

# **ST. CLOUD STATE UNIVERSITY WOMEN'S BASKETBALL**

## **2008-09 SEASON PREVIEW**



### **General**

Founded: 1869  
Location: St. Cloud, MN 56301-4498  
Enrollment: 16,882  
Team Colors: Cardinal and Black  
Team Nickname: Huskies  
Home Arena: Halenbeck Hall (6,927)  
National Affiliation: NCAA Division II  
Conference Affiliation: Northern Sun Intercollegiate Conference (NSIC)  
President: Dr. Earl H. Potter III  
Athletics Director: Dr. Morris Kurtz  
Athletics Phone: 320-308-3102

### **Husky History**

First year of basketball: 1968  
All-time record: 549-431  
Best season record: 31-4 (1982-83)  
NCAA postseason play: SCSU advanced to the NCAA DII national semi-finals in 2006, losing to American International, 58-70. It was the sixth "Elite Eight" and tenth NCAA tournament appearance.

### **Athletic Media Relations**

AMR Director/Basketball Contact: Anne Abicht  
Email: aabicht@stcloudstate.edu  
Abicht home phone: 320-253-4330  
AMR office phone: 320-308-2141  
AMR fax: 320-308-2099  
AMR Assistant Director: Tom Nelson  
Email: tcnelson@stcloudstate.edu  
AMR Assistant Director: Celest Stang  
E-mail: crstang@stcloudstate.edu  
AMR Graduate Assistants: Matt Marek, Pat McCabe

### **Press Row Phone**

320-308-5102

### **AMR Mailing Address**

Halenbeck Hall 328  
St. Cloud State University  
720 4th Avenue South  
St. Cloud, MN 56301-4498

### **SCSU Website**

[www.stcloudstate.edu/athletics](http://www.stcloudstate.edu/athletics)

### **Coaching Staff**

Head Coach: Lori Fish  
Alma Mater/Yr: South Dakota State / 1991  
Record at School (yrs): 0-0 (1st year)  
Career Record (yrs): 62-53 (4 years)  
Office phone: 320-308-2230  
Best time to reach coach: 9-11 am  
Email address: llfish@stcloudstate.edu  
Assistant Coach: Carol Thelen (3rd season)  
Assistant Coach: Darby Noreen (1st season)  
Student Assistant: Katie Jensen (1st season)

### **Sports Medicine**

Athletic Trainer: Steve Patterson  
Training Room Phone: 320-308-2597

### **2008-09 Team Information**

Overall 2007-08 Record: 11-17  
(8-5 Home, 0-10 Away, 3-2 Neutral)  
Conference Record: 3-9 (3-3 Home, 0-6 Away)  
Conference Finish: Tie 5th  
Starters returning/lost: 4/1  
Letterwinners returning/lost: 7/4

# ST. CLOUD STATE UNIVERSITY WOMEN'S BASKETBALL

## 2008-09 TEAM INFORMATION



### Team Information

<b>Starters Returning (R) and Lost (L)</b>	<b>GP/GS</b>	<b>PPG</b>	<b>RPG</b>	<b>A</b>	<b>Other</b>
(R) - Katie Tacheny, 5-8, Sr., G	28/28	11.5	4.1	94	77 steals
(R) - Talisha Barlow, 5-8, So., G	28/23	11.0	5.0	31	50% FG
(R) - Krystal Scott, 5-5, Jr., G	28/15	6.0	3.1	66	50 steals
(R) - Rachel Booth, 6-2, So., P	27/27	12.5	5.3		43 blocks
(L) - Kayla Rengel, 6-0, Sr., F	28/28	13.5	6.6		61 blocks

Leading scorer and rebounder in 2007-08, All-NCC, 1,000 point scorer

<b>Other Key Returnees</b>	<b>GP/GS</b>	<b>PPG</b>	<b>RPG</b>	<b>A</b>	<b>Other</b>
Danielle Ellison, 5-8, Sr., F	28/16	5.3	2.7		
Anna Cashman, 5-8, Sr., G	27/2	7.5	2.2		

### Newcomers (Last School)

Aaryn Booker, 5-10, FY, F (DeLaSalle H.S.-Minneapolis, MN)  
Lauren Carew, 6-2, FY, P (Shanley H.S.-Fargo, ND)  
Becca Friestleben, 5-10, FY, G (Holy Family Catholic H.S.-Victoria, MN)  
Amy Frye, 6-0, FY, F (Hudson (WI) H.S.)  
Christina Steele, 6-1, FY, P (Apple Valley (MN) H.S.)

