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# St. Cloud State University HUSKY ATHLETICS

**Athletic Media Relations - Swimming & Diving Update**

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## 2006-07 SCSU Swimming & Diving News

Release Date: February 13, 2007



### :: UPCOMING MEETS ::

**February 21-24, 2007:  
NCC CHAMPIONSHIPS  
GRAND FORKS, ND**

#### 2006-07 SCSU Schedule

Date	Opponent	Time/Result
10/14	Alumni Meet	N/A
10/20	@ N. Michigan (W) Marquette, Mich.	N/A
10/20	@ N. Michigan (W) Marquette, Mich.	N/A
10/28	@ UW-Stevens Point Stevens Point, WI	M: 135 W: 130
11/04	Husky Invitational I	M: 914 W: 766
11/11	Husky Invitational II	M: 1,267 W: 1,337
11/17	@ U of M Invite Minneapolis	M: 84 W: 6
11/18	@ U of M Invite Minneapolis	M: 165 W: 16
11/19	@ U of M Invite Minneapolis	M: 213 W: 20
12/01	@ Carthage Invitational Kenosha, WI	M: 454 W: 606
12/02	@ Carthage Invitational Kenosha, WI	M: 856 W: 1,130
12/02	Husky Diving Invite	N/A
01/05 - 01/15	@ Winter Training Trip St. Croix	
01/19	St. John's/St. Ben's Dual	N/A
01/20	@ South Dakota Vermillion, SD	M: 105 W: 82
02/03	@ UND Invite Grand Forks, ND	N/A
02/21 - 02/24	@ NCC CHAMPIONSHIPS Grand Forks, ND	
03/14 - 03/17	@ NCAA Division II Championships	

(all meets are listed as Central Time)

For complete ticket information, please call  
1-877-SCSUTIX or 320-308-2137.



**SCSU BOASTS NUMEROUS NCC TOP 20 PERFORMANCES:** The SCSU men's and women's swimming and diving teams have a lot to be proud of this year. Nearing the end of the 2006-07 season, the Huskies boast a total of 48 athletes who are ranked in the North Central Conference Top 20 Performances. The Husky women's team has had 21 make it to the list while 27 SCSU men hold a top 20 ranking as of February 5, 2007.



Making the top 20 for the women are: Alisha Blaydes (Elk River), Kelly Vieau (Delano), Erin Lannon (Prior Lake), Alison Weske (Sun Prairie, WI), Katie Brueggemann (Grafton, WI), Brenda Peters (Faribault), Sarah Burnell (Oshkosh, WI), Aubrey Welp (Des Moines, IA), Laura Seidenkranz (Shoreview), Caitlin Digney (Madison, WI), Becky Johnson (Columbus, NE), Cathy Haen (Eveleth), Elizabeth Lopez (Allen, TX), Melissa Eggleston (Cotton Grove), Lisa Pearson (Zimmerman), Laura Green (Eau Claire, WI), Jordan Wolfrum (Longmont, CO), Kelsey Berkeland (Coon Rapids), Kayla Edelbrock (St. Cloud), Kendra Willis (Neenah, WI) and Annie McNallen (Coon Rapids).



Making the top 20 for the men are: Jake Goergen (Mandan, ND), Doug McGrath (Alexandria), Kyle Cordry (Las Cruces, NM), Sean Fitzgerald (Marshalltown, IA), Russ Daniels (Oswego, NY), Brian Jacobs (Clive, IA), Isaiah Fuller (Faribault), Matt Verwey (Red Deer, Alberta), Alex Milberger (Casper, WY), Erich Richardson (Fargo, ND), Matt Youngers (Oronoco), Mitch Dickison (Faribault), Jim Schulp (Manhattan, KS), Jason Calvert (Bosque Farms, NM), Scott Wolf (Maple Plain), Jamie Dayton (Blaine), Matt Girard (Bloomington), Justin Vandenberg (Hutchinson), Nick Weaver (Marshall, MI), Logan Frederick (Marshalltown, IA), Ray Nelson (Willmar), Shawn Larson (Columbia Heights), Matt Dahly (Bismarck, ND), Ross Eiden (Rosemount), Chris Pape (Bismarck, ND), Cameron Berg (Bos, WA), and Nate Jimerson (Apple Valley).

