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## WCHA WOMEN'S LEAGUE

Bemidji State University  
University of Minnesota  
University of Minnesota Duluth  
Minnesota State University  
University of North Dakota  
Ohio State University  
St. Cloud State University  
University of Wisconsin

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February 10, 2010/For Immediate Release

## UMD'S FRIDFINNSON & HARSS, SCSU'S NELSON, UND'S PERKINS NAMED WCHA WOMEN'S PLAYERS OF THE WEEK FOR FEB. 10

MADISON, Wis. – The Western Collegiate Hockey Association today announced the women's players of the week for February 10, 2010. They are forwards **Laura Fridfinnson** of the University of Minnesota Duluth and **Felicia Nelson** of St. Cloud State University on offense, Minnesota Duluth goaltender **Jennifer Harss** on defense, and University of North Dakota forward **Holly Perkins** as rookie of the week.

### WCHA OFFENSIVE PLAYERS OF THE WEEK **Laura Fridfinnson** JR., F, MINNESOTA DULUTH **Felicia Nelson** SR., F, ST. CLOUD STATE

University of Minnesota Duluth  
Laura Fridfinnson left winger continued her WCHA scoring spree by recording four points last weekend, including three goals, in a two-game conference sweep over then No. 1-ranked Minnesota.

A junior from Arborg, Manitoba, Fridfinnson figured in each of UMD's goals last Friday (Feb. 5) in the Bulldogs' 3-1 come-from-behind victory over the Gophers. She scored the game-tying tally at 12:53 of the second period, had an assist on teammate Katie Wilson's game-winner just :43 seconds into the third period, and then scored again at 8:06 to seal the win.

Last Saturday (Feb. 6), Fridfinnson scored her third goal of the series 9:16 into the second period in a 3-0 UMD victory over Minnesota, a power-play rebound that gave her team a 2-0 lead at that point. Overall on the weekend, besides netting three goals and an assist, Fridfinnson was a +3 and logged eight shots on goal.

Fridfinnson is in the midst of a six-game scoring streak during which she has six goals and seven assists for 13 points, owns a WCHA-best 1.36 points per game average and is fourth overall in the league in scoring with 38 points (16g, 22a).

St. Cloud State University captain and left winger Felicia Nelson, a

senior from St. Paul, Minn., erupted for five points with one goal and four assists as the Huskies cruised past visiting Minnesota State, Mankato, 6-1, last Friday (Feb. 5) in the National Hockey Center.

Nelson, who drew an assist on teammate Holly Roberts' game-winning goal, was just one point shy of tying the school record of six points in a game, set by former Husky Roxanne Stang (1g, 5a) back on Jan. 9, 2004 vs Bemidji State.

Nelson, who leads the nation and WCHA in both goals scored (24) and power-play goals (12) has 35 points in 27 games played.

Also nominated were: Annie Bauerfeld, F, BSU; Christina Lee, F, MSU; Alyssa Wiebe, F, UND; and Kelly Nash, F, UW.

### WCHA DEFENSIVE PLAYER OF THE WEEK **Jennifer Harss** FR., G, MINNESOTA DULUTH

Rookie goaltender Jennifer Harss of the University of Minnesota Duluth made 73 saves over the Feb. 5-6 weekend to help the Bulldogs not only sweep then No. 1-ranked Minnesota, but also shutout the Gophers in last Saturday's 3-0 win.

The product of Rieden, Germany had a career-high 42 stops in last Friday's 3-1 Bulldog win, despite the fact that UMD was outshot 43-26 in the contest.

Harss then turned away all 31 shots she faced in last Saturday's 3-0 shutout, the second of the freshman's collegiate career.

Harss has now made 819 saves

28 games into her rookie campaign, and is just 24 stops away from tying UMD's single-season record for saves set by Kim Martin in 36 skates during the Bulldogs' NCAA 2007-08 title run. She owns the eighth best saves percentage in the nation (.936) and has made more stops than any other goaltender en route to her NCAA No. 7-ranked winning percentage of .714 (19-7-2).

Also nominated were: Alana McElhinney, G, BSU; and Stephanie Ney, G, UND.

### WCHA ROOKIE OF THE WEEK **Holly Perkins** FR., F, NORTH DAKOTA

The University of North Dakota's Holly Perkins, a freshman forward from Soldotna, Alaska, had two goals and an assist last Saturday to lead the Fighting Sioux to a 7-2 WCHA victory over host Ohio State in Columbus, Ohio.

Trailing the Buckeyes 1-0 in the first period on Feb. 6, Perkins assisted on teammate Sara Dagenais' goal that tied the game at 1-1 in the first, scored the eventual game-winning goal at 4:22 of the second period and then tallied again in the third. In addition to her three points, the right winger also fired eight shots on goal in the series.

Through 18 games played in her rookie season, Perkins has nine points (5g, 4a) to rank fifth in scoring on the UND team.

Also nominated were: Jamie Hatheway, F, BSU; Katie Wilson, F, UMD; and Brianna Decker, F, UW.