### Head Coach Lori Fish

Lori Fish, a St. Cloud native and former Husky assistant was named the eighth coach in the history of the women's basketball program on July 31 and succeeds Dr. Lori Ulferts.

Fish will transition to St. Cloud State University from Minnesota State University, Mankato where she had been the head coach since the 2004-05 season. That year, the Mavericks posted an 11-16 overall record. Minnesota State improved in each of its seasons under Fish, culminating in a 23-9 record and advancing to the NCAA Division II North Central Region championship game in 2007-08.

Fish brings 17 years of coaching experience, including 15 years at the collegiate level. During her career she has coached teams that have made five NCAA Division II National Tournament appearances.

Prior to becoming the head coach at Minnesota State, Fish was an assistant coach under Dr. Ulferts at St. Cloud State from 1999 to 2004. She served as the recruiting, and strength and conditioning coordinator for the Huskies, and helped the program to a 78-61 record during her stay. In the 2000-01 season, the Huskies posted a 21-9 record and advanced to the NCAA Regional Tournament for the first time since 1989-90, reaching the semi-final game.

**ST. CLOUD STATE UNIVERSITY WOMEN'S BASKETBALL  
2008-09 TEAM ROSTER**



**Numerical Roster**

<b>No</b>	<b>Name</b>	<b>Pos</b>	<b>Ht</b>	<b>Yr</b>	<b>Hometown (Previous School)</b>
2	Becca Friestleben	G	5-10	FY	Victoria (Holy Family Catholic H.S.)
3	Katie Tacheny	G	5-8	Sr.	Woodbury (Woodbury H.S.)
4	Jordi Gerking	G	5-10	So.	Spirit Lake, IA (Spirit Lake H.S.)
5	Kaylan King	G	5-7	Jr.	Reno, NV (College of Southern Idaho)
10	Krystal Scott	G	5-5	Sr.	Rosemount (Rosemount H.S.)
11	Talisha Barlow	G	5-8	So.	Little Canada (Roseville H.S.)
13	Marlayna Graff	P	6-1	So.	Harris (North Branch H.S./Anoka Ramsey C.C.)
21	Anna Cashman	G	5-8	Sr.	Faribault (Faribault H.S.)
23	Danielle Ellison	F	5-8	Sr.	St. Paul (St. Paul Central H.S.)
32	Rachel Booth	P	6-2	So.	Minneapolis (DeLaSalle H.S.)
33	Lauren Carew	P	6-2	FY	Fargo, ND (Shanley H.S.)
34	Megan Foley	G	5-10	Jr.	St. Cloud (Tech H.S.)
35	Amy Frye	F	6-0	FY	Hudson, WI (Hudson H.S.)
43	Christina Steele	P	6-1	FY	Apple Valley (Apple Valley H.S.)
45	Aaryn Booker	F	5-10	FY	Minneapolis (DeLaSalle H.S.)

