



Home of the Huskies

# St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Nordic Ski Update

Contact: Tom Nelson, 320-308-2141 (tcnelson@stcloudstate.edu)

## Upcoming Matches:

### SEASON FINALE

2008-09 Season  
Completed - 9th at  
Regional



Coach: Jeremy Frost

### 2008-09 SCSU Schedule

Date	Opponent	Results
Nov. 24	Whitman/SCSU Invt. West Yellowstone, Mont.	No Team Scores
Dec. 13-14	Central USAA Opener Ironwood, Mich.	No Team Scores
Jan. 3-8	U.S. National Champ. Anchorage, Alaska	No Team Scores
Jan. 11	Saints Invitational	4th
Jan. 18	Minnesota College Cup Collegeville, Minn.	5th
Jan. 24-25	Mt. Itasca SuperTour Grand Rapids, Minn.	8th
Jan. 31-Feb. 1	Telemark SuperTour Cable, Wis.	9th
Feb. 14-15	CCSA Championships Little Falls, Minn.	8th
Feb. 28-Mar. 1	NCAA Central Regional Houghton, Mich.	9th
Mar. 11-14	NCAA Championships Rumford, Maine	DNQ

### 2008-09 SCSU Roster

Name	Year	Hometown
Jenny Beckman	So.	Maple Grove
Katie Brummer	FY	Burnsville,
Elizabeth Camp	So.	Kiel, Wis.
Mariah Featherly	So.	Houghton, MI
Amy Peterson	So.	Chaska
Katelyn Prow	Jr.	Sauk Rapids
Colette Rentz	Jr.	St. Cloud
Christina Ringsmuth	FY	St. Cloud
Katy Shaver	So.	St. Cloud
Diane Vezendy	So.	Richland, N.Y.
Melissa Walden	So.	Deep River Ont.
Claire Williams	So.	Andover
Elizabeth Willis	So.	Mounds View

### NEED INFO?

For information about SCSU Nordic Ski, please contact the Athletic Media Relations Office at 320-308-2141.

### IMPORTANT NUMBERS:

Nordic Ski Office: 320-308-2245

### HUSKY HOME PAGE:

[www.StCloudState.edu/athletics](http://www.StCloudState.edu/athletics)

## 2008-09 SCSU NORDIC SKI NEWS

Release Date: March 2, 2009 - FINAL

### TOP TIMES AND RESULTS IN 2008-09:

#### Whitman/SCSU Invitational - West Yellowstone, Montana

Nov., 24, 2008 (Sprint Format) - NO TEAM SCORES

Athlete	Time	Place
Kira Peterson (Whitman)	3:46	1
Jenny Beckman SCSU	4:00	6
Diane Vezendy SCSU	4:02	7
Mariah Featherly SCSU	4:06	8
Paige Devlin Whitman	4:06	8-tie
Amy Peterson SCSU	4:10	10
Beth Camp SCSU	6:22	12

#### Central USAA Season Opener - Ironwood, Mich.

Dec. 13-14, 2008 - Wolverine Ski Trails, Ironwood, Mich. - NO TEAM SCORES

Athlete	5K Freestyle	Place	10K Classic	Place
Mariah Featherly	16:45.1	50th	36:31.6	25th
Diane Vezendy	17:03.9	56th	38:09.6	43rd
Jenny Beckman	17:08.4	58th	38:02.2	41st
Elizabeth Willis	18:36.1	81st	44:56.6	69th
Amy Peterson	19:02.1	84th	39:46.1	57th
Christina Ringsmuth	19:20.3	87th	42:25.3	66th
Katelyn Prow	20:30.6	95th	-	-
Elizabeth Camp	26:47.4	108th	-	-

#### U.S. Cross Country Ski Championships - Anchorage, Alaska

Jan. 6, 2009 - Kincaid Park, Anchorage, Alaska - NO TEAM SCORES

Athlete	5K Freestyle	CCSA Place (Overall Place)
Jenny Beckman	19:57	22nd (154th)
Diane Vezendy	20:12	24th (158th)
Mariah Featherly	20:32	25th (160th)
Amy Peterson	22:33	28th (165th)

(Note - Other races at the championships were cancelled due to cold weather)

#### Saints Invitational - Collegeville, Minn.

Jan. 11, 2009 - SJU Ski Trail System - SCSU places 4th

Athlete	11K Skate	Place
Diane Vezendy	39:08.00	11th
Jenny Beckman	40:46.00	14th
Mariah Featherly	41:21.00	16th
Amy Peterson	43:29.00	27th
Christy Ringsmuth	44:33.00	31st

