



Home of the Huskies

# St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Softball Update

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## Season Complete

21-38 overall, 8-18 NSIC (10th)

First Season in the NSIC

## 2009 SCSU Softball Schedule

Date	Opponent	Time/Result
Feb. 13	NY INST. OF TECH (2)	L, 6-8/ L, 2-4
Feb. 14-15	HUSKY DOME CLASSIC	Husky Dome
Feb. 14	U-MARY -nc \$	L, 5-7
Feb. 14	LEWIS \$	L, 2-12
Feb. 14	LEWIS \$	L, 3-8
Feb. 15	CONC.-ST. PAUL-nc \$	L, 1-7
Feb. 19	at UC-Colo. Springs (2)	W, 11-3/L, 2-7
Feb. 20-22	at NSIC/RMAC Crossover	CO Springs, CO
Feb. 20	vs. Nebraska-Kearney !	L, 5-14
	vs. Colo. School of Mines !	L, 1-11
Feb. 21	vs. Chadron State College !	L, 8-10
	vs. Metro State College !	L, 6-11
Feb. 22	vs. UC-Colorado Springs !	L, 8-10
	vs. Mesa State College !	W, 6-5
Feb. 27	NORTHERN STATE (2)-nc	W, 5-0/W, 4-0
2/28-3/1	HUSKY DOME INVITE	Husky Dome
Feb. 28	MINNESOTA STATE-nc #	L, 3-5
Mar. 1	BEMIDJI STATE-nc #	W, 2-0
Mar. 1	SW MINNESOTA-nc #	W, 6-5
Mar. 7-11	at Rebel Spring Games	Orlando, Florida
Mar. 7	vs. Holy Family ^	W, 8-3
Mar. 7	vs. Wilmington (DE) ^	W, 7-6
Mar. 8	vs. Stonehill ^	W, 11-2
Mar. 8	vs. Ashland ^	W, 4-1
Mar. 9	vs. Saint Rose ^	L, 0-1
Mar. 9	vs. C.W. Post ^	W, 9-2
Mar. 10	vs. Palm Beach Atlantic ^	L, 1-2
Mar. 10	vs. Ferris State ^	L, 1-5
Mar. 11	vs. Quincy ^	W, 6-3
Mar. 11	vs. Tiffin ^	L, 2-3
Mar. 14	WINONA STATE (2) - nc	L, 1-9 / W, 5-0
Mar. 28	MINNESOTA DULUTH (2)*	L, 5-6 / L, 2-7
Mar. 29	BEMIDJI STATE (2)*	L, 2-6 / W, 5-0
Apr. 1	MINNESOTA STATE (2)*	Postponed
Apr. 4	MSU MOORHEAD (2)*	W, 4-3/ W, 11-2
Apr. 5	MINN., CROOKSTON (2)*	W, 11-0/ W, 10-2
Apr. 8	SW MINNESOTA (2)*	L, 2-6 / L, 3-6
Apr. 10	at Concordia-St. Paul-nc(2)	L, 0-4 / L, 2-3
Apr. 11	CONCORDIA-ST. PAUL (2)*	L, 1-3 / L, 2-3
Apr. 15	WINONA STATE (2)*	L, 0-6 / L, 3-5
Apr. 18	at University of Mary (2)*	W, 5-1 / L, 9-10
Apr. 19	at Northern State (2)*	W, 6-2 / L, 1-2
Apr. 22	UPPER IOWA (2)*	L, 1-2 / L, 3-8
Apr. 25	at Augustana (2)*	L, 5-7 / L, 2-10
Apr. 26	at Wayne State (2)*	L, 0-7 / W, 4-0
Apr. 28	MINNESOTA STATE (2)*	L, 2-6 / L, 4-8
May 1-2	NSIC Tournament	TBA
May 8-10	NCAA Div. II Regional	TBA
May 16-17	NCAA Div. II Super Reg.	TBA
May 21-24	NCAA Div. II Championships	Salem, VA

ALL CAPS indicates home game  
\* Northern Sun Intercollegiate Conference Game  
\$ Husky Dome Classic  
# Husky Dome Invite  
! NSIC/RMAC Crossover  
^ Games played in Orlando, Fla.

## 2009 SCSU SOFTBALL NEWS

Final Release Date: May 20, 2009

**THE RECORD:** The Huskies completed the 2009 season 21-38 overall and 8-18 in their first year of competition in the Northern Sun Intercollegiate Conference.

**NEW BEGINNINGS:** St. Cloud State completed its first year in the NSIC, going 8-18 with a 10th place finish.

**LEADERSHIP COUNCIL FOR 2009:** For the second season, the Huskies incorporated a team leadership council. Each class selected a member to represent their class and the program. The captains for this year included senior Rachel Haines (Pepin, Wis.), junior Kaity Strever (Laurel, Mont.) sophomores Melanie Upchurch (Waterloo, Iowa) and Sarah Stalker (Hudson, Wis.) and first year Brit Krieg (Hudson, Wis.).

**THE STREAKS:** The longest win streak of the season was six games for SCSU, stretching from Mar. 1-Mar. 8. The longest winless streak for the Huskies was eight games, tying a school record, from Apr. 8-15.

