



Home of the Huskies

St. Cloud State University **ATHLETIC NEWS RELEASE**

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THIS WEEK'S MEETS

Sept. 10:

@ Collegeville, Minn.

SCSU at Saint John's Invitational
10:30 a.m.

2005 St. Cloud State Cross Country Schedule

9/10	Saint John's Invitational	10:30 am
	Collegeville, Minn.	
9/17	St. Olaf Invitational	11 am
	Northfield, Minn.	
9/24	Roy Griak Open	9:45 am
	Minneapolis, Minn.	
10/8	Minnesota State Open	TBA
	Mankato, Minn.	
10/22	NCC Championships	11 am
	Grand Forks, N.D.	
11/5	NCAA North Central Regional Championships	10 am
	Fort Hays, Kan.	
11/19	NCAA Division II Championships	TBA
	Pomona, Calif.	



2005 SCSU CROSS COUNTRY NEWS

Release Date: Sept. 9, 2005

SCSU TEAMS OPEN 2005 SEASON THIS WEEKEND: The St. Cloud State University cross country teams will travel to nearby Collegeville for the Saint John's Invitational on Saturday, Sept. 10 beginning at 10:30 a.m. Last season, the Huskies finished 16th at the NCAA North Central Regional Meet.

SCSU COACH SETH MISCHKE: Seth Mischke began his first season as head coach of the men's and women's track and field programs and cross country programs at St. Cloud State in 1999-2000. Prior to taking over the helm at SCSU, Mischke was a two-year assistant coach with former Husky head coach Tracy Dill.



Mischke is a 1997 graduate of the University of Minnesota. He was a member of the Golden Gophers men's team and participated in the decathlon. He placed third in the Big Ten meet in the decathlon as a senior. Mischke has completed his master's degree in physical education at St. Cloud State. He is a native of Worland, Wyoming and was a standout athlete at Worland High School - located in scenic north central Wyoming. Mischke resides with his wife Colleen, and their daughter, in St. Cloud.

Mischke will be assisted by graduate assistant Tracy Miranowski. Miranowski attended Minnesota State, Mankato where she graduated in May 2004 with a degree in physical education. A native of Breckenridge, Miranowski was an All-NCC recipient in the 4x800 for the Mavericks' track and field team.

2005 SCSU CROSS COUNTRY ROSTER

<u>Name</u>	<u>Year</u>	<u>Hometown</u>
WOMEN		
Gia Dickenson	FY	Sauk Rapids
Sarah Getty	Sr.	Remer
Bobbi Krippner	So.	Mankato (East H.S.)
Rachel Lander	So.	Brainerd
Heather Olheiser	FY	Coon Rapids (Blaine H.S.)
Libbie Sanders	FY	Coon Rapids
Emily Winans	FY	Fergus Falls
MEN		
Teddy Ayele	FY	Eagan
Ted Johnson	FY	Neenah, Wis.
Matt Koetter	So.	Ashburn, Va.
David Manly	So.	Minneapolis (Washburn H.S.)
Jon Matthews	FY	Milaca (Northwestern Bible Col.)
Keith Stenzel	Sr.	Mankato (West H.S.)
Tim Moes	RFY	Becker

