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St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Cross Country Update

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2006-07 SCSU Cross Country News

Release Date: September 18, 2006



THIS WEEK'S MEETS

Sept. 23:

@ Roy Griak Invitational
Minneapolis, MN
11:20 a.m.

2006 SCSU Outdoor Schedule

Date	Opponent	Time/Result
09/15	Ron Pynn Invitational Grand Forks, ND	M: INC W: 7th
09/ 23	Roy Griak Invitational Minneapolis, MN	11:20 a.m.
09/30	SDSU Classic Brookings, SD	TBA
10/8	MSU Mankato Open Mankao, MN	TBA
10/21	NCC Championships Vermillion, SD	11:00 a.m.
11/04	NCAA Division II North Central Regional Wayne, NE	11:00 a.m.
11/18	NCAA Division II Championships Pensacola, FL	9:30 a.m.

(all meets are listed as Central Time)
For complete ticket information, please call
1-877-SCSUTIX or 320-308-2137.

NEED INFO?

For information about SCSU Cross Country, please contact the St. Cloud State Athletic Media Relations Office at 320/308-2141. The cross country contact at SCSU for 2006 is Christy Kramer. You can contact her via email at krch9901@stcloudstate.edu.

IMPORTANT NUMBERS

SCSU Ticket Office: 320/308-2137
SCSU AMR Office: 320/308-2141

WEBSITES

To obtain complete information about SCSU cross country this season, please go to the Husky Home Page at:

www.stcloudstate.edu/athletics

For information on the North Central Conference, please check out the league website at:

www.northcentralconference.org

SCSU TEAMS TRAVEL TO MINNEAPOLIS THIS WEEKEND: The St. Cloud State University cross country teams will head to Minneapolis to compete in the Roy Griak Invitational. Running begins Saturday, September 23, at 11:20 a.m. Last year at this meet, the men's team took 37th place and the women came home with 16th place finish.

WINANS FINISHES 19TH AT SEASON OPENER: The SCSU men's and women's cross country team opened their 2006 season running in the Ron Pynn Invitational held at the Ray Richards University golf course on Saturday, September 16. The women placed seventh, led by Emily Winans (Fergus Falls) and Holly Dombrovski (Sartell) while the men's team score was incomplete. UND took both the men's and women's top team finishes with a score of 39 and 33 respectively.

For the men's team, Karl Nyberg (Moorhead) and Tim Moes (Becker) were the only two to take to the course. Nyberg finished in 20th place with a time of 29:04 and Moes finished in 35th place with a time of 31:21.

The women's team was led by Winans with a time of 20:48 and a 19th place finish and Dombrovski in 33rd place with a time of 21:52. Also finishing for the Huskies were Bobbi Krippner (22:34/40th), Katie Wilson (23:48/48th), Libbie Sanders (24:43/45th), Kelley Nelson (25:11/46th), and Sierrah Poole (26:14/47th). Other SCSU participants were Andrea Borden and Alyssa Kronlund.



Coach Mischke

SCSU COACH SETH MISCHKE RETURNS FOR ANOTHER SEASON WITH THE HUSKIES: Seth Mischke began his first season as head coach of the men's and women's track and field programs and cross country programs at St. Cloud State in 1999-2000. Prior to taking over the helm at SCSU, Mischke was a two-year assistant coach with former Husky head coach Tracy Dill.

Mischke is a 1997 graduate of the University of Minnesota. He was a member of the Golden Gophers men's team and participated in the decathlon. He placed third in the Big Ten meet in the decathlon as a senior. Mischke has completed his master's degree in physical education at St. Cloud State. He is a native of Worland, Wyoming and was a standout athlete at Worland High School - located in scenic north central Wyoming. Mischke resides with his wife Colleen and their two children in St. Cloud.

www.stcloudstate.edu/athletics/sports/crosscountry



2006 Women's Cross Country Roster

Name	Year	Hometown
Andrea Borden	FY	Merrifield/Crosby-Ironton
Gia Dickenson	So.	Sauk Rapids
Holly Dombrovski	So.	Sartell
Kala Halverson	So.	Alexandria
Bobbi Krippner	So.	Mankato/East
Alyssa Kronlund	FY	Spooner, Wis.
Kelley Nelson	FY	Westbrook
Sierrah Poole	FY	Winnebago
Libbie Sanders	So.	Coon Rapids
Katie Wilson	Sr.	Grand Forks, N.D.
Emily Winans	So.	Fergus Falls

2006 Men's Cross Country Roster

Name	Year	Hometown
Hady Cherif	FY	Minneapolis/St. Louis Park
Nick Hamm	R-FY	Menomonie, Wis.
Brynne Lindquist	FY	Fridley
David Manly	Jr.	Minneapolis/Washburn
Tim Moes	So.	Becker
Karl Nyberg	So.	Moorhead
Wesley Olson	So.	Webster, Wis.
Lucas Pederson	FY	Richfield
Zachary Tang	FY	Anchorage, A.K.

**2006 Ron Pynn Invite
Team Results**

Team	Score
WOMEN	
UND	33
Manitoba	72
Jamestown College	77
Minot State	85
University of Mary	108
Bemidji State	154
SCSU	170
MEN	
UND	39
Manitoba	43
Jamestown College	76
Minot State	79
University of Mary	INC
SCSU	INC
United Tribes	INC

**2006 Ron Pynn Invite
Individual Results**

Name	Place	Time
WOMEN		
Emily Winans	19th	20:48
Holly Dombrovski	33rd	21:52
Bobbi Krippner	40th	22:34
Katie Wilson	48th	23:48
Libbie Sanders	53rd	24:43
Kelley Nelson	55th	25:11
Sierrah Poole	57th	26:14
MEN		
Karl Nyberb	20th	29:04
Tim Moes	35th	31:21