### TOP 20 RANKINGS BY EVENT:

#### WOMEN'S 50-FREE

- #7 Blaydes - 24.68
- #10 Vieau - 24.81
- #11 Lannon - 24.85
- #16 Weske - 25.28
- #18 Brueggemann - 25.35



**MEN'S 50-FREE**

#8 Goergen - 21.61  
#10 McGrath - 21.85  
#12 Cordry - 22.02  
#17 Fitzgerald - 22.35

**WOMEN'S 100-FREE**

#7 Peters - 54.03  
#9 Blaydes - 54.34  
#10 Lannon - 54.40  
#11 Vieau - 54.44  
#17 Weske - 55.52

**MEN'S 100-FREE**

#6 Goergen - 47.27  
#7 McGrath - 47.59  
#11 Cordry - 48.44  
#13 Fitzgerald - 48.77  
#14 Daniels - 48.80

**WOMEN'S 200-FREE**

#13 Lannon - 1:59.88  
#16 Brueggemann - 2:00.08  
#20 Burnell - 2:00.66

**MEN'S 200-FREE**

#4 Cordry - 1:45.81  
#6 Daniels - 1:46.17  
#15 Fitzgerald - 1:48.81  
#19 Jacobs - 1:49.12

**WOMEN'S 500-FREE**

#1 Burnell - 5:12.87  
#13 Welp - 5:20.80  
#16 Seidenkranz - 5:23.25  
#17 Digney - 5:23.39

**MEN'S 500-FREE**

#9 Fuller - 4:53.53  
#11 Verwey - 4:54.35  
#12 Daniels - 4:54.72  
#15 Cordry - 4:59.59  
#20 Milberger - 5:04.58

**WOMEN'S 1000-FREE**

#7 Burnell - 10:57.50  
#16 Welp - 11:11.66  
#19 Seidenkranz - 1:25.54

**MEN'S 1000-FREE**

#8 Fuller - 10:24.94  
#10 Daniels - 10:29.18  
#15 Milberger - 10:39.29  
#17 Richardson - 10:44.59

**WOMEN'S 1650-FREE**

#1 Burnell - 17:59.14  
#8 Welp - 18:31.04  
#Seidenkranz - 18:37.93  
#12 Digney - 18:52.91

**MEN'S 1650-FREE**

#3 Fuller - 16:56.80  
#10 Milberger - 17:50.59  
#13 Youngers - 17:58.70  
#14 Richardson - 18:06.11  
#18 Dickison - 18:21.08  
#19 Schulp - 18:23.49

**WOMEN'S 100-FLY**

#3 Weske - 58.47  
#13 Digney - 1:01.02  
#18 Blaydes - 1:02.12  
#19 Johnson - 1:02.14

**MEN'S 100-FLY**

#7 Goergen - 52.73  
#10 Calvert - 53.25  
#13 McGrath - 53.90  
#20 Daniels - 55.01

**WOMEN'S 200-FLY**

#5 Digney - 2:11.71  
#13 Burnell - 2:17.09  
#18 Weske - 2:18.54  
#20 Johnson - 2:19.41

**MEN'S 200-FLY**

#11 Youngers - 2:02.66  
#16 Clavert - 2:04.93  
#19 Wolf - 2:07.31

**WOMEN'S 100-BACK**

#7 Haen - 1:01.32  
#12 Lopez - 1:02.25  
#19 Peters - 1:02.94

**MEN'S 100-BACK**

#5 Verwey - 53.78  
#6 Jacobs - 53.95  
#8 Fitzgerald - 54.46  
#13 Goergen - 55.23  
#18 Dayton - 56.32  
#19 Richardson - 56.45

**WOMEN'S 200-BACK**

#9 Lopesz - 2:12.92  
#15 Haen - 2:15.36

**MEN'S 200-BACK**

#2 Verwey - 1:54.14  
#3 Fitzgerald - 1:55.44  
#7 Jacobs - 1:57.71  
#15 Richardson - 2:01.12

