



Home of the Huskies

St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Cross Country Update

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Season Complete

The Huskies completed the 2008 season at the North Central Regional Championships on Nov. 8, 2008.

2008 SCSU Schedule

Date	Meet	Location/Result
9/12	Saint John's Open	Men: 3rd Women: 4th
9/27	Roy Griak Invite	Men: 16th Women: 21st
10/4	SDSU Classic	Men: 7th Women: 12th
10/11	UMD Pine Hill Invite	Men: 6th Women: 6th
10/25	NSIC Championships	Men: 4th Women: 12th
11/8	North Central Regionals	Men: 13th Women: 18th
11/22	NCAA Championships	Slippery Rock, PA

For complete SCSU Cross Country information, please visit the SCSU Athletics Home Page at www.StCloudState.edu/Athletics



2008 Women's Cross Country Roster

Name	Yr.	Hometown
Amanda Allen	So.	Sandy Creek, NY
Andrea Borden	Jr.	Merrifield, MN
Emily Doty	FY	Minneapolis, MN
Cheryl Hundt	RS-FY	Bangor, WI
Paula Marozas	So.	Andover, MN
Brittney Moffatt	So.	Coon Rapids, MN
Kelley Nelson	Sr.	Westbrook, MN
Andrea Neugebauer	FY	Mitchell, SD
Jana Prow	FY	Sauk Rapids, MN
Jackie Rich	FY	Rogers, MN
Keely Rubash	FY	New Lisbon, WI
Nichelle Rubash	FY	New Lisbon, WI
Libbie Sanders	Sr.	Coon Rapids, MN
Amanda Schilling	FY	White Bear Lake, MN

2008 Men's Cross Country Roster

Name	Yr.	Hometown
Rob Aderman	FY	St. Cloud, MN
Dan Allen	So.	Waite Park, MN
Kevin Andersen	FY	Crystal, MN
Hady Cherif	So.	Minneapolis, MN
Luke Jordan	FY	Maple Plain, MN
John Lewer	FY	Janesville, MN
Matt Main	So.	Webster, WI
Jon Marks	FY	Buffalo, MN
Tim Moes	FY	Becker, MN
Kyle Neumann	FY	Andover, MN
Shamus O'Grady	FY	Coon Rapids, MN
Lucas Pederson	Jr.	Richfield, MN
David Pieper	FY	Plover, WI
Benjamin Wagner	Jr.	Buffalo, MN
Luke Windholz	FY	St. Paul, MN
Brandon Wren	Jr.	Waverly, MN

2008 SCSU CROSS COUNTRY NEWS

Final Release Date: November 19, 2008



SEASON ENDS AT REGIONALS: The 2008 edition of St. Cloud State University cross country completed its season at the 2008 NCAA North Central Regionals on Saturday, Nov. 8, in Kearney, Nebraska. The Husky men finished in 13th place with 375 points, while the women finished in 18th place with 470 points.

HUSKIES BREAK TOP 10 IN REGION: The 2008 St. Cloud State University men's cross country team was ranked ninth in the Oct. 28 and Nov. 4 Division II Men's Central Regional Cross Country Rankings for the first time under the helm of 10th-year head coach Seth Mischke.



Keely Rubash

14 HUSKIES COMPETED AT REGIONALS: The Huskies could only have seven members of their respective teams compete at the Regional Meet on Nov. 8 in Kearney, Neb. The women brought junior Andrea Borden (Merrifield), sophomores Paula Marozas (Andover) and Brittney Moffatt (Coon Rapids) and first years Jana Prow (Sauk Rapids), Jackie Rich (Rogers), Keely Rubash (New Lisbon, Wis.) and Nichelle Rubash (New Lisbon, Wis.).

Running for the St. Cloud State men was junior Ben Wagner (Buffalo), sophomores Dan Allen (Waite Park) and Hady Cherif (Minneapolis) and first years Luke Jordan (Maple Plain), Kyle Neumann (Andover) and Shamus O'Grady (Coon Rapids) and Dave Pieper (Plover, Wis.).

