



Home of the Huskies

St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Cross Country Update

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Upcoming Meet:

Roy Griak Invitational
September 29th, 2007

Minneapolis, Minnesota

2007 SCSU Schedule

Date	Meet	Location/Result
9/14	Ron Pynn Invite	W: 7th M: INC
9/29	Roy Griak Invite	Minneapolis, Minn.
10/6	Minnesota State Open	Mankato, Minn.
10/20	NCC Championships	Duluth, Minn.
11/3	North Central Regional	Vermillion, S.D.
11/17	NCAA DII Nationals	Joplin, Mo.

For complete ticket information, please call
1-877-SCSUTIX or 320-308-2137.

REGIONAL RANKINGS as of 9-11-2007

DII North Central Region Men

1. Adams State
2. Western State
3. Colorado School of Mines
4. Mankato State
5. Augustana
6. Metro State
7. University of Minnesota Duluth
8. New Mexico Highlands
9. MSU-Moorhead
10. UC-Colorado Springs

DII North Central Region Women

1. Adams State
2. Western State
3. Augustana
4. University of Colorado at Colorado Springs
5. North Dakota
6. University of Minnesota Duluth
7. South Dakota
8. Colorado Mines
9. University of Nebraska Kearney
10. Wayne State College

2007 SCSU CROSS COUNTRY NEWS

Release Date: September 17, 2007

SCSU COMPETE'S AT RON PYNN INVITE: The Huskies opened up the 2007 season this past weekend in Grand Forks, N.D. at the Ron Pynn Invitational. The University of Manitoba came away with the sweep winning both the Men's and the Women's races on the afternoon. The University of Manitoba also had the individual winners in each race as well. The SCSU women finished in seventh place as a team with 180 points, while the men's team finished incomplete.

WINANS PICKS UP WHERE SHE LEFT OFF: St. Cloud State junior Emily Winans (Fergus Falls) kicked off 2007 the same way she finished 2006. Winans paced the women's team on the day bringing home the top finish. She came in 27th overall in a time of 20:24, just two minutes behind the winner. Finishing hot on the heels of Winans was Sophomore Andrea Borden (Merrifield/Crosby-Ironton) who placed 28th just two seconds behind Winans at 20:26. Also placing for the Huskies were Sophomore Paula Marozas (Rochester), Junior Libbie Sanders (Coon Rapids), and Junior Christa Halonen (Annandale). Marozas and Sanders finished nearly side-by-side at 52nd and 53rd with times of 21:49 and 21:52 respectively. Halonen came in 59th with a time of 23:14.



Emily Winans

WAGNER AND CHERIF IMPRESSIVE IN FIRST CAREER RACE:

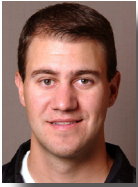
FY Ben Wagner (Buffalo) made the most of the first race of his collegiate career, finishing first among the Huskies and 18th overall. Wagner finished with a time of 27:42.00, which was 2:49.00 behind the leader. It was another first year runner who was next to cross the finish line for the Huskies as Hady Cherif (Minneapolis) came in 25th place at 28:19.00. Cherif who was a red-shirt for the Huskies last season was competing for the first time the past weekend. Sophomore Lucas Pederson (Richfield) was next to cross the finish line placing 27th in a time of 28:38.00, and Junior Tim Moes (Becker) rounded out the finishes for SCSU placing 38th with a time of 29:36.00.



Hady Cherif

HUSKIES OFF THIS COMING WEEKEND: Coach Mischke and his squad will be taking this coming weekend off from competition in preparation for the upcoming Roy Griak Invitational hosted by the University of Minnesota and held in Minneapolis on September 29th. SCSU also competed at the Roy Griak Invite last season where the women finished 27th as a team. Winans and Borden were the top two finishers for SCSU placing 95th and 150th respectively. Tim Moes is the top returner for the men's team where he came in 425th overall.

www.StCloudState.edu/Athletics/Crosscountry



Coach Mischke

SCSU COACH SETH MISCHKE RETURNS FOR ANOTHER SEASON WITH THE HUSKIES: Seth Mischke began his first season as head coach of the men's and women's track and field programs and cross country programs at St. Cloud State in 1999-2000. Prior to taking over the helm at SCSU, Mischke was a two-year assistant coach with former Husky head coach Tracy Dill.

Mischke is a 1997 graduate of the University of Minnesota. He was a member of the Golden Gophers men's team and participated in the decathlon. He placed third in the Big Ten meet in the decathlon as a senior. Mischke has completed his master's degree in physical education at St. Cloud State. He is a native of Worland, Wyoming and was a standout athlete at Worland High School - located in scenic north central Wyoming. Mischke resides with his wife Colleen and their two children in St. Cloud.

2007 Women's Cross Country Roster

Name	Year	Hometown
Erica Adams	Jr.	Mansfield, S.D.
Andrea Borden	So.	Merrifield/Crosby-Ironton
Christa Halonen	Jr.	Annandale
Cheryl Hundt	FY	Bangor, Wis.
Paula Marozas	So.	Rochester
Brittney Moffatt	FY	Andover
Kelley Nelson	So.	Westbrook
Sierrah Poole	So.	Winnebago
Libbie Sanders	Jr.	Coon Rapids
Emily Winans	Jr.	Fergus Falls

2007 Men's Cross Country Roster

Name	Year	Hometown
Dan Allen	FY	St. Louis Park
Mohamed Alsaffar	FY	Barain
Hady Cherif	FY	St. Louis Park.
Hillary Maiyo	So.	El Durat, Kenya
Tim Moes	Jr.	Becker
Wesley Olson	So.	Webster, Wis.
Lucas Pederson	So.	Richfield
Shawn Steinkraus	FY	Brainerd
Charlie Vanderweyst	So.	Sartell
Ben Wagner	FY	Buffalo

2007 Ron Pynn Invite Team Results

Name	Place	Points
WOMEN		
U of Manitoba	1st	49
Concordia College	2nd	51
North Dakota	3rd	57
Jamestown College	4th	95
Bemidji State	5th	130
Minnesota State	6th	148
St. Cloud State	7th	180

MEN		
U of Manitoba	1st	17
North Dakota	2nd	44
Concordia College	3rd	95
Jamestown College	4th	96
St. Cloud State		INC
United Tribes		INC

2007 Ron Pynn Invite Ind. Results

Name	Place	Time
WOMEN		
Georgette Mink	1st (Manitoba)	18:24
Emily Winans	27th	20:24
Andrea Borden	28th	20:26
Paula Marozas	52nd	21:49
Libbie Sanders	53rd	21:52
Christa Halonen	59th	23:14

MEN		
Kristijan Hunter	1st (Manitoba)	24:53.00
Ben Wagner	18th	27:42.00
Hady Cherif	25th	28:19.00
Lucas Pederson	27th	28:38.00
Tim Moes	38th	29:36.00

