



Home of the Huskies

# St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Nordic Ski Update

Contact: Tom Nelson, 320-308-2141 (tcnelson@stcloudstate.edu)

## Upcoming Meets:

Jan. 23-24, 2010

at Central  
SuperTour  
- Minneapolis



Coach: Jeremy Frost

## 2009-10 SCSU Schedule

Date	Opponent
Nov. 25	W. Yellowstone Sprints
Dec. 12-13	at USSA Central Opener
Jan. 10	Saints Invitational - 2nd
Jan. 17	at MN College Champ. -5th
Jan. 23-24	at Central SuperTour
Jan. 30-31	at Central SuperTour
Feb. 13-14	at CCSA Championships
Feb. 20-21	at Central Regional Championships
Mar. 10-13	at NCAA Championships

## 2009-10 SCSU Roster

Name	Year	Hometown
Jenny Beckman	Jr.	Maple Grove
Elizabeth Camp	Jr.	Kiel, Wis./H.S.
Mariah Featherly	Jr.	Houghton, MI
Corinne Holmes	FY	Mounds View
Amanda Klaverkamp	FY	St. Cloud/Tech
Karyn Liebsch	So.	Osseo, Minn.
Amy Peterson	Jr.	Chaska
Katelyn Prow	Sr.	Sauk Rapids
Christina Ringsmuth	So.	St. Cloud
Hannah Sanborn	FY	Maple Grove
Diane Vezendy	Jr.	Richland, N.Y.
Melissa Walden	Jr.	Deep River, ON
Claire Williams	Jr.	Andover, Minn.
Elizabeth Willis	Jr.	Mounds View

## NEED INFO?

For information about SCSU Nordic Ski, please contact the Athletic Media Relations Office at 320-308-2141.

## IMPORTANT NUMBERS:

Nordic Ski Office: 320-308-2245

## HUSKY HOME PAGE:

[www.StCloudState.edu/athletics](http://www.StCloudState.edu/athletics)

## 2009-10 SCSU NORDIC SKI NEWS

Release Date: Jan. 21, 2010

### TOP TIMES AND RESULTS IN 2009-10:

West Yellowstone Sprints - West Yellowstone, Montana

Nov., 25, 2009 (Sprint Format) - NO TEAM SCORES

Athlete	Time	Place
Mariah Featherly	6:08.32	80th
Jenny Beckman	6:19.62	91st
Diane Vezendy	6:19.92	92nd
Hannah Sanborn	6:34.03	100th
Elizabeth Willis	6:37.27	101st
Amy Peterson	6:57.37	105th

Central USAA Season Opener - Ironwood, Mich.

Dec. 12-13, 2009 - Wolverine Ski Trails, Ironwood, Mich. - NO TEAM SCORES

Athlete	5K Freestyle	Place	10K Classic	Place
Hannah Sanborn	16:40.5	24th	35:30.6	27th
Jenny Beckman	16:47.8	28th	34:56.8	18th
Diane Vezendy	17:48.6	40th	34:39.8	16th
Mariah Featherly	18:10.0	48th	35:14.3	20th
Elizabeth Willis	18:44.9	56th	38:56.0	44th
Amy Peterson	19:07.0	60th	36:50.1	33rd
Christina Ringsmuth	19:45.0	69th	37:49.4	39th
Katelyn Prow	20:06.0	72nd	1:24:44.2	55th
Amanda Klaverkamp	21:00.1	75th	DNS	

Saints Invitational - Collegeville, Minn.

Jan. 10, 2010 - St. John's Trails - SCSU places 2nd

Athlete	12K Skate	Place
Jenny Beckman	38:24	4th
Hannah Sanborn	39:27	6th
Diane Vezendy	42:05	12th
Mariah Featherly	44:02	16th
Karyn Liebsch	44:10	17th
Elizabeth Willis	45:49	22nd
Christina Ringsmuth	47:05	27th
Amanda Klaverkamp	48:35	31st
Katelyn Prow	50:10	32nd

Team Scores: St. Ben's 44, SCSU 36, Gsutusavus 30, St. Scholastica 28, St. Olaf 27, Bethel 5

Minnesota College Relays - Collegeville, Minn.

Jan. 17, 2010 - St. John's Trails - SCSU places 5th (Relay teams of two)

Athlete	2 x 6k Classic/ 2 x 5.5k Skate	Place
Diane Vezendy/Jenny Beckman	1:19:12	8th
Mariah Featherly/Amy Peterson	1:23:21	12th
Elizabeth Willis/Karyn Liebsch	1:30:21	20th
Christy Ringsmuth/Katelyn Prow	1:31:36	21st

Team Scores: UAF 23, St. Scholastica 16, Gustavus 15, St. Ben's 13, SCSU 7, St. Olaf 4



