



Home of the Huskies

St. Cloud State University **ATHLETIC NEWS RELEASE**

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THIS WEEK'S MEETS

Oct. 8:

@ Mankato, Minn.

SCSU at Minnesota State Open

Minnesota State, Mankato

TBA

2005 St. Cloud State Cross Country Schedule

9/10	Saint John's Invitational	M-6th
	Collegeville, Minn.	W-INC
9/17	St. Olaf Invitational	M-12th
	Northfield, Minn.	W-INC
9/24	Roy Griak Open	M-37th
	Minneapolis, Minn.	W-16th
10/8	Minnesota State Open	TBA
	Mankato, Minn.	
10/22	NCC Championships	11 am
	Grand Forks, N.D.	
11/5	NCAA North Central Regional Championships	10 am
	Fort Hays, Kan.	
11/19	NCAA Division II Championships	TBA
	Pomona, Calif.	



2005 SCSU CROSS COUNTRY NEWS

Release Date: Sept. 26, 2005

SCSU TEAMS TRAVEL TO MANKATO IN TWO WEEKS: The St. Cloud State University cross country teams will travel to Mankato for the Minnesota State Open on Saturday, Oct. 8. The start time will be announced.

GETTY FINISHES 14TH AT ROY GRIAK OPEN: At the prestigious Roy Griak Invitational Maroon II race on Saturday, Sept. 24, St. Cloud State's Sarah Getty placed 14th out of 279 runners with a time of 23:15 on the 6K course at the Les Bolstad Golf Course on the campus of the University of Minnesota. Julia Rudd of UW-LaCrosse won the race with a time of 21:56.

UW-LaCrosse won the team title with 60 points, while the Huskies placed 16th with a total of 481 points.

SCSU's Emily Winans placed second for the Huskies with a 43rd place time of 24:12, while Rachel Lander was 123rd with a time of 26:22. Gia Dickenson placed 142nd (27:19) and Libbie Sanders was 162nd with a time of 29:45 for the Huskies.

In the men's Maroon race at the Roy Griak Invitational, the Huskies placed 37th out of 42 teams with a team score of 1183. UW-La Crosse won the men's team title with 80 points, while Minnesota State Mankato was second at 104.

Ted Johnson led the Huskies with a time of 28:20 and placed 161th in the field of 411 runners. Keith Stenzel was second for SCSU with a time of 29:06 and Matt Koetter was third with a time of 31:41 in 268th place. Tim Moes placed 269th in the race with a time of 31:43 and John Matthews placed 288th with a time of 34:50.

SCSU COACH SETH MISCHKE: Seth Mischke began his first season as head coach of the men's and women's track and field programs and cross country programs at St. Cloud State in 1999-2000. Prior to taking over the helm at SCSU, Mischke was a two-year assistant coach with former Husky head coach Tracy Dill. Mischke is a 1997 graduate of the University of Minnesota. He was a



member of the Golden Gophers men's team and participated in the decathlon. He placed third in the Big Ten meet in the decathlon as a senior. Mischke has completed his master's degree in physical education at St. Cloud State. He is a native of Worland, Wyoming and was a standout athlete at Worland High School - located in scenic north central Wyoming. Mischke resides with his wife Colleen and their daughter in St. Cloud. Mischke will be assisted by graduate assistant Tracy Miranowski. Miranowski attended Minnesota State, Mankato where she graduated in May 2004 with a degree in physical education. A native of Breckenridge, Miranowski was an All-NCC recipient in the 4x800 for the Mavericks' track and field team.

2005 SCSU CROSS COUNTRY ROSTER

<u>Name</u>	<u>Year</u>	<u>Hometown</u>
WOMEN		
Gia Dickenson	FY	Sauk Rapids
Sarah Getty	Sr.	Remer
Bobbi Krippner	So.	Mankato/East
Rachel Lander	So.	Brainerd
Heather Olheiser	FY	Coon Rapids/Blaine
Libbie Sanders	FY	Coon Rapids
Emily Winans	FY	Fergus Falls
MEN		
Teddy Ayele	FY	Eagan
Ted Johnson	FY	Neenah, Wis.
Matt Koetter	So.	Ashburn, Va.
David Manly	So.	Minneapolis/Washburn
Jon Matthews	FY	Milaca/Northwestern Bib.
Keith Stenzel	Sr.	Mankato/West
Tim Moes	RFY	Becker