NSIC CHAMPIONSHIPS: Coached by Seth Mischke, the St. Cloud State University men's and women's cross country teams participated in the school's first ever Northern Sun Intercollegiate Conference Championships on Saturday, Oct. 25, in Aberdeen, S.D. The Husky men placed fourth overall with 112 points, while the women finished in 9th place with 219 points.

TOPPING RANKED TEAMS: The Husky men defeated two regionally ranked teams at the NSIC Championships in Minnesota Duluth and MSU Moorhead. UMD was ranked seventh in the region at the time of the race, while MSU was ranked 10th in the region at the time of the race. Of note, the Huskies were just four points shy of then eighth-ranked Wayne State (Neb.) at the conference meet.

FIRST TEAM HONORS: SCSU's sophomore runner Hady Cherif (Minneapolis) paced the Huskies with a 10th place (26:27.45) finish at the NSIC Championships, landing himself on the All-NSIC First Team.



Hady Cherif

KEELY RUBASH PACES HUSKY WOMEN: The St. Cloud State women were led all season by first year Keely Rubash. The New Lisbon, Wis., native continued to improve all season, and ran the best race of her collegiate career at the North Central Regionals, finishing in 45th place in a time of 23:27.8. K. Rubash was the first Husky to cross the finish line in five of the six St. Cloud State races this season.

CHERIF SHINES AT NSIC CHAMPIONSHIPS: Despite the fact that St. Cloud State's sophomore runner Hady Cherif became the first Husky runner to earn a spot on the All-NSIC First Team, the Minneapolis native also tabbed a season-best time at the NSIC Championships, finishing the race in 26:27.45 for a 10th place mark.



Tim Moes



Libbie Sanders

place in a time of 26:39.70. Senior Kelley Nelson (Westbrook) also competed in two meets this season, charting her best finish at the UMD Pine Hill Invite (Oct. 11, 2008) with a 69th place finish in a time of 27:52.5.

COACHES CORNER: Seth Mischke completed his 10th season as head coach of the men's and women's cross country programs at St. Cloud State in 2008. Assisting Mischke in 2008 was Mohamed Aden and Travis Hoover.



Kelley Nelson

FINAL REGIONAL RANKINGS as of 11-11-2008

DII North Central Region Men

1. Adams State
2. Western State
3. Minnesota State
4. Colorado School of Mines
5. Metropolitan State
6. Colorado-COLORADO Springs
7. New Mexico Highlands
8. Wayne State (NE)
9. Nebraska-Kearney
10. Augustana (SD)

DII North Central Region Women

1. Adams State
2. Western State
3. Augustana (SD)
4. Minnesota Duluth
5. Mesa State
6. Metro State
7. Minnesota State
8. U of Colorado-COLORADO Springs
9. Colorado School of Mines
10. University of Mary



2008 SCSU Women's Cross Country Season Results

WOMEN - Team Scores

9/12/08 @ SJU Open (6K)	4th Overall: 125 points
9/27/08 @ Roy Griak Invite (6K)	21st Overall : 530 points
10/4/08 @ SDSU Classic	12th Overall: 350 points
10/11/08 @ UMD Pine Hill Invite (6K)	6th Overall: 185 points
10/25/08 @ NSIC Championships (6K)	9th Overall: 219 points
11/8/08 @ North Central Regionals (6K)	18th Overall: 470 points

Amanda Allen

9/12/08 @ SJU Open	DNR
9/27/08 @ Roy Griak Invite	DNR
10/4/08 @ SDSU Classic	DNR
10/11/08 @ UMD Pine Hill Invite	DNR
10/25/08 @ NSIC Championships	DNR
11/8/08 @ North Central Regionals	DNR

Andrea Borden

9/12/08 @ SJU Open	44th Overall: 25:50
9/27/08 @ Roy Griak Invite	139th Overall: 26:05.8
10/4/08 @ SDSU Classic	122nd Overall - 21:48
10/11/08 @ UMD Pine Hill Invite	32nd Overall - 24:52.0
10/25/08 @ NSIC Championships	62nd Overall- 25:46.70 (PR)
11/8/08 @ North Central Regionals	124th Overall - 25:59.3