**ALL-NSIC ACCOLADES:** Melanie Upchurch (Waterloo) and Lizzy Dwyer (Kalispell, Mont.) were both named to the 2009 All-NSIC Softball Second Team.

**ACADEMIC EXCELLENCE:** The Huskies landed six student-athletes 2009 Spring NSIC All-Academic Team. Among the list for St. Cloud State was Emily Edgerton (So/Wausau, Wis.), Rachel Haines (Sr./Pepin, Wis.), Kathryn Hendrickson (So/Verona, Wis.), Sarah Stalker (So./Hudson, Wis.), Kaitlin Strever (Jr./Laurel, Mont.) and Melanie Upchurch (So./Waterloo, Iowa).



Haines

### RECORDS FALL WITH HAINES:

Senior Rachel Haines left her mark on Husky softball, as she leaves St. Cloud State holding 10 school records. A few records include 224 career games started and played, she leads the all-time most at bats list with 765 and her 139 career runs scored rank first. The senior also became the school's all-time career hits leader on Apr. 28, tallying three hits against Minnesota State, bringing her career total to 239. Haines also holds the school record for most stolen bases in a game with four against Univ. of Science-Philadelphia. (3/1/08) and most stolen bases in a career with 73.

**THREE CHEERS FOR UPCHURCH:** Melanie Upchurch led the squad with seven triples in 2009, which was a co-best in the NSIC.

**HUSKY POW HONORS:** SCSU's first year pitcher Brit Krieg was named the NSIC Pitcher of the Week on Mar. 3, and was the only Husky to gain such a weekly honor.

**NO-HITTER FOR KRIEG:** Brit Krieg earned her first career no-hitter in a 4-0 shutout victory over Northern State on Feb. 27 in the Husky Dome. Krieg faced just two over the minimum, struck out three, walked none, and was perfect for the first three innings of the game.

**BRANDENBURG TIES SCHOOL MARKS:** Nicole Brandenburg, a first year at first base, tied a school mark for most RBI's in a game with six against MSU Moorhead on Apr. 3. She also tied a school game record with two home runs against MSU Moorhead on the same day.

**FIRST 'K' FOR KRISTIN:** Kristin Jakobsen tabbed her first career strikeout from the circle on Feb. 13 against NY Institute of Technology in her first collegiate start.

**KRIEG IN THE WIN COLUMN:** Brit Krieg earned her first career win from the circle against Mesa State on Feb. 22 in Colorado Spring, Colo. The Hudson, Wis., native went 10-16 overall in her first collegiate season.

**BEST AT SCSU:** Head Coach Paula U'Ren continues to have the best winning percentage in SCSU softball history, going 447-235 in the past 12 years of coaching for a .655 winning percentage.

**WE'LL TAKE TWO:** The Huskies defeated two Top-25 ranked teams this season. They were victorious over #10 C.W. Post on Mar. 9 by a score of 9-2 in Florida, and shutout #6 Winona State on Mar. 14, 5-0, in the Husky Dome.

### HAINES AND STALKER LAND ON COSIDA ACADEMIC TEAMS:

SCSU's Rachel Haines and Sarah Stalker both landed on the 2009 CoSIDA Academic All-District V Softball squads. Haines was named to the All-District V First Team for the second time in her respective career, while Stalker gained All-District V Third Team honors for the first time in her collegiate stint. By making the All-District V First Team, Haines advanced to the CoSIDA Academic All-American ballot, where she gained the All-American honor last year in 2008 after being named to the CoSIDA All-American Academic Softball Second Team as a 4.0 GPA biomedical science major.

**AT THE HELM IN '09:** The Huskies were coached by 12th-year head coach Paula U'Ren and assisted by Jennifer Bakke, Ashley Partlow and Jenny Gensch in 2009. Kelli Niess was also back for her second season as a volunteer student assistant coach.

**NEED INFO?** For information about SCSU Softball, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The Softball contact at SCSU for 2009 is Celest Stang or Pat McCabe. You can contact them via email at [crstang@stcloudstate.edu](mailto:crstang@stcloudstate.edu) / [mcpa0702@stcloudstate.edu](mailto:mcpa0702@stcloudstate.edu).

**IMPORTANT NUMBERS:**  
SCSU Ticket Office: 320-308-2137  
SCSU AMR Office: 320-308-2141

**HUSKY HOME PAGE:**  
[www.StCloudState.edu/Athletics](http://www.StCloudState.edu/Athletics)



*2009 St. Cloud State Softball Player Career Single Game Highs*

**#1 Katie Hendrickson**  
 At bats: 4 (7x) last vs Mary, 2/14/09  
 Runs: 2 vs Northern State, 2/15/08  
 Hits: 3 (2x) last vs SW Minnesota State, 4/9/08  
 RBI: 2 (4x) last vs North Dakota, 5/3/08

**#5 Alisha Arnold**  
 At bats: 4 vs Chadron State, 2/21/09  
 Runs: 1 (23x) last vs UCCS, 2/22/09  
 Hits: 2 vs Northern State, 2/15/08  
 RBI: 2 vs Northern State, 2/16/08

