



ST. CLOUD STATE UNIVERSITY

Athletic Media Relations - Nordic Ski

Home of the Huskies
www.StCloudState.edu/athletics

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UPCOMING MEET:



St. Cloud State Univ.
SAINTS INVITATIONAL

Feb. 12-13, 2005
St. Cloud, MN



2004-05 SCSU NORDIC SKI TEAM NEWS

Release Date: January 31, 2005



UPCOMING MEET: The St. Cloud State University Nordic Ski will have a weekend off on Feb. 5-6. The following week, the team will play host to the Saints Invitational on Feb. 12-13. This meet is set to take place in St. Cloud at the Graystone Nordic Ski Complex.

LAST WEEK'S RESULTS AT NORAM SUPER TOUR: The St. Cloud State University Nordic Ski team participated in the 2005 NorAm Super Tour meet at Telemark Resort in Cable, Wisc. In the 5K classic race on Saturday, Jan. 29, junior skier from Elk River, Minn., Julie Warneke, finished in 46th place with a time of 45:14.56. Her teammate, sophomore skier from Roseville, Minn., Marie Jordan, finished in 51st place with a time of 48:11.19. In the 10K freestyle race on Sunday, Jan. 30, Warneke finished in 28th place with a time of 29:38.44 and Jordan finished in 39th place with a time of 32:21.49.

TEAM NOTES: Husky fans, please mark your calendars for Feb. 12-13. SCSU will be hosting its second annual nordic ski invitational at the Graystone Nordic Ski Complex.

2004-05 St. Cloud State Schedule

Date	Opponent	Place
Nov. 22-30	Thanksgiving Trip	West Yellowston, MT
Dec. 4-5	Pre-Season	Marquette, MI
Dec. 11-12	Christmas Classic	Houghton, MI
Dec. 18-19	Season Opener	Ironwood, MI
Jan. 3-9	US Senior Nationals	Soldier Hollow, UT
Jan. 15-16	MN College Championships	SCSU/SJU
Jan. 22-23	Mt. Itasca NorAm	Grand Rapids, MN
Jan. 29-30	Telemark NorAm	Cable, WI
Feb. 5-6	Open	TBD
Feb. 12-13	Saints Invite	St. Cloud, MN
Feb. 19-20	Regional Championships	Houghton, MI



Coach Frost

SCSU COACHING STAFF: Jeremy Frost begins his fourth full season as Head Coach of the Huskies' Nordic Ski team in 2004-05. Frost attended Blaine High School and competed in soccer, nordic skiing, cross-country running, and track. As a college athlete, he competed in nordic skiing and track. Frost is a 1998 graduate of the University of Minnesota-Duluth with a degree in Exercise Science, and a 2001 graduate of St. Cloud State University with a Master's degree in Exercise Physiology. During his graduate studies, Frost worked with the ski team as a graduate assistant coach for the 1999-00 and 2000-01 seasons. If you are a student-athlete interested in competing on the nordic ski team at SCSU, please call Jeremy Frost at 320-308-2245 or FAX him at 320-308-2099 (attention Jeremy Frost). You can also e-mail him at jmfrost@stcloudstate.edu).

2004-05 SCSU Roster

Name	Yr.	Hometown
Julie Warneke	Jr.	Elk River, MN
Marie Jordan	So.	Roseville, MN
Elizabeth Walters	So.	Burnsville, MN



For the latest on SCSU Athletics, check out the Husky Homepage
www.StCloudState.edu/athletics