

## WCHA ADMINISTRATIVE OFFICE

Bruce M. McLeod  
Commissioner  
Carol LaBelle-Ehrhardt  
Assistant Commissioner of Operations  
Greg Shepherd  
Supervisor of Officials  
**Mailing Address**  
Western Collegiate Hockey Association  
2211 S. Josephine Street, Room 302,  
Denver, CO 80210  
p: 303 871-4223. f: 303 871-4770.  
clabelle@wcha.com

## WCHA WOMEN'S OFFICE; WCHA PUBLIC RELATIONS OFFICE

Sara R. Martin  
Associate Commissioner  
p: 608 829-0104. f: 608 829-0105.  
smartin@wcha.com  
**Doug Spencer**  
Associate Commissioner for PR  
p: 608 829-0100. f: 608 829-0200.  
dspencer@mailbag.com  
**Bill Brophy**  
Women's Public Relations Director  
p: 608-277-0282.  
bbrophy@wcha.com  
**Mailing Address**  
Western Collegiate Hockey Association  
559 D'Onofrio Drive, Suite 103  
Madison, WI 53719-2096

## WCHA WOMEN'S LEAGUE

Bemidji State University  
University of Minnesota  
University of Minnesota Duluth  
Minnesota State University  
University of North Dakota  
Ohio State University  
St. Cloud State University  
University of Wisconsin

## HOME OF A RECORD 10 CONSECUTIVE NATIONAL CHAMPIONSHIP TEAMS

2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009



## 2010 WCHA FINAL FACE-OFF

March 6-7 • Ridder Arena  
Minneapolis, MN

visit us on the web at:

**WCHA.COM**



November 4, 2009/For Immediate Release

## SCSU'S PEZON, UW'S RUEGSEGGER, OSU'S LANGAN NAMED WCHA WOMEN'S PLAYERS OF THE WEEK FOR NOV. 4-10

MADISON, Wis. – The Western Collegiate Hockey Association today announced the women's players of the week for Nov. 4-10, 2009. They are St. Cloud State University forward **Meaghan Pezon** on offense, University of Wisconsin goaltender **Becca Ruegsegger** on defense, and Ohio State University forward **Hokey Langan** as rookie.

### WCHA OFFENSIVE PLAYER OF THE WEEK MEAGHAN PEZON SR., F, ST. CLOUD STATE

St. Cloud State winger Meaghan Pezon, a senior from Eden Prairie, Minn., scored two goals and had four assists for six points last weekend to help the host Huskies earn a weekend WCHA series split with visiting North Dakota.

Pezon scored two goals and assisted on two other for four points in the first game of the series last Friday (Oct. 30), a 5-4 overtime loss for SCSU, marking a new personal career-high points total in a single game.

Then last Saturday (Oct. 31), Pezon came back to produce assists on each of St. Cloud State's first two goals en route to a 3-2 victory over the visiting Sioux and their first league win of the season.

In addition to her six scoring points in the series last weekend, Pezon also fired 15 shots on goal – including 10 in the game last Friday – and earned a +1 plus/minus rating.

Through eight games played this season, Pezon has three goals, five assists and eight points.

Also nominated for the award this week were: Franny Door, F, BSU; Laura Fridfinnson, F, UMD; Ashley Young, F, MSU; Alyssa Wiebe, F, UND; Natalie Spooner, F, OSU; and Brooke Ammerman, F, UW.

### WCHA DEFENSIVE PLAYER OF THE WEEK BECCA RUEGSEGGER FR., G, WISCONSIN

Wisconsin's Becca Ruegsegger, a freshman goaltender from Lakewood, Colo., helped the host Badgers to a two-game WCHA series sweep over No. 2-ranked Minnesota over the Halloween weekend, holding the Gophers to just four goals.

The back-to-back wins enabled Ruegsegger to claim her first series sweep as a collegiate player, as she posted four shutout periods and tallied a total of 64 saves over the weekend, including a career-high 38 saves last Sunday (Nov. 1).

In Wisconsin's 4-2 win over visiting Minnesota last Friday (Oct. 30) afternoon, Ruegsegger stopped 26 of 28 shots on goal and blanked the Gophers on all three of their power-play chances.

Ruegsegger's performance in the nets last Sunday, which resulted in a 5-2 Wisconsin victory, was highlighted when she stopped 13 Minnesota power-play shots in the third period, including an intense 1:43 during a 5-on-3 situation.

On the season, Ruegsegger ranks second among WCHA players overall in goals-against average (2.01) and fourth in both saves percentage (.924) and winning percentage (4-2-0, .667).

Also nominated this week were: Zuzana Tomcikova, G, BSU; Jennifer Harss, G, UMD; Paige Thunder, G, MSU; Kelly Lewis, D, UND; and Kelly Wild, D, OSU.

### WCHA ROOKIE OF THE WEEK HOKEY LANGAN FR., F, OHIO STATE

Hokey Langan, a freshman forward from Chatham, Ont., led the host Ohio State Buckeyes to their first sweep of the 2009-10 season last weekend with six points on three goals and three assists against Minnesota State, Mankato.

Last Friday (Oct. 30) at the OSU Ice Rink, Langan had four points in the Buckeyes' 7-6 come-from-behind win over the visiting Mavericks. She scored the second and fourth Buckeye goals and assisted on two of the last three OSU lamplighters scored in the final 7:00 of the game, including the game-winner with just :43 seconds left in regulation.

On Saturday, Langan then added two more points with a goal and assist. She opened the scoring for Ohio State with a power-play goal just 1:15 into the game and then set up the third goal as the Buckeyes pulled away for the 4-1 victory.

Langan has now had four consecutive multi-point games with 10 points (5g, 5a) in that span. She has a six-point advantage in points over any other rookie to lead the NCAA in freshman scoring and also leads the WCHA with 15 points on seven goals and eight assists.

Also nominated for the award this week were: MacKenzie Thurston, D, BSU; Lauren Smith, F, MSU; Mary Loken, F, UND; and Stefanie McKeough, D, UW.