**#6 Jackie Dooley**  
 At bats: 4 (3x) last vs UMC, 4/5/09  
 Runs: 2 vs UMC, 4/5/09  
 Hits: 3 vs UMC, 4/5/09  
 RBI: 2 vs Lewis, 2/14/09

**#7 Emily Edgerton**  
 At bats: 4 (13x) last vs Upper Iowa, 4/22/09  
 Runs: 3 vs Chadron State, 2/21/09  
 Hits: 3 (2x) last vs Mesa State, 2/22/09  
 RBI: 3 (2x) last vs U-Mary, 4/19/09

**#8 Cortney Adamski**  
 At bats: None  
 Runs: 1 vs Northern State, 4/19/09  
 Hits: None  
 RBI: None

**#9 Kelly Laas**  
 At bats: 5 (3x) last vs UMC, 4/5/09  
 Runs: 3 vs Stonehill, 3/8/09  
 Hits: 3 (4x) last vs UMC, 4/5/09  
 RBI: 2 (2x) last vs Wilmington, 3/7/09

**#10 Sarah Stalker**  
 At bats: 5 vs Northern State, 4/19/09  
 Runs: 3 (3x) last vs UCCS, 2/19/09  
 Hits: 3 (4x) last at Wayne State (Neb.), 4/26/09  
 RBI: 3 (6x) last at Wayne State (Neb.), 4/26/09

**#13 Angie Gatz**  
 Inn. pitched: 4.2 vs Concordia, 4/10/09  
 Hits allowed: 5 vs Concordia, 4/10/09  
 Runs allowed: 3 (2x) last vs Concordia, 4/11/09  
 Earned runs: 3 vs Concordia, 4/11/09  
 Walks allowed: 2 (2x) last vs U-Mary, 4/19/09  
 Strikeouts: 1 (2x) last vs Colo. Mines, 2/20/09

**#14 Rachel Haines**  
 At bats: 6 vs Minnesota Duluth, 3/5/06  
 Runs: 4 vs Bemidji State, 4/22/08  
 Hits: 4 (4x) last vs Bemidji State, 4/22/08  
 RBI: 4 vs Bemidji State, 2/22/08

**#15 Kaity Strever**  
 Inn. pitched: 8.1 vs Palm Beach Atlantic, 3/10/09  
 Hits allowed: 15 (2x) last vs UMD, 3/28/09

Runs allowed: 13 vs Neb.-Kearney, 2/20/09  
 Earned runs: 13 vs Neb.-Kearney, 2/20/09  
 Walks allowed: 7 vs Concordia-St. Paul, 4/27/08  
 Strikeouts: 9 vs MSU Moorhead, 4/30/08

**#19 Sara Sbragia**  
 At bats: 5 (4x) last vs Stonehill, 3/8/09  
 Runs: 3 (2x) last vs Quincy, 3/11/08  
 Hits: 3 (5x) last vs Lewis, 2/14/09  
 RBI: 5 vs South Dakota, 4/19/08

**#20 Melanie Upchurch**  
 At bats: 5 vs Stonehill, 3/8/09  
 Runs: 2 (8x) last vs UMC, 4/5/09  
 Hits: 4 vs Concordia-St. Paul, 4/27/08  
 RBI: 4 vs U-Mary, 4/18/09

**#21 Lizzy Dwyer**  
 At bats: 5 (3x), last vs Stonehill, 3/8/09  
 Runs: 2 (8x) last vs Quincy, 3/11/09  
 Hits: 4 (2x) last vs Stonehill, 3/8/09  
 RBI: 3 (4x) last vs Stonehill, 3/8/09

**#22 Sarah Nohrenberg**  
 At bats: 5 (2x) last vs UMC, 4/5/09  
 Runs: 2 vs Minnesota State, 2/28/09  
 Hits: 3 (2x) last at Augustana, 4/25/09  
 RBI: 2 (2x) last vs Minnesota Duluth, 3/28/09

**#23 Nicole Brandenburg**  
 At bats: 4 (5x) last vs U-Mary, 4/18/09  
 Runs: 2 vs MSU Moorhead, 4/3/09  
 Hits: 3 (2x) last vs C.W. Post, 3/9/09  
 RBI: 6 vs MSU Moorhead, 4/3/09

**#24 Steph Cramer**  
 At bats: None  
 Runs: 1 (13x) last vs Upper Iowa, 4/22/09  
 Hits: None  
 RBI: None

**#25 Kristin Jakobsen**  
 Inn. pitched: 6.0 at Wayne St., 4/26/09  
 Hits allowed: 9 (2x) last vs Wayne St., 4/26/09  
 Runs allowed: 8 vs Colo. Mines, 2/20/09  
 Earned runs: 8 vs Colo. Mines, 2/20/09  
 Walks allowed: 2 (4x) last vs MSU, 4/28/09  
 Strikeouts: 2 (2x) last at Wayne St., 4/26/09

**#26 Brit Krieg**  
 Inn. pitched: 7.0 (14x) last vs WSU, 4/15/09  
 Hits allowed: 14 (2x) last vs WSU, 3/14/09  
 Runs allowed: 11 vs Metro State, 2/21/09  
 Earned runs: 10 vs Metro State, 2/21/09  
 Walks allowed: 5 (2x) last vs UMC, 4/5/09  
 Strikeouts: 7 (2x) last vs SMSU, 4/8/09

