



Home of the Huskies

# St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Cross Country Update

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## Upcoming Meet:

### North Central Regionals

November 8, 2008

Kearney, Nebraska

## 2008 SCSU Schedule

Date	Meet	Location/Result
9/12	Saint John's Open	Men: 3rd Women: 4th
9/27	Roy Griak Invite	Men: 16th Women: 21st
10/4	SDSU Classic	Men: 7th Women: 12th
10/11	UMD Pine Hill Invite	Men: 6th Women: 6th
10/25	NSIC Championships	Men: 4th Women: 12th
11/8	North Central Regionals	Kearney, NE
11/22	NCAA Championships	Slippery Rock, PA

For complete SCSU Cross Country information, please visit the SCSU Athletics Home Page at [www.StCloudState.edu/Athletics](http://www.StCloudState.edu/Athletics)



## 2008 Women's Cross Country Roster

Name	Yr.	Hometown
Amanda Allen	So.	Sandy Creek, NY
Andrea Borden	Jr.	Merrifield, MN
Emily Doty	FY	Minneapolis, MN
Cheryl Hundt	RS-FY	Bangor, WI
Paula Marozas	So.	Andover, MN
Brittney Moffatt	So.	Coon Rapids, MN
Kelley Nelson	Sr.	Westbrook, MN
Andrea Neugebauer	FY	Mitchell, SD
Jana Prow	FY	Sauk Rapids, MN
Jackie Rich	FY	Rogers, MN
Keely Rubash	FY	New Lisbon, WI
Nichelle Rubash	FY	New Lisbon, WI
Libbie Sanders	Sr.	Coon Rapids, MN
Amanda Schilling	FY	White Bear Lake, MN

## 2008 Men's Cross Country Roster

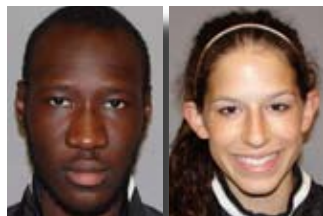
Name	Yr.	Hometown
Rob Aderman	FY	St. Cloud, MN
Dan Allen	So.	Waite Park, MN
Kevin Andersen	FY	Crystal, MN
Hady Cherif	So.	Minneapolis, MN
Luke Jordan	FY	Maple Plain, MN
John Lewer	FY	Janesville, MN
Matt Main	So.	Webster, WI
Jon Marks	FY	Buffalo, MN
Tim Moes	Sr.	Becker, MN
Kyle Neumann	FY	Andover, MN
Shamus O'Grady	FY	Coon Rapids, MN
Lucas Pederson	Jr.	Richfield, MN
David Pieper	FY	Plover, WI
Benjamin Wagner	Jr.	Buffalo, MN
Luke Windholz	FY	St. Paul, MN
Brandon Wren	Jr.	Waverly, MN

## 2008 SCSU CROSS COUNTRY NEWS

Release Date: November 4, 2008

**NORTH CENTRAL REGIONALS ON TAP:** The 2008 edition of St. Cloud State University cross country now prepares for the NCAA North Central Regionals, scheduled for Saturday, Nov. 8, in Kearney, Nebraska.

**HUSKIES BREAK TOP 10 IN REGION:** The 2008 St. Cloud State University men's cross country team was recently ranked ninth in the latest Division II Men's Regional Cross Country Rankings for the first time under the helm of 10th year head coach Seth Mischke.



Hady Cherif Keely Rubash

**14 HUSKIES TO COMPETE AT REGIONALS:** The Huskies can only have seven members of their respective teams compete at the Regional Meet on Nov. 8 in Kearney, Neb. The women will be bringing junior Andrea Borden (Merrifield), sophomores Paula Marozas (Andover) and Brittney Moffatt (Coon Rapids) and first years Jana Prow (Sauk Rapids), Jackie Rich (Rogers), Keely Rubash (New Lisbon, Wis.) and Nichelle Rubash (New Lisbon, Wis.).

