	Sr.	Fly	Maple Plain, MN
Matt Youngers	FY	Breast	Oronoco, MN