



ST. CLOUD STATE UNIVERSITY

Athletic Media Relations - Nordic Ski

Home of the Huskies
www.StCloudState.edu/athletics

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UPCOMING MEET:



Regional Championships
HOUGHTON, MICHIGAN

Feb. 19-20, 2005



2004-05 SCSU NORDIC SKI TEAM NEWS

Release Date: February 14, 2005



SCSU HEAD TO REGIONAL CHAMPIONSHIPS: The St. Cloud State University Nordic Ski team will travel to Houghton, Michigan this coming weekend to participate in the Regional Championships on Feb. 19-20.

NORDIC SKI PLACES 7TH IN NCAA QUALIFIER #4: Camp Ripley, MN -- The St. Cloud State women's nordic ski team competed in the fourth NCAA Qualifier on Feb. 12-13. The meet took place at Camp Ripley Trails in Little Falls, Minn.

Despite the lack of snow and the rain on Sunday, the SCSU nordic ski team competed well in the NCAA Qualifier. Junior skier Julie Warneke (Elk River, Minn.) place 26th in the women's 5K Classic on Saturday with a finish time of 16:16.4. Her teammate, Marie Jordan, who is a sophomore skier from Roseville, Minn., finished just behind in 31st place. Jordan's finish time was 17:02.2.

On Sunday, the SCSU nordic ski team competed in the women's Freestyle race. Warneke led the Huskies with a 28th place finish and a time of 36:28.0. Jordan came in at 30th place with a time of 37:59.5.

As a team, the Huskies finished in 7th place in the NCAA Qualifier with 53 total team points.

2004-05 St. Cloud State Schedule

Date	Opponent	Place
Nov. 22-30	Thanksgiving Trip	West Yellowston, MT
Dec. 4-5	Pre-Season	Marquette, MI
Dec. 11-12	Christmas Classic	Houghton, MI
Dec. 18-19	Season Opener	Ironwood, MI
Jan. 3-9	US Senior Nationals	Soldier Hollow, UT
Jan. 15-16	MN College Championships	SCSU/SJU
Jan. 22-23	Mt. Itasca NorAm	Grand Rapids, MN
Jan. 29-30	Telemark NorAm	Cable, WI
Feb. 5-6	Open	TBD
Feb. 12-13	Saints Invite	St. Cloud, MN
Feb. 19-20	Regional Championships	Houghton, MI



Coach Frost

SCSU COACHING STAFF: Jeremy Frost begins his fourth full season as Head Coach of the Huskies' Nordic Ski team in 2004-05. Frost attended Blaine High School and competed in soccer, nordic skiing, cross-country running, and track. As a college athlete, he competed in nordic skiing and track. Frost is a 1998 graduate of the University of Minnesota-Duluth with a degree in Exercise Science, and a 2001 graduate of St. Cloud State University with a Master's degree in Exercise Physiology. During his graduate studies, Frost worked with the ski team as a graduate assistant coach for the 1999-00 and 2000-01 seasons. If you are a student-athlete interested in competing on the nordic ski team at SCSU, please call Jeremy Frost at 320-308-2245 or FAX him at 320-308-2099 (attention Jeremy Frost). You can also e-mail him at jmfrost@stcloudstate.edu).

2004-05 SCSU Roster

Name	Yr.	Hometown
Julie Warneke	Jr.	Elk River, MN
Marie Jordan	So.	Roseville, MN
Elizabeth Walters	So.	Burnsville, MN



For the latest on SCSU Athletics, check out the Husky Homepage
www.StCloudState.edu/athletics