Emily Doty

9/12/08 @ SJU Open	66th Overall - 26:52
9/27/08 @ Roy Griak Invite	151st Overall - 26:19.9
10/4/08 @ SDSU Classic	111th Overall - 21:30
10/11/08 @ UMD Pine Hill Invite	48th Overall - 25:43.7 (PR)
10/25/08 @ NSIC Championships	77th Overall - 26:31.8
11/8/08 @ North Central Regionals	DNR

Cheryl Hundt

9/12/08 @ SJU Open	DNR
9/27/08 @ Roy Griak Invite	DNR
10/4/08 @ SDSU Classic	DNR
10/11/08 @ UMD Pine Hill Invite	DNR
10/25/08 @ NSIC Championships	DNR
11/8/08 @ North Central Regionals	DNR

Paula Marozas

9/12/08 @ SJU Open	27th Overall - 25:02 (PR)
9/27/08 @ Roy Griak Invite	114th Overall - 25:35.5
10/4/08 @ SDSU Classic	81st Overall - 20:20
10/11/08 @ UMD Pine Hill Invite	DNR
10/25/08 @ NSIC Championships	59th Overall - 25:42.10
11/8/08 @ North Central Regionals	117th Overall - 25:32.7

Brittney Moffatt

9/12/08 @ SJU Open	48th Overall - 26:09
9/27/08 @ Roy Griak Invite	DNR
10/4/08 @ SDSU Classic	99th Overall - 20:58
10/11/08 @ UMD Pine Hill Invite	Did not finish
10/25/08 @ NSIC Championships	31st Overall - 24:29.30 (PR)
11/8/08 @ North Central Regionals	99th Overall - 24:52.0

Kelley Nelson

9/12/08 @ SJU Open	DNR
9/27/08 @ Roy Griak Invite	240th Overall - 29:45.9
10/4/08 @ SDSU Classic	DNR
10/11/08 @ UMD Pine Hill Invite	69th Overall - 27:52.5 (PR)
10/25/08 @ NSIC Championships	DNR
11/8/08 @ North Central Regionals	DNR

Andrea Neugebauer

9/12/08 @ SJU Open	52nd Overall - 26:13 (PR)
9/27/08 @ Roy Griak Invite	162nd Overall - 26:31.5
10/4/08 @ SDSU Classic	107th Overall -21:15
10/11/08 @ UMD Pine Hill Invite	Did not finish
10/25/08 @ NSIC Championships	89th Overall - 27:23.20
11/8/08 @ North Central Regionals	DNR

Jana Prow

9/12/08 @ SJU Open	54th Overall (UNA) - 26:24
9/27/08 @ Roy Griak Invite	DNR
10/4/08 @ SDSU Classic	100th Overall - 20:59
10/11/08 @ UMD Pine Hill Invite	33rd Overall - 25:01.7 (PR)
10/25/08 @ NSIC Championships	DNR
11/8/08 @ North Central Regionals	129th Overall - 26:05.7

Jackie Rich

9/12/08 @ SJU Open	79th Overall - 27:30
9/27/08 @ Roy Griak Invite	182nd Overall - 26:58.3
10/4/08 @ SDSU Classic	104th Overall - 21:10
10/11/08 @ UMD Pine Hill Invite	Did not finish
10/25/08 @ NSIC Championships	65th Overall - 25:54.55
11/8/08 @ North Central Regionals	110th Overall - 25:19.7 (PR)

Keely Rubash (1ST FOR HUSKIES ALL SEASON)

9/12/08 @ SJU Open	16th Overall - 24:24
9/27/08 @ Roy Griak Invite	62nd Overall - 24:35.5
10/4/08 @ SDSU Classic	54th Overall - 19:46
10/11/08 @ UMD Pine Hill Invite	Did not finish
10/25/08 @ NSIC Championships	30th Overall - 24:21.65
11/8/08 @ North Central Regionals	45th Overall - 23:27.8 (PR)

Nichelle Rubash

9/12/08 @ SJU Open	29th Overall - 25:15
9/27/08 @ Roy Griak Invite	193rd Overall - 27:21.0
10/4/08 @ SDSU Classic	117th Overall - 21:41
10/11/08 @ UMD Pine Hill Invite	46th Overall - 25:38.9
10/25/08 @ NSIC Championships	74th Overall - 26:14.65
11/8/08 @ North Central Regionals	105th Overall - 25:03.8 (PR)