**NFCA Division II  
 Top-25 Poll - #11**

May 6, 2009

Rank	Team (First place votes)	Record
1	North Georgia (10)	43-3
2	Lock Haven (1)	41-5
3	Valdosta State (1)	49-6
4	Angelo State	42-8
5	Alabama-Huntsville (1)	43-5
6	<b>Winona State</b>	<b>44-11</b>
7	Southeastern Oklahoma	50-11
8	Humboldt State	33-17
9	Bloomsburg	34-9
10	Metro State	40-10
11	Kutztown	43-9-1
12	Le Moyne	40-10
13	Saginaw Valley State	35-9
14	Hawaii Pacific	34-8
15	USC Aiken	34-14
16	Abilene Christian	42-13
17	Rollins	45-8
18	Wayne State (MI)	38-14
19	Dixie State	30-9
20	Georgian Court	36-15
21	Ferris State	33-8
22	Florida Southern	37-12
23	C.W. Post	33-16
24	Ashland	36-12
25	Lenoir Rhyne	36-11

**Others receiving votes:**

Nebraska-Omaha 31, California (PA) 26, Colorado School of Mines 25, Emporia State 19, Caldwell 8, Missouri Western 8, Nova Southeastern 7, Central Missouri 6, West Florida 5, Dowling 4, Augusta 3, Francis Marion 2, Shippensburg 1

**Dropped out:**

No. 23 California (PA), No. 24 Francis Marion, No. 25 Nebraska-Omaha



**Central Region Poll**

May 4, 2009

No.	School	Overall Record
1	Winona State	41-11
2	Metro State	40-10
3	Colorado Mines	37-16
4	Wayne State (Neb.)	39-19
5	Minnesota State	37-15
6	Colorado St.-Pueblo	29-18
7	Mesa State	27-19
8	Southwest Minnesota	31-21



## 2009 SCSU Softball Roster

No.	Name	B/T	POS	YR	Hometown (Previous School)
1	Katie Hendrickson	R/R	C/1B	SO	Verona, WI (H.S.)
6	Jackie Dooley	R/R	OF	FY	St. Paul, MN (Como Park)
7	Emily Edgerton	R/R	C	SO	Wausau, WI (Wausau West)
8	Cortney Adamski	L/R	Utility	FY	Becker, MN (H.S.)
9	Kelly Laas	L/R	OF	SO	Frankfort, IL (Lincoln-Way East)
10	Sarah Stalker	R/R	SS	SO	Hudson, WI (H.S.)
13	Angie Gatz	R/R	P	RS-FY	Winsted, MN (Howard Lake-Waverly-Winsted)
14	Rachel Haines	R/R	2B	SR	Pepin, WI (H.S.)
15	Kaity Strever	R/R	P	JR	Laurel, MT (H.S.)
16	Heather Trobec	R/R	P	RS-JR	Sartell, MN (H.S.)
19	Sara Sbragia	R/R	3B	SO	North St. Paul, MN (H.S.)
20	Melanie Upchurch	S/R	1B	SO	Waterloo, IA (Waterloo West)
21	Lizzy Dwyer	L/R	CF	JR	Kalispell, MT (Flathead)
22	Sarah Nohrenberg	L/R	OF	FY	Cottage Grove, MN (Park)
23	Nicole Brandenburg	R/R	P/IF	FY	Grafton, WI (H.S.)
24	Steph Cramer	R/R	IF	FY	Cohasset, MN (Grand Rapids H.S.)
25	Kristin Jakobsen	R/R	P	FY	Elmwood Park, IL (H.S.)
26	Brit Krieg	R/R	P	FY	Hudson, WI (H.S.)

**Head Coach:** Paula U'Ren (12th Season)

**Assistant Coaches:** Ashley Partlow, Jennifer Bakke and Jenny Gensch

**Volunteer Student Assistant Coach:** Kelli Niess

**Athletic Trainer:** Rachel Johnson, Assistant

**Equipment Operations Facilitators:** Josh Williams and Kay Czarnetzki

**Athletic Media Relations Contacts:** Celest Stang and Pat McCabe

## 2009 SCSU Final Superlatives

### TEAM GAME HIGHS - as of Apr. 28, 2009

- At bats: 39 - vs. Stonehill (Mar. 8, 2009)
- Runs scored: 11 - vs. UCCS (Feb. 19, 2009)
- 11 - vs. Stonehill (Mar. 8, 2009)
- Hits: 17 - (2x) last vs. NSU (Apr. 19, 2009)
- RBIs: 10 - vs. Minnesota, Crookston (Apr. 5, 2009)
- Doubles: 4 (3x) last vs. MSU Moorhead (Apr. 3, 2009)
- Triples: 2 - vs. SMSU (Mar. 1, 2009)
- Home Runs: 2 - vs. MSU Moorhead (Apr. 3, 2009)
- Total Bases: 20 (2x) last vs. NSU (Apr. 20, 2009)
- Walks: 5 - (3x) last vs. MSU Moorhead (Apr. 3, 2009)
- Strikeouts: 11 - (2x) last vs. Saint Rose (Mar. 9, 2009)
- Sac hits: 4 - vs. UCCS (Feb. 19, 2009)
- Sac flies: 1 - (6 games)
- Stolen bases: 6 - (2x) last vs. Minnesota, Crookston (Apr. 5, 2009)
- Hit by pitch: 3 - vs. Minnesota, Crookston (Apr. 5, 2009)
- Caught stealing: 2 - (3x) last vs. Augustana (Apr. 25, 2009)
- Runners LOB: 12 (2x) last vs. NSU (Apr. 19, 2009)