Head Coach: Lori Fish (1st season)

Assistant Coach: Carol Thelen (3rd season)

Assistant Coach: Darby Noreen (1st season)

Student Assistant Coach: Katie Jensen (1st season)

**Alphabetical Roster**

<b>No</b>	<b>Name</b>	<b>Pos</b>	<b>Ht</b>	<b>Yr</b>	<b>Hometown (Previous School)</b>
11	Talisha Barlow	G	5-8	So.	Little Canada (Roseville H.S.)
45	Aaryn Booker	F	5-10	FY	Minneapolis (DeLaSalle H.S.)
32	Rachel Booth	P	6-2	So.	Minneapolis (DeLaSalle H.S.)
33	Lauren Carew	P	6-2	FY	Fargo, ND (Shanley H.S.)
21	Anna Cashman	G	5-8	Sr.	Faribault (Faribault H.S.)
23	Danielle Ellison	F	5-8	Sr.	St. Paul (St. Paul Central H.S.)
34	Megan Foley	G	5-10	Jr.	St. Cloud (Tech H.S.)
2	Becca Friestleben	G	5-10	FY	Victoria (Holy Family Catholic H.S.)
35	Amy Frye	F	6-0	FY	Hudson, WI (Hudson H.S.)
4	Jordi Gerking	G	5-10	So.	Spirit Lake, IA (Spirit Lake H.S.)
13	Marlayna Graff	P	6-1	So.	Harris (North Branch H.S./Anoka Ramsey C.C.)
5	Kaylan King	G	5-7	Jr.	Reno, NV (Southern Idaho CC)
10	Krystal Scott	G	5-5	Sr.	Rosemount (Rosemount H.S.)
43	Christina Steele	P	6-1	FY	Apple Valley (Apple Valley H.S.)
3	Katie Tacheny	G	5-8	Sr.	Woodbury (Woodbury H.S.)

Head Coach: Lori Fish (1st season)

Assistant Coach: Carol Thelen (3rd season)

Assistant Coach: Darby Noreen (1st season)

Student Assistant Coach: Katie Jensen (1st season)

# ST. CLOUD STATE UNIVERSITY WOMEN'S BASKETBALL

## 2008-09 OUTLOOK / MEDIA OUTLETS



### **2008-09 Outlook**

A new coach and a new league will set the tone for the 2008-09 St. Cloud State University Women's Basketball team. Lori Fish takes over the head coaching duties and the Huskies will play in the Northern Sun Intercollegiate Conference (NSIC). With the closure of the North Central Conference in June of 2008, St. Cloud State began competition in the NSIC in the fall.

Fish inherits a team that posted an 11-17 overall record last season and finished 3-9 in its final season of the North Central Conference.

St. Cloud State returns four starters and a total of six players with starting experience. The returning starters include senior guards Katie Tacheny (Woodbury) and Krystal Scott (Rosemount), sophomore guard Talisha Barlow (Little Canada), and sophomore post Rachel Booth (Minneapolis). The fifth starter was Kayla Rengel (St. Cloud) who completed her eligibility. She was the team's scoring and rebounding leader, and scored over 1,000 points in her career. Joining the returning class will be five first year players.

Fish expects her team to develop an up tempo game based on solid defense and rebounding. "We have good leadership among our returning players, especially the seniors, and will be very young coming off the bench," said Fish.

Tacheny and Scott will direct the team on the court from the point guard position. Tacheny averaged 11.5 points and 31.4 minutes per game last season, and led the team in steals and assists. Scott was second in steals and averaged 6.0 points per game. Both can play the point and off-guard positions. Barlow started 23 games last season, averaged 11.0 points and was a 50 percent field goal shooter. Booth started 27 games and is the Huskies top returning scorer and rebounder having averaged 12.5 points and 5.3 rebounds. Senior forward Danielle Ellison (St. Paul) and senior guard Anna Cashman (Faribault) are the other two players with starts in 2007-08. Ellison started 16 games and averaged 5.3 points. Cashman made two starts, shot 80 percent from the free throw line and averaged 7.5 points.

