



Home of the Huskies

St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Cross Country Update

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Upcoming Meet:

SDSU Classic
October 4, 2008

Brookings, South Dakota

2008 SCSU Schedule

Date	Meet	Location/Result
9/12	Saint John's Open	Men: 3rd Women: 4th
9/27	Roy Griak Invite	Men: 16th Women: 21st
10/4	SDSU Classic	Brookings, SD
10/11	UMD Pine Hill Invite	Carleton, MN
10/25	NSIC Championships	Aberdeen, SD
11/8	North Central Regionals	Kearney, NE
11/22	NCAA Championships	Slippery Rock, PA

For complete SCSU Cross Country information, please visit the SCSU Athletics Home Page at www.StCloudState.edu/Athletics



2008 Women's Cross Country Roster

Name	Yr.	Hometown
Amanda Allen	So.	Sandy Creek, NY
Andrea Borden	Jr.	Merrifield, MN
Emily Doty	FY	Minneapolis, MN
Cheryl Hundt	RS-FY	Bangor, WI
Paula Marozas	So.	Andover, MN
Brittney Moffatt	So.	Coon Rapids, MN
Kelley Nelson	Sr.	Westbrook, MN
Andrea Neugebauer	FY	Mitchell, SD
Jana Prow	FY	Sauk Rapids, MN
Jackie Rich	FY	Rogers, MN
Keely Rubash	FY	New Lisbon, WI
Nichelle Rubash	FY	New Lisbon, WI
Libbie Sanders	Sr.	Coon Rapids, MN
Amanda Schilling	FY	White Bear Lake, MN

2008 Men's Cross Country Roster

Name	Yr.	Hometown
Rob Aderman	FY	St. Cloud, MN
Dan Allen	So.	Waite Park, MN
Kevin Andersen	FY	Crystal, MN
Hady Cherif	So.	Minneapolis, MN
Luke Jordan	FY	Maple Plain, MN
John Lewer	FY	Janesville, MN
Matt Main	So.	Webster, WI
Jon Marks	FY	Buffalo, MN
Tim Moes	Sr.	Becker, MN
Kyle Neumann	FY	Andover, MN
Shamus O'Grady	FY	Coon Rapids, MN
Lucas Pederson	Jr.	Richfield, MN
David Pieper	FY	Plover, WI
Benjamin Wagner	Jr.	Buffalo, MN
Luke Windholz	FY	St. Paul, MN
Brandon Wren	Jr.	Waverly, MN

2008 SCSU CROSS COUNTRY NEWS

Release Date: September 30, 2008

HUSKIES HEAD TO SOUTH DAKOTA: Coached by Seth Mischke, the St. Cloud State University men's and women's cross country teams will continue action on Saturday, Oct. 4, as they head to Brookings, S.D., for the South Dakota State University Classic. The women's race is slated to start at 11 a.m., with the men's race to follow at 11:30 a.m., both at the Edgebrook Golf Course.



Hady Cherif

ROY GRIAK RESULTS: The St. Cloud State University men's and women's cross country teams competed at the Roy Griak Invitational in Minneapolis on Saturday, Sept. 27, and posted a 21st place finish in the women's division (530 points) and a 16th place finish in the men's division (436 points) at the Les Bolstad Golf Course.

SEASON BEST: Sophomore Hady Cherif (Minneapolis) led the Husky charge with a 33rd place finish and a season-best time of 26:41.

ROOKIE LEADS AGAIN: The SCSU women were led yet again by first year runner Keely Rubash (New Lisbon, Wis.) on Saturday at the Roy Griak Invite. Rubash crossed the finish line in 62nd place with a time of 24:35.5. K. Rubash has led the Husky women in both races this season, after posting a 15th place finish in a time of 24:24 in her collegiate debut at SJU on Sept. 12th.

HUSKY MEN RESULTS FROM ROY GRIAK: First year Shamus O'Grady (Coon Rapids) followed Cherif with the Huskies second-best time of 27:45, good for 90th overall. Local product Dan Allen (Waite Park) clocked in with the Huskies third best mark, securing 92nd place with a time of 27:51. Kyle Neuman and Luke Jordan rounded out the Husky scorers with times of 27:58 and 28:46 respectively. Neuman finished the course in 99th and Jordan checked in at 122nd. Lucas Pederson (Richfield) and Brandon Wren (Waverly) also ran for SCSU, clocking in at 29:11 and 29:56. Neither figured in the Husk scoring.

HUSKY WOMEN RESULTS FROM ROY GRIAK:

Led by Keely Rubash, the next Husky woman to finish was sophomore Paula Marozas (Andover) in 114th place (25:35.5). Andrea Borden, a junior from Merrifield, was the third Husky to cross the finish line (139th/26:05.8), and first year Emily Doty (Minneapolis) clocked in at 26:19.9 with a 151st place finish. The final four Husky women to compete today were Andrea Neugebauer (Mitchell, S.D.) in 162nd place (26:31.5), Jackie Rich (Rogers) in 182nd place (26:58.3), Nichelle Rubash (New Lisbon, Wis.) in 193rd place (27:21.0) and Kelly Nelson (Westbrook) in 240th place (29:45.9).



Coach Mischke

COACHES CORNER: Seth Mischke begins his 10th season as head coach of the men's and women's track and field programs and cross country programs at St. Cloud State in 2008. Assisting Mischke in 2008 is Mohamed Aden and Travis Hoover.

REGIONAL RANKINGS as of 9-23-2008

DII North Central Region Men

1. Adams State
2. Western State
3. Colorado School of Mines
4. **Minnesota State**
5. **Minnesota Duluth**
6. Metro State
7. **Augustana (SD)**
8. University of Colorado-Colorado Springs
9. **Wayne State (NE)**
10. Nebraska-Kearney

DII North Central Region Women

1. Adams State
2. **Augustana (SD)**
3. Western State
4. University of Colorado - Colorado Springs
5. **Minnesota Duluth**
6. Mesa State
7. **MSU Moorhead**
8. **Minnesota State**
9. **Winona State**
10. Regis University

www.StCloudState.edu/Athletics/Crosscountry