### FIELDING-

- Putouts: 27 vs. Upper Iowa (Apr. 22, 2009)
- Assists: 16 vs. Winona State (Mar. 14, 2009)
- Errors: 5 (2x) last vs. U-Mary (Apr. 18, 2009)

### PITCHING-

- Innings Pitched: 9.0 vs. Upper Iowa (Apr. 22, 2009)
- Strikeouts: 7 - (4 games)

## NSIC 2009 Preseason Softball Coaches' Poll

Jan. 29, 2009

Seed	School	Points
1	Winona State (8)	175
2	Minnesota State (3)	165
3	SMSU (3)	164
4	Concordia-St. Paul	135
5	Wayne State	128
6	Minnesota Duluth	127
7	Augustana	107
8	St. Cloud State	106
9	U-Mary	93
10	MSU Moorhead	78
11	Upper Iowa	57
12	Northern State	52
13	Bemidji State	43
14	Minnesota, Crookston	26

First place votes in ( ) - Poll voted on by NSIC coaches.



## 2009 NSIC Softball Final Standings

Team	Conference				Overall			
	W	L	T	Pct	W	L	T	Pct
1. Southwest Minnesota	21	5		.808	32	23		.585
2. Augustana	20	5		.800	31	23		.574
3. Winona State	20	6		.769	49	11		.817
4. Wayne State (Neb.)	19	6		.760	41	21		.661
5. Minnesota State	18	8		.692	39	17		.696
6. Concordia-St. Paul	15	9		.625	33	23		.589
7. Minnesota Duluth	16	10		.615	26	23		.531
8. Upper Iowa	13	13		.500	22	24		.478
9. U-Mary	10	14		.417	16	33		.327
10. St. Cloud State	8	18		.308	21	38		.356
11. Northern State	6	19		.240	10	32		.238
12. MSU Moorhead	5	18		.217	9	28		.243
13. Bemidji State	3	21		.125	8	28		.222
14. Minnesota, Crookston	0	22		.000	0	31		.000

**NSIC Champions:** Winona State University (Tournament)

Southwest Minnesota (Regular Season)



U'Ren

**COACH U'REN'S CORNER:** Paula U'Ren has an impressive 447-235 overall career mark after 12 seasons as head coach of the St. Cloud State University softball team. In U'Ren's tenure the Huskies have qualified for the NCAA Regional Tournament six times and have won the North Central Conference playoff championship three times (including the 2003 and 2004 NCC titles).

Heading into the 2008 season last year, U'Ren's 391-176 career record at SCSU ranked 16th all-time among NCAA DII coaches for best winning percentage at .690. Her 391 career victories also ranked 37th among active Division II coaches.

On Sunday, Feb. 24, Coach U'Ren reached a milestone, garnering her 400th career coaching win against the University of Minnesota, Crookston, by a score of 9-1. Coach U'Ren's career mark now stands at 426-197, good for a .684 winning percentage.

She is a 1995 graduate of Augustana College (S.D.), where she majored in Fitness/Exercise Physiology. U'Ren received her M.S. in exercise sports science from St. Cloud State University. As a graduate student at SCSU, U'Ren served as a graduate assistant coach under Dr. Sue Becker. As a collegiate player at Augustana, U'Ren was named a three-time All-Region, All-NCC and NCAA Division II All-American selection in 1993, 1994 and 1995 and finished among the top 10 players in NCAA Division II softball in batting average, home runs and RBIs. In her tenure at Augie, the Vikings posted a 207-45 record - including a 57-7 record her junior season. In the all-time NCAA Division II records, U'Ren ranks fourth for career RBIs with 192, sixth with 32 career homers and 15th with 41 career doubles. She is a native of Mapleton, Minnesota.

## The U'Ren File:

Record at SCSU: 446-228 (12th season)

Alma Mater: Augustana College, 1995

Year	Overall	NCC Place	NSIC Place
1998	42-14	1st*	
1999	44-14	2nd*	
2000	41-10	3rd*	
2001	37-15	2nd	
2002	44-13	2nd*	
2003	46-16	1st*	
2004	42-15	1st* (3rd NCAA)	
2005	34-25	2nd	
2006	33-24	3rd	
2007	28-30	4th-T	
2008	35-21	5th	
2009	21-38	X	10th

**Total:** 447-235 (.655)

\* denotes NCAA tournament participant



**#1 Katie Hendrickson:** Made three starts and 12 appearances in 2009...tabbed lone run of the season against Augustana (4/25/09)...in 14 at-bats, charted two hits and a .143 batting average...her two hits of the season game against the University of Mary on 2/14/09...went 1-for-2 in the stolen base category...had one sacrifice hit at the University of Colorado-Colorado Springs (2/19/09)...named to 2009 NSIC Spring All-Academic team.