Running for the St. Cloud State men will be juniors Ben Wagner (Buffalo) and Lucas Pederson (Richfield), sophomores Dan Allen (Waite Park) and Hady Cherif (Minneapolis) and first years Luke Jordan (Maple Plain), Kyle Neumann (Andover) and Shamus O'Grady (Coon Rapids).

**NSIC CHAMPIONSHIPS:** Coached by Seth Mischke, the St. Cloud State University men's and women's cross country teams participated in the school's first ever Northern Sun Intercollegiate Conference Championships on Saturday, Oct. 25, in Aberdeen, S.D. The Husky men placed fourth overall with 112 points, while the women finished in 9th place with 219 points.

**TOPPING RANKED TEAMS:** The Husky men defeated two regionally ranked teams at the NSIC Championships in Minnesota Duluth and MSU Moorhead. UMD was ranked seventh in the region at the time of the race, while MSUM was ranked 10th in the region at the time of the race. Of note, the Huskies were just four points shy of then eighth-ranked Wayne State (Neb.) at the conference meet.

**FIRST TEAM HONORS:** SCSU's sophomore runner Hady Cherif (Minneapolis) paced the Huskies with a 10th place (26:27.45) finish at the NSIC Championships, landing him on the All-NSIC First Team.

**RUBASH AND MOFFATT PACE HUSKY WOMEN:** The St. Cloud State women were led yet against by first year Keely Rubash (New Lisbon, Wis.) and sophomore Brittney Moffatt (Coon Rapids) at the NSIC Championships this past weekend. K. Rubash finished 30th overall in a time of 24:22 and Moffatt placed 31st overall in 24:30.

**OTHER HUSKY RESULTS:** For the men, St. Cloud State first year runner Kyle Neumann (Andover) was just shy of earning Second Team All-Conference honors, has he placed 21st overall in a time of 26:52. Sophomore Dan Allen (Waite Park) was just behind his teammate Neumann, placing 22nd in a time of 26:56. First year Shamus O'Grady (Coon Rapids) was 26th overall in 27:08 and junior Benjamin Wagner (Buffalo) finished out the team scoring with a 38th overall place finish in 27:45. First year runners Luke Jordan (Maple Plain) and Lucas Pedersen (Richfield) were the next to finish for the Huskies. Jordan finished 52nd overall in 28:20 and Pedersen placed 68th overall in 28:53. Five more Huskies rounded out the lineup for SCSU. Those runners included: Dave Pieper (73rd/29:10.55), Kevin Andersen (75th/29:18.95), Brandon Wren (82nd/29:54.90), Tim Moes (86th/30:23.85) and Robert Aderman (90th/31:16.40).

The other Husky women who finished in scoring position included sophomore Paula Marozas (Andover) in 59th overall in a time of 25:43. Junior Andrea Borden (Merrifield) placed 62nd overall in 25:47 and first year Jackie Rich (Rogers) placed 65th overall in 25:55. First year Nichelle Rubash (New Lisbon, WI) finished 74th in 26:15 and Emily Doty (Minneapolis) placed 77th in 26:32.

Three more SCSU women participated in the NSIC Championships. Those runners included: Libbie Sanders (80th/26:39.70), Andrea Neugebauer (89th/27:23.20) and Amanda Schilling (91st/27:32.25).



Tim Moes Libbie Sanders

**LAST HURRAH:** SCSU seniors Tim Moes (Becker) and Libbie Sanders (Coon Rapids) competed in their last conference championships on Oct. 25, 2008.

## REGIONAL RANKINGS as of 10-28-2008

### DII North Central Region Men

1. Adams State
2. Western State
3. Minnesota State
4. Colorado School of Mines
5. Augustana (SD)
6. Metro State
7. Wayne State (NE)
8. New Mexico Highlands
9. St. Cloud State
10. Northern State

### DII North Central Region Women

1. Adams State
2. Western State
3. Augustana (SD)
4. Minnesota Duluth
5. Mesa State
6. Metro State
7. Minnesota State
8. U of Colorado-Colorado Springs
9. Colorado School of Mines
10. University of Mary