### **Media Information**

#### **Official Radio Play-by-Play: KNSI 1450 AM**

Sports Director: Don Lyons  
Play-by-Play Announcer: John Hadden  
Phone: 320-251-1450  
Fax: 320-251-9852

#### **Local Radio Station: WJON (1240 AM)**

Sports Director: Jay Caldwell  
Phone: 320-251-4422  
Fax: 302-251-1855

#### **Campus Radio Station: KVSC 88.1 FM**

Sports Director: Patrick Sullivan & Peter Tomala  
Phone: 320-308-4747  
Fax: 320-308-5337

#### **Local Newspaper: St. Cloud Times**

Sports Writer:  
Phone: 320-255-8770  
Fax: 320-255-0447

#### **SCSU University Chronicle: Campus Newspaper**

Sports Editor: Joe Brown  
Phone: 320-308-4086

#### **UTVS-TV Sports: Campus Television**

Sports Director: Chelsie Allen  
320-308-4111/fax: 320-308-5489

#### **Minneapolis Star Tribune**

1-800-827-8742/fax: 612-673-7774

#### **St. Paul Pioneer Press**

651-228-5518/fax: 651-228-5527

#### **Associated Press - Minneapolis**

1-800-552-7250/fax: 612-332-4245

# ST. CLOUD STATE UNIVERSITY WOMEN'S BASKETBALL

## 2007-08 SEASON STATISTICS



### St. Cloud State Basketball

#### St. Cloud State Combined Team Statistics (as of Sep 17, 2008)

#### All games

<b>RECORD:</b>	<b>OVERALL</b>	<b>HOME</b>	<b>AWAY</b>	<b>NEUTRAL</b>
<b>ALL GAMES.....</b>	<b>(11-17)</b>	<b>(8-5)</b>	<b>(0-10)</b>	<b>(3-2)</b>
<b>CONFERENCE.....</b>	<b>(3-9)</b>	<b>(3-3)</b>	<b>(0-6)</b>	<b>(0-0)</b>
<b>NON-CONFERENCE.....</b>	<b>(8-8)</b>	<b>(5-2)</b>	<b>(0-4)</b>	<b>(3-2)</b>

## Player	GP-GS	Min--Avg	---TOTAL---		---3-PTS---		---FT-FTA		----REBOUNDS----				PF	FO	A	TO	Blk	Stl	Pts	Avg
			FG-FGA	Pct	3FG-FGA	Pct	Off	Def	Tot	Avg										
40 Kayla Rengel.....	28-28	879 31.4	134-318	.421	20-71	.282	89-124	.718	59	127	186	6.6	88	2	84	85	61	46	377	13.5
32 Rachel Booth.....	27-27	726 26.9	140-313	.447	1-8	.125	57-72	.792	47	97	144	5.3	84	2	35	64	43	21	338	12.5
03 Katie Tacheny.....	28-28	880 31.4	89-209	.426	16-52	.308	127-153	.830	24	90	114	4.1	84	5	94	80	4	77	321	11.5
11 Talisha Barlow.....	28-23	688 24.6	130-258	.504	14-47	.298	35-51	.686	56	83	139	5.0	51	0	31	55	2	35	309	11.0
21 Anna Cashman.....	27-2	514 19.0	62-175	.354	46-130	.354	32-40	.800	20	39	59	2.2	35	1	41	62	1	13	202	7.5
10 Krystal Scott.....	28-15	650 23.2	68-144	.472	0-1	.000	33-57	.579	43	43	86	3.1	86	1	66	64	0	50	169	6.0
23 Danielle Ellison...	28-16	522 18.6	50-109	.459	6-24	.250	41-61	.672	25	50	75	2.7	52	0	31	46	2	19	147	5.3
52 Abby Rittenhouse...	28-1	390 13.9	44-104	.423	4-15	.267	15-31	.484	20	62	82	2.9	61	1	21	35	13	13	107	3.8
04 Jordi Gerking.....	28-0	197 7.0	12-58	.207	8-38	.211	0-1	.000	11	17	28	1.0	21	0	13	9	1	7	32	1.1
34 Megan Foley.....	13-0	54 4.2	7-16	.438	2-5	.400	3-4	.750	3	5	8	0.6	4	0	4	12	2	0	19	1.5
25 Heather Miller.....	21-0	122 5.8	5-20	.250	1-6	.167	3-4	.750	11	15	26	1.2	16	0	5	7	1	3	14	0.7
02 Jennifer Waletzko..	8-0	16 2.0	0-3	.000	0-2	.000	1-4	.250	1	2	3	0.4	1	0	1	0	0	0	1	0.1
30 Rebecca Kitzman....	8-0	10 1.3	0-2	.000	0-0	.000	0-0	.000	0	0	0	0.0	0	0	1	0	0	0	0	0.0
TEAM.....									40	34	74	2.6	0		10					
Total.....	28	5648	741-1729	.429	118-399	.296	436-602	.724	360	664	1024	36.6	583	12	427	529	130	284	2036	72.7
Opponents.....	28	5651	740-1655	.447	142-413	.344	501-699	.717	368	719	1087	38.8	519	9	431	546	83	267	2123	75.8

