



Home of the Huskies

# St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Cross Country Update

Contact: Celest Stang at 320-308-2141 or [crstang@stcloudstate.edu](mailto:crstang@stcloudstate.edu)



## Upcoming Meet:

**Saint John's University Open**  
September 12, 2008

Collegetville, Minnesota

## 2008 SCSU Schedule

Date	Meet	Location/Result
9/12	Saint John's Open	Collegetville, MN
9/27	Roy Griak Invite	Minneapolis, MN
10/4	SDSU Invite	Brookings, SD
10/11	UMD Pine Hill Invite	Carleton, MN
10/25	NSIC Championships	Aberdeen, SD
11/8	North Central Regionals	Kearney, NE
11/22	NCAA Championships	Slippery Rock, PA

For complete SCSU Cross Country information, please visit the SCSU Athletics Home Page at [www.StCloudState.edu/Athletics](http://www.StCloudState.edu/Athletics)



## 2008 Women's Cross Country Roster

Name	Yr.	Hometown
Amanda Allen	So.	Sandy Creek, NY
Andrea Borden	Jr.	Merrifield, MN
Emily Doty	FY	Minneapolis, MN
Cheryl Hundt	RS-FY	Bangor, WI
Paula Marozas	So.	Andover, MN
Brittney Moffatt	So.	Coon Rapids, MN
Kelley Nelson	Sr.	Westbrook, MN
Andrea Neugebauer	FY	Mitchell, SD
Jana Prow	FY	Sauk Rapids, MN
Jackie Rich	FY	Rogers, MN
Keely Rubash	FY	New Lisbon, WI
Nichelle Rubash	FY	New Lisbon, WI
Libbie Sanders	Sr.	Coon Rapids, MN
Amanda Schilling	FY	White Bear Lake, MN

## 2008 Men's Cross Country Roster

Name	Yr.	Hometown
Rob Aderman	FY	St. Cloud, MN
Dan Allen	So.	Waite Park, MN
Kevin Andersen	FY	Crystal, MN
Hady Cherif	So.	Minneapolis, MN
Luke Jordan	FY	Maple Plain, MN
John Lewer	FY	Janesville, MN
Matt Main	So.	Webster, WI
Jon Marks	FY	Buffalo, MN
Tim Moes	Sr.	Becker, MN
Kyle Neumann	FY	Andover, MN
Shamus O'Grady	FY	Coon Rapids, MN
Lucas Pederson	Jr.	Richfield, MN
David Pieper	FY	Plover, WI
Benjamin Wagner	Jr.	Buffalo, MN
Luke Windholz	FY	St. Paul, MN
Brandon Wren	Jr.	Waverly, MN

## 2008 SCSU CROSS COUNTRY NEWS

Release Date: September 8, 2008

**SEASON TO DEBUT AT SAINT JOHN'S OPEN:** The 2008 edition of St. Cloud State University men's and women's cross country season will debut at the Saint John's University Open on Friday, Sept. 12, in Collegetville, Minn. The women's race is scheduled to start at 4:45 p.m., with the men's race following at 5:15 p.m. on the campus of Saint John's University.



Tim Moes

Libbie Sanders

**RETURNING FOR MORE:** The Huskies welcome back 10 runners from the 2007 season. Leading the way in 2008 for the women will be senior Libbie Sanders (Coon Rapids, Minn.) and junior Andrea Borden (Merrifield, Minn.). The other three women back for another stint are sophomores Paula Marozas (Rochester, Minn.) and Brittney Moffatt (Andover, Minn.) and red-shirt first year Cheryl Hundt (Bangor, Wis.). The five Husky men returning in 2008 are senior Tim Moes (Becker, Minn.), juniors Lucas Pederson (Richfield, Minn.) and Ben Wagner (Buffalo, Minn.) and sophomores Dan Allen (Waite Park, Minn.) and Hady Cherif (Minneapolis, Minn.).

**DAWNING OF A NEW ERA:** The St. Cloud State University cross country teams will join the Northern Sun Intercollegiate Conference (NSIC) for the first time in 2008. With the addition of Minnesota State, Minnesota Duluth, Augustana College and SCSU, the NSIC has morphed into what is perhaps the best Division II league in the country.

**2007 REGIONAL RESULTS:** The 2007 Husky squad completed the 2007 season at the NCAA Division II North Central Regional Championships in Vermillion, S.D. The women were led one last time by junior Emily Winans (Fergus Falls, Minn.) and sophomore Andrea Borden (Merrifield, Minn.), while the entire SCSU women's team achieved personal best times in the race. Winans broke the 24-minute mark for the first time in her career with 23:53.15 spot in 88th place. The men's regional race was the longest of the season at 10K, and first year runner Hady Cherif (Minneapolis, Minn.) was able cross first for SCSU for the first time, when he broke the top-100 at 99th in 34:51.93.

**ASSISTING IN 2008:** Assisting the SCSU men's and women's cross country teams in 2008 will be Mohamed Aden and Travis Hoover. Aden begins his first season as an assistant coach with the Husky cross country team in 2008. He comes to SCSU from Adams State College in Alamosa, Colo. where he was a star for the Grizzlies cross country and track & field teams. In 2003 at the NCAA Division II Cross Country Championships, Aden finished ninth individually to gain All-America status and help pace Adams State to a national title. A season later, he again earned All-America notice at the NCAA Cross Country Championships. Also assisting in 2008 is graduate assistant coach Travis Hoover.



Coach Mischke

**SCSU COACH SETH MISCHKE RETURNS FOR 10TH SEASON WITH THE HUSKIES:** Seth Mischke begins his 10th season as head coach of the men's and women's track and field programs and cross country programs at St. Cloud State in 2008. Prior to taking over the helm at SCSU, Mischke was a two-year assistant coach with former Husky head coach Tracy Dill.

Mischke is a 1997 graduate of the University of Minnesota. He was a member of the Golden Gophers men's team and participated in the decathlon. He placed third in the Big Ten meet in the decathlon as a senior. Mischke has completed his master's degree in physical education at St. Cloud State. He is a native of Worland, Wyoming and was a standout athlete at Worland High School - located in scenic north central Wyoming. Mischke resides with his wife Colleen, and their daughter Brooklyn and son Tanner, in St. Cloud.

[www.StCloudState.edu/Athletics/Crosscountry](http://www.StCloudState.edu/Athletics/Crosscountry)