



Home of the Huskies
stcloudstate.edu/athletics

St. Cloud State University
HUSKY ATHLETICS
Athletic Media Relations - Cross Country Update

Contact: Christy Kramer 320-308-2141 or krch9901@stcloudstate.edu

2006-07 SCSU Cross Country News

Release Date: October 23, 2006



UPCOMING MEET

November 4:

@ NCAA Division II Regional
Wayne, NE
11:00 a.m.

2006 SCSU Outdoor Schedule

Date	Opponent	Time/Result
09/15	Ron Pynn Invitational Grand Forks, ND	M: INC W: 7th
09/23	Roy Griak Invitational Minneapolis, MN	M: INC W: 27th
09/30	SDSU Classic Brookings, SD	M: INC W: 9th
10/7	MSU Mankato Open Mankato, MN	M: N/A W: N/A
10/21	NCC Championships Vermillion, SD	M: 6th W: 7th
11/04	NCAA Division II North Central Regional Wayne, NE	11:00 a.m.
11/18	NCAA Division II Championships Pensacola, FL	9:30 a.m.

(all meets are listed as Central Time)
For complete ticket information, please call
1-877-SCSUTIX or 320-308-2137.

NEED INFO?

For information about SCSU Cross Country, please contact the St. Cloud State Athletic Media Relations Office at 320/308-2141. The cross country contact at SCSU for 2006 is Christy Kramer. You can contact her via email at krch9901@stcloudstate.edu.

IMPORTANT NUMBERS

SCSU Ticket Office: 320/308-2137
SCSU AMR Office: 320/308-2141

WEBSITES

To obtain complete information about SCSU cross country this season, please go to the Husky Home Page at:

www.stcloudstate.edu/athletics

For information on the North Central Conference, please check out the league website at:

www.northcentralconference.org

SCSU TEAMS TAKE ON THE NCAA DIVISION II REGIONAL CHAMPIONSHIPS IN TWO WEEKS: The men's and women's SCSU cross country teams will have some time off in order to prepare themselves for the NCAA Division II Regional meet in Wayne, NE on Saturday, November 4. Last year the women's team placed 14th and the men 19th.

Sarah Getty (Remer) led the women's team with a time of 23:01.9 and a 28th place finish. Returning to the regional meet for the Huskies will be sophomore, Emily Winans (Fergus Falls) and sophomore, Bobbie Krippner (Mankato/East). Last year, Winans placed 60th with a time of 24:03.55 and Krippner came in at 140th place with a time of 27:06.77. Adding to the list of runners this year will be sophomore, Kala Halverson (Alexandria), first-year, Andrea Borden (Merrifield/Crosby-Ironton), sophomore, Holly Dombrovski (Sartell), senior, Katie Wilson (Grand Rapids, ND), and first-year, Alyssa Kronlund (Spooner, WI).

The men's team was led by Ted Johnson who placed 72nd in 28:04.32. Sophomore, Tim Moes (Becker) will be the only runner to return to the regional meet. Last year, Moes placed 129th with a time of 39:47.90. Competing this year in the regional meet will be sophomore, Karl Nyberg (Moorhead), junior, David Manly (Minneapolis/Washburn), first-year, Brynne Lindquist (Fridley), and first-year, Lucas Pederson (Richfield).



SCSU CROSS COUNTRY TEAMS COMPETE IN NCC CHAMPIONSHIP MEET:

This past Saturday, the men's and women's cross country teams traveled to Vermillion, SD to compete in the NCC Championships. The men's team finished the meet in 6th place and the women in 7th.

Emily Winans crossed first for the women's team with a time of 24:33.00 and a 32nd place finish. Kala Halverson was close behind in 35th place and a time of 24:56.32. Also crossing the finish line for the Huskies were Andrea Borden (41st/25:49.02), Bobbi Kippner (43rd/26:31.48), Holly Dombrovski (44th/27:27.00), Katie Wilson (45th/28:19.07), and Alyssa Kronlund (46th/28:42.75).

Karl Nyberg led the men's team with a 35th place finish and a time of 28:15.64. Following close behind were the rest of the Husky squad including: Tim Moes (37th/30:12.24), David Manly (38th/30:45.17), Brynne Lindquist (39th/31:22.65), and Lucas Pederson (40th/32:05.83).

www.stcloudstate.edu/athletics/sports/crosscountry



Home of the Huskies
stcloudstate.edu/athletics



Coach Mischke

SCSU COACH SETH MISCHKE RETURNS FOR ANOTHER SEASON WITH THE HUSKIES: Seth Mischke began his first season as head coach of the men's and women's track and field programs and cross country programs at St. Cloud State in 1999-2000. Prior to taking over the helm at SCSU, Mischke was a two-year assistant coach with former Husky head coach Tracy Dill.

Mischke is a 1997 graduate of the University of Minnesota. He was a member of the Golden Gophers men's team and participated in the decathlon. He placed third in the Big Ten meet in the decathlon as a senior. Mischke has completed his master's degree in physical education at St. Cloud State. He is a native of Worland, Wyoming and was a standout athlete at Worland High School - located in scenic north central Wyoming. Mischke resides with his wife Colleen and their two children in St. Cloud.

2006 Women's Cross Country Roster

Name	Year	Hometown
Andrea Borden	FY	Merrifield/Crosby-Ironton
Gia Dickenson	So.	Sauk Rapids
Holly Dombrovski	So.	Sartell
Kala Halverson	So.	Alexandria
Bobbi Krippner	So.	Mankato/East
Alyssa Kronlund	FY	Spooner, WI
Kelley Nelson	FY	Westbrook
Sierrah Poole	FY	Winnebago
Libbie Sanders	So.	Coon Rapids
Katie Wilson	Sr.	Grand Forks, ND
Emily Winans	So.	Fergus Falls

2006 Men's Cross Country Roster

Name	Year	Hometown
Hady Cherif	FY	Minneapolis/St. Louis Park
Nick Hamm	R-FY	Menomonie, WI
Brynne Lindquist	FY	Fridley
David Manly	Jr.	Minneapolis/Washburn
Tim Moes	So.	Becker
Karl Nyberg	So.	Moorhead
Wesley Olson	So.	Webster, WI
Lucas Pederson	FY	Richfield
Zachary Tang	FY	Anchorage, AK.

2006 NCC Championships Team Results

Team	Score
WOMEN	
UND	44
Augustana	61
USD	77
UMD	101
UNO	112
MSU	120
SCSU	195
MEN	
MSU	37
UMD	52
Augustana	80
UND	89
USD	101
SCSU	189

2006 NCC Championships Individual Results

Name	Place	Time
WOMEN		
Emily Winans	32nd	24:33.00
Kala Halverson	35th	24:56.32
Andrea Borden	41st	25:49.02
Bobbi Kippner	43rd	26:31.48
Holly Dombrovski	44th	27:27.00
Katie Wilson	45th	28:19.07
Alyssa Krolund	46th	28:42.75
MEN		
Karl Nyberg	35th	28:15.64
Tim Moes	37th	30:12.24
David Manly	38th	30:45.17
Brynne Lindquist	39th	31:22.65
Lucas Pederson	40th	32:05.83