TEAM STATISTICS	SCSUW	OPP	DATE	OPPONENT	W/L	SCORE	ATTEND
SCORING.....	2036	2123	11/16/07	vs Northwood University	L	59-84	145
Points per game.....	72.7	75.8	11/17/07	vs UW-Stout	W	87-72	140
Scoring margin.....	-3.1	-	11/21/07	MSU MOORHEAD	L	87-93	1573
FIELD GOALS-ATT.....	741-1729	740-1655	11/23/07	vs Northern Michigan	W OT	81-77	89
Field goal pct.....	.429	.447	11/24/07	vs Michigan Tech	L	70-73	158
3 POINT FG-ATT.....	118-399	142-413	11/28/07	at UW-Eau Claire	L	78-86	361
3-point FG pct.....	.296	.344	12/01/07	SIMPSON COLLEGE	W	93-90	1101
3-pt FG made per game..	4.2	5.1	12/08/07	GLENVILLE STATE COLL	W	84-75	1545
FREE THROWS-ATT.....	436-602	501-699	12/11/07	at Northern State	L	52-74	1854
Free throw pct.....	.724	.717	12/16/07	MINNESOTA, CROOKSTON	W	91-64	1076
REBOUNDS.....	1024	1087	12/20/07	CONCORDIA-ST. PAUL	L	66-83	1879
Rebounds per game.....	36.6	38.8	12/22/07	LAKE SUPERIOR STATE	W	83-53	1437
Rebounding margin.....	-2.2	-	12/28/07	vs Chico State	W	72-60	109
ASSISTS.....	427	431	12/29/07	at Sonoma State	LOT	67-68	308
Assists per game.....	15.3	15.4	01/05/08	CARDINAL STRITCH	W	82-71	1131
TURNOVERS.....	529	546	*01/10/08	NORTH DAKOTA	L	58-91	2513
Turnovers per game.....	18.9	19.5	*01/12/08	MINNESOTA DULUTH	W	86-72	2387
Turnover margin.....	+0.6	-	*01/17/08	at Minnesota State	L	88-105	1372
Assist/turnover ratio..	0.8	0.8	*01/19/08	AUGUSTANA COLLEGE	L	61-84	2489
STEALS.....	284	267	*1/26/08	at Minnesota Duluth	L	65-72	378
Steals per game.....	10.1	9.5	*02/2/08	at Nebraska-Omaha	L	77-81	765
BLOCKS.....	130	83	*02/07/08	at #3 North Dakota	L	47-82	2044
Blocks per game.....	4.6	3.0	*02/09/08	MINNESOTA STATE	W	76-62	2861
WINNING STREAK.....	0	-	*02/14/08	NEBRASKA-OMAHA	W	70-63	2011
Home win streak.....	0	-	*02/16/08	#4 SOUTH DAKOTA	L	62-67	2089
ATTENDANCE.....	24092	13906	*02/23/08	at Augustana (SD)	L	64-74	2704
Home games-Avg/Game....	13-1853	10-1326	*03/01/08	at South Dakota	L	59-74	3190
Neutral site-Avg/Game..	-	5-128	03/05/08	at Minnesota State	L	71-73	289

\* = Conference game

SCORE BY PERIODS:	1st	2nd	OT	Total
St. Cloud State.....	960	1057	19	2036
Opponents.....	996	1111	16	2123