**WOMEN'S 100-BREAST**

#5 Brueggemann - 1:07.98  
#16 Eggleston - 1:10.10  
#18 Pearson - 1:10.59  
#20 Green - 1:11.20

**MEN'S 100-BREAST**

#7 Girard - 1:01.35  
#8 Vandenberg - 1:01.36  
#9 Weaver - 1:01.56  
#11 Frederick - 1:01.71  
#12 Nelson - 1:02.15  
#16 Larson - 1:03.02

**WOMEN'S 200-BREAST**

#7 Brueggemann - 2:29.12  
#15 Green - 2:32.84  
#17 Pearson - 2:33.75  
#19 Burnell - 2:34.30  
#20 Eggleston - 2:34.31

**MEN'S 200-BREAST**

#7 Vandenberg - 2:16.09  
#9 Dahly - 2:17.34  
#10 Girard - 2:18.22  
#11 Youngers - 2:19.18  
#13 Nelson - 2:20.12  
#16 Larson - 2:22.43  
#17 Weaver - 2:22.66  
#18 Frederick - 2:24.76

**WOMEN'S 200-IM**

#4 Brueggemann - 2:11.10  
#11 Wolfrum - 2:15.51  
#12 Eggleston - 2:16.12  
#20 Lopez - 2:18.41

**MEN'S 200-IM**

#3 Verwey - 1:56.26  
#17 Calvert - 2:04.53  
#18 Vandenberg - 2:04.75

**WOMEN'S 400-IM**

#5 Brueggemann - 4:39.81  
#9 Burnell - 4:45.32  
#17 Eggleston - 4:50.34  
#19 Wolfrum - 4:54.94

**MEN'S 400-IM**

#1 Verwey - 4:06.80  
#12 Fuller - 4:22.82  
#13 Youngers - 4:24.72  
#16 Calvert - 4:30.90  
#17 Richardson - 4:31.81  
#19 Dahly - 4:32.78

**WOMEN'S 1-METER (6 DIVES)**

#2 Berkeland - 267.30  
#4 Edelbrock - 253.30  
#7 Willis - 248.90  
#15 McNallen - 210.55

**MEN'S 1-METER (6 DIVES)**

#2 Jimerson - 302.25  
#4 Eiden - 279.20  
#6 Pape - 247.20  
#9 Berg - 233.50



WOMEN'S 3-METER (6 DIVES)  
 #6 Edelbrock - 258.95  
 #7 Willis - 257.00  
 #8 Berkeland - 251.30  
 #14 McNallen - 226.30

MEN'S 3-METER (6 DIVES)  
 #1 Jimerson - 311.95  
 #4 Pape - 269.25  
 #6 Berg - 261.55  
 #8 Eiden - 255.80

WOMEN'S 1-METER (11 DIVES)  
 #4 Willis - 381.15  
 #10 Edelbrock - 345.50  
 #14 Berkeland - 307.75

MEN'S 1-METER (11 DIVES)  
 #6 Jimerson - 385.80  
 #7 Pape - 367.06  
 #8 Berg - 365.20

WOMEN'S 3-METER (11 DIVES)  
 #5 Willis - 413.40  
 #12 Berkeland - 346.95

MEN'S 3-METER (11 DIVES)  
 #3 Jimerson - 463.45  
 #7 Berg - 408.60  
 #9 Pape - 352.80

#3 WOMEN'S 200-FREE RELAY - 1:38.76

#2 MEN'S 200-FREE RELAY - 1:25.75

#4 WOMEN'S 400-FREE RELAY - 3:38.31

#2 MEN'S 400-FREE RELAY - 3:12.53

#3 WOMEN'S 800-FREE RELAY - 8:01.68

#2 MEN'S 800-FREE RELAY - 7:08.90

#4 WOMEN'S 200-MEDLEY RELAY - 1:50.81

#2 MEN'S 200-MEDLEY RELAY - 1:37.09

#4 WOMEN'S 400-MEDLEY RELAY - 4:02.76

#3 MEN'S 400-MEDLEY RELAY - 3:34.99

## NCC Weekly Honors 2006/07

SCSU Men's and Women's Swimming and Diving Honor Roll

Name	Year	Event	Week
Nate Jimerson	SO	Diving	12/05
Matt Verwey	FY	Swimming	12/05
Kelsey Berkeland	SO	Diving	10/31
Ross Eiden	JR	Diving	10/31