(Team Scores: Gustavus 62, St. Ben's 51, St. Olaf 46, SCSU 42, UMD 22, UWGB 19, UM 19, Northland 17)



THE CENTRAL COLLEGIATE SKI ASSOCIATION



## St. Cloud State Nordic Ski Release Page 2

### Minnesota College Relay - Collegetown, Minn.

Jan. 18, 2009 - SJU Ski Trail System - SCSU places 5th

Athlete	Relay Time	Place
Vezendy-Peterson	1:26.32	6th
Featherly-Beckman	1:27.14	8th
Ringsmuth-Willis	1:36.49	17th
Ferber (GAC)-Prow (SCSU)	1:45.34	20th

(Team Scores: St. Scholastica 13, Gustavus 12, St. Ben's 11, St. Olaf 11, SCSU 8)

### Mt. Itasca SuperTour - Coleraine, Minn.

Jan. 24-25, 2009 - Mt. Itasca SuperTour Course - SCSU places 8th Overall

Athlete	10K Classic	CCSA Place	10K Freestyle	CCSA Place
Diane Vezendy	36:15.7	25th	DNP	
Jenny Beckman	36:59.2	30th	37:51.2	28th
Amy Peterson	37:17.4	33rd	38:58.1	34th
Mariah Featherly	37:18.3	34th	39:19.8	38th
Christina Ringsmuth	40:29.4	45th	42:57.7	50th
Elizabeth Willis	42:58.9	54th	45:38.1	52nd
Katelyn Prow	45:21.6	56th	46:38.9	53rd

(Team Scores: St. Scholastica 13, Gustavus 12, St. Ben's 11, St. Olaf 11, SCSU 8)

### Telemark SuperTour - Cable, Wis.

Jan. 31-Feb. 1, 2009 - Telemark Course - SCSU places 9th Overall

Athlete	5K Classic	CCSA Place	10K Freestyle	CCSA Place
Diane Vezendy	20:20.7	32nd	28:27.5	42nd
Mariah Featherly	20:41.2	38th	28:26	41st
Amy Peterson	21:09.7	45th	28:50.6	45th
Jenny Beckman	21:24.3	47th	27:19	33rd
Christina Ringsmuth	21:54.2	52nd	31:29.7	59th
Elizabeth Willis	23:00.0	61st	29:43	53rd
Katelyn Prow	24:25.4	64th	31:37.2	61st
Elizabeth Camp	35:19.8	68th	-	-

(Team Scores: NMU 184, Alaska Fairbanks 167, MTU 157, GAC 119, UWGB 118, St. Olaf 101, St. Ben's 95, St. Scholastica 80, SCSU 58, Northland 27)

### CCSA Championships - Camp Ripley, Minn.

Feb. 14-15, 2009 - Camp Ripley Course - SCSU places 8th Overall

Athlete	5K Classic	CCSA Place	15K Freestyle	CCSA Place
Diane Vezendy	18:19	37th	47:27	39th
Amy Peterson	18:26	39th	49:27	43rd
Mariah Featherly	18:47	42nd	51:39	53rd
Jenny Beckman	19:30	48th	46:44	35th
Christina Ringsmuth	20:10	53rd	49:58	44th
Elizabeth Willis	21:28	59th	53:19	55th
Katelyn Prow	21:49	60th	57:35	59th

(Team Scores: NMU 187, UAF 162, MTU 152, GAC 134, UWGB 132, CSB 111, CSS 77, SCSU 64, STO 58, NOR 25)

### 2009 NCAA Central Regional Championships - Houghton, Mich.

Feb. 28-March 1, 2009 - Michigan Tech Trails - SCSU places 9th Overall

Athlete	5K Classic	Place	10K Freestyle	Place
Jenny Beckman	20:24.9	37th	38:18.3	35th
Diane Vezendy	20:47.5	40th	39:28.4	40th
Mariah Featherly	20:50.1	42nd	40:43.4	47th
Amy Peterson	20:58.5	47th	41:29.5	50th
Elizabeth Willis	23:52.9	60th	42:46.6	54th
Katelyn Prow	23:30.4	58th	44:12.3	57th
Melissa Walden	30:15.1	63rd		
Elizabeth Camp	31:50.8	64th		

(Combined Team Scores: NMU 183, UAF 163, MTU 152, UWGB 130, GAC 124, CSB 105, CSS 87, STO 75, SCSU 59, NOR 24)