# ST. CLOUD STATE UNIVERSITY WOMEN'S BASKETBALL 2008-09 SCHEDULE



## 2008-09 St. Cloud State University Women's Basketball Schedule

Date	Opponent	Site	Time
<b>Nov. 15 (Saturday)</b>	<b>UW-Oshkosh</b>	<b>Home</b>	<b>6:00pm</b>
Nov. 21 (Friday)	Minnesota State Tournament vs. Henderson State	Mankato, MN	1:00pm
Nov. 22 (Saturday)	Minnesota State Tournament vs. Dakota State	Mankato, MN	1:00pm
Nov. 28 (Friday)	UN-Omaha Tournament vs. Northwest Missouri State	Omaha, NE	3:00 pm
Nov. 29 (Saturday)	UN-Omaha Tournament vs. Nebraska-Omaha	Omaha, NE	5:30 pm
Dec. 5 (Friday)	Winona State*	Winona, MN	6:00pm
Dec. 6 (Saturday)	Upper Iowa*	Fayette, IA	6:00pm
<b>Dec. 12 (Friday)</b>	<b>MSU Moorhead*</b>	<b>Home</b>	<b>6:00pm</b>
<b>Dec. 13 (Saturday)</b>	<b>Minnesota, Crookston*</b>	<b>Home</b>	<b>6:00pm</b>
<b>Dec. 22 (Monday)</b>	<b>Dakota State</b>	<b>Home</b>	<b>7:30pm</b>
<b>Dec. 30 (Tuesday)</b>	<b>Minot State</b>	<b>Home</b>	<b>4:00pm</b>
<b>Jan. 3 (Saturday)</b>	<b>Concordia *</b>	<b>Home</b>	<b>2:00pm</b>
Jan.9 (Friday)	Minnesota Duluth *	Duluth, MN	6:00pm
Jan. 10 (Saturday)	Bemidji State*	Bemidji, MN	6:00pm
<b>Jan. 16 (Friday)</b>	<b>Southwest Minnesota*</b>	<b>Home</b>	<b>6:00pm</b>
<b>Jan. 17 (Saturday)</b>	<b>Minnesota State* (Alumni Day)</b>	<b>Home</b>	<b>6:00pm</b>
<b>Jan. 23 (Friday)</b>	<b>U-Mary*</b>	<b>Home</b>	<b>6:00pm</b>
<b>Jan. 24 (Saturday)</b>	<b>Northern State*</b>	<b>Home</b>	<b>6:00pm</b>
Jan. 30 (Friday)	Wayne State (NE)*	Wayne, NE	6:00pm
Jan. 31 (Saturday)	Augustana*	Sioux Falls, SD	6:00pm
<b>Feb. 6 (Friday)</b>	<b>Minnesota Duluth*</b>	<b>Home</b>	<b>6:00pm</b>
<b>Feb. 7 (Saturday)</b>	<b>Bemidji State*</b>	<b>Home</b>	<b>6:00pm</b>
Feb. 13 (Friday)	Southwest Minnesota*	Marshall, MN	6:00pm
Feb. 14 (Saturday)	Minnesota State*	Mankato, MN	6:00pm
Feb. 21 (Saturday)	Minnesota, Crookston*	Crookston, MN	2:00pm
Feb. 25 (Wednesday)	Concordia*	St Paul, MN	6:00pm
<b>Feb. 28 (Saturday)</b>	<b>Winona State* (Senior Night)</b>	<b>Home</b>	<b>6:00pm</b>
March 4	NSIC Tournament - First Round	TBA	7:00pm
March 7**	NSIC Tournament Semifinals	TBA	2:00/4:00pm
March 8 **	NSIC Tournament Championship	TBA	2:00pm
Mar. 13-16	North Central Regional Rournament	TBA	TBA
Mar. 25-26, 28	NCAA Division II Elite 8 Tournament	TBA	TBA

\*Northern Sun Intercollegiate Conference Game

\*\*To be played at site of top remaining seed