**#6 Jackie Dooley:** Made first career start against NY Institute of Technology on 2/13/09 and totaled 22 starts in 40 appearances during her rookie season...in 63 at-bats, posted seven runs, 15 hits, three doubles and nine RBI's...batted .238 on the season...tallied a career high three hits at Minnesota, Crookston on 4/5/09...tabbed a career best two runs scored against UMD (4/5/09) and two RBI's against Lewis (2/14/09)...a utility player for the Huskies, found playing time at first base, second base, as a designated player and in the outfield.

**#7 Emily Edgerton:** Started in all 59 games as a catcher in 2009...only four errors behind the plate this season...fourth on the squad with a .315 batting average and her three home runs this season were a team co-best...second on the team with 15 (15-of-16) stolen bases and 213 putouts, her 15 stolen bases ranked eighth in the NSIC...garnered a career high three runs scored against Chadron State (2/21/09)...posted career best marks of three hits and three RBI's three times this season...ranked second in the NSIC, catching 17 steal attempts...named to 2009 NSIC Spring All-Academic team.

**#8 Cortney Adamski:** Appeared in four games for the Huskies and scored her first career run in the Cardinal and Black at Northern State on Apr. 19.

**#9 Kelly Laas:** Started in all 57 games that she appeared in...played in right field...was second on the squad with a .347 batting average...in 190 at-bats, had a team second best 34 runs scored and 66 hits...posted 18 RBI's on the season and led the Husky squad with 17 stolen bases (17-of-21) in 2009...charted a career high three runs scored against Stonehill on 3/9/09...tabbed a career best two RBI's in back-to-back games this season...ranked 5th in the NSIC with 66 hits and 2nd in the league with 216 total plate appearances...her 21 steal attempts ranked 4th in the league.

**#10 Sarah Stalker:** Started in all 59 games at short-stop...batted .290 on the season...in 176 at-bats, posted 32 runs scored, 51 hits, eight doubles, one triple and three home runs...tabbed a team best 37 RBI's...her three home

runs were a team co-best...32 runs scored ranked third in the Husky squad...led the team with 147 assists during her sophomore stint...went 9-for-10 in the stolen base category...charted a career high five at-bats against Northern State (4/19/09)...swung for her lone triple of the season against MSU Moorhead (4/3/09)...amassed a season high three runs scored against the University of Colorado-Colorado Springs (2/19/09)...team captain...named to 2009 NSIC Spring All-Academic team...landed on the 2009 CoSIDA Academic All-District V Third Team honors for the first time in her collegiate stint.

**#13 Angie Gatz:** Made first career appearance on 2/14/09 against Lewis University in the Husky Dome...pitched a career high 4.2 innings in her first career start at Concordia University-St. Paul on 4/10/09...struck out two batters in 2009...went 0-2 from the circle with an ERA of 4.59.

**#14 Rachel Haines:** SCSU's lone senior on the 2009 roster, Rachel Haines, completed her last game in the Cardinal and Black on Apr. 28 against the Minnesota State Mavericks...the daughter of Jim and Bea Haines and a native of Pepin, Wis., Rachel was a four-year starter at second base for the Huskies, last season Rachel was named to the 2008 CoSIDA Academic All-American Second Team, the 2008 ESPN The Magazine Academic All-District V First Team and also to the 2008 Daktronics, Inc. All-North Central Region First Team...she is a three-time NFCA Academic Honoree and a two-time All-North Central Conference Academic winner...Haines holds 10 school records for Husky softball, including 224 career games started and played, she leads the all-time most at bats list with 765 and her 139 career runs scored rank first...the senior also became the school's all-time career hits leader on Apr. 28, tallying three against Minnesota State, bringing her career total to 239...Haines also holds the school record for most stolen bases in a game with four against Univ. of Science-Philadelphia. (3/1/08) and most stolen bases in a career with 73...posted a season high three RBI's against Northern State (4/19/09)...charted lone home run of the season and second of her career against Augustana (4/25/09)...a biomedical science major with a 4.0 GPA, Haines was accepted into the University of Minnesota School of Medicine for genetics counseling...team captain...named to 2009 NSIC Spring All-Academic team...landed on the 2009 CoSIDA Academic All-District V First Team for the second time in her respective career, advancing to the CoSIDA Academic All-American ballot, where she gained the All-American honor last year in 2008 after being named to the CoSIDA All-American Academic Softball Second Team as a 4.0 GPA biomedical science major.



**#15 Kaity Strevor:** Led the team with 11 wins in 2009, going 11-16 overall from the circle...was second on the team with 170.2 innings pitched, 80 strikeouts and 26 games started...led the squad with four shutouts and 19 complete games...pitched a season high 8.1 innings against Palm Beach Atlantic (3/10/09)...tallied a season best seven strikeouts against Bemidji State (3/29/09)...is now 37-32 all-time from the circle in a Husky uniform... team captain...named to 2009 NSIC Spring All-Academic team.