Libbie Sanders

9/12/08 @ SJU Open	94th Overall - 28:33
9/27/08 @ Roy Griak Invite	DNR
10/4/08 @ SDSU Classic	128th Overall - 21:51
10/11/08 @ UMD Pine Hill Invite	Did not finish
10/25/08 @ NSIC Championships	80th Overall - 26:39.70 (PR)
11/8/08 @ North Central Regionals	DNR

Amanda Schilling

9/12/08 @ SJU Open	56th Overall -26:29
9/27/08 @ Roy Griak Invite	173rd Overall - 26:44.3
10/4/08 @ SDSU Classic	123rd Overall - 21:51
10/11/08 @ UMD Pine Hill Invite	47th Overall - 25:43.5 (PR)
10/25/08 @ NSIC Championships	91st Overall - 27:32.25
11/8/08 @ North Central Regionals	DNRD

2008 SCSU Men's and Women's Cross Country





2008 SCSU Men's Cross Country Season Results

MEN - Team Scores

9/12/08 @ SJU Open (8K)	3rd Overall: 88 points
9/27/08 @ Roy Griak Invite (8K)	16th Overall: 436 points
10/4/08 @ SDSU Classic	7th Overall: 209 points
10/11/08 @ UMD Pine Hill Invite (8K)	6th Overall: 149 points
10/25/08 @ NSIC Championships	4th Overall: 112 points
<i>(ranked 9th regionally after meet)</i>	
11/8/08 @ North Central Regionals (8K)	13th Overall: 375 points
<i>(dropped out of region poll)</i>	

Rob Aderman

9/12/08 @ SJU Open	93rd Overall: 31:54
9/27/08 @ Roy Griak Invite	220th Overall: 31:51.5
10/4/08 @ SDSU Classic	DNR
10/11/08 @ UMD Pine Hill Invite	DNR
10/25/08 @ NSIC Championships	90th Overall: 31:16.40 (PR)
11/8/08 @ North Central Regionals	DNR

Dan Allen

9/12/08 @ SJU Open	11th Overall: 27:05
9/27/08 @ Roy Griak Invite	110th Overall - 27:50.5
10/4/08 @ SDSU Classic	39th Overall - 27:11
10/11/08 @ UMD Pine Hill Invite	DNR
10/25/08 @ NSIC Championships	22nd Overall - 26:55.10 (PR)
11/8/08 @ North Central Regionals	70th Overall - 34:21.16

Kevin Andersen

9/12/08 @ SJU Open	90th Overall: 31:45
9/27/08 @ Roy Griak Invite	206th Overall - 30:18.4
10/4/08 @ SDSU Classic	96th Overall - 29:54
10/11/08 @ UMD Pine Hill Invite	40th Overall - 29:31.8
10/25/08 @ NSIC Championships	75th Overall - 29:18.95 (PR)
11/8/08 @ North Central Regionals	DNR

Hady Cherif

9/12/08 @ SJU Open	14th Overall: 27:08
9/27/08 @ Roy Griak Invite	38th Overall - 26:40.8
10/4/08 @ SDSU Classic	24th Overall - 26:48
10/11/08 @ UMD Pine Hill Invite	DNR
10/25/08 @ NSIC Championships	10th Overall - 26:27.45
(1st Team All-NSIC) - PR	
11/8/08 @ North Central Regionals	64th Overall - 33:57.81

Luke Jordan

9/12/08 @ SJU Open	36th Overall: 28:41
9/27/08 @ Roy Griak Invite	159th Overall - 28:45.3
10/4/08 @ SDSU Classic	DNR
10/11/08 @ UMD Pine Hill Invite	DNR
10/25/08 @ NSIC Championships	52nd Overall - 28:19.45 (PR)
11/8/08 @ North Central Regionals	93rd Overall - 35:34.61

John Lewer

9/12/08 @ SJU Open	DNR
9/27/08 @ Roy Griak Invite	DNR
10/4/08 @ SDSU Classic	DNR
10/11/08 @ UMD Pine Hill Invite	DNR
10/25/08 @ NSIC Championships	DNR
11/8/08 @ North Central Regionals	DNR

