



Home of the Huskies

# St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Cross Country Update

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## Upcoming Meet:

Minnesota State Open  
October 6th, 2007

Mankato, Minnesota

## 2007 SCSU Schedule

Date	Meet	Location/Result
9/14	Ron Pynn Invite	W: 7th M: INC
9/29	Roy Griak Invite	W: 27th M: INC
10/6	Minnesota State Open	Mankato, Minn.
10/20	NCC Championships	Duluth, Minn.
11/3	North Central Regional	Vermillion, S.D.
11/17	NCAA DII Nationals	Joplin, Mo.

For complete ticket information, please call  
1-877-SCSUTIX or 320-308-2137.

## REGIONAL RANKINGS as of 9-25-2007

### DII North Central Region Men

1. Adams State
2. Western State
3. Colorado School of Mines
4. Minnesota State Mankato
5. New Mexico Highlands
6. Augustana
7. Metro State
8. Minnesota-Duluth
9. MSU-Moorhead
10. University of Mary

### DII North Central Region Women

1. Adams State
2. Western State
3. Augustana
4. North Dakota
5. Minnesota-Duluth
6. Nebraska-Kearney
7. South Dakota
8. Nebraska-Omaha
9. Wayne State College
10. Mesa State

## 2007 SCSU CROSS COUNTRY NEWS Release Date: October 1, 2007

**SCSU COMPETE'S AT ROY GRIAK INVITE:** After a two week layoff the SCSU cross country teams were back at it this past weekend. The University of Minnesota hosted the Roy Griak Invitational on Saturday September 29th at Les Bolstad Golf Course in Falcon Heights. The huge event included six different races with over 200 participants per race. The races included three classes each for men and women, the Gold, Maroon II, and Maroon III. SCSU competed in the men's and women's Maroon II races, which consisted of predominantly Division II schools. In the women's Maroon II the Huskies finished in 27th place overall with an average time of 27:01. The team champion on the women's side was Augustana with an average time of 23:24. Minnesota State was the team champion in the men's Maroon II with an average time of 26:30. The Husky men competed individually but did not finish with a team score.

**WINANS IS TOP FOR HUSKIES AGAIN:** The Huskies Emily Winans (Fergus Falls) continues to be the pace setter for the women's team. Winans was the top finisher for SCSU at the Roy Griak Invite coming in 89th place overall and completing the six-kilometer course in 25:12.4. Behind Winans for the second consecutive meet was Andrea Borden (Merrifield). Although she was just 36 seconds behind Winans, in the packed field Borden finished 33 spots back at 122nd. The individual champion Ramsey Kavan of South Dakota burnt the field putting 32 seconds between her and the runner-up.



Emily Winans



Andrea Borden

Paula Marozas (Rochester) was next for SCSU at 155th in a time of 26:54.6. Rounding out the Huskies was Libbie Sanders (Coon Rapids) and Christa Halonen (Annandale) finishing 246th at 28:27.2 and 252nd in 28:35.5 respectively.

**ALLEN LEADS HUSKIES IN FIRST CAREER RACE:** In his first race as a college athlete Dan Allen (St. Louis Park) brought home the best finish for the Huskies at the Roy Griak Invite. Allen finished the eight-kilometer course in 28:37.8, just two tenths of a second ahead of teammate Hady Cherif (Minneapolis) who crossed the line in 28:38.0. Allen and Cherif placed at 152nd and 153rd respectively. Despite their places, each athlete was less than 30 seconds away from a finish among the top 100 runners on the day. The individual champ was Kristjan Hunter of Manitoba who was also the individual champ in the Huskies previous meet this season, the Rod Pynn Invitational. Lucas Pederson (Richfield) and Tim Moes (Becker) also competed for the Huskies. Pederson was 215th in 30:11.3 while Moes was 219th at 30:30.4.



Dan Allen



Hady Cherif

**HUSKIES IN MANKATO:** The Huskies will head south to Mankato this weekend for the Minnesota State University Open on Saturday the 6th. Last season at the MSU Open Winans finished in 12th place for the women and Moes was 27th for the men. The MSU men's team is currently ranked fourth in the North Central Region poll, and has won or tied each meet they have competed in this season.

[www.StCloudState.edu/Athletics/Crosscountry](http://www.StCloudState.edu/Athletics/Crosscountry)



Coach Mischke

**SCSU COACH SETH MISCHKE RETURNS FOR NINTH SEASON WITH THE HUSKIES:** Seth Mischke began his first season as head coach of the men's and women's track and field programs and cross country programs at St. Cloud State in 1999-2000. Prior to taking over the helm at SCSU, Mischke was a two-year assistant coach with former Husky head coach Tracy Dill.

Mischke is a 1997 graduate of the University of Minnesota. He was a member of the Golden Gophers men's team and participated in the decathlon. He placed third in the Big Ten meet in the decathlon as a senior. Mischke has completed his master's degree in physical education at St. Cloud State. He is a native of Worland, Wyoming and was a standout athlete at Worland High School - located in scenic north central Wyoming. Mischke resides with his wife Colleen and their two children in St. Cloud.

### 2007 Women's Cross Country Roster

Name	Year	Hometown
Andrea Borden	So.	Merrifield
Christa Halonen	Jr.	Annandale
Cheryl Hundt	FY	Bangor, Wis.
Paula Marozas	So.	Rochester
Brittney Moffatt	FY	Andover
Sierrah Poole	So.	Winnebago
Libbie Sanders	Jr.	Coon Rapids
Emily Winans	Jr.	Fergus Falls

### 2007 Men's Cross Country Roster

Name	Year	Hometown
Dan Allen	FY	St. Louis Park
Hady Cherif	FY	St. Louis Park.
Hillary Maiyo	So.	El Durat, Kenya
Tim Moes	Jr.	Becker
Wesley Olson	So.	Webster, Wis.
Lucas Pederson	So.	Richfield
Shawn Steinkraus	FY	Brainerd
Ben Wagner	FY	Buffalo

### 2007 Roy Griak Invite Team Results

Name	Place	Points
<b>WOMEN</b>		
Augustana College	1st	69
Nebraska-Kearney	2nd	145
Indiana Wesleyan	3rd	163
North Dakota	4th	193
Pittsburg State	5th	206
St. Cloud State	27th	731

<b>MEN</b>		
Minnesota State	1st	110
Minnesota Duluth	2nd	132
Black Hills State	3rd	155
Augustana College	4th	182
Manitoba	5th	191
St. Cloud State	INC	

### 2007 Griak Invite Ind. Results

Name	Place	Time
<b>WOMEN (6K)</b>		
Ramsey Kavan	1st (S. Dakota)	22:08.1
Emily Winans	89th	25:12.4
Andrea Borden	122nd	25:48.8
Paula Marozas	155th	26:54.6
Libbie Sanders	246th	28:27.2
Christa Halonen	252nd	28:35.5

<b>MEN (8K)</b>		
Kristijan Hunter	1st (Manitoba)	25:26.4
Dan Allen	152nd	28:37.8
Hady Cherif	153rd	28:38.0
Lucas Pederson	215th	30:11.3
Tim Moes	219th	30:30.4