**#16 Heather Trobec:** Red-shirt season.

**#19 Sara Sbragia:** Started in all 59 games for the Huskies at third base...batted .245 on the season...in 188 at-bats, charted 17 runs, 46 hits, six doubles, three home runs and 26 RBI's...her three home runs were a co-best on the team...was second on the squad with 130 fielding assists in 2009.

**#20 Melanie Upchurch:** Named to the 2009 All-NSIC Softball Second Team...appeared in and started in all 59 games in 2009...led the squad with a .373 batting average and 10 doubles...tied for first in the NSIC with seven triples, which also led the Husky team...9-for-10 in stolen base category...third on the team with 127 putouts in the field...second on the team with 31 RBI's...totaled a career best four RBI's against U-Mary (4/18/09)...posted career highs with two doubles against Quincy (3/11/09) and two triples against Southwest Minnesota State (3/1/09)...charted a career high five at-bats against Stonehill on 3/8/09... team captain...named to 2009 NSIC Spring All-Academic team.

**#21 Lizzy Dwyer:** Named to the 2009 All-NSIC Softball Second Team...played first 13 games of the season in the outfield before being moved to the designated player position as a slap-hitter... was 5th on the squad with a .315 batting average...ranked 7th in the NSIC with 62 hits and tied for 4th in the league with four triples...3rd in the league with 210 total plate appearances and atop the NSIC with 197 at bats...4th on the squad with .386 slugging percentage...4th on the team with 26 runs scored and 62 hits... had four triples in 2009...ranked 2nd on the team with 76 total bases...led the team with 197 at-bats...charted four hits in a game twice in 2009, which marked season highs... was 10-for-16 in stolen base category.

**#22 Sarah Nohrenberg:** Started in 55 of the 58 games she appeared in as a first year player...made first career start against NY Institute of Technology on 2/13/09...played majority of games in center field...batted

.283...in 152 at-bats, posted 21 runs, 43 hits, four doubles, two triples and 11 RBI's...had a career high five at-bats twice during the season...her two runs scored against Minnesota State on 2/28/09 are a career best...posted first career triple against Minnesota Duluth on 3/29/09...went 13-of-17 in the stolen base category...her 13 stolen bases were ranked third on the squad.

**#23 Nicole Brandenburg:** Had a career game against MSU Moorhead on 4/3/09, tying school records of two home runs and six RBI's in the contest...played at first base...charted a career high three hits against Holy Family (3/7/09) and C.W. Post (3/9/09) in Florida...batted .209 in her rookie season...made 43 starts in 46 appearances...in 115 at-bats, posted 11 runs, 24 hits, eight doubles and two home runs with 18 RBI's...her eight doubles ranked second on the Husky squad...committed just four errors in the field.

**#24 Steph Cramer:** Appeared in 29 games for the Huskies during her rookie stint...made first career at-bat against Concordia University-St. Paul on Apr. 10...totaled 14 runs scored and was a perfect 5-for-5 in the stolen base category...charted first career steal against the University of Colorado-Colorado Springs on 2/22/09.

**#25 Kristin Jakobsen:** Made 12 appearances and four starts from the mound in 2009...her first career start was against NY Institute of Technology on 2/13/09...charted first career strikeout against NYIT on 2/13/09...went 0-5 on the season with an ERA of 5.20...pitched 33.2 innings.

**#26 Brit Krieg:** Was named the NSIC Pitcher of the Week on 3/3/09...earned her first career win from the circle against Mesa State on 2/22/09 in Colorado Springs, Colo. ...tabbed her first career no-hitter in a 4-0 shutout victory over Northern State on 2/27/09 in the Husky Dome... against NSU, Krieg faced just two over the minimum, struck out three, walked none, and was perfect for the first three innings of the game...posted a career high seven strikeouts against Saint Rose (3/9/09) and Southwest Minnesota (4/8/09)...led the team with 38 appearances and 28 starts on the mound...posted a team best 3.48 ERA with 187.0 innings pitched...struck out 89 batters in 2009...in 18 complete games, amassed three shutouts, which her first career shutout coming against Northern State (2/27/09)... team captain.



# St. Cloud State University Softball Update - Page 6

## 2009 St. Cloud State Softball Final Individual Statistics

### 2009 SCSU Softball

Overall Statistics for St. Cloud State (as of May 05, 2009)

(All games Sorted by Batting avg)

