



Home of the Huskies

# St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Cross Country Update

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## Upcoming Meet:

**Roy Griak Invite**  
September 27, 2008

Minneapolis, Minnesota

## 2008 SCSU Schedule

Date	Meet	Location/Result
9/12	Saint John's Open	Men: 3rd Women: 4th
9/27	<b>Roy Griak Invite</b>	<b>Minneapolis, MN</b>
10/4	SDSU Invite	Brookings, SD
10/11	UMD Pine Hill Invite	Carleton, MN
10/25	NSIC Championships	Aberdeen, SD
11/8	North Central Regionals	Kearney, NE
11/22	NCAA Championships	Slippery Rock, PA

For complete SCSU Cross Country information, please visit the SCSU Athletics Home Page at [www.StCloudState.edu/Athletics](http://www.StCloudState.edu/Athletics)



## 2008 Women's Cross Country Roster

Name	Yr.	Hometown
Amanda Allen	So.	Sandy Creek, NY
Andrea Borden	Jr.	Merrifield, MN
Emily Doty	FY	Minneapolis, MN
Cheryl Hundt	RS-FY	Bangor, WI
Paula Marozas	So.	Andover, MN
Brittney Moffatt	So.	Coon Rapids, MN
Kelley Nelson	Sr.	Westbrook, MN
Andrea Neugebauer	FY	Mitchell, SD
Jana Prow	FY	Sauk Rapids, MN
Jackie Rich	FY	Rogers, MN
Keely Rubash	FY	New Lisbon, WI
Nichelle Rubash	FY	New Lisbon, WI
Libbie Sanders	Sr.	Coon Rapids, MN
Amanda Schilling	FY	White Bear Lake, MN

## 2008 Men's Cross Country Roster

Name	Yr.	Hometown
Rob Aderman	FY	St. Cloud, MN
Dan Allen	So.	Waite Park, MN
Kevin Andersen	FY	Crystal, MN
Hady Cherif	So.	Minneapolis, MN
Luke Jordan	FY	Maple Plain, MN
John Lewer	FY	Janesville, MN
Matt Main	So.	Webster, WI
Jon Marks	FY	Buffalo, MN
Tim Moes	Sr.	Becker, MN
Kyle Neumann	FY	Andover, MN
Shamus O'Grady	FY	Coon Rapids, MN
Lucas Pederson	Jr.	Richfield, MN
David Pieper	FY	Plover, WI
Benjamin Wagner	Jr.	Buffalo, MN
Luke Windholz	FY	St. Paul, MN
Brandon Wren	Jr.	Waverly, MN

## 2008 SCSU CROSS COUNTRY NEWS

Release Date: September 22, 2008

**HUSKIES HEAD TO ROY GRIAK INVITE:** St. Cloud State's men's and women's cross country teams will return to the trails on Saturday, Sept. 27, at the Roy Griak Invitational in Minneapolis, Minn. The women's race is slated to start at 9:45 a.m., with the men's race to follow at 11:20 a.m.



Dan Allen

Hady Cherif

**SEASON DEBUT:** The St. Cloud State University men's and women's cross country teams completed their first meets of the 2008 season with third and fourth place finishes at the Saint John's University Invitational on Friday, Sept. 12, on the campus of SJU.

**THIRD AND FOURTH:** SCSU's women's team finished the race in fourth place with 135 points while the SCSU men's squad charted a third place finish in the SJU Invitational with 88 team points.



Keely Rubash

**ROOKIE LEADS RACE:** Keely Rubash, a first year runner from New Lisbon, Wis., led the Husky women with a 15th place finish in a time of 24:24 in her collegiate debut at SJU on Sept. 12.

**SOPHOMORE SATISFACTORY:** Sophomore Dan Allen (Waite Park) paced the Huskies with a 10th place finish in a time of 27:05 at SJU. Closely behind, sophomore Hady Cherif (Minneapolis) crossed the finish line just three seconds after Allen to finish in 13th place (27:08).

**FIRST YEAR FIRSTS:** The Huskies had 13 first year runners compete for the first time in the Cardinal and Black on Sept. 12 at the SJU Invite. Those runners making their collegiate debuts included; Keely Rubash (15th-24:24), Nichelle Rubash (25th - 25:15), Andrea

Neugebauer (39th - 26:13), Amanda Schilling (56th - 26:29), Emily Doty (66th - 26:52), Jackie Rich (79th - 27:30), Shamus O'Grady (20th - 28:38), Luke Jordan (21st - 28:41), Kyle Neumann (41st - 29:01), Luke Windholz (70th - 30:24), David Pieper (85th - 31:17), Kevin Andersen (90th - 31:45), Rob Aderman (93rd - 31:54).

**LAST TIME OUT:** Last year at the 2007 Roy Griak Invite, the SCSU women's team placed 27th and the SCSU men's team ran incomplete.



Coach Mischke

**COACHES CORNER:** Seth Mischke begins his 10th season as head coach of the men's and women's track and field programs and cross country programs at St. Cloud State in 2008. Assisting Mischke in 2008 is Mohamed Aden and Travis Hoover.

## REGIONAL RANKINGS as of 9-16-2008

### DII North Central Region Men

1. Adams State
2. Western State
3. Minnesota State
4. Colorado School of Mines
5. Minnesota Duluth
6. Metro State
7. New Mexico Highlands
8. Augustana (SD)
9. University of Colorado-Colorado Springs
10. MSU Moorhead

### DII North Central Region Women

1. Adams State
2. Augustana (SD)
3. Western State
4. Minnesota Duluth
5. MSU Moorhead
6. University of Colorado - Colorado Springs
7. Mesa State
8. Colorado School of Mines
9. Winona State
10. Fort Lewis

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