## NCAA National Qualifiers 2006/07

Name	Year	Event	Time/Score
Alisha Blaydes	SO	50 Free	24.68
Katie Brueggemann	FY	400 IM	4:39.81
Katie Brueggemann	FY	200 IM	2:11.01
Sarah Burnell	SO	1650 Free	17:59.14
Nate Jimerson	SO	3-meter	463.45
Brenda Peters	SR	50 Free	24.51
Matt Verwey	FY	400 IM	4:06.80
Matt Verwey	FY	200 Back	1:54.15
Matt Verwey	FY	200 IM	1:56.26
Kelly Vieau	FY	50 Free	24.81
Alison Weske	FY	100 Fly	58.47
Kendra Willis	JR	1-meter	381.15

### ST. CLOUD STATE UNIVERSITY QUICK FACTS

Location: ..... St. Cloud, Minn.  
 Founded: ..... 1869  
 Enrollment: ..... 16,000  
 President: ..... Dr. Roy Saigo  
 Director of Athletics ..... Dr. Morris Kurtz  
 National Affiliation ..... NCAA Division II  
 Conference ..... North Central Conference  
 Nickname ..... Huskies  
 Colors ..... Cardinal Red and White  
 Pool ..... Halenbeck Pool  
 First Year of Swimming & Diving ..... 1965  
 Head Coach ..... Jeff Hegle (6th Season)  
 Hegle's Phone ..... 320-308-4266  
 Hegle's Email ..... jmhegle@stcloudstate.edu  
 Assistant Coaches ..... Nate Brisley (Diving) and Charlie King  
 Student Assistant Coaches .... Danielle Breunig, Jackie Vieau,  
 Graduate Assistant Coach ..... Nick Rosier

### NEED INFO?

For information about SCSU swimming and diving, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The swimming and diving contact at SCSU for 2006-07 is Christy Kramer. You can contact her via email at krch9901@stcloudstate.edu.

### IMPORTANT NUMBERS:

SCSU Ticket Office: 320-308-2137  
 SCSU AMR Office: 320-308-2141

### WEBSITES:

To obtain complete information about SCSU swimming and diving this season, please go to the Husky Home Page at

[www.StCloudState.edu/athletics](http://www.StCloudState.edu/athletics)

For information on the North Central Conference, please check out the league website at

[www.northcentralconference.org](http://www.northcentralconference.org)



Coach Hegle

**SCSU HEAD COACH JEFF HEGLE TAKES ON HIS SIXTH YEAR WITH THE HUSKIES:** Jeff Hegle returns to the deck for his sixth season as the head swimming and diving coach for the men's and women's programs at St. Cloud State University.

In his five seasons with the Huskies he has led the women's team to top 20 finishes at the NCAA Championships. In both 2006 and 2005, the women placed 12th, and 11th in 2004, 13th in 2003, and 16th in 2002. The men finished 19th in 2006 and 21st at both the 2005 and 2004 NAAs.

Last year the at the North Central Conference Championships, the women place third for the third straight season and the men finally broke a four-year streak of third place finishes by placing second. This was the best finish by the SCSU men's swimming and diving team since 1989.

Hegle is a familiar name to SCSU athletics, as he was a graduate assistant coach to the swimming and diving program for two seasons (1993-95) and is a former Husky swimmer. Hegle captained the SCSU men's swimming and diving team during the 1991-92 season. He received an undergraduate degree in social studies and secondary education in 1993. He earned a master's degree in special education at SCSU.

At St. Cloud State, Hegle was an Admissions Ambassador for three years and a University Award of Excellence in Leadership nominee.

From 1997 until his appointment at SCSU, Hegle had been the girls swim coach at Monticello High School. He joined the Monticello program in 1995 as the assistant swim coach for boys and girls. He has also coached the Monticello Swim Club.

Along with his duties as head swimming and diving coach, Hegle also works in the SCSU Compliance Office.

Hegle, a native of Melrose, Minn., is married to former SCSU volleyball standout Christin Broich. Together they have three daughters, Caitlin, Tessa, and Molly.