Matt Main

9/12/08 @ SJU Open	DNR
9/27/08 @ Roy Griak Invite	DNR
10/4/08 @ SDSU Classic	DNR
10/11/08 @ UMD Pine Hill Invite	DNR
10/25/08 @ NSIC Championships	DNR
11/8/08 @ North Central Regionals	DNR

Jon Marks

9/12/08 @ SJU Open	DNR
9/27/08 @ Roy Griak Invite	DNR
10/4/08 @ SDSU Classic	DNR
10/11/08 @ UMD Pine Hill Invite	DNR
10/25/08 @ NSIC Championships	DNR

11/8/08 @ North Central Regionals DNR

Tim Moes

9/12/08 @ SJU Open	DNR
9/27/08 @ Roy Griak Invite	217th Overall - 31:24.8
10/4/08 @ SDSU Classic	124th Overall - 31:48
10/11/08 @ UMD Pine Hill Invite	49th Overall - 31:08.7 (PR)
10/25/08 @ NSIC Championships	86th Overall - 30:23.85
11/8/08 @ North Central Regionals	DNR

Kyle Neumann

9/12/08 @ SJU Open	41st Overall: 29:01
9/27/08 @ Roy Griak Invite	121st Overall - 27:57.7
10/4/08 @ SDSU Classic	54th Overall - 27:36 (PR)
10/11/08 @ UMD Pine Hill Invite	DNR
10/25/08 @ NSIC Championships	21st Overall - 26:51.15
11/8/08 @ North Central Regionals	89th Overall - 35:29.81

Shamus O'Grady

9/12/08 @ SJU Open	35th Overall: 28:38
9/27/08 @ Roy Griak Invite	106th Overall - 27:44.9
10/4/08 @ SDSU Classic	48th Overall - 27:20
10/11/08 @ UMD Pine Hill Invite	DNR
10/25/08 @ NSIC Championships	26th Overall - 27:07.60 (PR)
11/8/08 @ North Central Regionals	65th Overall - 34:00.96

Lucas Pederson

9/12/08 @ SJU Open	47th Overall: 29:17
9/27/08 @ Roy Griak Invite	176th Overall - 29:10.7
10/4/08 @ SDSU Classic	89th Overall - 29:18
10/11/08 @ UMD Pine Hill Invite	DNR
10/25/08 @ NSIC Championships	68th Overall - 28:52.40 (PR)
11/8/08 @ North Central Regionals	DNR

David Pieper

9/12/08 @ SJU Open	85th Overall: 31:17
9/27/08 @ Roy Griak Invite	212th Overall - 30:33.6
10/4/08 @ SDSU Classic	90th Overall - 29:23
10/11/08 @ UMD Pine Hill Invite	48th Overall - 30:24.3
10/25/08 @ NSIC Championships	73rd Overall - 29:10.55 (PR)
11/8/08 @ North Central Regionals	117th Overall - 37:16.81

Ben Wagner

9/12/08 @ SJU Open	DNR
9/27/08 @ Roy Griak Invite	DNR
10/4/08 @ SDSU Classic	DNR
10/11/08 @ UMD Pine Hill Invite	17th Overall - 27:56.9
10/25/08 @ NSIC Championships	38th Overall - 27:44.65 (PR)
11/8/08 @ North Central Regionals	87th Overall - 35:17.61

Luke Windholz

9/12/08 @ SJU Open	70th Overall: 30:24
9/27/08 @ Roy Griak Invite	200th Overall - 30:03.4
10/4/08 @ SDSU Classic	91st Overall - 29:28 (PR)
10/11/08 @ UMD Pine Hill Invite	45th Overall - 29:48.2
10/25/08 @ NSIC Championships	DNR
11/8/08 @ North Central Regionals	DNR

Brandon Wren

9/12/08 @ SJU Open	109th Overall (UNA): 33:10
9/27/08 @ Roy Griak Invite	196th Overall - 29:55.5
10/4/08 @ SDSU Classic	103rd Overall - 30:20
10/11/08 @ UMD Pine Hill Invite	38th Overall - 29:13.8 (PR)
10/25/08 @ NSIC Championships	82nd Overall - 29:54.90
11/8/08 @ North Central Regionals	DNR