Record: 21-38 Home: 6-21 Away: 8-9 Neutral: 7-8 NSIC: 8-18

Player	AVG	GP-GS	AB	R	H	2B	3B	HR	RBI	TB	SLG%	BB	HBP	SO	GDP	OB%	SF	SH	SB-ATT	PO	A	E	FLD%
20 Upchurch, Melanie	.373	59-59	185	22	69	10	7	0	31	93	.503	10	1	12	0	.406	1	2	9-10	127	2	9	.935
9 Laas, Kelly.....	.347	57-57	190	34	66	2	0	0	18	68	.358	14	0	10	0	.392	0	12	17-21	71	5	6	.927
14 Haines, Rachel...	.333	53-53	195	35	65	6	0	1	17	74	.379	12	1	15	0	.375	0	1	10-12	141	57	7	.966
7 Edgerton, Emily..	.315	59-59	168	23	53	3	1	3	22	67	.399	15	2	40	0	.378	0	6	15-16	213	40	4	.984
21 Dwyer, Lizzy.....	.315	59-58	197	26	62	6	4	0	26	76	.386	5	2	43	1	.338	0	6	10-16	13	1	2	.875
10 Stalker, Sarah...	.290	59-59	176	32	51	8	1	3	37	70	.398	20	6	22	0	.374	4	5	9-10	115	147	27	.907
22 Nohrenberg, Sarah	.283	58-55	152	21	43	4	2	0	11	51	.336	3	0	32	0	.297	0	10	13-17	70	9	7	.919
5 Arnold, Alisha...	.250	8-4	12	3	3	0	0	0	1	3	.250	2	1	2	0	.400	0	0	0-0	0	0	0	.000
19 Sbragia, Sara....	.245	59-59	188	17	46	6	0	3	26	61	.324	8	3	32	0	.285	1	3	2-2	77	130	20	.912
6 Dooley, Jackie...	.238	40-22	63	7	15	3	0	0	9	18	.286	4	0	22	0	.279	1	6	4-6	58	18	1	.987
23 Brandenburg, Nico	.209	46-43	115	11	24	8	0	2	18	38	.330	12	3	37	0	.295	2	2	0-0	289	11	4	.987
1 Hendrickson, Kati	.143	12-3	14	1	2	0	0	0	0	2	.143	2	0	3	0	.250	0	1	1-2	0	0	0	.000
26 Krieg, Brit.....	.000	1-0	1	0	0	0	0	0	0	0	.000	0	0	1	0	.000	0	0	0-0	13	34	3	.940
24 Cramer, Steph....	.000	29-0	1	14	0	0	0	0	0	0	.000	0	0	0	0	.000	0	0	5-5	0	0	0	.000
25 Jakobsen, Kristin	.000	2-1	1	0	0	0	0	0	0	0	.000	0	0	0	0	.000	0	0	0-0	0	15	0	1.000
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8 Adamski, Courtney	.000	4-0	0	1	0	0	0	0	0	0	.000	0	0	0	0	.000	0	0	0-0	0	0	0	.000
Totals.....	.301	59-59	1658	247	499	56	15	12	216	621	.375	107	19	271	1	.349	9	54	95-117	1206	506	92	.949
Opponents.....	.304	59-59	1644	289	500	89	10	35	262	714	.434	146	12	178	0	.363	11	66	50-70	1210	563	84	.955

LOB - Team (394), Opp (388). DPs turned - Team (12), Opp (9). CI - Team (0), Opp (1). IBB - Team (0), Opp (3). Picked off - Edgerton, E. 1, Upchurch, M. 1, Sbragia, S. 1, Laas, K. 1.

(All games Sorted by Earned run avg)

Player	ERA	W-L	APP	GS	CG	SHO/CBO	SV	IP	H	R	ER	BB	SO	2B	3B	HR	AB	E/Avg	WP	HBP	BK	SFA	SHA
26 Krieg, Brit.....	3.48	10-16	38	28	18	3/0	1	187.0	233	125	93	65	89	43	2	17	765	.305	4	5	0	6	35
15 Strever, Kaity...	3.69	11-15	27	26	19	4/0	0	170.2	196	117	90	65	80	34	5	12	686	.286	7	6	0	5	24
13 Gatz, Angie.....	4.59	0-2	6	1	0	0/0	0	10.2	11	10	7	6	2	0	0	1	42	.262	0	0	0	0	1
25 Jakobsen, Kristin	5.20	0-5	12	4	1	0/0	0	33.2	60	37	25	10	7	12	3	5	151	.397	1	1	0	0	6
Totals.....	3.74	21-38	59	59	38	7/0	1	402.0	500	289	215	146	178	89	10	35	1644	.304	12	12	0	11	66
Opponents.....	3.28	38-21	59	59	33	4/0	3	403.2	499	247	189	107	271	56	15	12	1658	.301	21	19	0	9	54

PB - Team (14), Edgerton, E. 14, Opp (32). Pickoffs - Team (5), Edgerton, E. 5, Opp (3). SBA/ATT - Edgerton, E. (50-67), Strever, K. (28-36), Krieg, B. (16-26), Jakobsen, K. (5-7), Gatz, A. (1-1).



2009 St. Cloud State Softball Final Game Results

2009 SCSU Softball
Game Results for St. Cloud State (as of May 05, 2009)
(All games)

Table with columns: Game date, Opposing team, Score, r h e / r h e, Inns, Overall, NSIC, Pitcher of record, Attend Time. Lists game results from Feb 13 to Apr 28, 2009.

\* = Conference game
! = Husky Dome Classic (St. Cloud, Minn.)
# = NSIC/RMAC Crossover (Colorado Springs, Colo.)
^ = Husky Dome Invite (St. Cloud, Minn.)
\$ = Rebel Spring Games (Kissimmee, Fla.)
() extra inning game