## 2006-2007 Swimming and Diving Rosters

### Women's

Name	Year	Event	Hometown
Kelsey Berkeland	So.	Diving	Coon Rapids, MN
Alisha Blaydes	So.	Fly	Elk River, MN
Katie Brueggemann	FY	IM	Grafton, WI
Sarah Burnell	So.	Distance	Oshkosh, WI
Megan Cotton	FY	Free	Racine, WI
Stephanie Dauphin	So.	Free	Apple Valley, MN
Caitlin Digney	Jr.	Distance	Madison, WI
Shannon Dixon	FY	Fly	Gillette, WY
Kayla Edelbrock	FY	Diving	St. Cloud, MN
Melissa Eggleston	Jr.	Breast	Cotton Grove, MN
Kim Fish	Jr.	Free	Becker, MN
Jenny Foster	Sr.	Breast	Ottumwa, IA
Bethany Fuller	FY	Distance	Faribault, MN
Laura Green	FY	Breast	Eau Claire, WI
Cathy Haen	FY	Back	Eveleth, MN
Allyson Helling	FY	Free	Thief River Falls, MN
Becky Johnson	So.	Fly	Columbus, NE
Erin Lannon	Jr.	Free	Prior Lake, MN
Elizabeth Lopez	So.	Back	Allen, TX
Annie McNallen	FY	Diving	Coon Rapids, MN
Danielle Monton	Sr.	Back	Dorval, Quebec
Lisa Pearson	Jr.	Breast	Zimmerman, MN
Brenda Peters	Sr.	Free	Faribault, MN
Laura Seidenkranz	Jr.	Distance	Shoreview, MN
Kelly Vieau	FY	Free	Delano, MN
Aubrey Welp	FY	Distance	Des Moines, IA
Alison Weske	FY	Fly	Sun Prairie, WI
Kendra Willis	Jr.	Diving	Neenah, WI
Jordan Wolfrum	So.	Breast	Longmont, CO

### Men's

Name	Year	Event	Hometown
Cameron Berg	FY	Diving	Bow, WA
Jacob Cardinal	FY	Free	Champlin, MN
Jason Calvert	Sr.	Fly	Bosque Farms, NM
Kyle Cordry	FY	Free	Las Cruces, NM
Jeff Dahl	Sr.	Free	Pleasant Prairie, WI
Matt Dahly	FY	Breast	Bismarck, MN
Russ Daniels	Sr.	Free	Oswego, NY
Jamie Dayton	FY	Back	Blaine, MN
Mitchel Dickison	So.	Free	Faribault, MN
Ross Eiden	Jr.	Diving	Rosemount, MN
Logan Frederick	FY	Breast	Marshalltown, IA
Sean Fitzgerald	Jr.	Back	Marshalltown, IA
Isaiah Fuller	Jr.	Distance	Faribault, MN
Matt Girard	So.	Breast	Bloomington, MN
Jacob Goergen	FY	Fly	Mandan, ND
Brian Jacobs	So.	Back	Clive, IA
Nate Jimerson	So.	Diving	Apple Valley, MN
Shawn Larson	FY	Breast	Columbia Heights, MN
Doug McGrath	Jr.	Free	Alexandria, MN
Jordan Michaels	So.	Fly	Thief River Falls, MN
Alex Milberger	FY	Free	Casper, WY
Landon Mishler	FY	Free	Kenai, AK
Ray Nelson	Sr.	Breast	Willmar, MN
Chris Pape	Jr.	Diving	Bismarck, ND
Erich Richardson	FY	Distance	Fargo, ND
Nate Saur	Jr.	Free	Bismarck, ND
Jim Schlup	FY	Free	Manhattan, KS
Adam Sebestyen	So.	Breast	Munich, Germany
Grant Smith	Jr.	Free	Ramsey, MN
Justin Vandenberg	FY	Breast	Hutchinson, MN
Matt Verwey	FY	Back	Red Deer, Alberta
Nick Weaver	FY	Breast	Marshall, MI
Scott Wolf	Sr.	Fly	Maple Plain, MN
Matt Youngers	FY	Breast	Oronoco, MN