



ST. CLOUD STATE UNIVERSITY

Athletic Media Relations - Nordic Ski

Home of the Huskies
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UPCOMING MEET:



Telemark NorAm
REGIONAL QUALIFIER

Cable, Wisc.



2004-05 SCSU NORDIC SKI TEAM NEWS

Release Date: January 25, 2005



UPCOMING MEET: The St. Cloud State University Nordic Ski team will participate in their third CCSA Regional qualifying meet on Jan. 29-30. This meet is set to take place in Cable, Wisc., for the Telemark NorAm meet.

2004-05 St. Cloud State Schedule

Date	Opponent	Place
Nov. 22-30	Thanksgiving Trip	West Yellowston, MT
Dec. 4-5	Pre-Season	Marquette, MI
Dec. 11-12	Christmas Classic	Houghton, MI
Dec. 18-19	Season Opener	Ironwood, MI
Jan. 3-9	US Senior Nationals	Soldier Hollow, UT
Jan. 15-16	MN College Championships	SCSU/SJU
Jan. 22-23	Mt. Itasca NorAm	Grand Rapids, MN
Jan. 29-30	Telemark NorAm	Cable, WI
Feb. 5-6	open	TBD
Feb. 12-13	Saints Invite	St. Cloud, MN
Feb. 19-20	Regional Championships	Houghton, MI

WARNEKE AND JORDAN DO WELL AT SECOND QUALIFIER: The St. Cloud State University Nordic Ski team participated in their second qualifier on Jan. 22-23, 2005. The competition took place at the Mt. Itasca Ski Area in Coleraine, Minn. SCSU had two participants in the competition. It was junior skier Julie Warneke (Elk River, Minn.) and sophomore skier Marie Jordan (Roseville, Minn.) representing the Huskies in the 10 K Freestyle on Saturday and in the 5 K Classic on Sunday.

On Saturday, Warneke finished in the 10 K Freestyle with a time of 43:03.69. Jordan finished with a time of 47:29.27 in the same race. On Sunday, it was Warneke finishing with a time of 19:11.22 in the 5 K Classic, and her teammate, Jordan, finishing with a time of 20:38.18.

Currently, Warneke ranks 19th in national qualifying points and Jordan ranks 24th in national qualifying points.

TEAM NOTES: Husky fans, please mark your calendars for Feb. 12-13. SCSU will be hosting its second annual nordic ski invitational at the Graystone Nordic Ski Complex.

2004-05 SCSU Roster

Name	Yr.	Hometown
Julie Warneke	Jr.	Elk River, MN
Marie Jordan	So.	Roseville, MN
Elizabeth Walters	So.	Burnsville, MN



Coach Frost

SCSU COACHING STAFF: Jeremy Frost is in his fourth full season as Head Coach of the Huskies' Nordic Ski team in 2004-05. Frost attended Blaine High School and competed in soccer, nordic skiing, cross-country running, and track. As a college athlete, he competed in nordic skiing and track. Frost is a 1998 graduate of the University of Minnesota-Duluth with a degree in Exercise Science, and a 2001 graduate of St. Cloud State University with a Master's degree in Exercise Physiology. During his graduate studies, Frost worked with the ski team as a graduate assistant coach for the 1999-00 and 2000-01 seasons. If you are a student-athlete interested in competing on the nordic ski team at SCSU, please call Jeremy Frost at 320-308-2245 or FAX him at 320-308-2099 (attention Jeremy Frost. You can also e-mail him at jmfrost@stcloudstate.edu).



For the latest on SCSU Athletics, check out the Husky Homepage
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